PRINT RESULTS

Eating Disorder Treatment

1. Higgins, Sara - RDN

Higgins, Sarah â€“ RDN
FED Nutrition
250 - 3115 12th Street NE
Calgary, AB T2E 7J2
Phone: 1.403.796.8345
Fax: 1.403.245.8897
E-Mail: fednutritionconsulting@gmail.com
Website: www.fednutrition.ca

Note: Sarah focuses on providing nutritional counselling and support for recovery from eating disorders and body image related concerns. This service is for all ages and genders. Clients can self-refer. She works to support lasting nutritional changes through exploration, education and experimentation with oneâ€™s relationship to food and body. Fees apply, contact for more information.

2. Harriman, Katherine â€“ MSW, RSW, IBP

Harriman, Katherine â€“ MSW, RSW, IBP Dreamswork
Counselling 1814 Lorne Ave.
Saskatoon, SK
Phone: 1.306.321.4535
E-Mail: katherine.b.harriman@gmail.com
Website: www.dreamswork.ca
Note: Katherine is a certified Integrative Body Psychotherapist. She works with adult individuals and couples. She specializes in addiction disorders and substance use issues, anger management, grief and loss, eating disorders, depression, anxiety, trauma and PTSD, and First Nations issues. She uses acceptance and commitment therapy (ACT), mindful therapies, reality therapy, and solution focused therapy. She also facilitates SMART Recovery in Saskatoon.

3. Castlegar Mental Health & Addictions

Castlegar Mental Health & Addictions
707 10th St.
Castlegar, BC V1N 2H7
Phone: 1.250.304.1846

Note: For adults with addiction and/or mental health issues. While Castlegar Mental Health and Addictions is primarily for adults, youth with eating disorders can access services here.

4. Angela Bardick Psychological Services

Bardick, Angela - BFA, MEd, PhD, RPsych
Heart Centered Counselling
Varsity Towers
202 â€“ 4603 Varsity Dr. NW
Calgary, AB T3A 2V7

Phone: 1.403.827.8529
Email: dr.angela.grace@gmail.com

Note: Angela works with individuals and groups. She specializes in trauma/PTSD, eating disorders, loss, body image/weight-related issues, anxiety, depression, and life transitions. She uses mindfulness therapy, EMDR, Hakomi (body-centered) therapy, CBT, play therapy, and more. She also runs an ED recovery group, please call for more information.

5. SkyWater Psychological Services

Hannigan, Patti â€“ MC, RPsych
Skywater Psychological Services
1804 - 1st St. NW
Calgary, AB T2M 2T2
Phone: 1.403.651.8870

6. Jewell Counselling

Jewell, Joanna - MA, RPsych, CSAT
Jewell Counselling
620 - 1816 Crowchild Trl. NW
Calgary, AB T2M 3Y7
Phone: 1.403.397.9925
E-Mail: joannajewell@gmail.com

7. Norm Wellington

Wellington, Norm - PhD, RPsych, RFM, RPCA
003 - 601 10th Ave. SW
Calgary, AB T2R 0B2
Phone: 1.403.800.1150

8. Heather Bain

Bain, Heather C. - PhD
403 -10408 124th St.
Edmonton, AB T5N 1R5
Phone: 1.780.413.3269

9. Linda Bochek

Bochek, Linda - MA
9830 76th Ave.
Edmonton, AB T6E 1K5
Phone: 1.780.438.0847
E-Mail: ldbochek@shaw.ca

10. Capital Health Edmonton Area Eating Disorder Program

Capital Health Edmonton Area Eating Disorder Program
University of Alberta Hospital
Subunit 4F4 WMC - 8440 112th Street
Edmonton, AB T6G 2B7

Phone: 1.780.407.6114
Phone: 1.780.407.6575 (clinicians only)
Fax: 1.780.407.6672

Note: This program is for people 13+ who have dangerous eating disorder symptoms and need a high level of treatment. A referral is required, call for more information. Take the main glass elevators to the 4th floor, cross the pedway to 4F, go through reception area to 4F4.

11. Mary McCallum

McCallum, Mary - PhD
407- 11523 100th Ave. NW
Edmonton, AB T5K 0J8
Phone: 1.780.732.2274
Fax: 1.780.453.1219

12. The Awakening Heart

O'Leary - Kim - MA, BSW, RSW
The Awakening Heart
10926 - 93 St. NW
Edmonton, AB T5H 1Z2
Phone: 1.780.970.1089
E-Mail: keoleary@telus.net

13. Susan Peacock

Peacock, Susan - MEd
202-10432 123rd St.
Edmonton, AB T5N 1N7
Phone: 1.780.488.4040

14. Evangeline Rand

Rand, Evangeline M.L. - PhD
102 - 9903 104th St.
Edmonton, AB T5K 0E4
Phone: 1.780.479.8625

15. Northland Family Counselling

Stoutjesdyk, Dexa - MEd, RPsych
Northland Family Counselling
216 - 8625 109th St.
Edmonton, AB T6G 1E7
Phone: 1.780.439.5683
Fax: 1.780.439.5679

Note: Individual counselling for adults and play therapy for children. Offers career counselling and family & couple therapy.

16. Sussman Psychological

Sussman, Paul S. - PhD
Sussman Psychological
14307 80th Ave.
Edmonton, AB T5R 3K2
Phone: 1.780.424.5592
Email: niteshrink@gmail.com

17. CHVBV Registered Psychologists Inc.

Vandersteen, Shirley Johanna - PhD
CHVBV Registered Psychologists Inc.
206 - 10240 124th St.
Edmonton, AB T5N 3W6
Phone: 1.780.424.0123
Toll-Free: 1.888.424.0126
Email: chvb@chvb.ca

Note: Provides counselling for individuals, couples, and families. Specializes in trauma/PTSD, anxiety, depression, mid-life or relationship issues, post separation/divorce counselling, intervention.

18. Serene Waters Counselling

Whitton, AnneMarie - MSc, MFT
Serene Waters Counselling
200 - 6732 75th St.
Edmonton, AB T6E 6T9
Phone: 1.780.940.5455
E-Mail: serenewaters@shaw.ca

Note: Provides individual, couples, and family counselling. Specializes in depression, anxiety or stress, anger management, grief and loss, self-esteem, eating disorders, interpersonal difficulties, family of origin issues, and life transitions. Uses CBT and Solution Focused therapy.

19. Shannon Dawn Zaychuk

Zaychuk, Shannon Dawn - PhD
POBox 71
Priddis, AB T0L 1W0
Phone:1.403.931.0060
Fax: 1.403.931.0061

Note: Shannon works with individuals and couples. She specializes in trauma, relationship issues, anxiety, depression, grief, and persistent symptoms or conditions.

20. SV Consulting for Eating Disorders

Vanin, Sharon - RD, MSc
SV Consulting for Eating Disorders
90 Adams Cl.
Red Deer, AB T4R 2W4
Phone: 1.403.314.9603
E-Mail: vansha@telusplanet.net

Note: Sharon works in individuals struggling with eating disorders and body image issues. Uses a team approach to achieve a clients goal.

21. Continuum Medical Care

Birmingham, Carl - MD
Continuum Medical Care
Suite 201 - 520 17th St.
West Vancouver, BC
V7V 3S8
Phone: 604.913.8183

22. Deborah Herrewynen Chartered Psychologist

Herrewynen, Deb
203 - 12 Blackfoot Rd.
Sherwood Park, AB T8A 4P4
Phone: 1.780.945.9066
E-Mail: drvh@telus.net

Note: Specializes in individual and relationship counselling.

23. SunRise Psychology Centre

Virani, Naznin Adatia - PPsych
SunRise Psychology Centre
145 - 501 Bethel Dr.
Sherwood Park, AB T8H 0N2
Phone: 1.780.416.4060
Fax: 1.780.416.4061
E-Mail: info@sunrisepsychologycentre.com

Note: Naznin works with individuals, couples, families, and groups. Specializes in relationship/marital counselling, children and teen dysfunctions, depression and anxiety, stress and anger, and multicultural identity.

24. Marilyn Chotem

Chotem, Marilyn Ed.D. R.Psych
#302 - 545 Clyde Avenue,
West Vancouver, BC
V7T 1C5
Phone:1.604.926.9468
Email: mchotem@shaw.ca

25. Tara Chotem

Chotem, Tara - MA, RCC, CGP
#302 - 545 Clyde Avenue,
West Vancouver, BC
V7T 1C5
Phone: 1.604.926.7411
Email: tchotem@tarachotem.com

26. Lee-Joseph Lourdeaux

Lourdeaux, Lee-Joseph MSW, RSW, Ph.D. Lit.
100 Park Royal
West Vancouver BC
Phone: 1.604.408.3442
Email: Lee@LeeTherapy.com

27. Kitchener & Associates

Pat Kitchener - MA, RSW
Kitchener & Associates
809 - 100 Park Royal
West Vancouver, BC
Phone: 1.604.926.5912

28. AJ Patterson and Associates Inc.

Petterson, Abby RCC, CCPA
Clinical Director
AJ Petterson and Associates Inc.
#202-585 16th Street
West Vancouver, BC V7V 3R8
Cell: 1.604.780.6164
Office: 604.913.0287
Email: Abby@pettersonandassociates.com

29. Jimmy Joe Miles PhD

Miles, Jimmy Joe – PhD
Miles Pittman and Associates
714 - 45th St. SW
Calgary, AB T3C 2B6
Phone: 1.403.228.8811
Fax: 1.403.288.2677
E-Mail:jmiles@ucalgary.ca

30. Paulette Tomasson

Tomasson, Paulette - RN, RCC, MA, CSAT, CMAT
Loc.1:
100 Park Royal South, Suite 200
West Vancouver, BC
V7T 1A2
Loc.2:
1438 Fulton Ave.
West Vancouver,
BC V7T 1P1
Phone: 1.604.926.3642

31. Christie Dakin

Dakin, Christie - RPC, BA

Clear Vision Counselling
2443 128 St.
White Rock, BC
V4A 3W2
Phone: 1.604.720.7093
Email: info@clearvisioncounselling.com

32. The Shanti Counselling Centre

Chiu, Joanne - MC, RCC
The Shanti Counselling Centre
203 - 1899 Willingdon Ave.
Burnaby, BC V5C 5T1
Phone: 1.604.773.3100
Email: info@shanti-centre.com
Note: Joanne worked extensively in the areas of addictions, disordered eating, and self-esteem.

33. Equilibrium Nutrition

Equilibrium Nutrition
3701 Hastings St., Suite 230
Burnaby
Phone: 604.240.0464
Email: info@equilibriumnutrition.com

Note: Equilibrium nutrition is a health and wellness consulting firm that's primary focus is to bring one back to a state of personal wholeness - physically, emotionally, socially and spiritually.

34. Coastal Reflections Counselling Group

Pattison, Barbara - MA, RCC
Coastal Reflections Counselling Group
2nd Floor - 5050 Kingsway
Burnaby, BC V5H 4H2
Phone: 604.250.9056
Email:barb@coastalreflections.ca

Note: Provides Individual, Family and Couples counselling for between $110-$120/hr.

35. Welter-Nichols & Associates

Welter, Kathy - Cht.
Welter-Nichols & Associates
9409 Snowberry Ct.
Burnaby, BC V5A 4A6
Phone: 604.421.1722
E-mail: welterk@shaw.ca

Note: Cathy is aÂ NLP Licensed Trainer and Master Hypnotist.

36. Burnaby Counselling Group

Saruk, Karla - Psy.D., R.Psych.

Burnaby Counselling Group
#230 - 3701 Hastings St.
Burnaby, BC V5C 2H6
Phone: 604.430.1303
Fax: 604.431.7553
E-Mail: counsellinggroup@telus.net

Note: Provides Individual, Couples and Family counselling.

37. Anna Toth

Toth, Anna - M.Sc.
Long Branch
Etobicoke, ON
Phone: 1.416.565.0143
E-mail: anna@annatoth.ca

38. River Valley Counselling

Allen, Nicolas - MA, BPE
River Valley Counselling
1610 - 8215 112th St.
Edmonton, AB T6G 2C8
Phone: 1.780.430.9224
Fax: 1.780.732.9526
E-Mail: rivervalleypsych@me.com

Note: Specialize in sports psychology which helps clients diet and maintain weight goals.

39. Valenzuela Psychological Consulting

Valenzuela, Francisco O. - DCH, PhD, MA Valenzuela Psychological Consulting 201 - 8135 102nd St. Edmonton, AB T6E 4A4 Phone: 1.780.904.7969 Email: fovalen@telus.net

40. Di Nardo, Julia - MA

Di Nardo, Julia - MA Sedona Centre in NDG 5708 Monkland Avenue Montreal, Quebec H4A 1E6 Phone: 1.514.558.9858 Email: julia@healthehunger.com

41. Di Nardo, Julia - MA

Di Nardo, Julia - MA The Healing Tree Wellness Centre 161 Frontenac Ave. Pointe-Claire, QC H9R 4Z7 Phone: 1.514.558.9858 Email: julia@healthehunger.com

42. Positive Body Image Coalition

Positive Body Image Coalition P.O. Box 90, 200 Rose Glen Road Port Hope ON L1A 3V9 Phone: 1.905.885.9100

43. Bringing Awareness to Life

Mahoney, Anne M - PhD
3 - 1922 9th Ave. SE

Calgary, AB T2G 0V2
Phone: 1.403.270.8450
Fax: 1.403.270.8588
E-Mail: inquiries@bringingawarenesstolife.ca

Note: She works with individuals, couples, and groups. She works on issues of shame that have limited clients' potential. Her intention is to help clients understand ways in which family of origin dynamics impact their current life. Anne's approach has been to integrate mindfulness meditation in her clinical practice.

44. Fleur Yumol Consulting Services

Yumol, Fleur – MSc, MSW, RSW
Fleur Yumol Consulting Services
250 - 5010 Richard Rd. SW
Calgary, AB T3E 6L1
Phone: 1.403.870.4170
E-Mail: fleuryumol@yahoo.ca

Note: Works with individuals, couples, adolescents, and families. Specializes in depression, anxiety, suicidal ideation, relationship conflict, domestic violence, eating disorders, trauma, and addiction (treatment planning and intervention). Uses CBT, Gestalt therapy, solution focused therapy, and more.

45. Mind State Management Inc.

Young, Frank D. - PhD
Mind State Management Inc.
935 Eastwicke Cres.
Comox, BC V9M 1
Phone: 1.250.941.1535
E-Mail: frankdyoung@shaw.ca

46. Arbutus Counselling Services

Patridge, Barbara - RCC, MEd
Arbutus Counselling Services
201 - 2678 Broadway W
Vancouver, BC V6K 2G3
Phone: 1.604.266.2303
Email: info@arbutuscounsellingservices.com

Note: Works with children, adults, and seniors. Specializes in bipolar, borderline personality and other mood disorders, divorce, grief, substance use, trauma/PTSD, sexuality issues, OCD, obesity/weight-loss and other eating disorders, and relationships. Uses CBT, hypnotherapy, mindfulness based therapy, psychodynamic, and SFBT.

47. Lynne Goertzen Counselling

Goertzen, Lynne â€“ BJ, MA, RPsych, CSAT
105 â€“ 2003 14th St. NW
Calgary, AB T2M 3N4
Phone: 1.403.630.7595

E-Mail: lynne.goertzen@gmail.com
Website: www.lynne-goertzen-counselling.com

Note: Works with adults, youth, couples, and families. Specializes in treatment of anxiety, depression, stress management, self-esteem, addictions, anger management, abuse, trauma/PTSD, disordered eating, relational concerns, personal growth, life transitions, and career decisions. Certified Sex Addiction Therapist (CSAT). Certified Rapid Resolution Therapy practitioner. EMDR and Hypnosis available.

48. Coast Mountain Counselling

Crowther, Amrit - MA, RCC
Coast Mountain Counselling
Total Therapy Rehabilitation and Wellness Centre
4162 Dawson St.
Burnaby, BC V5C 0A4
Phone: 604.809.9744
E-Mail: info@coastmtcounselling.com

49. Crisis Management Psychological Services

Vian, Janice M. â€“ PhD, RPsych
Crisis Management Psychological Services
212 â€“ 1609 14th St. SW
Calgary, AB T3C 1E4
Phone: 1.403.700.3339
Fax: 1.403.244.2018
E-Mail: jvian@telusplanet.net

Note: Works with clients who struggle with sleep, appetite issues, ADD/ADHD, anger management, esteem, grief, PTSD, pain, self-harm, eating disorders, sex addictions, substance use, gambling, and more.

50. Fresh Hope Counselling

Murray, Beth - RPsych
Fresh Hope Counselling
Belmead Professional Building
210 - 8944 182th St.
Edmonton, AB T5T 2E3
Phone: 1.780.487.3456
Email: freshhope@telus.net

51. Dr. Judith James

James, Judith E. - PhD
10443 85th Ave.
Edmonton, AB T6E 2K2
Phone: 1.780.432.0856

Note: Works with individuals and couples. Specializes in dealing with stress, anxiety, depression, life transitions, and grief.

52. Martin & Luckhurst Therapy

Luckhurst, Pam - MEd, MSW, RPsych
Martin & Luckhurst Therapy
506 - 5920 1A St. SW
Calgary, AB T2H 0G3
Phone: 1.403.253.8153
Fax: 1.403.452.6193
E-Mail: pam.therapyservices@shaw.ca

53. Niagara Healthy Weights Committee

Niagara Healthy Weights Committee
573 Glenridge Avenue
St. Catharines ON
L2T 4C2
Phone: 1.905.688.3762

54. Programme de traitement des troubles de l'alimentation et de l'obesite, hospital general de Montreal

Programme de traitement des troubles de l'alimentation et de l'obE9sitE9, HF4pital gE9nE9ral de MontrE9al
Service de thE9rapie du comportement, 1650, avenue Cedar
MontrE9al QC H3G 1A4
Phone: (514)934-8034

55. Trevor Josephson

Josephson, Trevor K - PhD
Josephson Psychological Services Ltd.
513 - 206 Â 7th Ave. SW
Calgary, AB T2P 0W7
Phone: 1.403.232.8562
Fax: 1.403.245.6381
E-Mail: tjosephson@telus.net

56. Turner & Colleagues

Schmid, Maria R. - BA, MEd, RPsych
226 â€“ 1111 Olympic Way SE
Calgary, AB T2G 0E6
Phone: 1.403.801.4839
Fax: 1.587.774.8574
E-Mail: maria@mariaschmid.ca

57. Unite des troubles de l'alimentation, Hopital Douglas

UnitE9 des troubles de l'alimentation, HF4pital Douglas
6605, boul. Lasalle
Verdun QC H4H 1R2
Phone: (514)761-6131, poste 22895

Note: L'UnitE9 offre un programme complet couvert par l'assurance maladie. Le

traitement. est fondE9 sur une E9valuation mE9dicale et psychologique complE8te.

58. Vian, Janice M. - PhD

Vian, Janice M. - PhD, CRHSP
Crisis Management Psychological Services
210 - 1608 17th St. SW
Calgary, AB T2T 0E3
Phone: 1.403.700.3339
Fax: 1.403.244.2018
E-mail: jvian@telusplanet.net

Note: Works with clients who struggle with sleep, appetite, ADD/ADHD, anger management, esteem, grief, PTSD, pain, self-harm, eating disorders, sex addictions, substance abuse, gambling, and more.

59. Mind Body Soul Wellness

Neustaedter, Michelle - MSc, CCC, PPsych
244 Luxstone Pl.
Airdrie, AB T4B 3C1
Phone: 1.403.948.5559
E-Mail: info@mindbodysoulwellness.com

60. Mizzaro, Cathleen

Mizzaro, Cathleen - MEd
101 - 9856 97th Ave.
Grande Prairie, AB T8V 7K2
Phone: 1.780.538.0609

61. Fong Ailon Consulting Psychologists

Ailon, Eileen - MA
115 - 1st St. SW
Calgary, AB T2P 0B3
Telephone: 1.403.266.2017
Fax: 1.403.266.4998
Email: eailon@worldpsych.ca

62. Child and Adolescent Mental Health Inpatient Services

Child and Adolescent Mental Health Inpatient Services
Alberta Childrenâ€™s Hospital
Lower Level
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: 1.403.943.1500 (Access Mental Health)
Phone: 1.403.955.7289
Toll-Free: 1.844.943.1500
Note: A referral is needed to access this program. Call for more information.

63. Shift Nutrition

Begg, Jessica - RD
909 17th Ave SW (4th Floor)
Calgary, AB T2T 0C4
Phone: 1.403.862.6197
E-Mail: jessica@shiftnutrition.ca

Note: She works with youth and adults and helps them make healthy changes using strategies that are reasonable in real life and sustainable over time. Described by her clients as their ""Food Therapist"", she guides them towards a fearless and natural relationship with food.

64. The Colborne Street Clinic

Graham, Karen - BSc, Cert. in addictions counselling Panacea Canada Inc.
The Colborne Street Clinic
79 Colborne St. East
Orillia, ON
L3V 1T5
Phone: 1.705.345.8199
E-mail: kgraham@panaceacanada.com

Note: Client-centered counselling. Evidence informed addictions counselling. Karen is committed to rock-solid confidentiality. She works youth and adults; she works with individuals as well as groups. Provides counsel for substance abuse as well as all process addictions such as sex, gambling, eating, shopping, internet etc.

65. Anton Counseling & Health Psychology

Anton, Richard W. – BA, MA
Anton Counselling & Health Psychology
Sun Life Plaza West Tower
1600 – 144 4th Ave. SW
Calgary, AB T2P 3N4
Phone: 1.403.263.5543
Fax: 1.403.716.36367
E-Mail: Richard@antonpsych.ca

66. Calgary Eating Disorder Program

Calgary Eating Disorder Program
Foothills Medical Centre
32 - 1403 29th St.
Calgary, AB T2N 2T9
Phone: 1.403.955.7700
Fax: 1.403.955.3066

Note: Provides inpatient beds for those who need to be admitted to the hospital. Clients must be referred. A doctor referral is needed (includes lab results).

67. Richmond Road Diagnostic & Treatment Centre

Richmond Road Diagnostic & Treatment Centre

1820 Richmond Road SW
Calgary, AB T5T 5C7
Phone: 1.403.955.7700
Fax: 1.403.955.3066
Website: www.albertahealthservices.ca/services.asp?pid=saf&rid=1033851

Note: Provides outpatient, inpatient, and day treatments for people with eating disorders. Provides support to affected family members. Clients must be referred. A doctor referral is needed (includes lab results).

68. Calgary Counselling Solutions

Carlton, Sharon â€“ MSc, RPsych
Calgary Counselling Solutions
Campana Place
405 - 609 14th St. NW
Calgary, AB T2N 2A1
Phone: 1.403.208.0886
E-mail: sharon@sharoncarlton.ca
Website: www.sharoncarlton.ca

Note:Â Sharon provides treatment for eating disorders to children, teens, adults, and families. Has specialized training withÂ treating bulimia, compulsive overeating, binge eating, and body image disorders. Sharon canÂ also assist you with setting and reaching your weight loss and maintenance goals. Can do EMDR and clinical hypnosis.

69. Dr. Gordon Cochrane Couselling Services

Cochrane, Gordon - PhD
2904 11th Ave. NW
Calgary, AB T2N 1H9
Phone: 1.403.266.0864
E-Mail: info@gordoncochrane.ca

70. Calgary Counselling Centre

Calgary Counselling Centre
200 - 940 6th Ave. SW
Calgary, AB T2P 3T1
Phone: 1.403.265.4980
Email: contactus@calgarycounselling.com

Note: Assessment for individuals. Group counselling for people with eating disorders.

71. Looking Glass Counselling

Eld, Jen - MSW
203 - 609 14th St. NW
Calgary, AB T2N 2A1
Phone: 1.403.669.3026
E-Mail: lgc.jen@gmail.com

Note: Jen specializes in eating disorders, body image struggles, self esteem, self injury,

depression, anxiety, anger management, family and couples struggles, domestic violence, and more. She works with adults, teens, and children. Has training in EMDR.

72. Myndcare

Fox, Adele - RPsych
201-12427 Bonaventure Dr SE (2nd Floor)
Calgary, AB T2J 3N8
Phone: 1.403.809.7809
E-Mail: adele@myndcare.com

Note: Adele uses a client centred approach. She implements a combination of CBT, interpersonal psychotherapy, and coaching. she works with clients towards their recovery from Bulimia Nervosa, Anorexia Nervosa, Binge Eating Disorder, or disordered eating/weight preoccupation.

73. Anne Davidson

Davidson, Anne L. - MA, CCC
North Vancouver, BC
Phone: 250.335.3144

74. Jindra A. Sieber

Sieber, Jindra A. MSc
508 - 24 Avenue S.W., Suite 300
Calgary AB T2S 0K4
Phone: (403)209-2292

75. Marinda Venter Psychological Services

Venter, Marinda â€“ MA, R.Psych.
Marinda Venter Psychological Services
Calgary, AB
Phone: 1.403.800.5578
Fax: 1.403.800.5589
E-Mail: discovery.psychology@gmail.com
Website: www.marinda-psychservices.com

Note: Works with clients who have a wide variety of mental health disorders. Works with clients who are struggling with addiction. Provides therapy in person and via phone or Skype.

76. Focused Solutions and Counselling and Coaching

Meggs, Renee – BSc, MA, RPsych
Focused Solutions and Counselling and Coaching
PO Box 8867
201A – 820 Main St.
Canmore, AB T1W 0C1
Phone: 1.403.609.3044
E-Mail: renee@reneemeggs.com

Note: Works with adults, youth, child, individuals and/or couples. Works with issues of anxiety, depression, relationships, stress, grief or loss, abuse or trauma, anger, addictions, eating disorders,

chronic pain, and LGBQT. Uses solution-focused therapy.

77. Marnie Finstad

Finstad, Marnie J. - PhD
202 - 11520 100th Ave. NW
Edmonton, AB T5K 0J7
Phone: 1.780.447.3032
Fax: 1.780.488.1428

78. Judith James

James, Judith E. PhD
#200, 10050 - 112 Street
Edmonton AB T5K 2J1
Phone: 780.432.0856

79. Sudbury Regional Hospital Mental Health and Addictions Program

Hopital regional de Sudbury Regional Hospital
Mental Health and Addictions Program
GL Tower Building
127 Cedar Street
Sudbury, ON
P3E 1B1
Phone: 1.705.523.4988 ext. 4238
Email: mboettcher@hrsrh.on.ca

80. Sara Aharon

Aharon, Sara - Ed.D. Suite #501 - 600 Sherbourne Street, Toronto, ON M4X 1W4 Phone: 1.416.690.5227 Email: info@bodymindhealth.org

81. Joan Neehall

Neehall, Joan PhD
Place 110, 10008 - 110 Street
Edmonton AB T5K 1J6
Phone: 780.488.7425

82. Centre for Addiction and Mental Health

Centre for Addiction and Mental Health (CAMH)
Eating Disorders and Addiction Clinic (ED&A)
33 Russell St.
Toronto, ON M5S 2S1
Phone: 1.416.535.8501 ext. 6616

83. Toronto Eating Disorder and Addiction Clinic

Eating Disorder and Addiction Clinic Center for Addiction and Mental Health 33 Russell Street, 3rd Floor Toronto, ON Phone: 1.416.535.8501 ext. 6482

Note: has a concurrent eating disorder and addictions treatment program. offers several specialized outpatient treatments for both men and women. May include one or more of the following: weekly one-hour individual psychotherapy sessions, recommendations to meet with a dietitian, telephone consultation.

84. Eating Disorder Counselling Services of the Greater Toronto Area

Eating Disorder Counselling Services of the Greater Toronto Area Hoffman, Yana CCDC 1012 Shaw St. Toronto ON M6G 3N1 Phone: 1.416.534.2816

Note: treats all forms of eating disorders and addictions; children, adolescents and adults. She works with both males and females; children adolescents and adults.

85. Deborah Abrami

Abrami, Deborah MA #400-601 West Broadway Vancouver BC V5Z 4C2 Phone: 604.736.4378

86. Lia Falzon

Falzon, Lia - DTATI, FOP, EMDR Toronto, ON Phone: 1.647.501.0747 Email: liafalzon@gmail.com

Note: is a member of the Canadian Art Therapy Association. Has extensive experience with addictions.

87. Christine Werbski

Werbski, Christine – BSc., HSC, MSW, RSW, Dip CTP, CAPT 316 Dupont St. Toronto, ON M5R 1L8 Email: Christine@therapytoronto.ca

Note: specializes in eating disorders, addictions, and mood disorders. Also has experience in depression, trauma, relationship issues, anger and rage, anxiety/stress/fear, pain and loss, and chronic illness.

88. Jean Adler

Adler, Jean V EdD 4944 Chancellor Blvd. Vancouver BC V6T 1E1 Phone:604.228.8751

89. Untwist Your Thinking

Glazer, Beverley - MA, CCC, ICADC Untwist Your Thinking Queen Elizabeth Health Complex Suite #320 - 2100 Marlowe, Montreal, QC H4A 3L5 Phone: 1.514.400.9375

90. Dr. Victoria Alfonso

Alfonso, Victoria PhD 1188 Matthews Ave. Vancouver BC V6H 1W4 Phone:604.731.3280

91. Blake Psychology

Mew, Alyssa - MSW Blake Psychology Suite #1700 - 2001 University Street Montreal, QC H3A 2A6 Phone: 1.514.312.1744 E-Mail: info@blakepsychology.com

Note: She focuses on addiction, depression, anxiety and interpersonal problems. Also has

experience in eating disorders, panic attacks, anger management, esteem and confidence, OCD, and shyness. She uses an integrative approach and evidence-based practices including CBT and DBT. She works with children and adults, individuals, couples, and families. Speaks English and French.

92. Diane Anderson Counselling

Anderson, Diane M.A. RCC #901-675 West Hastings Street Vancouver BC Phone: 778.292.0260 Email:info@DianeAndersonCounselling.com

93. Natasha Barber

Barber, Natasha - RCC, RD
#227 - 1628 West 1st Avenue,
Vancouver, BC,
V6J 1G1
Phone:604.221.2373
E-Mail:natashabarber@shaw.ca

Note: a Registered Clinical Counselor and Registered Dietician.

94. Dr. Susan Elizabeth Blake

Blake, Susan Elizabeth PhD #303-2902 West Broadway Vancouver BC V6K 2G8 Phone: 604.730.8945

95. BC Children\'s Hospital Eating Disordres Program

B.C. Children's Hospital - Eating Disorders Box 156 - 4500 Oak Street Vancouver BC V6H 3N1 Phone:604.875.2200

Note: An eating disorders program for children and adolescents.

96. Element Wellness Centre

Bruneau, Megan - M.A. RCC Elements Wellness Centre #207-2678 West Broadway Vancouver, BC V6K 2G3 Phone: 604.732.9355 E-Mail: megan@elementswellnesscentre.com

97. Chan & Associates Integrated Rehab Services

Chan, David C Chan & Associates Integrated Rehab Services #1116-750 W Broadway Vancouver BC V5Z 1J1 Phone: 604.873.0999

98. Cochrane Psychological Services

Cochrane, Gordon J EdD Cochrane Psychological Services 400-1681 Chestnut St. Vancouver BC V6J 4M6 Phone:604.263.3312 or604.733.8898 Email:gordon_cochrane@telus.net

99. North Shore Counselling Offices

Bustos, Tamara - BA, RPC (C)

North Shore Counselling Offices
#210 - 1940 Lonsdale Avenue
North Vancouver, BC
Phone: 778.994.8796
E-Mail: tamarabustos@shaw.ca

Note: Provides counselling for individuals, families, couples and youth.

100. Friedman, Alice

Friedman, Alice
2 - 241 Fulford-ganges Rd.
Salt Spring Island, BC V8K 2K7
Phone: 250.537.2343

101. Counsel Me Vancouver

Collyer, Erica - BA, MEd, RCC
Counsel Me Vancouver
970 Burrard St.
Vancouver, BC V6Z 2R4
Phone: 604.218.1393
E-Mail:erica@counselmevancouver.com

Note: Works with individuals and adults. Specializing in Anxiety, Trauma, Relationships, Abuse, Self-Esteem, Depression, Substance abuse and Process addictions (Sex, Eating, Gambling), and other concerns.

102. Salal Communications

Salal Communications
Sechelt BC
Phone: 604.885.5998
E-Mail: salal@salal.com

103. Dr. Anne Dietrich

Dietrich, Anne Ph.D. 1061 Hamilton Street Vancouver, BC, V6B 5T4 Phone:604-889-3787 Email: amdietrich@shaw.ca

104. Canadian Clinical Counselling Services

Mitchell, Andrea J. - BA, RPC, CCADC
Canadian Clinical Counselling Services
#102 - 145 W. 15th St.
North Vancouver, BC V7M 1R9
Phone: 604.984.0750
Cell: 604.318.3571

Note: works with individuals, couples, and families on various challenges including addictions, codependency, eating disorders, mental health, and family of origin issues.

105. Dr. Laurel Lee Mayo

Mayo, Laurel Lee PhD
2424 Dixon Road
Sooke BC V0S 1N0
Phone: 250.642.7474

106. Myrna E. Driol

Driol, Myrna E MA 622 E 11th Ave. Vancouver BC V5T 2E3 Phone:604.873.2839

107. Dr. Karina O\'Brien

O'Brien, Karina - Ph.D., R.Psych.
101C - 145 West 15th St., North Vancouver
Phone: 604.518.6368
E-Mail: drkarinaobrien@shaw.ca

108. Vision Counselling Services

Vision Counselling Services
#5-38921 Progress Way
Squamish BC
Phone: (604)892-2213 (ask for Trudie or Sandi)

Note: Offers an Eating Disorder Support Group on Monday nights at 7:30 pm or individual counselling.

109. Dr. Karen Ergas

Ergas, Karen - Ph.D., R.Psych. #205 - 2628 Granville St. Vancouver, BC V6H 4B4 Phone: 604.261.0360 Email:karenergas@telus.net

110. Lisa Otterstein

Otterstein, Lisa - M.Ed., RCC
Suite 4-3260 Edgemont Blvd
North Vancouver, B.C. V7R 2P2
Phone: 604.551.0783
E-Mail: lao@telus.net

111. Rose Cottage Medical

Wiener, Sharon - MA, RPC, MPCP
Rose Cottage Medical
13017 Rosedale Ave.
Summerland, BC
Phone: 250.496.4100
E-Mail: sharonw27@shaw.ca

112. ThriveBC

Dunn Wallden, Erin - Ph.D. ThriveBC Suite 300 - 601 West Broadway Vancouver, BC Phone: 604.928.5699

113. Irene Champagne

Champagne, Irene - M.Ed., RCC
Parksville, BC
Phone: 250.248.4368
Cell: 2509378560
Toll-Free: 1.800.934.0434
E-Mail: ivchampagne@gmail.com

Note: Provides Clinical Treatment for Addictions, Anxiety, Depression, Motivational Issues, Trauma Recovery, Grief, Lifestyle Adjustment, Parent-Teen Conflict, Pain Management, Weight Management and Compulsive Disorders.

114. Jill Arnold

Arnold, Jill - MA, RCC, CHT
3237 King George Blvd,
Surrey, BC
V4P 1B7
Phone: 1.604.727.6608
E-Mail: jillarnold@shaw.ca

Note: Specializes in hypnotherapy.

115. Well Women Counselling

Fallding, Marion - MA,RCC Well Women Counselling 14th floor of the Fairmont Medical Building 750 W. Broadway Ave., Unit 1418 Vancouver, BC, V5Z 1H1 Phone:604.568.6765 E-Mail: info@wellwomencounselling.com

Note: Female-oriented.

116. Toupey Luft

Luft, Toupey - R.Psych.
12-477 Martin Street
Penticton, BC V2A 5L2
Phone: 250.460.2341
E-Mail: toupey@drluft.ca

117. Karen Cook

Cook, Karen - MA
196 ST @ 68AVE
Surrey, BC
Phone: 604.339.3191
E-Mail: kcservices@shaw.ca

118. Marlene Finlayson

Finlayson, Marlene M.A. RCC Main Office #202 - 1128 West Broadway Vancouver BC Phone: 604.739.8909

119. Dean Counselling

Patricia Dean, Patricia - RPC
Dean Counselling
Port Coquitlam, BC
Phone: 604.908.6345
E-Mail: patricia@deancounselling.ca

120. Diane Anderson Counselling

Anderson, Diane M.A. RCC
Suite 188
#800-15355 24th Avenue
Surrey, BC V4A 2H9
Phone: 1.778.772.0693
Email: info@DianeAndersonCounselling.com
Skype: Diane.Anderson.Counselling

121. Dr. David Hart

Hart, David S PhD 2343 West 7th Ave. Vancouver BC V6K 1Y4 Phone: 604.734.7327

122. Fraser Health Authority Eating Disorder Program

Fraser Health Authority Eating Disorders Program
2232 Elgin Avenue, Suite 1
Port Coquitlam
Phone: 604.777.8400
E-Mail: feedback@fraserhealth.ca

Note: For adults (19+) only.

123. Specialized Therapeutic Solutions

Bock, Gerry - MA, CTS, RCC
Specialized Therapeutic Solutions
#16656 - 63 B Avenue
Surrey, BC V3S 0W4
Phone: 604.574.6555
E-Mail: gerry@bock.ca

124. Tannis Hugill

Hugill, Tannis M.A. RCC Main Office 3309 Dunbar St. Vancouver BC Secondary Office 102-1617 Grant Street Vancouver BC Phone:604.267.9951 Email: tannisis@shaw.ca

Note: Specializes in addictions, trauma, eating disorders, and grief counselling.

125. Child and Youth Mental Health Services

Fraser Health Authority Eating Disorders Program
#300-3003 St. Johns Street
Port Moody, B.C.
V3H 2C4
Phone: 604.469.7600
Fax: 604.469.7601
E-Mail: feedback@fraserhealth.ca

Note: For youth under the age of 19.

126. Family Hope Clinic

Harabalja, Devon - MA, RCC
Family Hope Clinic
Willowbrook Business Park
#202 19292 60th Avenue
Surrey, BC, Canada
Phone: 604.510.4673
Email: dharabalja@gmail.com

Note: Provides counselling for Individuals, Families, Couples, and Youth. As well as group therapy, and retreats.

127. Martin Howard, child and adolescent counsellor

Howard, Martin - MA, MTA, RCC Child and Adolescent Counsellor Accredited Music Therapist 201-2678 West Broadway Vancouver, BC V6K 2G3 Phone: 604.736.2677 E-Mail: martinhoward2@live.com

128. New Leaf Counselling

Morrison, Janna - MA, MFT, RCC
New Leaf Counselling
#305-2502 Saint Johns St.
Port Moody, BC
Phone: (604) 551-3151
E-Mail: newleafcounselling@gmail.com

129. Tammy Humeny

Humeny, Tammy - BA, MA, RCC
1981-134th Street
Surrey, BC V4A 4C5
Phone: 604.916.7642
E-Mail: info@tammyhumeny.com

130. Fresh Start Hypnotherapy

Joseph, Sylvain - RCH, CCht Fresh Start Hypnotherapy 510 West Hastings, Suite 1229 Vancouver, BC V6B 1L8 Phone: 604.800.2728 E-Mail: sylvain@freshstarthypnotherapy.ca

Note: Specializes in building self esteem, youth problems, addictions through hypnotherapy.

131. North Fraser Eating Disorders Program

North Fraser Eating Disorders Program
Ministry of Children and Family Development
300 - 3003 St. John's Street
Port Moody, BC V3H 2C4
Phone: 604.469.7600

Note: Covers the cities of new Westminster, Burnaby, Coquitlam, Port Coquitlam, Port Moody, Belcarra, Anmore and Maple Ridge. BC for children and youth up to the age of 19.

132. Wisdom From Within Holistic Therapy

Johnson, Tanya - MMFT, RMFT
Suite 201-2775 McKenzie Avenue
Surrey, BC, V4A 3H4
Phone: 778.867.3917
E-Mails: TanyaAnneJohnson@gmail.com or info@wisdomfromwithincounselling.com

Note: Provides counselling for family, couples, adults, and youth.

133. Kelty Mental Health Resource Centre

Kelty Mental Health Resource Centre (formerly Eating Disorder Resource Centre of British Columbia) P3-302 - Mental Health Building 4500 Oak Street Vancouver BC V6H 3N Crisis Line: 604.310.6789 Phone: 604.875.2084 Toll-free: 1.800.665.1822 Fax: 604.875.3688 E-Mail: keltycentre@bcmhs.bc.ca

Note: Provides information on eating disorders for all ages, and BC children, youth under 25 and families with substance abuse and or mental health issues. There is a Parent Peer Support Worker and Eating Disorders Peer Support Worker onsite to provide support to families and individuals.

134. Discovery Solutions

Manning, Robert - Ph.D.
Discovery Solutions
1996 Ernst Road
Quesnel, BC V2J 6H6
Phone: 250.991.0883
E-Mail: rkmanning@telus.net

135. Frank L. Vaness

Vaness, Frank L MEd
#202-5780 176 A Street
Surrey BC V3S 4H3
Phone: 604.575.1082

136. LKT Counselling

Kotsalis-Thulin, Lee - MA, RCC
LKT Counselling
#509 - 402 West Pender St.

Vancouver, BC V6B 1T6
Phone: 604.315.8118
Email: lee@lktcounselling.com

Note: Provides counselling for addictive attachments, disordered eating, anxiety, mood disorders, and relationship disconnect. Works with individuals, couples, and families.

137. Dr. Anne Dietrich

Dietrich, Anne Ph.D., R.Psych.
#270-8211 Ackroyd Road
Richmond, BC V6X 3K8
Phone: 604.889.3787 or 604.247.2333, ex.: 1
Fax: 604.648.9107
E-Mail: amdietrich@shaw.ca

138. Dr. Gayle Way

Way, Gayle Ph.D. R.Psych
12942 16th Avenue
Surrey, BC (Ocean Park Village)
V4A 1N7
Office Phone: 778-291-3517
Cell: 604-219-3339

139. Susan Kroft

Kroft, Susan B EdD Suite #204-2211 W 4th Ave. Vancouver BC V6K 4S2 Phone: 604.264.1186

140. Fay Ferris

Ferris, Fay M.Ed. RCC
#300-5900 No. 3 Road
Richmond BC
V6X 3P7
Phone:604.961.0133

141. University of Regina Department of Psychology

Hadjistavropoulos, Thomas PhD
Department of Psychology, University of Regina
Regina SK
S4S 0A2
Phone: 1.306.337.2321

142. Dr. Tony L. Le Page

Le Page, Tony L PhD #203-3195 Granville St. Vancouver BC V6H 3K2 Phone:604.803.4578

143. Richmond Relationships Counselling Services

Gareau, Marianne PhD
Richmond Relationship Counselling Services

#450-6091 Gilbert Road
Richmond BC V7E 5L9
Phone: 604.279.8992

144. Dr. Anne Elizabeth Ivanochko

Ivanochko, Elizabeth Anne PhD
Child & Youth Services, 1601 College Ave.
Regina SK
S4P 3V7
Phone: 1.306.766.6719

145. Life Happens

Hodges, Phyllis - M.A., CCC
Life Happens
Professional Counselling & Mediation
Oshun House,
#206, 912 Idylwyld Drive North
Saskatoon, SK
S7L 0Z6
Email: phyllis@lifehappens.ca

Note: Specializes in general adult psychology; eating disorders; eating issues; coping with chronic illness; trauma (motor vehicle, sexual trauma, and other trauma).

146. Annie Newman

Newman, Annie - RPN 1892 West Broadway Suite #2/F Vancouver, BC V6J 1Y9 Phone: 778.785.6859

147. Richmond Eating Disorders Program

Richmond Eating Disorders Program
8100 Granville Avenue
Richmond, BC V6Y 3T6
Phone: 604.244.5486

Note: Team is composed of physicians, therapists, and a registered dietician. Provides individual, group and/or family counselling, medical monitoring, and nutritional support. Services are available to people 11 years and older. A referral from a family doctor is required.

148. Derry Lubell

Lubell, Derry 302-2233 Burrard Street Vancouver BC V6J 3H9 Phone: 604.263.3766

149. Mark Smith Family Systems Therapy

Smith, Mark - MSW, RSW
Family Systems Therapist
Mark Smith Counselling
#305-5811 Cooney Road South Tower
Richmond, BC V6X 3M1

Cell: 604.720.5889
Fax: 604.370.5995
E-Mail: marksmith1@shaw.ca

150. Penney Murphy & Associates

Olson, Krista - BA, BSW, MSW, RSW
Penney Murphy & Associates
Suite #206 - 502 Cope Way
Stonebridge Business Park
Saskatoon, SK
S7T 0G3
Phone: 1.306.242.1010
Toll-Free: 1.800.567.3327
Email: frontdesk@penneymurphy.com

Note: also has offices in Swift Current (306-773-8080), and Melfort (306-242-1010).

151. VCH Eating Disorders Program

Merrett-Hiley, Anne - MSW, RSW VCH Eating Disorders Program 3rd Floor 2750 East Hastings Vancouver, BC V5K 1Z9 Phone: 604.675.2531 ext. 20625 Email:Anne.MerrettHiley@vch.ca

152. fhl Clinics

Young, Jack CK PhD
#133-11180 Coppersmith Place
Richmond BC V7A 5G8
Phone: 604.834.7456
Fax: 604.713.1250
Email: info@fhiclinics.com

153. Elazbeth Tosney Counselling & Consulting

Tosney, R. Elizabeth - M.Ed.
Elizabeth Tosney Counselling & Consulting
814 Lamarsh Lane
Saskatoon, SK
S7J 1B6
Phone: 1.306.651.1778
Email: etosney@shaw.ca

154. Doris Maranda

Maranda, Doris - M.A., RCC 115-2033 Triumph St., Vancouver BC V5L4X3 Phone:604.254.0147 Email: doris@dorismaranda.com

Note: specializes in somatic therapy (working with the body) and eating disorders.

155. Kerry Moller

Moller, Kerry M.A. RCC Suite #1405-675 West Hastings St. Vancouver, BC. V6B 1N2 Phone: 604.314.1839 Email: kerry@kerrymoller.com

Note: Provides couples therapy, and counselling for eating disorders, depression and anxiety.

156. The CEDRIC Centre

Morand, Michelle - MA, RCC The CEDRIC Centre 1449 West 38th Avenue Vancouver, BC V6M 1R4 Phone: 778.990.4606 Toll-Free: 1.866.383.0797 E-Mail: janice@cedriccentre.com

Note: program counsels teenagers older than 16 years old. Offers individual counselling in person, via skype and phone. Has developed a comprehensive online program complete with downloadable resources such as Michelle Morand's book, 'Food Is Not The Problem. Also offers 3-day weekend workshops.

157. Marilyn Moss

Moss, Marilyn MEd 1010 W 38th Ave Vancouver BC V6M 1P6 Phone: 604.269.9840

158. Dr. Brian C. Murphy

Murphy, Brian C. - MA, Ph.D. Inner Care Services International 2020 Haro Street Vancouver, BC V6G 1J3 Phone: 778.785.1367 or 604.823.1164

159. Neufeld Institute

Neufeld, Gordon A PhD Neufeld Institute 2155 West 36th Ave. Vancouver BC V6M 1L3 Phone: 604.263.4278 Fax: 604.261.2048

160. Cam Oxendale, Master Therapeutic Counsellor and Hypnotherapist

Oxendale, Cam - RPC, MPCP
West Broadway Counselling
Suite 901 - 601 West Broadway
Vancouver, BC V5Z 4C2
Phone: 604.739.9299

Note: Specializes in hypnotherapy, but also offers traditional counselling for eating disorders, emotional and intimacy issues, as well as depression and anxiety.

161. Dr. Sandra Parker

Parker, Sandra PhD 901-601 West Broadway Vancouver BC V5Z 4C2 Phone:604.733.8038

162. Candace Plattor

Plattor, Candace M.A. RCC 1260 Nelson Street Vancouver BC Phone: 604.677.5876

163. St. Paul\'s Hospital Eating Disorders Program

St. Paul's Hospital - Eating Disorders Burrard Building, Room 431, 4 North, Burrard Wing, 1081 Burrard Street Vancouver BC V6Z 1Y6 Phone:604.806.8347

Note: B.C.'s designated Eating Disorders Program for the treatment of adults with severe anorexia nervosa and bulimia nervosa.

164. Dr. Kathleen Simas

Simas, Kathleen A PhD #302-2902 W Broadway Vancouver BC V6K 2G8 Phone: 604.734.5569

165. Mark Smith Family Systems Therapist

Smith, Mark - MSW, RSW Family Systems Therapist Mark Smith Counselling #501-1587 W.8th Ave. Vancouver, BC V6J 1T5 Cell:604.720.5889 Fax: 604.370.5995 E-Mail: marksmith1@shaw.ca

166. Dr. Linda Anona Stull

Stull, Linda Anona PhD #200-1892 West Broadway Vancouver BC V6J 1Y9 Phone: 604.319.5098

167. Dr. Lynn E. Superstein-Raber

Superstein-Raber, Lynn E PhD #301-2309 W 41st Ave. Vancouver BC V6M 2A4 Phone: 604.263.1417

168. Thrive Eating Disorders Service

Ternowski, Daryl - Ph.D.
Thrive Eating Disorders Service
Suite 300 601 West Broadway
Vancouver, BC
Phone:604.928.5699

169. Vancouver Anti-Anorexia/Anti-Bulimia League

Vancouver Anti-Anorexia/Anti-Bulimia League #303 - 1212 West Broadway Vancouver BC Phone: 604.731.7304

170. Vista House

Vista House 3360 Fleming St. Vancouver, BC V5N 3V5 Phone: 604.736.9931

Note: Referrals from physicians are accepted from all areas of British Columbia and are made by contacting the Eating Disorders Program at St. Paul's Hospital, phone 604. 806.8347.

171. Thrive BC

Williams, Kim
ThriveBC
Suite #300 - 601 West Broadway
Vancouver, BC
Phone: 604.928.5699

Note: Kim is a registered dietician.

172. Kevin Harold Murphy

Murphy, Kevin Harold PhD PO Box 28 Vernon BC V1T 6M4 Phone: 250.260.4470

173. Kemila Zsange Hypnotherapy & Counselling

Zsange, Kemila - RRCH, C.Ht
Kemila Zsange Hypnotherapy & Counselling
Suite 502, 2077 Nelson St.
Vancouver, BC V6G 2Y2
Phone: 604.687.4325
E-Mail: KZ@kemilahypnosis.com

Note: Kemila Treats individuals, groups, adults and youth for self-acceptance, depression, grief, loss, addiction and anxiety, anger, substance misuse. She is a certified Counselling-Hypnotherapist.

174. Odelia Counselling/Lifestyle Coaching

Roos, Maria - M.Ed. Odelia Counselling/Lifestyle Coaching 8595 Harbour Heights Road Vernon, BC V1H 1J8 Phone: 604.938.3771

175. Dr. Corrinne Allyson

Allyson, Corrinne - Ph.D. Jungian Therapist 2526 Government Street, #201 ?Victoria BC, Canada V8T 4P7 Phone: 250.686.9601 E-Mail:corrinne99@islandnet.com

176. Your Authentic Self

Campbell, Linda - CHt, B.Ed. Your Authentic Self 228-1175 Cook Street Victoria, BC Phone: 604.382.2485 E-Mail:hypnotherapy@shaw.ca

Note: Specializes in hypnotherapy.

177. Dr. Linda E. Clark

Clark, Linda E PhD #208-2526 Government St. Victoria BC V8K 2K7 Phone: 250.382.4092

178. Sarah Danzo

Danzo, Sarah - MA, RCC 1236 McKenzie St. Victoria, BC V8V 2W5 Phone:250.361.1211 Email: chiron@sarahdanzo.com

179. Loreen Gardner

Gardner, Loreen MA
Location 1:
1517 Amelia St,
Victoria BC
Location 2:
#209-814 Goldstream Ave.
Victoria BC

Phone: 250.216.9877 Email: lgardnertherapy@shaw.ca

Note: Treats both eating disorders and substance use.

180. Nirvana Counselling and Consulting

Hague, Candice - M.Ed., RCC Nirvana Counselling and Consulting #220 - 733 Johnson St. Victoria, BC Phone: 1.250.889.0833 Skype: Candice0833 Email:counsellingnirvana@gmail.com

Note: Specializes in addiction disorders and eating disorders.

181. Mental Health Services, Canadian Forces Health Services Centre

Kline, Robert G PhD Mental Health Services, Canadian Forces Health Services Ctr. PO Box 17000, Stn. Forces Victoria BC V9A 7N2 Phone: 250.363.4411

182. Origins Counselling Services

Markham, E. Inga - MMFT, RCC Origins Counselling Services #420 - 1105 Pandora Ave. Victoria, BC V8V 3P9 Phone:250.686.7751 Email:inga@ingamarkham.com Skype: inga.markham

Note: Provides therapy for depression, anxiety, self harming behaviours, stress, PTSD, and addiction recovery.

183. Dr. Sheila O'Byrne

Sheila O'Byrne, Ph.D., Psychologist
Counselling Services
Office: near Fort Street and St. Charles, Victoria, B.C.
Phone: 1.250.886.7353
E-Mail: sobyrne@shaw.ca

Note: Provides counselling for eating disorders, couples, depression, and grief.

184. Wellness Within You

Peters, Allison - RPC Wellness Within You Victoria, BC Phone: 2504809513 Email: alli@wellnesswithinyou.com

185. Dr. Mark Yiu-Meng Toh

Toh, Yiu-Meng Mark PhD #203-2736 Quadra St. Victoria BC V8T 4E6 Phone: 250.472.3700

186. University of Victoria Counselling Services

University of Victoria Counselling Services Room 135 / Campus Services Building 3800 Finnerty Rd. (also known as Ring Rd.) Victoria BC V8P 5C2 Phone: 250.721.834 Crisis Line:1.888.494.3888

187. Jayne Weatherbe

Weatherbe, Jayne M.A.

#2-1517 Amelia Street
Victoria BC
V8W 2J9
Phone: 1.250.388.6434

Note: treats both substance use and eating disorders.

188. Dr. Catherine Young

Young, Catherine PhD 1830 Oak Bay Ave., Suite 303 B Victoria BC V8R 6R2 Phone: 1.250.598.5030

189. Dr. Steven J. Welch

Welch, Steven J PhD Sute 26, 1480 Foster St. White Rock BC V4B 3X7 Phone:1.604.535.3393 or 1.604.527.5306

190. Manitoba Health Eating Disorders Program

Manitoba Health Eating Disorders Eating Disorders Self-Help Program Phone:1.204.953.2358 Email:eatingdisorders@cmhamanitoba.ca.

Note: has a good list of Manitoba eating disorders services and supports. A province of Manitoba government website.

191. Linda D. Gibson

Gibson, Linda D. - MSW, RSW, RMFT RR3 Site 310 Comp 21 Beausejour, MB R0E 0C0 Phone: 1.204.265.3062

192. Dr. Karen J. Narduzzi

Narduzzi, Karen J PhD Brandon MB Phone: 1.204.726.2926 or 1.204.726.9334

193. Westwind Eating Disorder Recovery Centre

Westwind Eating Disorder Recovery Centre
1605 Victoria Ave.
Brandon MB
R7A 1C1
Phone:1.204.728.2499
Toll-free: 1.888.353.3372
Email: info@westwind.mb.ca

Note: Provides counselling and treatment for individuals suffering from anorexia, bulimia and related disorders in a home-like atmosphere, significantly different from the institutional format of traditional hospitals and clinics.

194. Carolyn Bergen and Associates

Bergen, Carolyn O. - BRM(OT), MA Carolyn Bergen and Associates Loc.#1: Suite #104-2265 Pembina Highway Winnipeg, MB R3T 5J3 Loc #2: 143 Smith St., B-100 Winnipeg, MB R3C 1J5

Phone: 1.204.275.1045 Email: admin@cobcounselling

Note: Provides therapy for individuals, families, and couples.

195. Winnipeg Health Sciences Centre

Child and Adolescent Eating Disorders Program
Health Sciences Centre
820 Sherbrook St.
Winnipeg, MB
R3A 1R9
Phone: 1.204.787.7218

Note: has inpatient, outpatient and an intensive outpatient program for adolescents.

196. Lorraine Dewiele

DeWiele, Lorraine PhD P.O. Box 21031 Winnipeg MB R3R 3R2 Phone: 1.204.794.5256

197. Tara Sheppard

Sheppard, Tara - BA, MMFT Downtown Winnipeg Winnipeg, MB Phone:1.204.880.3285 Fax: 204.943.7081 E-Mail:tara.sheppard@mts.net

198. Dr. J Durup

Durup, J PhD Winnipeg MB Phone: 1.204.474.7351

199. Eating Disorders Self-Help Program

Eating Disorders Self-Help Program Canadian Mental Health Association #100-4 Fort St. Winnipeg, MB R3C 1C4 Phone:1.204.953.2358

200. Dr. Lillian M. Esses

Esses, Lillian M PhD
#207 - 1700 Corydon Ave
Winnipeg MB
R3N 0K1
Phone: 1.204.488.9995

201. Dr. Jule Ann Henderson

Henderson, Jule Ann PhD The Wolseley Elm, 146 Arlington St. Winnipeg MB R3G 1Y5 Phone: 1.204.784.7703

202. Dr. Andrew D. Jones

Jones, Andrew D PhD 325-530 Kenaston Blvd. Winnipeg MB R3C 0S5 Phone:1.204.791.7736

203. Dr. G.A. Kaprowy

Kaprowy, GA PhD #1504 - 155 Carlton St. Winnipeg MB R3C 3H8 Phone:1.204.947.9269 Email:

gkaprowy@kaprowykropf.com

204. Klinic Community Health Centre

Klinic Community Health Centre 870 Portage Ave. Winnipeg, MB R3G 0P1 Phone: 1.204.784.4067 E-Mail: klinic@klinic.mb.ca

Note: Free drop in counselling for people over 13 years of age. Hours are Monday and Wednesday noon to 7 pm, Friday and Saturday noon to 4 pm.

205. The Laurel Centre

The Laurel Centre 104 Roslyn Road Winnipeg, MB R3L 0G6 Phone: 1.204.783.5460 Fax: 1.204.774.2912 E-Mail:info@thelaurelcentre.com

Note: services for young adults 16 to 24 and adults ages 24 and over. No cost counselling to women with a history of childhood sexual abuse.

206. Enableme Publications

LeBow, Michael D. PhD Enableme Publications 548 Manchester Boulevard South Winnipeg, MB R3T 1N8 Phone: 1.204.477.6146 Email: enableme@enableme.net

207. Riverbend Counselling

Buller, Alana - MA
Riverbend Counselling
#9 - 1110 Henderson Hwy.
Winnipeg, MB
R2G 1L1
Phone: 1.204.334.4801
Fax: 1.204.338.9180
Email: contact@riverbendcounselling.ca

208. Men\'s Resource Centre

Men's Resource Centre 115 Pulford Street Winnipeg, MB R3L 1X8 Phone: 1.204.415.6797 Toll-Free: 1.855.672.6727 E-Mail: mrc@mens-resource-centre.ca

Note: group counselling, drop-in counselling, and support groups for self-esteem, relationships, communication, sexual abuse, and self awareness. Drop-in counselling Monday 1 to 9 pm.

209. Life Currents Counselling

Monkman, Susan - BA, MA
Life Currents Counselling
#325-530 Kenaston Blvd,
Winnipeg, MB
R3N 1Z4
Phone: 204-471-5245
Email: sue.monkman@lifecurrents.ca

210. Refine Life Design

Postle, Erin - M.Ed., CCA
Refine Life Design
43 Pentonville Cres.
Winnipeg, MB
R2N 4N4
Phone: 1.204.880.7782
Email: erin@erinpostle.com

211. Dr. Joseph Rallo

Rallo, Joseph PhD 325-530 Kenaston Blvd. Winnipeg MB R3N 1Z4 Phone: 1.204.471.8881

212. Dr. Vivienne Rowan

Rowan, Vivienne PhD
Assiniboine Psychological Group
1218 Lorette Ave.
Winnipeg MB
R3M 1W5
Phone:1.204.989.0646 ext.1
Fax: 1.204.989.2179
Email: vrowan@mts.net

Note: Provides individual, family, couple, and senior counselling.

213. River Psychological Services

Scott, Valdine - Ph.D. C.Psych.
River Psychological Services
566 Corydon Ave.
Winnipeg, MB
R3L 0P2
Phone:1.204.452.1703 Ext 2
Fax: 1.204.284.3708

Note: Valdine works with both adolescents and adults and treatsÂ eating disorders including children's feeding disorders (e.g. post-traumatic feeding disorder, picky eaters), assistance to decrease tube feeding and assistance with health-related complications. Valdine also accepts clients struggling with chemical dependency and sex addiction.

214. Dr. Richard A. Shore

Shore, Richard A PhD #2710 - 83 Garry St. Winnipeg MB R3C 4J9 Phone: 1.204.984.9821

215. Joan-Dianne Smith

Smith, Joan-Dianne - MSW, RSW, FCGPA 824 Grosvenor Avenue Winnipeg, MB R3M 0N2 Phone: 1.204.947.3485 E-Mail: jd_smith@mts.net

Note: Provides therapy for individuals, couples, and in a group session.

216. Dr. Linda Trigg

Trigg, Linda PhD #305 - 326 Broadway Winnipeg MB R3C 0J5 Phone: 1.204.982.3811

217. Ushindi Counselling & Consulting Services

Wenzel, Susan Wanjiku - BA, MA Ushindi Counselling & Consulting Services 368 Edmonton St. (2nd Floor) Winnipeg, MB R3B 2L3 Phone: 1.204.770.5381 Email:susan@susanwenzel.ca

Note: Provides counselling for individuals, couples, families, and youth.viduals, couples, families, and youth.

218. Dr. Ken F. Wiebe

Wiebe, Ken F PhD Winnipeg MB Phone: 1.204.957.5471

219. Winnipeg Eating Disorders Clinic

Winnipeg Eating Disorders Clinic 771 Bannatyne Avenue Winnipeg MB R3E 3N4 Phone: 1.204.787.3345 or 1.204.787.3482

Note: has an inpatient, outpatient and intensive outpatient course. Also has a cognitive behavioural therapy course.

220. Women\'s Health Clinic

Women's Health Clinic 419 Graham Avenue, Unit A Winnipeg, Manitoba R3C 0M3 Phone: 1.204.947.1517 Toll-free: 1.866.947.1517 Fax: 1.204.943.3844

Note: Has a ""Weight Preoccupation"" group twice per year (call 1.204.947.2422 ext. 506). Provides a teen clinic for ages 19 years and under. Dieticians are also available on site.

221. Jean-Pierre Parent

Parent, Jean-Pierre MA Ps Services de SantE9 Mentale Communautaire, 6 rue Arran Campbellton NB E3N 3G3 Phone: 1.506.789.2440

Note: English and French

222. Eating Disorder Counci of New Brunswick Inc.

Kathryn Weaver Eating Disorder Council Of New Brunswick Inc. Faculty Of Nursing / U Of Nb -fredericton, P.O. Box 4400 Fredericton, NB E3B5A3 Phone: 1.506.458.7648 E-Mail: kweaver@unb.ca

223. Ann Shannon-Maubert

Shannon-Maubert, Ann MPsy 14 Cochrane Street Fredericton NB E3A 4P3 Phone:1.506.474.1344

224. Dr. Dean Douglas Snow

Snow, Dean Douglas PhD Location 1: Psychology Dept., Dr. Everett Chalmers Hospital

Fredericton NB E3B 5N5 Phone: 1.506.452.5536 Location 2: Suite #300-944 Prospect St. Fredericton NB E3B 9M6 Phone: 1.506.470.4241

225. Dr. Joan M. Wright

Wright, Joan M PhD 142 Brunswick Street Fredericton NB E3B 1G6 Phone: 1.506.454.7430

226. Dr. Charles Emmrys

Emmrys, Charles PhD 300 Main St., Suite B201 Moncton NB E1C 1B9 Phone: 1.506.855.5515

227. Dr. Terez Falvi

Falvi, Terez RM PhD Ecole de Psychologie, U. de Moncton Moncton NB E1A 3E9 Phone: 1.506.858.4200 or 1.506.858.4203

228. Denise Ann Butt

Butt, Denise Ann MEd
50 Memorial East
Gander NL
A1V 1W
Phone:1.709.256.4420 or1.709.533.2562

229. Heather Elizabeth Paul

Paul, Heather Elizabeth Med
P.O. Box 128
Gander NL
A1V 1W5
Phone: 1.709.256.4420
Email:Â hes@nl.rogers.com

230. Dr. Sarah Anne Kelleher

Kelleher, Sarah Anne PhD P.O. Box 2795 Yellowknife NT X1A 2R1 Phone: 1.867.920.4643

231. Dr. Joelle M. Caplan

Caplan, Joelle M PhD 1469 Lockhart Mtn. Rd. Coldbrook NS B4R 1C1 Phone: 1.902.670.0676

232. Spectrum Counsulting Services

Boutilier, Felicia - BSc.O.T. (Reg) NS, MEd Counselling, CCC Spectrum Consulting Services #3-644 Portland St. Suite #622 Dartmouth, NS B2W 2M3 Phone: 1.902.222.5022

Note: Offers pain management counselling, career counselling, mental health issues, addiction, and eating disorders.

233. Sara Lamb

Lamb, Sara - M.Ed., CCC, RCT Dartmouth, NS Phone: 1.902.473.0813 Email:sara@saralamb.ca

234. Body, Mind Therapy

Allard, James - B.Sc., B.Th., M.Ed., D.A.S. (3E8 cycle), CBT, CCC, RCT Body, Mind, Therapy 6025 Binney Street Halifax, NS B3H 2C2 Phone:1.902.425.1690

Note: Treats depression, anxiety, anger, addictions, eating disorders, chronic tension, sexual difficulties. Utilizes a bioenergetics approach to therapy with adults. Speaks English and French.

235. Capital Health Eating Disorder Clinic

Capital Health Eating Disorder Clinic Room 3005, 3rd Floor Halifax NS B3H 2E2 Phone: 1.902.473.6288 Toll Free: 1.855.799.0990

Note: The Clinic is dedicated to helping individuals overcome Anorexia Nervosa and Bulimia Nervosa. The philosophy of the organization is ""EATING FOR LIFE"". The Clinic treatment team provides education, skill development and support, and fosters independence in clients in treatment.

236. Eating Disorders Action Group

Eating Disorders Action Group 3EDAG 6156 Quinpool Road Suite 201 Halifax, Nova Scotia B3L 1A3 Phone1.902.443.9944 Email:reception@edag.ca

Note: Their services are a peer support group, educational workshops and presentations on disordered eating, a resource centre & resource lending library.

237. Halifax Psychological Services

Day, Victor H. PhD Halifax Psychological Services 5739 Inglis Street, Halifax, NS, B3H 1K5 Phone: 1.902.492.2546 Fax: 1.902.423.3469 Email:hps@ns.aliantzinc.ca

238. Queen Elizabeth II Health Sciences Centre

Vallis, Michael T PhD
Dept. of Psychology, Queen Elizabeth II Health Sciences Centre
1278 Tower Road
Halifax NS
B3H 2Y9

Phone: 1.902.473.5526 or 1.902.473.8635

239. Lise Godbout

Godbout, Lise M MSc 2050 Gottingen St. Halifax NS B3K 3A9 Phone: 1.902.492.1588

240. Dr. Joanne L. Gusella

Gusella, Joanne L PhD I.W.K. Health Centre, 5850 University Avenue P.O. Box 9700 Halifax NS B3J 3G9 Phone:1.902.470.8409 or 1.902.422.6517

241. Carol Lynn Hill

Hill, Carol Lynn EdD Mt. St. Vincent University 166 Bedford Highway Halifax NS B3M 2J6 Phone:

1.902.457.6360

242. Dr. Joseph David Pilon

Pilon, David Joseph PhD 5991 Spring Garden Road, Suite #810 Halifax NS B3H 1Y6 Phone: 1.902.425.0221

243. Bonnie L. Rabin

Rabin, Bonnie L. MA Halifax NS Phone: 1.902.422.6333 Email: bonnie@wakeuplifecoaching.com

244. Breakthrough Clinic

Tracey, Laurie - MA Breakthrough Clinic 3845 Joseph Howe Drive, Suite #401 Halifax, NS B3L 4H9 Phone:1.902.455.9939 Email:ltracey@breakthrough.ns.ca

Note: Provides services for individuals, parents, youth, and couples.

245. Ann A. Wetmore

Wetmore, Ann A MEd 1657 Barrington St., Suite 121 ""Roy Building"" Halifax NS B3J 2A1 Phone: 1.902.425.5588

246. Barbara L. Winn

Winn, Barbara L. MA 1044 Tower Rd. no. 310 Halifax NS B3H 4R1 Phone: 1.902.429.2943

247. Dr. John Carmelo Gainer

Gainer, John Carmelo PhD 207 Alexandra St. Sydney NS B1S 2E8 Phone:1.902.539.1235 or 1.902.567.7742

248. Dr. Alana Katherine Matwychuk

Matwychuk, Alana Katherine PhD 779 Prince Street, Suite #1 Truro NS B2N 1G7 Phone: 1.902.895.4055

249. Nicola Scales

Scales, Nicola MSc 35 Inglis Place Truro NS B2N 4B5 Phone: 1.902.895.3865

250. Imani Psychological Services

States, Jolaine C PsyD Imani Psychological Services 16 Ross Street Truro NS B2N 4E1 Phone: 1.902.895.4174

251. Avadia University

Higgins, Heather M PhD School of Education, Acadia University Wolfville NS B4P 2R6 Phone: 1.902.585.1342

252. Bayview Physiotherapy & Sports Medicine Clinic Inc.

Kemp-Romas, Laure E. - BA Hons., MA Bayview Physiotherapy & Sports Medicine Clinic, Inc. 244 Wellington St. East, Suite #200 Aurora, ON L4G 1J5 Phone:1.647.217.6806 or 1.647.977.5759 Email:lkepromas@therapy-counselling.com

Note: Provides therapy for individuals, families, couples, and in group sessions.

253. Eating Disorders of York Region

Eating Disorders of York Region (EDOYR) Community Support Centre 10155 Yonge St. Aurora, ON L4G 1L8 Phone:1.905.886.6632 Fax: 1.647.317.6823 Toll-Free: 1.888.407.8813 Email: info@edoyr.com

254. Simcoe County eating Disorders Service

Royal Victoria Hospital (RVH) of Barrie Simcoe County Eating Disorders Service 201 Georgian Drive Barrie, ON L4M 6M2 Phone: 1.705.728.9090 ext. 47210

Note: program for youth up to 18 years of age.

255. LMS Counselling Services Inc.

Sudnik, Lorraine Mae - BA, RPC LMS Counselling Services Inc. 203A 48 Alliance Blvd. Barrie, ON L4M 5K3 Phone:1.705.812.2152 or 1.705.970.1005 Email: lmscsi@rogers.com

256. Bridgecross Residential Treatment Centre for Eating Disorders

BridgeCross Residential Treatment Center for Eating Disorders 72 Orchard Drive Belleville, ON K8P 2K7 Phone: 1.613.967.0545 Fax: 1.613.967.3998

Note: provides eating disorder treatment in a home-like setting. The overall goals of a patient stay include improved symptom control, enhanced self-esteem and a greater sense of personal and family well-being.

257. Stevenson Waplak and Associates

Stevenson Waplak and Associates 72 Orchard Drive Belleville, ON K8P 2K7 Phone: 1.613.967.0545 Email:info@swa-qch.com

Note: Private psychological counselling centre. Our valued partners are, BridgeCross - Residential Eating Disorder Centre, Applewood Academy - private school, Quinte Childrens Homes - owned and operated homes for foster care.

258. Youthab

Youth Habilitation (Quinte) Inc. 210A Front Street Belleville, ON K8N 2Z2 Phone: 1.613.969.0830

259. Karma Guindon

Guindon, Karma
Suite #302-30 Prospect Street,
Newmarket, Ontario
L3Y 3T1
Phone: 1.416.919.8086

Email: karma@karmaguindon.com

260. Art Psychology Counselling Services

Brickell, Nicole - BFA, DTATI
Art Psychology Counselling Services
103 Cambridge Cres.
Bradford, ON
L3Z 1E2
Phone:1.905.726.5608 (York)
Phone: 1.905.775.6109 (Simcoe)
E-Mail: nicole@apcounsellingservices.com

Note: a certified art therapist.

261. William Osler Health System

William Osler Health System
Brampton Civic Hospital
Eating Disorders Clinic
2100 Bovaird Drive E
Brampton, ON
L6R 3J7
Phone:905/416.494.2120

262. Brantford Eating Disorders Services

Eating Disorders Services
Brantford, Ontario
Phone: 1.519.752.5468

Note: a registered charitable organization that treats anorexia and bulimia on an outpatient basis.

263. Danielle\'s Place

Danielle's Place 895 Brant Street, Suite #3 Burlington ON L7R 2J6 Phone: 1.905.333.5548 Fax: 1.905.333.5538 Toll-free: 1.866.277.9959 Email: info@daniellesplace.org

Note: Provides therapy for individuals, families, youth, and in group sessions.

264. Bayridge Family Centre

Fenton, Lynne - BA(Psychology), MDiv (Counselling) Bayridge Family Center 1295 North Service Road Burlington, ON L7R 4M2 Phone: 1.905.319.1488 Email: bayridge@bayridgefamilycenter.com

265. Safe Harbour Psychotherapy

"Maslabey, Julianne - M.Div., MFT Safe Harbour Psychotherapy #14 - 460 Brant St. Burlington, ON L7R 4B6 Phone: 1.289.962.1107 Email: safeharbour@bell.net Email: jmaslabey@rogers.com

Note: Has office in St. Catherines 1.905.401.1529"

266. Dr. Shannon Servos

Servos, Shannon - Ph.D. 2349 Fairview St., Suite #321 Burlington, ON L7R 2E3 Phone: 1.905.407.3909 Email: shannon.servos@sympatico.ca

Note: Provides counselling for individuals, families, youth and couples.

267. Dr. Heather Strong

Strong, Heather - Ph.D. Bayridge Family Center 1295 North Service Road Burlington, ON L7R 4M2 Phone: 1.905.319.1488 Email: bayridge@bayridgefamilycenter.com

268. Cambridge Interfaith Family Counselling Centre

Cambridge Interfaith Family Counselling Centre
35 Dickson Street
Cambridge, ON
N1R 7A6
Phone: 1.519.622.1670
Toll-Free: 1.800.711.4429

Note: Self-Referrals accepted. Sliding fee scale based on income.

269. Sherry Maxwell

Maxwell, Sherry - BA, MTS 188 Main Street, Cambridge, ON N1R 1W8 Phone: 1.519.621.8858 Email: sherry@sherrymaxwell.com

270. Leanne Wagner Counselling

Wagner, Leanne - BA, MA Leanne Wagner Counselling 24 Queens Square, Unit #207 Cambridge, ON Phone: 1.519.591.7796 Email: leanne@leannewagnercounselling.com

Note: Provides counselling for Individuals, Couples, Families, and Adolescents.

271. Chatham-Kent Mental Health and Addictions Program

Chatham-Kent Mental Health and Addictions Program
Brief Treatment - Eating Disorders Program
80 Grand Ave. W
P.O. Box 2030
Chatham, ON N7M 5L9
Phone: 1.519.352.6400

272. Dr. Douglas Lane Smith

Smith, Douglas Lane - Ph.D. 301 Ivey Crescent (401 & Division #45) Cobourg, ON Tel: 1.905.372.4641 Toll Free: 1.877.430.3538 E-Mail: drdoug@promind.ca

Note: a marriage therapy specialist.

273. Collingwood General and Marine Hospital

Royal Victoria Hospital of Barrie, The Collingwood General and Marine Hospital 459 Hume Street Collingwood, ON L4M 6M2 Phone: 1.705.728.9090 ext. 47210

Note: a program for youth up to 18 years of age.

274. Child and Youth Counselling Services

Cornwall Community Hospital
Child and Youth Counselling Services
305 - 132 2nd Street E
Cornwall, ON
K6H 5S5
Phone: 1.613.938.4240

275. Woolwich Counselling Centre

Woolwich Counselling Centre 65 Memorial Ave. Elmira, ON N3B 2R9 Phone: 1.519.669.8651

Note: Self-Referrals accepted. Sliding Fee Scale based on income.

276. Timiskaming Health Unit

Timiskaming Health Unit
81 5th Avenue
Englehart, ON P0J 1H0
Phone: 1.705.544.2221
Fax: 1.705.544.8698.
Toll Free: 1.877.544.2221
Email: colem@timiskaminghu.com

277. Alexandra Marine and General Hospital of Goderich

Alexandra Marine and General Hospital of Goderich
303 Main Street S
Exeter, ON
N0M 1S2
Phone: 1.519.482.3961
Toll-Free: 1.877.695.2524
Email: tim.sullivan@amgh.on.ca

Note: outreach program for youth diagnosed with an eating disorder.

278. Dr. Dan Dalton

Dalton, Dan - Ph.D. 240A St. David Street N. Fergus, ON N1M 2J7 Toll-Free: 1.888.245.5516 Fax: 1.519.787.0773

Note: Provides Individual, Couples, Youth and Marriage Counselling.

279. Trellis Mental Health and Development Services

Trellis Mental Health and Developmental Services Regional Eating Disorders Program 234 St.

Patrick St. E Fergus, ON N1M 1M6 Phone: 1.519.821.3582

280. Leanne Wagner Counselling

Wagner, Leanne - BA, MA Leanne Wagner Counselling 240 A St. David St. North Fergus, ON Phone: 1.519.591.7796 Email: leanne@leannewagnercounselling.com

Note: Provides counselling for individuals, couples, youth and families.

281. Cornerstone Health Centre

Haynes, Natalie - BA, RPC, RIHR Cornerstone Health Centre 6 Guelph St. Georgetown, ON L7G 3Y9 Phone: 1.905.702.1944 Fax: 1.289.428.1366 Email: info@cornerstonehealth.ca

282. Leanne Wagner Counselling

Wagner, Leanne - BA, MA Leanne Wagner Counselling 1A Princess Anne Drive Georgetown, ON Phone: 1.519.591.7796 Email: leanne@leannewagnercounselling.com

283. Guelph Pyschotherapy Clinic

De Vos, Kristina Bare - M.Sc., RMFT Guelph Psychotherapy Clinic 328 Woolwich Street, Unit 1 Guelph, ON N1H 3W5 Phone: 1.226.203.0908 Email: guelphpsychotherapy@live.ca

284. Samantha Durgy

Durfy, Samantha - MSW, RSW 150 Delhi Street Guelph, ON N1E 6K9 Phone: 1.519.993.9452

Note: Private practice therapist that specializes in eating disorders, body image, teens and young adults.

285. Homewood Health Centre

Floreani, Alison Homewood Health Centre, Part-time Private Practice 150 Delhi St Guelph, ON N1E 6K9 Phone: 1.519.824.1010 ext. 2235 E-Mail: flora.lis@homewoodhealth.com

Note: a Registered Dietician providing nutrition Counselling specializing in eating disorders. Self-Referral, private practice.

286. Sue Graham

Graham, Sue - MSW, RSW Wellington Building, 147 Wyndham Street N, Suite 403 Guelph, ON N1H 4E9 Phone: 1.519.830.7767 Email: suegraham@rogers.com

287. Christopher Heap

Heap, Christopher - MA
20-74 Janefield Ave.
Guelph, ON
N1G 2L6
Phone: 1.519.240.1567
Fax: 1.519.837.2302
E-Mail: christopher.heap@sympatico.ca

288. Homewood Health Centre

Homewood 150 Delhi Street Guelph ON N1E 6K9 Phone: 1.519.824.1010 ext. 2292 Email: admit@homewood.org

Note: Residential treatment for men and women with anorexia nervosa, bulimia nervosa & binge eating ages 16 and over. Must be medically stable. Covered by OHIP.

289. Eric Mulder

Mulder, Eric - MD Suite #205 - 49 Emma St. Guelph, ON N1E 6X1 Phone: 1.519.836.5992

Note: Adult General Psychiatry, MD referral required, OHIP coverage.

290. Health and Performance Centre of Guelph

Smith, Heidi
Health and Performance Centre
University of Guelph
J.T. Powell Bldg. 2nd Floor
University of Guelph
Guelph, ON
N1G 2W1
Phone: 1.519.767-5011

Note: a registered dietitian and sport nutritionist.

291. Trellis Mental Health and Developmental Services

Trellis Mental Health and Develpmental Services 147 Delhi Street Guelph, ON N1E 4J3 Phone: 1.519.821.3582

292. University of Guelph Counselling Services

Counselling Services University of Guelph Guelph, ON N1G 2W1 Phone: 1.519.824.4120 ext. 53244

Note: Counselling group for University of Guelph students only. Self-Referrals accepted.

293. University of Guelph Health Services

Student Health Services University of Guelph J.T. Powell Building Guelph, ON N1G 2W1 Phone: 1.519.824.4120 ext. 54333

Note: University of Guelph students and their families only.

294. Hamilton Health Services

Hamilton Health Sciences 2Q Clinic, McMaster University Medical Centre, 2nd Floor 1200 Main Street Hamilton ON Phone: 1.905.521.5095 Email: patientrelations@hhsc.ca

295. McMaster Children\'s Hospital

Dr. Peter Fitzgerald McMaster Children's Hospital Adolescent Clinic Paediatric Eating Disorders Program Phone: 1.905.521.2100, ext. 75605 MCHPresident@hhsc.ca

Note: The adolescent clinic sees 11 to 17 year old girls and boys for a variety of teen issues including family planning, menstrual problems, emotional and behavioural problems and eating disorders. A referral is required from a pediatrician or family doctor to access this program.

296. Meghan Lederman

Lederman, Meghan - MA, BCW, CYW 576 Concession St. Suite 4B, Hamilton, ON, L8V 1A9 Phone: 1.905.518.0016 or 1.905.319.1488 Email: meghan@cy-counsellor.com

297. St. Joseph\'s Healthcare Hamilton

St. Joseph's Healthcare Hamilton Eating Disorders Program 50 Charlton Avenue E Hamilton, ON L8N 4A6 L8N 4A6 Automated Phone: 1.905.522.1155 ext. 34093 Switchboard Phone: 1.905.522.4941

298. Advantage Professional Counselling Centre

Boast, Meghan - M.Ed., CCC Advantage Professional Counselling Centre 109 Thames Street South Ingersoll, ON N5C 3V3 Phone: 1.519.777.1130 E-Mail: megboast@gmail.com

Note: Provides counselling for Individuals, Youth, Couples, and in Group session.

299. Shannon Lawless Counselling Services

Lawless, Shannon - M.Sc. Shannon Lawless Counselling Services 99 Kakulu, suite #208 Kanata, ON K2L 3C8 Phone: 1.613.762.8251 Email: info@shannonlawlesstherapy.com

300. Healthy Weights Coalition

Healthy Weights Coalition Northwestern Health Unit, 21 Wolsey Street Kenora ON P9N 3W7 Phone: 1.807.468.3147

301. Lake of Woods District Hospital

Lake of the Woods District Hospital St. Joseph's Health Centre 21 Sylvan St. Kenora, ON P9N 3W7 Phone: 1.807.468.9861 Ext. 2243 Email: admin@lwdh.on.ca Fax: 1.807.468.3939

302. Frontenac Community Health Services

Frontenac Community Mental Health Services 385 Princess St. Kingston, ON K7L 1B9 Phone: 1.613.544.1356 Toll-Free: 1.866.616.6005 Email: info@fcmhs.ca

303. Heidi Mack

Mack, Heidi - M.Ed., CCC 308 Wellington Street, Kingston Ontario K7K 7A8 Phone and text: 1.613.572.1035 email: heidi@heidimack.ca SKYPE address: heidi.mack2

304. Hotel Dieu Hospital Eating Disorder Program

Hotel Dieu Hospital Eating Disorder Program Johnson 5 166 Brock Street Kingston, ON K7L 5G6

Phone: 1.613.544.3400 ext. 2551 Toll Free: 1.855.851.3490

305. Natalie Marchenko

Marchenko, Natalie - MA, CCC 308 Wellington St. Kingston, ON K7K 7A8 Phone: 1.613.425.4257

306. Timiskaming Health Unit

Timiskaming Health Unit 31 Station Road N Kirkland Lake, ON P2N 3M6 Phone: 1.705.567.9355 Toll-Free: 1.888.665.8888

307. Hilary Bowers-Walsh Psychotherapy Associates

Bowers-Walsh, Hilary - RN, MHSc. Psychotherapy Associates 751 King St. W., Suite #310 Kitchener, ON N2G 1E4 Phone: 1.519.744.2273

Note: Individual, family and couple counselling for adults. Private practice.

308. Louise Burns

Burns, Louise 88 Weber St. W. Kitchener, ON N2H 3Z5 Phone: 1.519.590.9303 Email: louiseburns@rogers.com

309. Dr. Linda Bulter Psychotherapy Associates

Butler, Linda - Ph.D. Psychotherapy Associates 751 King St. W., Suite #310 Kitchener, ON N2G 1E4 Phone: 1.519.744.2273

Note: Individual family and couple counselling for adolescents and adults. Private practice.

310. Catholic Family Counselling Centre

Catholic Family Counselling Centre 400 Queen Street S. Kitchener, ON N2G 1W7 Phone: 1.519.622.1670

Note: Sliding fee scale based on income.

311. Conestoga College Student Services

Conestoga College Student Services Counselling Office c/o Student Services 299 Doon Valley Dr. Kitchener, ON N2G 4M4 Phone: 1.519.748.5220 ext. 3360

Note: Short-term counselling and referral. Self-Referral, Free (limited to Conestoga College Full-time students).

312. William Corrigan

Corrigan, William - MTS, RMFT 167 Weber St. East Kitchener, ON N2H 1E2 Phone: 1.226.808.7443

Note: specializes in family violence, men's issues, anger management, and eating disorders.

313. Family & Friends Support Group

Family & Friends Support Group 67 King St E Kitchener, ON Phone: 1.519.745.4875

Note: Group meets the 2nd and 4th Thursday of every month from 6:30 to 8pm for support and therapy. No fee.

314. Pace Physiotherapy Centre

Kasdorf, Cara Pace Physiotherapy Centre #1-421 Greenbrook Drive Kitchener, ON Email: info@pacehealth.com Phone: 1.519.584.2609

Note: Registered dietician with a specialty in eating disorders. Clients in recovery only please. Self referral. No crisis referrals.

315. Colleen McMillan

McMillan, Colleen - MSW, RSW Colleen McMillan & Associates Kitchener, ON Phone: 1.519.579.0100 ext. 202

316. Margaret Notar

Notar, Margaret - MA, MSW, RSW 751 King St. W, Suite 310 Kitchener, ON N2G 1E4 Phone: 1.519.744.2273

317. Sabina Santilli

Santilli, Sabina - BSW, RSW, MA 205-742 King St. West Kitchener, ON N2G 1E7 Phone: 1.519.826.9352

Note: Utilizes expressive therapy such as art and play therapy.

318. Bev Sikorski

Sikorski, Bev - MA in Human Nutrition 52 Chicopee Terrace Kitchener, ON N2A 1T4 Email: bevsikorski@home.com

Note: Individual nutrition counselling for adolescents & adults.

319. Mihaila Tomescu

Tomescu, Mihaila G. - MD (Ro) 475 Park Street, Unit 302B Kitchener, ON N2G 4V5 Phone: 1.519.578.5834 Email: mihaila@mihailatomescu.com

320. Trellis Mental Health and Developmental Services

Trellis Mental Health and Development Services #202-130 Weber Street W. Kitchener, ON N2H 4A2 Phone: 1.519.821.3582 Toll-Free: 1.800.471.1732

Note: May also be able to meet in Cambridge. All ages accepted. Self-Referral accepted. OHIP covered.

321. Nutricomm

Valeriote, Caroline
Nutricomm
Kitchener, ON
Phone: 1.519.590.3839
E-Mail: www.nutricomm@rogers.com

Note: a registered dietician. Individual nutrition counselling. Specializing in eating disorders/body image, vegetarian eating. Community Nutrition. Clients in recovery only please.

322. Kleinburg Integrative Health Clinic

Robinson, Shannon - Ph.D., C.Psych. Kleinburg Integrative Health Clinic 10480 Islington Ave., Unit 10 Kleinburg, ON L0J 1C0 Phone: (416) 900-6861

Note: has expertise in eating disorders and motivational counselling.

323. Ross Memorial Hospital Community Counselling

Ross Memorial Hospital Community Counselling Services 10 Angeline Street N. Lindsay, ON K9V 4M8 Phone: 1.705.324.6111 ext. 6064 Toll-Free: 1.800.510.7365 Email: publicrelations@rmh.org Fax Public Relations: 1.705.328.6087 Fax Health Records: 1.705.328.6156

324. Adult Eating Disorder Service (AEDS)

Adult Eating Disorder Service (AEDS)
London Health Sciences Centre
Suite #508 - 111 Waterloo Street
London, ON
N6B 2M4
Phone: 1.519.685.8500 ext.74793
Fax: 1.519.433.4412

Note: This outpatient program is for 18+, clients need to be referred by a physician and have a diagnosed eating disorder. Assessment and counselling is provided for clients and for family.

325. London Health Sciences Centre Eating Disorders Program

Children's Hospital London Health Sciences Centre Eating Disorders Program 8th Floor, B Zone 800 Commissioners Road P.O. Box 5010 London, ON N6A 5W9 Phone: 1.519.667.6640

326. Family Service Thames Valley

Family Service Thames Valley
125 Woodward Avenue
London, ON
N6H 2H1
Phone: 1.519.858.3502 ext. 8602
Email: info@mindyourmind.ca

Note: for youth and young adults 14 to 24 years of age.

327. Hope Counselling Centre

Galloway, Cynthia - M.Ed. CCC Hope Counselling Centre 186 Albert St, Suite 306 London, ON N6A 1M1 Phone: 1.519.777.1906 Fax: 1.519.601.1906 Email: cynthiagalloway@yahoo.ca

Note: Individual and couple psychotherapy for sex addiction; psychotherapy and nutrition therapy for clients with disordered eating.

328. Hope\'s Garden Eating Disorders Support & Resource Centre

Hope's Garden: Eating Disorders Support & Resource Centre
478 Waterloo St.
London, ON
N6B 2P6
Telephone: 1.519.434.7721
Fax: 1.519.434.5091
Email: info@hopesgarden.org

Note: Provides information and advocacy to the community and networks to organize the existing services of eating disorder groups in London.

329. Valerie Mills-Milde

Mills-Milde, Valerie - BSW, MSW, RSW 78 Thornton Ave. London, ON N5Y 2Y3 Phone: 1.519.645.8992 ext. 2

330. Dorit Osher

Osher, Dorit - MA, MSW, RSW 408 Queens Avenue London, ON N6B 1X9 Phone: 1.519.435.1237 Fax: 1.519.286.0258 Email: dosher@rogers.com

331. Patricia A. Vanderheyden

Vanderheyden, Patricia A. - RMFT, RSW, SEP 286 Central Ave. London, ON N6B 2C8 Phone: 1.519.619.8801

332. Gillian Vellet

Vellet, Gillian - BFA, RCAT, RMT Heart and Soul Matters 35 Havenwood Way London, ON N6H 5B6 Toll-Free: 1.888.969.8907 Email: gillian.vellet@gmail.com

333. Youth Habilitation (Quinte)

Youth Habilitation (Quinte)
151 St. Lawrence Street East
Madoc, ON
K0K 2K0
Phone: 1.613.969.0830 Ext. 600
Email: kyleew@youthab.ca

334. Kimberley Cochrane

Cochrane, Kimberley - MA
Suite #012-6633 Highway #7 at Ninth Line
Markham, ON
L6B 1B9
Phone: 1.647.222.3086
E-Mail: kim.cochrane@rogers.com

Note: Uses Emotion-Focused Therapy, Relational Psychotherapy, Yoga Therapy, Somatic Psychology and Breathing to battle Eating Disorders. Covered under most extended health benefit plans.

335. Meadowbrook Counselling Associates

Fleetwood, Carrie - M.Ed., MFT
Meadowbrook Counselling Associates
Suite #203-6633 Hwy 7 East
Ashgrove Medical Building
Markham, ON
L3P 7P2
Phone: 1.905.202.2031
Email: info@meadowbrookcounsellingassociates.com

Note: Works with individuals and couples and specializes in eating disorders, stress management, anxiety, abuse, depression, relationship coaching, sexuality, grief, parenting, and spirituality.

336. Dr. Tammy Morrell-Bellai

Morrell-Bellai, Tammy - Ph.D.
Markham Psychologists
Suite #211-9889 Hwy. 48
Markham, ON
L6E 0B5
Phone: 1.905.472.9658 ext. 202
Fax: 1.905.472.7945
E-Mail: tmorrellbellai@markhampsychologists.ca

Note: Works with youth & adults, individuals, couples, and families. Specializes in Eating Disorders and has training in mood disorders, PTSD, addictions, phobias, esteem, self-harm, and OCD. Uses CBT, Family systems, couples and feminist therapy.

337. Lillian Benrubi

Benrubi, Lillian - MSW, RSW
200 Davis Drive #2
Newmarket, ON
L3Y 4W1
Phone: (905) 581-1084
Toll-Free: 1.888.245.5516

338. Taming Trauma and Anxiety

Rowland, Carol Ann - MSW, RSW, DCEP Taming Trauma and Anxiety 350 Main Street, 2nd Floor Milton, ON L9T 1P6 Phone: 1.905.691.0330 Email: carolann@miltontherapy.com

339. Halton Psychological Services

Van Blyderveen, Sherry - Ph.D.
Halton Psychological Services
14A Martin Street
Milton, ON
L9T 2P9
Phone:Â 905.878.6650
Fax: 905.878.2205
E-Mail: vanblyde@hhsc.ca

Note: Provides individual psychotherapy, family therapy, couples/marital therapy . Assessment: Psychoeducational Assessments (e.g., learning disabilities, giftedness testing) and Psychodiagnostic Assessments (e.g., anxiety, depression, ADHD) . Consultation: For families and professionals. Offers both Cognitive Behavioral Therapy and Family Based Treatment for Eating Disorders.

340. Haliburton Highlands Mental Health Services

Haliburton Highlands Mental Health Services Heritage Plaza 201-5 IGA Road Minden, ON K0M 2K0 Phone: 1.705.286.4575 Toll-Free: 1.888.320.8111 Email: hhmhs@halhinet.on.ca

341. Cottage Clinic

Allin, Bill - NHC, FNE Cottage Clinic 40 Park Place West Mississauga, ON L5H 1G7 Phone: 1.905.274.2608 Toll-Free: 1.866.964.8889

342. Dawn N. Binkowski

Binkowski, Dawn N Suite #206-106 Lakeshore Road East, Mississauga, ON L5G 1E3 Phone: 1.416.294.9472 Email: dawnbinkowski@gmail.com

343. Mississauga Counselling

Clark, Paul - Ph.D. Mississauga Counselling Suite #1501-4 Robert Speck Parkway, Mississauga, ON L4Z 1S1 Phone: 1.905.232.6640 Email: paul@mississaugapsychotherapists.com

344. Credit Valley Hospital

Credit Valley Hospital 2200 Eglinton Avenue W Mississauga, ON L5M 2N1 Phone: 1.905.813.2398 or 1.905.813.4505

Note: Inpatient, outpatient or day hospital program for adults 18 and older. OHIP accepted.

345. Daniel Rutley

Rutley, Daniel - Psy.D. 2328 Gareth Road Mississauga, ON L5B 1Z5 Phone: 1.905.502.7779 Email: info@emotionsrule.com

Note: Provides counselling for individuals, couples, and the LGBT community.

346. Sizeable Woman

Sizeable Woman Mississauga ON Phone: 1.905.567.8774

Note: Volunteer group of plus size women in Peel.

347. Trellis Mental Health and Developmental Services

Trellis Mental Health and Developmental Services
1-392 Main Street N.
Mount Forest, ON
N0G 2L2
Phone: 1.519.821.3582
Toll-Free:1.800.471.1732

348. Lifesource Medical Centre

Bentley, Michelle A. Lifesource Medical Centre 130 Robertson Road Nepean, ON K2H 5Z1 Fax: 1.613.828.2010 Email: mbentley@lifesourcehc.com

349. Academy of Counselling, Hypnotherapy and Meditation

Haney, Richard Merrill - BA, M.Ed, Ph.D.
Academy of Counselling, Hypnotherapy, and Mediation
301 Bank Street
Ottawa, ON
K2P 1X7
Phone: 1.613.726.3636 or 1.613.234.5678
Fax: 1.613.726.7266
Email: richard@ottawacounselling.com

Note: Provides counselling for individuals, couples, marriages, and families. Specializes in hypnotherapy.

350. Joan Stafford

Stafford, Joan - M.Ed., CCC, RMFT
48 Majestic Drive
Nepean, ON
K2G 1C8
Phone: 1.613.878.9811
Email: joan@js-therapy.ca

Note: Provides counselling for individuals, relationships, and parenting.

351. Interfaith Community Counselling Centre

Interfaith Community Counselling Centre
23B Church St.
New Hamburg, ON
N0B 2G0
Phone: 1.519.662.3092

Note: Individual, marital, family and group counselling for all ages. Self-Referrals accepted. Sliding fee scale.

352. Timiskaming Health Unit

Timiskaming Health Unit 247 Whitewood Avenue, Unit 43 P.O. Box 1090, New Liskeard, ON P0J 1P0 Phone: 1.705.647.4305 Fax: 1.705.647.5779 Toll-Free: 1.866.747.4305 E-Mail: lbeardmore@timiskaminghu.com

353. Canadian Mental Health Association (CMHA)

Canadian Mental Health Association (CMHA) 1101 Nicholson Road, Unit 5 Newmarket, ON L3Y 9C3 Phone: 1.905.853.8477 Toll-Free: 1.866.208.5509 Fax: 1.905.953.1670 Email: intake@cmha-yr.on.ca

354. Healing Hearts Centre

Gonzalez-Baz, Patzia Corazon Healing Hearts Centre - EFT Ontario Newmarket, ON L3Y 5W7 Phone: 1.905.235.0547 Email: patziagb@hotmail.com

355. McKechnie Counselling

McKechnie, Heather L. - MSW, RSW McKechnie Counselling 465 David Dr. #302-B Newmarket, ON L3Y 2P1 Phone: 1.905.853.1041 E-Mail: heather@mckechniecounselling.com

356. Southlake Regional Health Centre

Southlake Regional Health Centre 596 Davis Drive Newmarket, ON L3Y 2P9 Phone: 1.905.895.4521 ext. 2749 Email: communications@southlakeregional.org

357. North Bay General Hospital Mental Health Care

North Bay General Hospital Mental Health Care 120 King St. North Bay, ON P1B 5Z9 Phone: 1.705.494.3050

358. Ursula Carsen

Carsen, Ursula - MTC, DCTP, CAPT North York, ON M6C 3L2 Phone: 1.416.656.4675 Email: ursula@bodymind.ca

Note: Provides sessions in both English and German.

359. North York General Hospital

North York General Hospital
4001 Leslie Street
North York, ON
M2K 1E1
Phone: 1.416.756.6655

360. Life Design Counselling Centre

Soo Kyung Cha, Katherine - DCC, MCC, MA, BA
Life Design Counselling Center
203-1110 Sheppard Ave. East
North York, ON
M2K 2W2 Phone: 1.647.977.5985

361. Weis Counselling

Waisbein, Veronica - MA, OACCPP Wais Counselling North York, ON M2N 3Y6 Phone: 1.416.543.0802

362. CEntral West Eating DIsorder Program Regional Office

Central West Eating Disorder Program Regional Office 700 Dorval Drive, 6th floor Oakville ON L6K 3V3 Phone: (905) 815-5124

363. Brighton Counselling

Greve, Jennifer - MSW, RSW, CCP
Brighton Counselling (formerly Greve Counselling)
Suite #104-2315 Bristol Circle,
Oakville, ON
L6H 6P8
Phone: 1.416.573.5413
Email: counselling@jenniferbrighton.com

Note: Provides counselling for individuals, families, and couples/marriages.

364. Halton Healthcare Services

Halton Healthcare Services 327 Reynolds St. Oakville, ON L6J 3L7 Phone: 1.905.845.2571

365. Aggie Lukas

Lukas, Aggie - M.Ed. 116 Thomas St. Oakville, ON L6J 3A8 Phone: 1.289.242.0694

366. Rae Assessment, Counselling & Consultation

Rae, Michelle L. - MSW, RSW Rae Assessment, Counselling & Consultation Suite #104-2315 Bristol Circle, Oakville, ON L6H 6P8 Phone: 1.905.301.7785

367. Dana Redekop

Redekop, Dana - MA, RN, OACCPP
30 Duke St.
St. Catharines, ON
L2R 6P9
Phone: 1.905.682.2205

368. Core Belief Engineering

Sidorowicz, Lisa - B.Ed., MA Core Belief Engineering Suite #300-221 Lakeshore Road East, Oakville, ON L6J 1H7 Phone: 1.905.842.3305 Toll-Free: 1.877.633.9533 Email: lisa@thecore.ca

369. The Ottawa Couple and Family Institute

Demidenko, Natasha - Ph.D., C.Psych.
The Ottawa Couple and Family Institute
Suite #201 - 1869 Carling Avenue
Ottawa, ON
K2A 1E6
Phone: 1.613.722.5122
Fax: 1.613.722.0250
Email us: info@ocfi.ca

370. Trellis Mental Health and Developmental Services

Trellis Mental Health and Developmental Services
Regional Eating Disorders Program
100-28 Mill Street
Orangeville, ON
L9W 2M3
Phone: 1.519.821.3582
Toll-Free: 1.800.471.1732

371. Simcoe County Eating Disorders Services

Orillia Soldiers' Memorial Hospital
Simcoe County Eating Disorders Service
Mental Health Services
170 Colborne Street W
Orillia, ON
L3V 2Z3
Phone: 1.705.728.9090 ext. 47217

Note: for youth up to 19 years of age.

372. Hopewell Eating Disorders Support Centre

Hopewell Eating Disorders Support Centre of Ottawa Suite #202 - Heartwood House, 153 Chapel Street Ottawa ON K1N 1H5 Phone: 1.613.241.3428 Email: info@hopewell.ca

Note: Provides persons affected by eating disorders with the additional support and resources they need throughout the treatment and recovery process. Does NOT provide treatment.

373. Halton Centre for Cognitive Therapy

Williams, Susan - Ph.D., C.Psych.Halton Centre for Cognitive Therapy
418 North Service Road, E, Suite 3A
Oakville ON
L6H 5R2
Phone: 1.905.901.0597
Email:Â williams@haltontherapy.ca

Note: Provides therapy for individuals, couples, marriages, and also has a youth program.

374. Choices Optimum Health Counselling

Menard, Debra-Lynn - M.Ed., CCC Choices Optimum Health Counselling 20 James Street, 3rd Floor (at Bank St.) Ottawa, ON K2P 0T6 Phone: 1.613.737.4555

Note: Treats weight management - obesity & eating disorders, relationships, transition, self-esteem, and addiction. Also speaks French.

375. Lakeridge Health Corp. Eating Disorders Program

Lakeridge Health Corporation
Eating Disorders Program
Lakeridge Mental Health Program
850 King Street W
Oshawa, ON
L1J 2L5
Phone: 1.905.576.8711 ext. 4622

376. Jeff Packer MSW & Associates

Packer, Jeff - MSW, RSW Jeff Packer MSW & Associates Suite #204 - 58 Rossland Road West Oshawa, ON L1G 2V5 Phone: 1.905.571.7441 Toll-Free: 1.866.351.5558 Fax: 1.905.571.0364 E-Mail:packman@rogers.com

Note: Specializers in counselling for eating disorders, sexuality, grief, anger management, depression, parenting, and addictions for individuals, couples, and youth.

377. Centre for Interpersonal Relationships

Milosevic, Aleks - BSc, BA, MA, PhD, C.Psych. Centre for Interpersonal Relationships #2 - 388 Albert St. Ottawa, ON K1R 5B2 Toll-Free: 1.855.779.2347 Fax: 1.855.779.2347 Email: ottawa.admin@cfir.ca

Note: Works on substance abuse and process addictions. Works with adults. Helps with anger, anxiety, depression and shame, problematic behaviours, and relationship issues.

378. Therapy Ottawa

Benson, Adrienne - M.Ed., CCC Therapy Ottawa Suite #203-436 Gilmour St. Ottawa, ON K2P 0R8 Phone: 1.613.720.7844 or 1.705.783.2530 Email: adrienne@therapyottawa.com

Note: Treating eating disorders and co-morbid conditions. Treatment modalities include: CBT, DBT, Mindfulness, Family-therapy, animal-assisted therapy and yoga therapy (RYT).

379. The Regional Centre for the Treatment of Eating Disorders Outpatient Program

Ottawa Hospital - General Campus The Regional Centre for the Treatment of Eating Disorders Outpatient Program 501 Smyth Road Ottawa, ON K1H 8L6 Phone: 1.613.722.7000

380. Mental Health Patient Service of Eastern Ontario Children\'s Hospital

Children's Hospital of Eastern Ontario (CHEO) Mental Health Patient Service Unit 401 Smyth Road Ottawa, ON K1H 8L1 Phone: 1.613.737.7600 ext. 2361

381. The Sana Centre

Paterson, Wendy - M.Ed., CCC The Sana Centre The Centre for Treatment of Sexual Abuse and Childhood Trauma Suite #102 - 436 Gilmour Street Ottawa, ON K2P 0R8 Phone: 1.613.220.1779 Fax: 1.613.739.9251 Email: wepaterson@psychotherapyottawa.com

382. Ottaway Byward Psychologists

Purcell, Sheila - Ph.D. Ottawa Byward Psychologists Suite #611-325 Dalhousie St. Ottawa, ON K1N 7G2 Phone: 1.613.562.1186 Email: dr.spurcell@gmail.com

383. Meghan Simmons

Simmons, Meghan - MSW, RSW 388 Albert Street, Unit 2 Ottawa, ON K1R 5B2 Phone: 1.613.558.8449 Email: info@meghansimmons.ca

384. Peterborough Regional Health Centre

Peterborough Regional Health Centre Eating Disorder Program 1 Hospital Drive Peterborough, ON K9J 7C6 Automated Telephone: 1.705.743.2121 Email: rgreene@prhc.on.ca

Note: Programs for both youth and adults.

385. Positive Body Image Coalition

Positive Body Image Coalition 10 Hospital Drive Peterborough ON K9J 8M1 Phone: 1.705.743.1000

386. Niagara Eating Disorder Outpatient Program

Niagara Eating Disorder Outpatient Program
New Port Centre
Port Colborne General Hospital
260 Sugarloaf Street
Port Colborne ON
L3K 2N7
Phone: 1.905.834.4501 ext. 32500
Email: NewPortAdmin@niagarahealth.on.ca

Note: The Niagara Eating Disorder Outpatient Program (NEDOP) provides outpatient services to individuals suffering from anorexia, bulimia and other food related disorders. Our multidisciplinary team includes family physicians, a registered dietician, a nurse practitioner and counsellors.

387. The Wellness Centre Inc.

Fodor, Viola - B.Ed, M.Ed. The Wellness Centre Inc. P.O. Box 335 Port Rowan, ON N0E 1M0 Phone: 1.519.442.0556

388. Kerrybrook Consulting & Counselling

Homewood, Debbie Kerrybrook Consulting & Counselling Richmond Hill, ON L4C 3R1 Phone:

1.416.855.6749 Email: info2@kerrybrook.ca

Note: provides counselling, pastoral care, and biofeedback.

389. Heart 2 Heart Counselling

Juliana, Margarete - Ph.D., RMFT Heart 2 Heart Counseling Suite #105 - 22 Richmond St. Richmond Hill, ON L4C 3Y1 Phone: 1.647.233.5511 Email: margarete@heart2heart-counseling.com

Note: Provides counselling for individuals, and couples.

390. Dr. Eghbal Tahbaz

Tahbaz, Eghbal - Ph.D.
43 Teseo Court
Richmond Hill, Ontario
L4B 3H8
Phone: 1.905.763.6657
Fax: 1.905.763.6658
Email: etahbaz@yahoo.ca

Note: works with individuals, couples and families specializing in the areas of relationship and marital counseling, anxiety, depression, behavioural and emotional problems, obesity and eating disorders, chronic illness and pain management strategy.

391. Niagara Network for Freedom from Eating Disorders

Niagara Network for Freedom from Eating Disorders (NNFED) Niagara Public Health Department 241 Glenridge Road St. Catharines ON Marg Beckett - 1.905.688.3762 ext.351 Hillary Abbey - 1.905.684.3251

392. Woolwich Community Health Centre

Woolwich Community Health Centre 10 Parkside Dr. P.O. Box 370 St. Jacobs, ON N0B 2N0 Phone: 1.519.664.3794

Note: Limited to Woolwich and Eastern Wellesley Townships residents.

393. Sault Area Hospital Eating Disorders Program

Sault Area Hospital
Eating Disorder Program
750 Great Northern Road
Sault Ste Marie, ON
P6B 0A8
Phone: 1.705.759.3434 ext. 4627

Note: Outpatient department of psychiatry with inpatient acute mental health services. Treatment modalities include full DBT and also 6 week segments of DBT skills. CBT and IPT, art therapy and group therapy for eating disorders

394. Performance Counselling

McCourt, Kadie - MA, CCC Performance Counselling Scarborough, ON M1G 3K6 Phone: 1.647.341.6140 Cell: 1.705.796.4324 Email: performance4u@yahoo.com

395. Scarborough Hospital Community Outpatient Clinic

Scarborough Hospital - Community Outpatient Clinic Community Outpatient Programs 3050 Lawrence Avenue East Scarborough, ON M1P 2V5 Phone: 1.416.438.2911

Note: for adults 16 and older. Also provides programs in Tamil and Cantonese.

396. Huran Perth Healthcare Alliance

Stratford General Hospital Eating Disorder Outreach Huron Perth Healthcare Alliance Special Services Unit, Stratford General 46 General Hospital Dr., Stratford ON N5A 2Y6 Phone: (519) 272-8210 ext. 2570

397. Deborah Abrami

Abrami, Deborah MA
#400-601 West Broadway
Vancouver BC V5Z 4C2
Phone: 604.736.4378

398. Dr. Gayle Way

Way, Gayle Ph.D. R.Psych
12942 16th Avenue
Surrey, BC (Ocean Park Village)
V4A 1N7
Office Phone: 778-291-3517
Cell: 604-219-3339

399. Path Positive

Hepworth, Elizabeth - HBA, MA, OACCPP Path Positive #412 - 37 Sandiford Dr. Stouffville, ON L4X 7X5 Phone: 1.905.640.4112 Email:pathpositive@msn.com

400. Boundless Adventures

Boundless Adventures
203 Lonsmount Drive
Toronto, ON M5P 2Y6
Phone: 1.613.758.2702
Mobile: 1.416.951.7059
Email: steven@theboundlessschool.com

Note: experiential education for youth and adults with various mental disorders, including eating disorders.

401. Sudbury Regional Eating Disorders Program

Regional Eating Disorders Program Sudbury Campus 127 Cedar St. Sudbury ON P3E 1B1 Phone: 1.705.523.4988 ext. 4288 Toll-free: 1.866.244.4344 ext. 4288 Email: info.redp@nemhc.on.ca

402. Henry Davis

Davis, Henry IV PhD
Suite 354, Gulf Canada Square
401-9 Avenue S.W.
Calgary AB T2P 3C5
Phone: 1.403.262.3737

403. Therapy Solutions

Benrubi, Iris - MA
Therapy Solutions
1 Promenade Circle #302
Promenade Mall
Thornhill, ON
L4J 4P8
Phone: 1.905.709.8185
Email: iris@therapysolutions.ca

Note: Provides counselling for individuals, parents, families, couples and youth.

404. Lily Collins-Dooley

Collins-Dooley, Lily B PhD
30 - Glenmore Green SW
Calgary AB T2V 5J2
Phone: 1.403.245.6924

405. JD Psychotherapy

Dembinski, Joseph A. - MA, OACCPP
JD Psychotherapy
18 Colleen Street
Thornhill, ON
L4J 5H1
Phone: 1.905.763.0660
Email: joseph@jdpsychology.ca

406. Community Counselling Services of York Region

Freud-Goldman, Lisa - BSW, MSW, RSW
Community Counselling Services of York Region
Suite 300- 300 John St.,
Thornhill, ON
L3T 5W4
Phone: 1.647.955.3877

407. Heart N Soul Counselling

Hovanessian, Linda - RIHR, RPC
Heart N Soul Counselling
116 Kirk Dr.
Thornhill, ON

L3T 3L2
Phone: 1.647.222.6944
Email: linda@heartnsoulcounselling.com/

408. New Realities Eating Disorders Recovery Centre

Morse, Orit - MA, OACCPP
New Realities Eating Disorders Recovery Centre
18 Colleen Street
Thornhill, Ontario
L4J 5H1
Phone: 1.905.763.0660
Email: newrealities@rogers.com

409. John Esposti Psychotherapy

Esposti, John - BA, MSW, RSW
Psychotherapy Services
123 Peter St.
Thunder Bay, ON
P7A 5H6
Phone: 1.807.343.3622

410. Sister Margaret Smith Centre

St. Joseph's Care Group Sister Margaret Smith Centre Thunder Bay Health Eating Disorders Program 301 Lillie Street North Thunder Bay, ON P7C 0A6 Phone: 1.807.684.5100 Toll-Free: 1.866.346.0463 Fax: 1.807.622.1779 Email: mha@tbh.net

411. Timmins and District Hospital

Timmins and District Hospital Eating Disorders 700 Ross Avenue E Timmins, ON P4N 8P2 Phone: 1.705.267.2131 ext. 2193

412. Debbie Anderson

Anderson, Debbie J. - BA (Hons.), DTATI The Art Therapy Clinic 176 Quebec Avenue Toronto, ON M6P 2T8 Phone: 1.416.540.4332 Email: artwithdebbie@gmail.com

Note: Specializes in Art Therapy.

413. Sheila Banerjee

Banerjee, Sheila - M.Ed., OACCPP 717 Bloor St. West Toronto, ON M6G 1L5 Phone: 1.416.220.0261

414. Dr. Ann Baranowski

Baranowski, Ann - Ph.D. Suite #201 - 320 Danforth Avenue Toronto, Ontario M4K 1N8 Phone: 1.416.944.8217 Email: baranowski.ann@gmail.com

415. Bellwood Health Services Inc.

Bellwood Health Services Inc. 1020 McNicoll Avenue Toronto ON M1W 2J6 Phone: 1.416.495.0926 Toll-free: 1.800.387.6198 Fax: 1.416.495.7943 Email: info@bellwood.ca

416. Rosa Bergman

Bergman, Rosa - CTP-DIP, MTC, OSP, CAPT The Centre 316 Dupont St. Toronto, ON M5R 1V9 Phone: 1.416.964.7919 Email: rbergman@rogers.com

417. Dawn Binkowski

Binkowski, Dawn N 258 Dupont St. Toronto, ON M5R 1V7 Phone: 1.416.294.9472 Email: dawnbinkowski@gmail.com

418. Dr. Shalom Camenietzki

Camenietzki, Shalom - Ph.D., MA, FCGPA, FAGPA Suite #202 - 60 St. Clair Avenue Toronto, ON M4T 1N5 Phone: 1.416.929.7480 Email: c.shalom@sympatico.ca

419. Spadina Therapy Centre

Campbell, Bonnie - BA, DCTP, CAPT Spadina Therapy Centre 37 Spadina Road Toronto, ON M5R 2S9 Phone: 1.416.923.5112 Email: bonnie@bonniecampbell.ca

420. Susan Monteith

Monteith, Susan - M.Ed. Bayview Ave. &inton Ave. East Toronto, ON Phone: 1.416.424.2924 Email: susanmonteith@torontopsychotherapist.ca

421. Catherine Coyle

Coyle, Catherine - MSW, RSW 1020 Eglinton Ave. W Toronto, ON M6C 2C5 Phone: 1.416.425.9737 Email: coylec@fastmail.com

422. Katherine Carney

Carney, Katherine - DVATI, MC 110 Sherwood Avenue Toronto, ON M4P 2A7 Phone: 1.416.930.0549 Email: kcarney@rogers.com

423. Dr. Robert T. Muller

Muller, Robert T. - Ph.D., C.Psych. Clinical Psychologist 114 Maitland Street, 3rd Fl. Toronto, ON M4Y 1E1 Phone: 1.647.939.6491 Email: rmuller@psychotherapytoronto.ca

424. Linda Chapman

Chapman, Linda - MCAT, ATR-BC, RCAT Suite #741 - 118 Eglington Avenue West, Toronto, ON Phone: 1.416.427.6244 Email: lindachapman@psychotherapyintoronto.com

425. Lori Dennis

Dennis, Lori - MA Inside Out Health Solutions 99 Crown’s Lane, 4th Floor (Yonge south of Summerhill) Toronto, ON M5R 3P4 Phone: 1.416.709.8117 Email: loridennis@talktherapy.ca

426. Mindfulness Psychotherapy

Christie, Nancy - BFA, CYW, MTC Mindfulness Psychotherapy 141 Fallingbrook Road Toronto, ON M1N 2T9 Phone: 1.416.691.3768 Email: nancy@torontotherapists.ca

427. Dr. Carmela Circelli

Circelli, Carmela - Ph.D., DCTP, CAPT 366 Dupont St. Toronto, ON M4K 1E8 Phone: 1.647.977.5905

428. Deborah Duggan

Duggan, Deborah - Ed.D., C.Psych. 80 Corley Ave., Toronto, Ontario M4E 1V2 Phone: 1.416.694.6350

429. Joanne Crabtree

Crabtree, Joanne - MTC 344 Dupont Street, Suite 401 Toronto, ON M5R 1V9 Phone: 1.416.920.0104 Email: psychotherapyarts@rogers.com

430. Ontario Community Outreach Program for Eating Disorders

Ontario Community Outreach Program for Eating Disorders
Toronto General Hospital, 101 College Street, CW2-Room 332B
Toronto ON
M5G 2C4
Phone: 1.416.340.4051
Toll-free: 1.800.463.1856
Email: pat.valenti@uhn.on.ca

Note: Provides training workshops on prevention and treatment issues for health care professionals and educators.

431. Susie Costello

Costello, Susie – M.Ed., BSc Toronto, ON Email: Susie@therapytoronto.ca

Note: specializes in eating disorders, relationship difficulties, stress, anxiety, depression, addictions, sexual and physical abuse, and grief and bereavement.

432. Balance Health and Wellbeing

Dunstan, Judith - BSW, RSW
Balance Health and Wellbeing
244 Dupont Street
Toronto, ON
M5R 1V7
Phone: 1.416.821.0807
Email: info@judithdunstan.com

433. Continuum Wellness

Pancer, Alyson - BSW, MSW, RSW Continuum Wellness Suite #301 3402 Yonge Street, Toronto,

ON M4N 2M9 Phone: 1.416.913.3080 ext. 302 Email: alyson.pancer@gmail.com

434. SickKids Eating Disorders Program

SickKids Eating Disorders Program The Hospital for Sick Children 555 University Avenue Toronto ON M5G 1X8 Phone: 1.416.813.7195 Email: heather.graham@sickkids.ca

435. Broadview Therapy Centre

Parsons, Margery - DCTP, CAPT Broadview Therapy Centre 664 Broadview Ave. Toronto, ON M4K 2P1 Phone: 1.416.690.9066

436. Pearce Counselling

Pearce, Alexia - BA, MA
Pearce Counselling
Suite #511-1849 Yonge Street (Yonge & Davisville Subway)
Toronto, Ontario
M4S 1Y2
Phone: 1.416.919.7639
Email: pearcecounselling@rogers.com

437. Patti Perry

Perry, Patti Eating Disorder Clinic Toronto ON Phone: 1.416.483.0956

438. Margot Renate Feferman

Feferman, Margot Renate - BA, MSW, RSW Suite #405 - 118 Eglinton Ave. W., Toronto, ON M4R 2G4 Phone: 1.416.482.0355 Email: margot@talktomargot.com

439. Annette Poizner

Poizner, Annette - MSSW, Ed.D., RSW 37 Spadina Road, Lower Level Toronto, ON M5R 2S9 Phone: 1.416.280.6442 Email: ap@annettepoizner.com

440. Sharon Rona Feldman

Feldman, Sharon Rona - BA, Psyc., MTC 33 Rockland Drive Toronto, ON M2M 2Y8 Phone: 1.416.225.0071 Email: sharonfeldman@rogers.com

441. Diana Powell

Powell, Diana - BA, DCTP, CAPT The Centre 316 Dupont St. Toronto, ON M5R 1V9 Phone: 1.416.926.8776 Email: diana.powell@utoronto.ca

442. Simone Finkelstein

Finkelstein, Simone Office 1: Yonge & Lawrence area Office 2: 1366 Yonge Street Toronto, ON M5M 3K5 Phone: 1.416.722.0520 Email: simone@rogers.com

Note: Simone deals with all types of eating disorders. Whether it be anorexia, bulimia, binge eating disorder or obesity. Simone works on the underlying issues, while also working on self-esteem, body

image and nutrition, and ultimately working towards the goal of recovery.

443. David Rockman

Rockman, David - MSW, RSW 717 Bloor St. West Toronto, ON M6G 1L5 Phone: 1.416.533.3505 Email: david@drockmancounselling.ca

444. Spadina Therapy Centre

Fredricks, Wendy - BA, B.Ed., CAPT
Spadina Therapy Centre
37 Spadina Road
Toronto, ON M5R 2S9
Phone: 1.416.410.4778
Email: wendyfredricks@aol.com

445. Vera Roncon

Roncon, Vera - MA Mount Pleasant Therapy Suite #304 - 1670 Baview Ave., Toronto, ON M4G 3C2 Phone: 1.416.488.2383 Email: vera@mptc.ca

446. Spadina Therapy Centre

Gotthardt, Michael - BA, DCTP, CAPT Spadina Therapy Centre 37 Spadina Road Toronto, ON M5R 2S9 Phone: 1.416.697.8191 Email: hmgotthardt@hotmail.com

447. Chris Rookwood

Rookwood, Chris – RN, LCSW, MSW, RSW Toronto, ON Phone: 1.647.723.5274 ext. 221 Email: chris@therapytoronto.ca

Note: Has 15 years of experience treating eating disorders in adults and adolescents.

448. Dr. Rosemary C. Hazelton

Hazelton, Rosemary C. - Ph.D. Suite #305 - 7 Thornwood Road Toronto, ON M4W 2R8 Phone: 1.416.486.5528

449. Jennifer Schramm

Schramm, Jennifer Toronto, ON Phone: 1.416.277.4950 Email: jennifer@jenniferschramm.com

450. Transformational Arts College

Henchey, Monique - B.Sc., RPC Transformational Arts College Suite #301 - 3300 Yonge Street Toronto, ON M4N 2L6 Phone: 1.416.474.0454 Toll-Free: 1.888.822.7353

451. Adam Segal

Segal, Adam - M.Ed., OACCPP 244 Dupont St. Toronto, ON M5R 1V7 Phone: 1.416.556.9616 Email: segaladam@sympatico.ca

452. Yukimi Henry

Henry, Yukimi - LLB, MSW, RSW
Loc.1: 358 Dupont Street
Toronto, ON
M5R 1V9
Loc.2: Suite #715 - 717 Bloor St. West
Toronto, ON
Phone: 1.647.291.9406
Email: yukimi@yukimihenry.com

453. Sheena's Place

Sheena's Place
87 Spadina Road
Toronto ON
M5R 2T1
Phone: 1.416.927.8900
Email: info@sheenasplace.org

Note:Â offers a wide range of support programs for people affected by eating disorders and their families. No referral is necessary. Our programs are offered at no cost to participants.

454. Kali Hewitt-Blackie

Hewitt-Blackie, Kali- MA, OACCPP Phone: 1.416.214.9742 Email: sumach@rogers.com

Note: specializes in sexual abuse, women's issues and eating disorders, and worked with those issues from a somatic and feminist perspective.

455. Yana J. Hoffman

Hoffman, Yana J. - CCDC 1012 Shaw Street Toronto, ON M6G 3N1 Phone: 1.416.534.2816 Email: yanahoffman@gmail.com

456. Larry Smith

Smith, Larry - DCTP 366 Dupont St. Toronto, ON M5R 1V9 Phone: 1.647.977.5904

457. Hospital for Sick Children; Eating Disorders Program

Hospital for Sick Children, Eating Disorder Program 555 University Ave. Toronto, ON M5G 1X8 Phone: 1.416.813.7195

Note: Has an outpatient & Inpatient Program for children & adolescents up to 17 years old. Covered by OHIP.

458. True Reflections Holistic Eating Disorder Recovery Program

Stevenson, Beth – MA, DT, CCC True Reflections Holistic Eating Disorder Recovery Program #200 - 2409 Yonge St. Toronto, ON M4P 2E7 Phone: 1.647.982.8783 Email: beth@truereflections.ca

Note: Utilizes elements from emotion-focused therapy, creative arts therapy, drama therapy,

narrative therapy, and existential therapy. Specializes in adults, children, individuals and groups.

459. Innovative Psychotherapy

Hunter, Nancy - RCAT, CHt, EFT-Adv. Innovative Psychotherapy 49 Elm St. #205 Toronto, ON M5G 1H1 Phone: 1.647.977.5914

Note: Nancy is an art therapist.

460. Sue Hunter

Hunter, Sue - MSW, RSW, MBA, DCTP The Centre 316 Dupont Street Toronto, ON M5R 1V9 Phone: 1.416.722.4600

461. Traditional Healing Centre

Svitasheva, Maryna - Ph.D., OACCPP Traditional Healing Centre 248 Sheppard Ave West Toronto, ON M5P 1H1 Phone: 1.647.346.2780

462. Dr. Jacqui Gingras

Jacqui Gingras - Ph.D., RD Registered Dietitian, Nutrition Therapist 350 Victoria Street Toronto, ON M5B 2K3 Phone 1.416.979.5000 ext. 7890 Fax: 1.416.979.5204 Email: jgingras@ryerson.ca

463. Keith Thurlow-Bishop

Thurlow-Bishop, Keith - MA, MSc 741 Broadview Avenue, Suite 301 Toronto, ON M4K 3Y3 Phone: 1.647.629.4770 Email:glissart@gmail.com

Note: has been working in mental health since 1990, and as a psychotherapist since 1997. In addition to general mental health and psychological wellbeing, Keith specialises in eating disorders and addictions and have completed specialist training in both fields. Prior to moving to Canada, Keith was Senior Psychotherapist and Eating Disorders Specialist at Life Works Community in the UK.

464. Alice Jonathan

Jonathan, Alice - BA, DCTP St. George Psychotherapy Associates 176 St. George Street, 3rd Fl. Toronto, ON M5R 2M7 Phone: 1.416.925.7993

465. Alternative Horizon

Tomlinson, Jeremy - M.Ed, RMFT, RSW Alternative Horizon Suite #445 - 20 Eglinton Avenue East, Toronto, ON M4P 1A9 Phone: 1.416.486.2161 Email: jeremy@alternativehorizon.com

466. Heart 2 Heart Counselling

Juliana, Margarete - Ph.D., RMFT Heart 2 Heart Counseling 1370 Don Mills Ave. Suite 205 Toronto, ON M3B 3N7 Phone: 1.647.233.5511 Email: margarete@heart2heart-counseling.com

467. Toronto General Hospital

Toronto General Hospital University Health Network 200 Elizabeth Street Toronto, ON M5G 2C4

Phone: 1.416.340.3131

Note: Inpatient, outpatient or day hospital program for adults 17 and older. Currently not open to obese and binge eating patients. Covered by OHIP.

468. Creative Transitions

Katz-Leon, Shirley - Ph.D., CCC Creative Transitions 156 Sheppard Ave., Unit 3 Toronto, ON M2N 1M8 Phone: 1.647.244.3050 Email: sleon@creativitycounselling.com

469. Yellow Brick Holistic Health Centre

Toth, Anna - M.Sc. Yellow Brick Holistic Health Centre 258 Dupont St. Toronto, ON Phone: 1.416.565.0143 Email: annatoth@rogers.com

470. New Realities Eating Disorders Recovery Centre

Kelly, Patricia - MA New Realities Eating Disorders Recovery Centre 9 Gloucester St. Toronto, ON M4Y 1L8 Telephone: 1.416.921.9670 Email: newrealities@sympatico.ca

471. Sara Trought

Trought, Sara - MA Suite #202 - 320 Danforth Ave., Toronto, ON M4K 1N8 Phone: 1.416.568.7296 Email: sara@therapytoronto.ca

472. Eating Dynamiks and Therapy

Kerr, Sylvia - RD, MSW, RSW Eating Dynamiks and Therapy 120 Eglinton Ave. East, Suite 1015 Toronto, ON M4P 1E2 Phone: 1.416.483.9588 Fax: 1.416.483.8472 Email: info@eatingdynamiksandtherapy.com

Note: dietician and mental health therapy provided for families, couples, children, adolescents and adults.

473. Cosmina Ionescu Vaccarino

Vaccarino, Cosmina Ionescu - MA, OACCPP, OATA 720 Spadina Toronto, ON M5S 2T9 Phone: 1.647.955.3896

474. Dr. Kyle D. Killian

Killian, Kyle D. - Ph.D., RMFT 310 HNES Building 4700 Keele St. Toronto, ON M3J 1P3 Phone: 1.416.736.2100

Note: works with individuals struggling with sexual difficulties, eating disorders, stress, anxiety, and anger issues.

475. Bloom Centre for Hynotherapy

Vergados, Didi - CHt,NLP Bloom Center for Hypnotherapy Suite #1 - 389 Danforth Ave. Toronto, ON M4K 1P1 Phone: 1.416.709.8895 Email: info@bloomhypnosis.com

476. Pro-Active Counselling

Long, Robin - CA, M.Ed. Pro-Active Counselling 1504 Yonge St., 3rd Floor Toronto, ON M4T 1Z6 Phone: 1.416.485.5243 ext. 224 Fax: 1.416.485.2901 Email: rlong@pro-activecounselling.com

Note: has over 15 years of experience working with individual who have struggled with dieting and body image concerns.

477. Dr. Ester Wagner

Wagner, Ester Ph.D. Registered Psychologist Suite #419 - 45 Sheppard Ave East, Toronto ON M2N 5W9 Phone: 1.416.229.1477 Ext.234

Note: works with adolescents and young adults. In addition to her private practice she is on staff at the North York General Hospital in the adolescent eating disorders program.

478. Art Therapy Solutions

Lype, Nalini - BA(hon.), MCAT, CCC Art Therapy Solutions 2386 A Bloor St. West Toronto, ON Phone: 1.647.504.4973 Email: info@arttherapysolutions.com

479. Dr. Susan Makin

Makin, Susan - BA, MA, Ph.D., DTATI, RCAT, ATR 35 Balmoral Ave. Toronto, ON M4V 1J5 Phone: 1.416.963.8840 E-Mail: makinadvises@aol.com

Note: Susan is an art therapist.

480. Waterstone Clinic

Waterstone Clinic
50 Bond Ave.
Toronto, ON M3B 0A6
Phone: 1.416.510.9998
Fax: 1.416.510.2656
Email: Info@waterstoneclinic.com

Note: We are a fee for service multidisciplinary clinic using DBT, CBT and group therapies to treat eating disorders and concurrent disorders such as substance use, self-harm , anxiety and depression. We treat binge eating disorder in both groups and individually- we are wheelchair accessible. May need a physician referral to demonstrate medical stability.

481. Deborah Mandell

Mandell, Deborah - M.Ed. 149 Roncesvalles Ave., 2nd Floor Toronto, ON M6R 2L3 Phone: 1.416.550.2319 Email: deborahmandell@bell.net

482. Beth Mares Counselling

Mares, Beth Beth Mares Counselling Suite #403 - 294 Main Street Toronto, ON M4C 4X5 Phone: 1.416.699.5515

483. Bloorcourt Therapy

Winkler, Jason - BA, DRC, DNSPC, DTIRP Bloorcourt Therapy 823-A Bloor Street West - 2nd Floor Toronto ON M6G 1M1 Phone: 1.416.378.8344 Email: Jason@jasonwinkler.com

484. Stephanie Maxwell

Maxwell, Stephanie - BFA, DTATI 249 St. Clair Ave. West Toronto, ON M4V 1R3 Phone: 1.416.873.4598 Email: art_therapy_services@yahoo.ca

485. Karen Zarnett

Zarnett, Karen - MSW, RSW
3080 Yonge St.
Toronto, ON
M4N 3N1
Phone: 1.647.977.5906

486. Yonge Lawrence Centre for Counselling

Meggeson, Sean - MA
Yonge Lawrence Centre for Counselling
Consulting
Suite #5016 - 3080 Yonge Street,
Toronto, ON
M4N 3N1
Phone: 1.416.617.2778
Email: sean@seanccc.com

487. Youth Habilitation (Quinte)

Youth Habilitation (Quinte) 81 Dundas Street W Trenton, ON K8V 3P4 Phone: 1.613.392.8317

488. Kimberly Moffit

Moffit, Kimberly - D.Psych., MMT, BA, OACCPP Suite #800 - 120 Eglinton Ave. East, Toronto, ON M4P 1E2 Phone: 1.647.977.5971 or 1.416.487.6288

489. Susan A. Fournier

Fournier, Susan A. 81 Ashglen Way Unionville, ON L3R 3A6 Phone: 1.905.944.8424

490. Bryan Smillie

Smillie, Bryan - BA, M.Ed. Uxbridge Family Health Clinic 2 Elgin Park Drive Uxbridge ON L9P 1H6 Phone: 1.905.852.1009

491. Kim Arbus

Arbus, Kim - C.Psych.
Suite #105 - 9983 Keele St.,
Vaughan, ON
L6A 3Y5

Phone: 1.416.801.8889
Fax: 905.303.9026

492. Suzy Weidenfelder

Weidenfelder, Suzy - C.Psych.
Suite #105 - 9983 Keele St.,
Vaughan, ON
L6A 3Y5
Phone: 1.416.801.8889
Fax: 905.303.9026

493. Soulground Centre

Ross, Grace - RN, M.Sc., CAPT
Soulground Centre
24 Union Street
Waterdown, ON
L0R 2H0
Phone: 1.289.895.8579
Email: graceross@soulground.com

494. Anu Counselling and Integrative Health

Barrie, Shawna - MTS-PC, OACCPP Anu Counselling and Integrative Health 12 John St. West Waterloo, ON N2V 2R6 Phone: 1.519.744.5952

Note: Individual, couple and family therapy, women's issues. Private practice.

495. Dr. Theresa Casteels

Casteels, Theresa - Ph.D. 445 Beechwood Pl., Suite. 203 Waterloo, ON N2T 1Z2 Phone: 1.519.885.3554

Note: Private practice. Besides eating disorders, treats anxiety, depression, sexual abuse, self-esteem and relationship issues for ages 16 and up.

496. Dr. Helen Griffin

Griffin, Helen - PhD 246 Shakespeare Dr. Waterloo, ON N2L 2T6 Phone: 1.519.888.7834

Note: private practice.

497. Monique Peats

Peats, Monique - MTS-PC, MSW Suite #309 - 55 Erb St. E., Waterloo, ON N2J 4K8 Phone: 1.519.746.0490

Note: private practice.

498. Life Recovery Program

Radkowski, Paul - BA Psych., MTS(PC), OACCPP, CISM, IAMFC, IAAOC Life Recovery Program

55 Erb St. East, Waterloo, ON N2J 4K8 Phone: 1.519.746.0490 Email: info@liferecoveryprogram.com

499. Shalom Counselling Services

Shalom Counselling Service 9 Avondale Ave South Waterloo, ON N2L 2B5 Phone: 1.519.886.9690

Note: Self-Referrals accepted. Sliding fee scale based on income.

500. University of Waterloo Counselling Services

University of Waterloo Counselling Services Needles Hall Rm. 2080 200 University Ave. W. Waterloo, ON N2L 3G1 Phone: 1.519.888.4567 ext. 2655 Phone: 1.519.888.4096 ext. 3544

Note: Self-Referrals accepted. Services are free and are for University of Waterloo students only.

501. Wilfrid Laurier University

Wilfrid Laurier University 75 University Ave. Waterloo, ON N2L 3C5 Phone: 1.519.884.0710 ext. 2338 (counselling services) Phone: 1.519.884.0710 ext. 3146 (health services)

Note: Free to Wilfrid Laurier University students.

502. Katherine Dunbar

Dunbar, Katherine - SSW The Heart's Wisdom Counselling Services 52 Gartshore Drive Whitby, ON L1P 1N6 Phone: 1.905.666.9437

503. Head Family Counselling

Head, Jonathan - BRS, MA Head Family Counselling 201 King St. W Oshawa ON L1J 2J2 6550 Baldwin St North Whitby, Ontario L1M1J8 Toll Free: 1-888-614-1227 Phone: 1.289-927-2056 Email: info@headfamilycounseling.com

504. A Hint of Hope Counselling

Henchey, Monique - B.Sc., RPC A Hint of Hope Counselling 30 Goldring Drive Whitby, ON L1P 1C1 Phone: 1.289.801.0602

505. Dr. Douglas Lane Smith

Smith, Douglas Lane - Ph.D. 867 Bradley Drive Whitby, ON K9A 4J8 Phone: 1.905.430.3538 Toll-Free: 1.877.430.3538 Email: drdoug@promind.ca

Note: a marriage therapy specialist.

506. Bulimia/Anorexia Nervosa Association

Bulimia/Anorexia Nervosa Association (BANA) Suite #100 - 1500 Ouellette Avenue Windsor ON N8X 1K7 Phone: 1.519.969.2112 Fax: 1.519.969.0227 Email: info@bana.ca

Note: committed to the provision of specialized treatment education and support services for individuals affected directly and indirectly by eating disorders.

507. Bulimia/Anorexia Nervosa Association

Bulimia Anorexia Nervosa Association (BANA) University of Windsor 401 Sunset Avenue Windsor, ON N9B 3P4 Phone: 1.519.253.3000 Email: info@bana.ca

508. Windsor Health Centre

Haramic, Elisabeth - M.Sc., CCC Windsor Health Center Suite #718 - 700 Tecumseh Road East, Windsor, ON N8X 4T2 Phone: 1.519.256.2300

509. Maryvale Adolescent and Family Services

Maryvale Adolescent and Family Services 3640 Wells Street Windsor, ON N9C 1T9 Phone: 519.258.0484 or 519.258.0549 Fax: 519.258.0488 Email: cmyers@maryvale.ca

510. Windsor Essex Community Health Centre

Windsor Essex Community Health Centre Erie St. Clair Clinic Teen Health Centre 101 Erie Street East Windsor, ON Phone: 1.519.252.3999

511. Alexandra Marine and General Hospital

Alexandra Marine and General Hospital of Goderich
253 Josephine Street
Wingham, ON
N0G 2W0
Phone: 1.519.482.3961
Toll-Free: 1.877.695.2524
Email: tim.sullivan@amgh.on.ca

Note: outreach program for youth with diagnosed eating disorders.

512. Woodstock General Hospital Eating Disorders Program

Woodstock General Hospital Eating Disorders Program 310 Juliana Drive Woodstock, Ontario N4V 0A4 Phone: 1.519.421.4211

Note: a program for youth up to 18 years of age.

513. Dr. Rhonda Matters

Matters, Rhonda PhD 1 Rochford St. Charlottetown PE C1A 9L2 Phone: 1.902.569.8731

514. Kenneth Lawrence Pierce

Pierce, Kenneth Lawrence MA Suite # 3 at 549 North River Road Charlottetown, PE C1E 1J6 Phone: 1.902.669.5474 Email: info@clarendonconsulting.com

515. Johanni Carson

Carson, Johanni - MA Suite #206 - 444 Beaconsfield Blvd., Beaconsfield, QC H9W 4C1 Phone: 1.514.934.3399

516. Elena Grinevitch

Grinevitch, Elena - MA, OPQ Suite #404 - 4226 boul. St-Jean, Dollard-des-Ormeaux, QC H9G 1X5 Phone: 1.514.588.9858 Email: elena.grinevitch@gmail.com

517. Dr. Bita

Bita, Dr. - MA, OPQ, Ph.D. Suite #201 - 3943 St-Jean, West Island Dollard-des-ormeaux, QC H9G 1X2 Phone: 1.514.999-2482 Email: info@drbita.com

518. Clinique de Psychotherapie de l\'Outaouais

Ricard, Marie-Michele - M.Sc., Ps.cd. Clinique de Psychotherapie de l'Outaouais 365 boul. St-Joseph Gatineau, QC J8Y 3Z6 Phone: 1.819.208.2413 Email: mmricard@sympatico.ca

519. Angela Pessinis

Pessinis, Angela 905 Garneroff Road Lachine, QC H8T 3R4 Phone: 1.514.400.2509 Email: angelikipessini@yahoo.ca

520. Helene Zylberszac

Zylberszac, Helene - BA, BSW, MSW Resolutions Therapy Suite #210 - 4415 Notre-Dame Laval, QC H7W 1T7 Phone: 1.514.823.7788 Email: helenez@resolutionstherapy.ca

521. Elina Alexandrov

Alexandrov, Elina - Ph.D. Suite #205 - 5515 Queen Mary Road, Montreal, QC H3X 1V4 Phone: 1.514.794.4077 Email: elina.alexandrov@gmail.com

522. BACA Eating Disorders Clinic

Clinique des Troubles Alimentaires BACA Eating Disorders Clinic Suite #510 - 1538 Sherbrooke W. Montreal QC H3G 1L5 Phone: 1.514.544.2323 Fax: 1.514.759.3084 Email: info@CliniqueBACA.com

Note: a private clinic (not government-funded).

523. Dr. Nilmini De Silva

De Silva, Nilmini - MA, Ph.D., OPQ Loc.1: Suite #920 - 1255 Robert-Bourassa St. (University), Montreal, QC H3B 3B6 Loc.2: 4846 Rue Rivard Montreal, QC H2J 2N6 Phone: 1.514.337.2473

524. Di Nardo

Di Nardo, Julia - MA Sedona Centre in NDG 5708 Monkland Avenue Montreal, Quebec H4A 1E6 Phone: 1.514.558.9858 Email: julia@healthehunger.com

525. Douglas Hospital Eating Disorders Unit

Douglas Hospital Eating Disorder Unit 6875 LaSalle Blvd. Montreal QC H4H 1R3 Phone: 1.514.761.6131 ex.2895 Fax: 1.514.888.4085

Note: Multidisciplinary programmes, in patient and outpatient services. Individual, family, marital/couples, medical, nutrition, support group-families, sufferers. Experience working with sexual abuse and incest survivors, body image, addictions, food and weight issues. A faxed referral from a family doctor, walk-in medical clinic, or addiction & mental health clinic is required.

526. Montreal Children\'s Hospital

Montreal Children’s Hospital 2300, Tupper Rd. Montreal QC H3H 1P3 Phone: 1.514.934.4481

527. St. Justine Hospital

St. Justine Hospital Youth health section, 3175, ch. de la Cote-Sainte-Catherine Montreal QC Phone: 1.514.345.4931

528. Westside Medical Clinic

Knight, Bryan M. - MSW, Ph.D. Westside Medical Clinic Suite #240 - 4260 Girouard Ave., Montreal, QC H4A 3C9 Phone: 1.514.827.4673 Email: drknight@hypnosisdepot.com

529. Isabel Maria Melo

Melo, Isabel Maria - M.Ed., MFT 479 Saint-Joseph Blvd. E. Montreal, QC H2J 1J8 Phone: 1.514.525.0947 Email: info@isabelmelo.com

530. Paula Merovitz

Merovitz, Paula - M.Ed. 4823 Sherbrooke Street W. Suite 240 Montreal QC H3Z 1G7 Phone: 1.514.484.9668

531. Beverly Monk

Monk, Beverly - MA, ATPQ 191 St. Zotique West Montreal, QC H2V 1A1 Phone: 1.514.893.7437 info@beverlymonkmontrealtherapist.com

532. Eva Newman

Newman, Eva C.M. - M.Ed. Suite #628 - 2100 Marlowe, Montreal, QC H4A 3L5 Phone: 1.514.808.6876

533. Dr. Mary Kay O\'Neil

O'Neil, Mary Kay - Ph.D. 1550 Ave. Dr. Penfield Montreal, QC H3G 1C2 Phone: 1.514.400.2292

534. Jonathan Petraglia

Petraglia, Jonathan - MA, OPQ Suite #300A - 500 Gouin Blvd. E., Montreal, QC H3L 3R9 Phone: 1.514.293.7119 Email: info@jonathanpetraglia.ca

535. Programme de traitement des troubles de

Programme de traitement des troubles de
l'alimentation et de l'obE9sitE9, HF4pital gE9nE9ral de MontrE9al
Service de thE9rapie du comportement, 1650, avenue Cedar

MontrE9al QC H3G 1A4
Phone: (514)934-8034

536. Dr. Marjorie A. Rabiau

Rabiau, Marjorie A. - Ph.D.
Suite #250 - 1205 De Maisonneuve W.,
Montreal, QC
Phone: 1.514.213.2431
Email: marjorie@rabiau.com

537. Richard D. Rapoport

Rapoport, Richard D. Phone: 1.514.378.1836 Montreal, QC Email: shrinkrap.r@gmail.com

538. Precept

Rebic, Toni - MA Precept Suite #201 - 1168 Ste-Catherine West, Montreal, QC H3B 1K1 Phone: 1.514.933.2289 Toll-Free: 1.877.933.2289 Email: toni.rebic@preceptadvantage.com

539. Reida Real Reyes

Reyes, Reida Real - MA, Psy.D. (cand.) Suite #303- 360 Victoria Ave., Montreal, QC, H3Z 2N4 Phone: 1.514.995.9708 Email: reidareal@yahoo.com

540. Montreal Psychotherapy Centre

Viviana, Tania - MA, MFT Montreal Psychotherapy Centre Suite #440 - 5845 Cote des Neiges, Montreal, QC H3S 1Z4 Phone: 1.514.465.3135 Email: mptc@montrealpsychotherapycentre.com

541. Sharon Zigman

Zigman, Sharon M. - M.Ed. 5501 Cavendish Blvd. Montreal, QC H4V 2R9 Phone: 1.514.486.6111

542. Quebec Association for Eating Disorders

Association quebecoise d'aide aux personnes souffrant d'anorexie nerveuse et de boulimie/Anorexia Nervosa and Bulimia Quebec 114, Donegani ave. Pointe Claire QC H9R 2W3 Phone: 1.514.630.0907 Toll-free: 1.800.630.0907 Email: info@anebquebec.com

Note: A non-profit organization whose mission is to assist people suffering directly or indirectly from an eating disorder.

543. Julia Di Nardo

Di Nardo, Julia - MA
The Healing Tree Wellness Centre
161 Frontenac Ave.
Pointe-Claire, QC
H9R 4Z7
Phone: 1.514.558.9858
Email:Â julia@healthehunger.com

544. Jonathan Petraglia

Petraglia, Jonathan - MA, OPQ Suite #201 - 5650 Jean-Talon Est., Saint-leonard, QC H1S 1M1
Phone: 1.514.293.7119 Email: info@jonathanpetraglia.ca

545. Unit\\E9 des troubles de l\'alimentation, H\\F4pital Douglas

UnitE9 des troubles de l'alimentation, HF4pital Douglas 6605, boul. Lasalle Verdun QC H4H 1R2
Phone: (514)761-6131, poste 22895

Note: L'UnitE9 offre un programme complet couvert par l'assurance maladie. Le traitement. est fondE9 sur une E9valuation mE9dicale et psychologique complE8te.

546. Angela Aronson

Aronson, Angela - MSW, PSW 4635 Sherbrooke St. Westmount, QC H3Z 1G2 Phone:
1.514.939.0053

547. Dr. Jessey Bernstein

Bernstein, Jessey - Ph.D. Suite #410 - 4115 Sherbrooke St. W., Westmount, QC H3Z 1K9 Phone:
1.514.400.2295

548. BridgePoint Centre for Eating Disorders

BridgePoint Center for Eating Disorders P.O. Box 190 Milden SK S0L 2L0 Phone: 1.306.935.2240
Fax: 1.306.935.2241 Email: bridgepoint@sasktel.net

Note: BridgePoint is a non-profit community-based organization that provides treatment and support services to individual's with eating disorders.

549. Wendy Paterson

Paterson, Wendy M MEd
13031 Canso Place S.W.
Calgary AB T2W 3A7
Phone: (403)251-6609

550. Pickhaven Centre, Private Care Facility for Eating Disorders

Box 73136, 206-2525 Woodview Drive SW
Calgary AB T2W 6E0
Phone: (403)251-5660
Toll-free: (877)388-8088 (outside of Alberta)

551. Chronos Apollo Wellness Clinic

Saini, Ravneet - BA, MA, CHt.
Loc.#1: Suite 115, 1925 - 18th Ave. NE
Calgary, AB T2E 7T8
Loc.#2: Suite 518, 922-5th Ave. SW
Phone: (403) 608-0434
E-Mail: info@calgarycounsellingsite.com

552. John G. Paterson

Paterson, John G. - EdD
Faculty of Ed. - U. of Alberta
Edmonton, AB T6G 2G5
Phone: 1.780.492.3701

553. Rosa Spricer

Spricer, Rosa - MEd, PhD
Toronto, ON
Phone: 1.416.540.0975
E-Mail: rspricer@gmail.com

Note: Rosa specializes in depression, anxiety, abuse, trauma/PTSD, eating and body image issues, stress and burnout, sexuality, health issues, life transitions, relationship issues, self-esteem, and addiction relapse prevention. Uses CBT, psychodynamic, EFT, mindfulness meditation, and more.

554. To Live Life Skills

To Live Life Skills
Pamela Janjua
Edmonton AB
Phone: 780.490.1777 or 780.289.7786

555. University of Lethbridge Health Centre

Nixon, Gary L PhD
School of Health Sciences, University of Lethbridge
4401 University Drive
Lethbridge AB T1K 3M4
Health Centre phone: 403.329.2644, 403.382.7118
E-Mail: gary.nixon@uleth.ca

556. Angela Bardick Psychological Services

Bardick, Angela - BFA, M.Ed., R.Psych.
Angela Bardick Psychological Services
123 Robinson Drive SE
Medicine Hat AB T1B 3W6
Phone: 403.827.8529
E-Mail: angela.bardick@gmail.com

Note: Angela provides individual consultation and treatment for eating disorders, body image concerns, and weight-related issues.

557. Shannon Dawn Fleming

Fleming, Shannon Dawn PhD
P.O. Box 71
Priddis AB T0L 1W0

Phone: 403.931.0060

558. John R. Roome

Roome, John R MSc
4631 48 St.
Red Deer AB T4N 1S4
Phone: 403.347.5500

559. Grey Wolf Counseling Service

Grey Wolf Counseling Service
14 Carmel Close
Sherwood Park AB
Phone: 780.449.4905

560. Tolive

Southworth, Pamela
Tolive
RR2 Site 202 Box 6, Stony Plain
Phone: 780.399.0048

Note: Tolive offers support to individuals and their families who have eating disorders and who want freedom to live life without addiction. Pamela has a diploma in Life Skills and Human Relations.

561. Fraser Health Authority Eating Disorder Program

Fraser Health Authority Eating Disorders Program
Chilliwack Home Health Office
45470 Menholm Road
Chilliwack, B.C. V2P 1M2
Phone: 604.702.4860
Fax: 604.702.4861
E-Mail: feedback@fraserhealth.ca

562. Cedars at Cobble Hill Residential Treatment Program

The Cedars at Cobble Hill
P.O. Box 250, 3741 Holland Ave,
Cobble Hill, BC V0R 1L0
Phone: 250.733.2006
Toll-Free: 1.866.716.2006
E-Mail: info@cedarscobblehill.com

Note: a private residential addiction program for chemical dependency and eating disorders.

563. Esther Kane

Kane, Esther MSW
Comox BC
Phone: 250.338.1800

E-Mail: esther@estherkane.com

Note: primarily provides psychotherapy services to women of all ages, shapes, and sizes who have one thing in common: a relationship with food and their body that is so problematic that they need professional help to deal with it and to heal.

564. North Island Regional Eating Disorder Program

North Island Regional Eating Disorder Program
Campbell River Hospital
375 - 2nd Ave.
Campbell River, BCÂ V9W 3V1
Phone: 1.250.850.2141 (Hospital)
Phone: 1.250.370.8699 (Island Health)
Toll-Free: 1.877.370.8699 (Island Health)
E-Mail: margaret.loach@viha.ca

565. Pistos Counselling Services

Au, Ruby - MA, RCC
Pistos Counselling Services
211 - 3030 Lincoln Ave.
Coquitlam, BC ?V3B 6B4
Phone: 1.604.347.7928
Email: counselling@pistos.ca

Note: Provides counselling for youth, couples, and family issues; relationship issues; self-esteem; depression; anxiety; and eating disorders. Rubyis fluent in English, Cantonese, and Mandarin.

566. Liberated Within

Liberated Within
Janna Morrison, MA, MFT, RCC
51 B Fawcett Road
Coquitlam, BC V3K 6W9
Phone: 604.551.3151
E-Mail: liberatedfromwithin@gmail.com

Note: Weekly ED support groups facilitated by Janna Morrison.

567. Parry F. Pournadeali

Pournadeali, Parry F Ph.D. R.Psych.
Suite 211 - 3030 Lincoln Ave.
Coquitlam BC V3B 6B4
Phone: 604.941.8556

568. Susan Tishler

Tishler, Susan - MA, RCC
201 - 3041 Anson Ave.
Coquitlam, BC V3B 2H6
Phone: 1.604.880.4107 or 1.604.552.0112

E-Mail: susantishlercounselling@shaw.ca

Note: Offers consultations for depression, anxiety concerns, eating disorders, grief and loss, couples work, family of origin issues, anger, and trauma.

569. Fraser Health Authority Eating Disorders Program

Fraser Health Authority Eating Disorders Program
Delta-North Mental Health Office
6345 120th Street
Suite: 129
Delta, B.C. V4E 2A6
Phone: 604.592.3700

570. Eva Skerl

Skerl, Eva PhD
New Hope Psychological Services
1318, 56th St. Suite 202
Delta BC
Phone: 604.948.4905

571. Fernie Counselling & Consulting

Hulburd, Cheryl - MSW, RSW
Clinical Social Worker
Fernie Counselling & Consulting
P.O.Box 280
1601 11th Ave.
Fernie, BC V0B 1M0
Phone: 250.423.2608
E-Mail: cherylmsw@yahoo.ca

Note: Provides Play therapy for children, Individual and Family Counselling.

572. Woodstone Residence Treatment Society

Woodstone Residence Treatment Society
743 Georgeson Bay Road
Galiano Island, BC V0N 1P0
Phone: 250.539.2633
Fax: 250.539.5687
Toll Free: 1.888.980.5874

Note: Canada`s first publicly-funded residential eating disorder clinic for youth between 17-24. Referrals are required.

573. Beverly Read

Read, Beverly - M.Ed., BA, DAT
PO Box 2183
Invermere, BC V0A 1K0
Phone: 250.342.9428

E-Mail: read@telus.net

Note: Has a diploma in art therapy.

574. Synergy Counselling Associates

Schell, Celeste - BA (Hons.), MC, RCC
Synergy Counselling Associates
605 Nicola Street
Kamloops, BC V2C 2R2
Phone: 250.314.0298
Fax: 250.434.6242
E-Mail: celeste@consideringcounselling.com

Note: Provides counselling for Family matters, Couples, and substance use.

575. Fueling With Food

Curley, Tristaca - MSc, PDt,
Fueling with Food
Landmark Building 2
200 - 1708 Dolphin Ave
Kelowna, BC V1Y 9S4
E-Mail: tristaca@fuelingwithfood.com

Note: Services include individual and group nutrition counselling, meal planning, dietary analysis and more.

576. Mission View Medical Building Eating Disorder Program

Ewing, Kim - MA, MSc., RMFT
Mission View Medical Building
#204 - 616 KLO Rd.
Kelowna, BC V1W 5B1
Phone: 250.764.1772
Fax: 250.764.1773
E-Mail: kewing@okanaganeatingdisorders.com
Website: www.okanaganeatingdisorders.com

Note: In practice since 1995, Kim specializes in eating disorders - binge & emotional eating, restricting, yoyo dieting, over/under exercising & unhealthy practices for weight loss/control.

577. Richard Griffin

Griffin, Richard - PhD
104 - 251 Lawrence Ave.
Kelowna, BC V1Y 6L2
Phone: 1.250.868.0816

578. Heather McEachern

McEachern, Heather M PhD
350-1855 Kirschner Road

Kelowna BC V1Y 4N7
Phone: 250.762.2525

579. Restoration Counselling Services

Reimer, Sam - Ph.D., RCC
Restoration Counselling Services
1339 St. Paul St.
Kelowna, BC V1Y 2E2
Phone: 250.868.2338
E-Mail: dr_sam@restorationcounselling.com

580. Healthy Essentials

Camilleri, Christina - B.A.Sc. R.D. Therapist
Healthy Essentials
E-Mail: nodiet@telus.net
1685 Camp Rd
Lake Country, BC V4V 1K1
Phone: 250.766.3433

Note: Primarily focus on eating disorder treatment, body image and self esteem issues.

581. Karen Cook Counselling

Cook, Karen - MA
196 St. @ 68 Ave
Langley, BC
Phone: 604.339.3191
E-Mail: kcservices@shaw.ca

582. Juliet Herridge-Teeter

Herridge-Teeter, Juliet - CCC
7600 Glover Road
Langley, BC
Phone: 604.882.4572

583. Esteem Family Services

lade, Angela - MA (cand.); Certified Child and Youth Counsellor
Esteem Family Services
7462 Clark Crescent
Lantzville, BC V0R2H0
Phone: 250.668.7454

Note: Couselling and education for women and girls with disordered eating; eating disorders; body-image issues; self-esteem; anxiety; depression. Servicing Nanaimo, Parksville, and Ladysmith area.

584. Jessie\'s Hope Society

Jessie's Hope Society

11739 223rd Street
Maple Ridge BC V2X 5X8
Phone: 604.466.4877
Toll-free: 1.877.288.0877
E-Mail: info@jessieshope.org

585. Janice Briggs

Briggs, Janice M.Ed., RCC
6541 Groveland Drive Nanaimo BC
Phone: 250.668.6541

Note: in private practice treating eating disorders since 1997.

586. Transitions Counselling & Psychotherapy

Giesbrecht, Mark - MA, RCC
Unit 12B - 1601 Bowen Road
Nanaimo, BC, V9S 1G5
Phone: 250.591.0551
E-Mail: info@transitioncounselling.ca

587. Lake Professional Psychology Corp.

Lake, Paola - Ph.D.
Lake Professional Psychology Corporation
203-335 Wesley St.
Nanaimo, BC V9R 2T5
Phone: 250.824.5006
Fax: 250.824.5001
E-Mail: info@belleroseandlake.com

588. April Steele

Steele, April M.Sc. BCATR
107-335 Wesley St.
Nanaimo BC
Phone: 250.247.7932
E-Mail: april@april-steele.ca

Note: Contact between 9am-6pm.

589. Joanne Tessier

Tessier, Joanne - Ph.D., R.Psych.
Suite #208 503 Comox Road
Nanaimo, V9S 3J2
Phone: 250.758.8820
Fax: 250.585.2242
E-Mail: joanne@drtessierpsychology.com

Note: Individual eating disorder treatment with clients who are dealing with anorexia, bulimia and overeating.

590. Nelson Counselling

Maclean, Sandy - MA, RCC
#102D - 415 Kootenay St.
Nelson, BC V1L 1K7
Phone: 250.509.1092
Website: www.nelsoncounselling.com
E-Mail: sandymaclean@gmail.com

Note: Specializes in Addictions recovery, Trauma, PTSD, Eating Disorders, Anxiety and Depression.

591. Daniel Metzger

Metzger, Daniel W. - RPN, MA
PO Box 359
Nelson, BC V1L 5R2
Phone: 1.250.352.0108
Toll-Free: 1.866.946.0108
Fax: 1.250.352.2360
E-Mail: talktometzger@gmail.com

Note: 50 minute sessions for $95.

592. Heather Bach

Bach, Heather - MA, RCC
210-1940 Lonsdale Ave.
North Vancouver, BC V7M 2K2
Phone: 604.904.0898

593. Be Real Clinic

Be Real Clinic
West Vancouver Community Centre
2121 Marine Drive
West Vancouver
Phone: 604.983.6847
E-Mail: feedback@vch.ca

Note: Clinic for eating disorders for youth between 11 to 19 years of age who live on the North Shore, Sunshine Coast, Powell River or Sea to Sky area.

594. Celine Brouillette

Brouillette, Celine EdD
102-145 W 15th St.
North Vancouver BC V7M 1R9
Phone: 604.312.7367

595. Wynyard Hospital/Golden Acres

Wynyard Hospital/Golden Acres

300 10th St. E
Wynyard, SK S0A 4T0
Phone: 1.306.365.3400 (Central Intake)

Note: For adults and youth with addiction and/or mental health issues. There are support services for affected family members and loved ones.