

PRINT RESULTS

Alateen

1. Manitoba and Northwest Ontario Al-Anon and Alateen Family Groups - Manitoba Al-Anon/Alateen Central Services Office

Manitoba and Northwest Ontario Al-Anon and Alateen Family Groups
Al-Anon/Alateen Central Services Office - Area 82
107-2621 Portage Ave.
Winnipeg, MB R3J 0P7
Phone: [1.204.943.6051](tel:1.204.943.6051)
E-Mail: al-anon-enquiries@mymts.net (Al-Anon)
E-Mail: area82alateen@mymts.net (Alateen)

Note: This website hosts information for Al-Anon and Alateen meetings in Manitoba and Northwest Ontario (Area 82). Alateen meetings are held in Portage La Prairie, Morden, The Pas, and Winnipeg.

2. Al-Anon/Alateen Québec East and New Brunswick - Francophone Family groups Al-Anon / Alateen

Al-Anon/Alateen Québec East and New Brunswick - Francophone
Family groups Al-Anon / Alateen
PO Box 33, Stn B
Québec City, QC G1K 4B6
E-Mail: renseignement@al-anon-alateen-quebec-est.ca

Note: The Quebec-East District covers a vast territory that extends north of Chibougamau to St-Georges-de-Beauce south, and from the North Coast to the South Shore. Francophone New Brunswick and Îles-de-la-Madeleine are part of the Québec East Al-Anon District.

3. Al-Anon/Alateen Québec East - Québec

National Capital Region - Québec
Al-Anon/Alateen Québec East

Note: Offers meetings for Ancienne-Lorette, Beauport, Charlesbourg, Courville, Les Saules, Limoilou, Loretteville, Notre-Dame-des-Laurentides, Orsainville, Québec, St-Augustin-de-Desmaures, St-Raymond, Ste-Foy, and Vanier.

4. Al-Anon/Alateen Québec East - Chaudière-Appalaches

Chaudière-Appalaches Region
Al-Anon/Alateen Québec East
Phone: [1.418.386.0155](tel:1.418.386.0155) (Beauce / Ste-Marie)
Phone: [1.819.583.0469](tel:1.819.583.0469) (Lac Mégantic)
Phone: [1.418.333.3097](tel:1.418.333.3097) (Thetford Mines)
Phone: [1.418.990.2666](tel:1.418.990.2666) (Quebec - South Shore)

Note: Offers meetings for Beauceville, Cap St-Ignace, Charny, Lac Mégantic, Lévis, St-Georges-de-Beauce, St-Joseph-de-Beauce, St-Michel-de Bellechasse, St-Romuald, Ste-Marie de Beauce, Thetford Mines, and Tring-Jonction.

5. Al-Anon/Alateen Québec East - Côte-Nord

North Coast Region (Côte-Nord)

Al-Anon/Alateen Québec East

Phone: [1.418.589.3801](tel:1.418.589.3801) (Baie-Comeau / Chute-aux-Outardes)

Phone: [1.418.589.8652](tel:1.418.589.8652) (Baie-Comeau / Chute-aux-Outardes)

Phone: [1.418.589.8237](tel:1.418.589.8237) (Baie-Comeau / Chute-aux-Outardes)

Phone: [1.418.567.4362](tel:1.418.567.4362) (Betsiamites)

Note: Offers meetings for Baie-Comeau, Betsiamites, Havre St-Pierre, Pont-Rouge, and Sept-Îles.

6. Al-Anon/Alateen Québec East - Gaspésie / Îles de la Madeleine

Gaspésie / Îles de la Madeleine Region

Phone: [1.418.986.3016](tel:1.418.986.3016) (Îles de la Madeleine)

Phone: [1.418.990.2666](tel:1.418.990.2666) (Quebec - South Shore)

Note: Offers meetings for Cap-aux-meules, Chandler, Gaspé, Îles de la Madeleine, Paspébiac, and St-François d'Assise.

7. Al-Anon/Alateen Québec East - Saguenay

Saguenay Region

Al-Anon/Alateen Québec East

Phone: [1.418.696.2303](tel:1.418.696.2303) (Chicoutimi / Falardeau / Jonquière / La Baie)

Note: Offers meetings for Chicoutimi, Jonquière, La Baie, and Saguenay.

8. Al-Anon/Alateen Montréal

Al-Anon/Alateen Montréal

PO Box 37322 Stn. Marquette

Montréal QC, H2E 3B5

E-Mail: information@al-anon-montreal.org

Note: Offers meetings in English, French and Spanish. English Meetings are available in Châteauguay, Côte-des-neiges, Cowansville, Dollard-des-Ormeaux, Dorion, Dorval, Franklin Centre, Greenfield Park, Huntington, Lachine, Lachute, Montreal, Notre-Dame-de-Grace, Pierrefonds, Pointe-Claire, Saint-Bruno, Saint-Laurent, Saint-Lazare, Sutton, Vaudreuil, and Verdun. French meetings are available in Beloeil, Boucherville, Brossard, Chambly, Châteauguay, China, Chomedey, Deux-Montagnes, Dorion, Henryville, Iberville, Laval, Lavaltrie, Le Gardeur, Longueuil, Montreal, Napierville, Outremont, Olds, Pierrefonds, Pointe-aux-Trembles, Pont-Viau, Repentigny, Rivière-des-Prairies, Rosemont, Saint-Bruno, Saint-Constant, Saint-Eustache, Saint-Hilaire, Saint-Hubert, Saint-Jean-sur-Richelieu, Saint-Léonard, Saint-Vincent-de-Paul, Sainte-Julie, Sainte-Rose, Sainte-Thérèse, Terrebonne, and Vaudreuil. Spanish meetings are available in Montréal.

9. Al-Anon Maritimes - Area 91

Al-Anon Maritimes - Area 91

Phone: [1.506.634.8779](tel:1.506.634.8779)

Note: Offers meetings for the Al-Anon Maritimes District, including Miramichi-Bathurst region,

Fredericton-Oromocto region, Moncton-Riverview region, Saint John-Sussex region, and Bouctouche area.

10. Area 91 - District 16 Shediac-Amherst Al-Anon Shediac Alateen

District 16 - Area 91
Shediac-Amherst Al-Anon
Shediac Alateen

Note: Offers Al-Anon meetings to the Shediac-Amherst area including Amherst, Shediac, Cap Pele, River Hebert, and Wentworth. Alateen meetings are offered in Shediac.

11. Area 81 - District 1 Al-Anon and Alateen North Vancouver - West Vancouver - Squamish - Whistler

District 1 - North Vancouver - West Vancouver - Squamish - Whistler

Note: Offers Al-Anon meetings in the Vancouver Area including North Vancouver, West Vancouver, Garibaldi Highlands, Squamish, and Whistler. This district also offers Alateen meetings for the North Shore.

12. Area 81 - District 2 Al-Anon and Alateen Vancouver (West of Granville St.)

District 2 - Vancouver (West of Granville St.)

Offers Al-Anon meetings in the Vancouver Area, including Downtown Vancouver, Granville, Kitsilano, and Kerrisdale. This district also offers Alateen meetings in Vancouver.

13. Area 81 - District 6 Al-Anon Coquitlam, Port Moody Alateen Port Moody

District 6 - Coquitlam, Port Moody

Note: Offers Al-Anon meetings in Coquitlam, Port Moody, and surrounding area. This district also offers Alateen meetings in Port Moody.

14. Area 81 - District 9 Al-Anon and Alateen White Rock, North Delta, Surrey

District 9 - White Rock, North Delta, Surrey

Note: Offers Al-Anon meetings in White Rock, North Delta, Surrey, and surrounding area. This district also offers Alateen meetings.

15. Area 81 - District 11 Al-Anon Abbotsford, Mission Alateen Abbotsford

District 11 - Abbotsford, Mission

Note: Offers Al-Anon meetings in Abbotsford, Mission and surrounding area. This district also offers Alateen meetings in Abbotsford.

16. Area 81 - District 32 Al-Anon Courtenay, Comox, Lazo, Hornby Island

Comox, Courtenay, Denman Island, Hornby Island, Lazo"District 32 - Courtenay, Comox, Lazo, Hornby Island

Note: Offers Al-Anon meetings in Courtenay, Comox, Lazo, Denman and Hornby Island, and surrounding area. This district also offers Alateen meetings in Courtenay (may be temporarily suspended).

17. Al-Anon/Alateen Québec East - Malbaie

National Capital Region - Malbaie
Al-Anon/Alateen Québec East
Phone: [1.581.641.8400](tel:1.581.641.8400) (La Malbaie / Baie St-Paul)

Note: Offers meetings to Baie St-Paul, Clermont, and La Malbaie.

18. Al-Anon for Alberta, NWT, SE British Columbia & Canada Al-Anon Information Service (AIS)

Al-Anon for Alberta, NWT, SE British Columbia & Canada
Al-Anon Information Service (AIS)
PO Box 1375
Edmonton, AB T5J 2N2
Phone: [1.888.322.6902](tel:1.888.322.6902)
E-Mail: edmontonalanon@gmail.com

Note: This website hosts information for meetings in Southeastern BC.

19. Area 81 - District 33 Al-Anon Sunshine Coast Alateen Gibsons

District 33 - Sunshine Coast

Note: Offers Al-Anon meetings for the Sunshine Coast, including Pender Harbour, Davis Bay, Sechelt, and Gibsons. This district also offers Alateen meetings in Gibsons.

20. Manitoba and Northwest Ontario Al-Anon and Alateen Family Groups - Manitoba Al-Anon/Alateen Central Services Office

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Winnipeg, MB R3J 0P7
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21. Al-Anon/Alateen Québec East - Bas St-Laurent

Lower St. Lawrence Region (Bas St-Laurent)
Al-Anon/Alateen Québec East
Phone: [1.418.743.5630](tel:1.418.743.5630) (Amqui)
Phone: [1.418.727.6857](tel:1.418.727.6857) (Rimouski)
Phone: [1.418.816.0908](tel:1.418.816.0908) (Rivière-du-Loup / St-Pascal)

Note: Offers meetings for Amqui, Rimouski, Rivière-du-Loup, St-Pascal, Kamouraska, and Trois-Pistoles.

22. Saskatchewan Al-Anon - Area 89

Saskatchewan Al-Anon - Area 89

Phone: [1.306.522.7500](tel:1.306.522.7500) (Al-Anon and Alateen Information Services - Regina)

Phone: [1.306.665.3838](tel:1.306.665.3838) (Al-Anon Information Services - Saskatoon)

E-Mail: saskatoonAIS@sk-alanon.ca

Note: Saskatchewan Al-Anon is separated into Districts that serve the province of Saskatchewan.

They are:

District 1 - (district1rep@sk-alanon.ca) Watrous

District 2 - Blaine Lake, Christopher Lake, Debden, La Ronge, Prince Albert, Sandy Bay

District 3 - (district3rep@sk-alanon.ca) Leader, Maple Creek, Swift Current

District 4 - Humboldt, Naicam, Wynyard

District 5 - Central Butte, Elbow, Gravelbourg, Moose Jaw

District 6 - (district6rep@sk-alanon.ca) Fort Qu'Appelle, Indian Head, Regina, Strasbourg, Vibank

District 7 - Carlyle, Estevan, Oxbow, Weyburn

District 8 - Canora, Churchbridge, Kamsack, Kuroki, Preeceville, Yorkton

District 9 - Biggar, Eston, Kindersley, Kyle, Milden

District 10 - (district10rep@sk-alanon.ca) Carrot River, Melfort, Nipawin

District 11 - Lloydminster, North Battleford, Unity

District 12 - Saskatoon

District 14 - Assiniboia

District 15 - Esterhazy, Kipling, Moosomin, Redvers, Wawota

District 16 - (district16rep@sk-alanon.ca) Glaslyn, Makwa, Meadow Lake, St. Walburg, Turtleford
Alateen meetings are offered in Blaine Lake, Carlyle, Estevan, Moose Jaw, Prince Albert, Regina, Weyburn, Wynyard, and Yorkton.

23. Al-Anon/Alateen Québec East - Lac St-Jean

Lac St-Jean Region

Al-Anon/Alateen Québec East

Phone: [1.418.668.9905](tel:1.418.668.9905) (Alma / Hébertville)

Phone: [1.418.276.2059](tel:1.418.276.2059) (Dolbeau)

Phone: [1.418.275.8061](tel:1.418.275.8061) (Roberval / St-Félicien / Chibougamau)

Note: Offers meetings for Alma, Dolbeau, Hébertville-Station, Lac Bouchette, Métabetchouan, Roberval, St-Félicien, and St-François-de-Sales.

24. Al-Anon Family Groups

Al-Anon Family Groups

Al-Anon Family Group Headquarters, Inc

1600 Corporate Landing Pkwy.

Virginia Beach, VA 23454-5617

Phone: [1.757.563.1600](tel:1.757.563.1600)

Toll-Free: [1.888.425.2666](tel:1.888.425.2666)

Fax: 1.757.563.1656

E-Mail: wso@al-anon.org

Note: This website hosts information for Al-Anon and Alateen Meetings worldwide. Online meetings

are also available. See website for meetings in your community.