

# PRINT RESULTS

## Sex Addiction Treatment

### 1. Henze Associates

Henze, Cal H. - MA, RPsych 11215 Braeside Dr. SW Calgary, AB T2W 2V5 Phone: [1.403.819.3545](tel:14038193545)  
E-Mail: [info@henze-associates.com](mailto:info@henze-associates.com)

### 2. Insight Psychological Inc.

Hrushka, Cory - MA, RPsych, DST, CCS Insight Psychological Inc. 703 - 7015 MacLeod Trl. S  
Calgary, AB T2H 2K6 Phone: [1.403.252.1716](tel:14032521716) Fax: [1.587.350.6906](tel:15873506906)

Note: Provides psychological/forensic assessment services and counselling to children, adolescents, adults, couples, and families. Trained in Eye Movement Desensitisation and Re-processing (EMDR) for use in post traumatic stress disorder issues.

### 3. Insight Psychological Inc.

Hrushka, Cory - MA, RPsych, DST, CCS Insight Psychological Inc. 703 - 7015 MacLeod Trl. S  
Calgary, AB T2H 2K6 Phone: [1.403.252.1716](tel:14032521716) Fax: [1.587.350.6906](tel:15873506906)

Note: Provides psychological/forensic assessment services and counselling to children, adolescents, adults, couples, and families. Trained in Eye Movement Desensitisation and Re-processing (EMDR) for use in post traumatic stress disorder issues.

### 4. Phoenix Rises

Monteith, T Diane - MSW, RSW, MCS 400 - Centre 70 Professional Building 7015 Macleod Trl. SW  
Calgary, AB T2H 2K3 Phone: [1.403.256.8449](tel:14032568449) E-Mail: [diane.monteith@phoenixrises.ca](mailto:diane.monteith@phoenixrises.ca)

Note: Specializes in mood disorders, trauma, life transitions, sexuality, dysfunctional family issues, and substance abuse. Therapy available via Skype.

### 5. Midnapore Counselling

Rau, Glenn - MEd, RPsych, CCC Midnapore Counselling 205 - 259 Midpark Way. SE Calgary, AB  
T2X 1M2 Phone: [403.457.5993](tel:4034575993) E-Mail: [office@glennrauppsychologist.com](mailto:office@glennrauppsychologist.com)

Note: For individuals and couples in grief, anger management, and sexual addiction.

### 6. Christina Bell

Bell, Christina - RPsych  
304A - 11523 100th Ave.  
Edmonton, AB T5K 0J8  
Phone: [1.780.239.3344](tel:17802393344)  
Fax: [1.780.705.3815](tel:17807053815)  
E-Mail: [christina.bell@shaw.ca](mailto:christina.bell@shaw.ca)

Note: Provides individual counselling over the phone and in person. Specializes in addiction

(including sex and love addiction), grief and loss, mental health, and relationship issues.

#### 7. Canniff and Associates

Canniff, James - PhD, MEd, RPsych, CSATII Canniff and Associates 11503 124th St. Edmonton, AB T5M 0K3 Phone: [1.780.454.1873](tel:17804541873) Phone: [1.800.226.6433](tel:18002266433) (Whitecourt Office) Phone: [1.800.226.6433](tel:18002266433) (Calgary Office) E-Mail: [jim@canniff.ca](mailto:jim@canniff.ca)

Note: A team of therapists with expertise in counselling, assessment, and consultation for adults, teens, and children.

#### 8. Highlander Counselling and Mediation

McCaig, Connie - MSW, RSW, IBECPT Highlander Counselling and Mediation 300 King St. Spruce Grove, AB T7X 3X2 Phone: [1.780.983.8311](tel:17809838311) E-Mail: [mccaig@highlander-counselling.com](mailto:mccaig@highlander-counselling.com)

Note: For individuals, couples, families, and persons with disabilities. Specializes in child and play therapy, marital therapy, trauma, sexual addictions, and co-occurring dependencies.

#### 9. Dr. Lyne Piche

Piché, Lyne - PhD 12 (Atrium Floor) - 2151 McCallum Rd. Abbotsford, BC V2S 3N8 Phone: [1.778.552.6747](tel:17785526747) E-Mail: [drpiche@shaw.ca](mailto:drpiche@shaw.ca)

Note: For individuals and couples and specializes in sexual addiction, as well as other sexual problems.

#### 10. Westcoast Stress and Trauma Clinic

Tucker, Margaret - RCC, CSAT West Coast Stress and Trauma Clinic 203 - 4430 Halifax St. Burnaby, BC V5C 5R4 Phone: [1.604.937.0348](tel:16049370348)

Note: Focuses on helping victims of sexual trauma.

#### 11. Transitions Counselling and Psychotherapy

Giesbrecht, Mark - MA, RCC 12C - 1601 Bowen Rd. Nanaimo, BC V9S 1G5 Phone: [1.250.591.0551](tel:12505910551) E-Mail: [info@transitions counselling.ca](mailto:info@transitions counselling.ca)

Note: For individuals and couples. Specializes in sex addiction, eating disorders, and cognitive behavioural therapy.

#### 12. SLAA Montreal Intergroup

DASA/SLAA Intergroup Montreal  
Montreal, QC  
Phone: [1.514.983.0671](tel:15149830671)  
E-Mail: [mtldasaslaa@gmail.com](mailto:mtldasaslaa@gmail.com)

Note: Includes meetings for Ottawa, ON.

#### 13. La Querencia Counselling and Consulting

Champagne, Irene - MEd, RCC  
Parksville, BC  
Phone: [1.250.468.7245](tel:1.250.468.7245)  
Cell: [1.250.937.8560](tel:1.250.937.8560)  
E-Mail: [ivchampagne@gmail.com](mailto:ivchampagne@gmail.com)

Note: Clinical treatment for addictions, motivational issues, trauma recovery, grief, lifestyle adjustment, parent-teen conflict, pain management, weight management, and compulsive disorders. Specialty services available for First Nations with residential school related trauma.

#### 14. Tri-Cities Sexual Health Services

Brotto, Lori - PhD, RPsych St. Johns Health & Wellness Professional Centre 2226 St. Johns St. Port Moody, BC V3H 2A7 Phone: [1.604.605.6032](tel:1.604.605.6032) E-Mail: [Lori.Brotto@vch.ca](mailto:Lori.Brotto@vch.ca)

Note: For individuals and couples and specializes in sexual concerns, difficulties, and dysfunctions.

#### 15. Jewell Counselling

Jewell, Joanna - MA, RPsych, CSAT  
Jewell Counselling  
620 - 1816 Crowchild Trl. NW  
Calgary, AB T2M 3Y7  
Phone: [1.403.397.9925](tel:1.403.397.9925)  
E-Mail: [joannajewell@gmail.com](mailto:joannajewell@gmail.com)

#### 16. The Shanti Counselling Centre

Chiu, Joanne - MC, RCC  
The Shanti Counselling Centre  
203 - 1899 Willingdon Ave.  
Burnaby, BC V5C 5T1  
Phone: [1.604.773.3100](tel:1.604.773.3100)  
Email: [info@shanti-centre.com](mailto:info@shanti-centre.com)

Note: Joanne worked extensively in the areas of addictions, disordered eating, and self-esteem.

#### 17. Capital Choice Counselling

Riddell, Ken - MA 1080 St. Pierre St. Orleans, ON K1C 1L3 Phone: [1.613.425.4257](tel:1.613.425.4257)

#### 18. Anna Toth

Toth, Anna - MSc  
Yellow Brick Holistic Health Centre  
258 Dupont St.  
Toronto, ON  
Phone: [1.416.565.0143](tel:1.416.565.0143)  
E-Mail: [annatoth@rogers.com](mailto:annatoth@rogers.com)

#### 19. Meriza Joly

Meriza, Joly - MA  
610 Marmier Rd.

Longueuil, QC J4K 4R9

Phone: [1.514.996.7453](tel:1.514.996.7453) E-Mail: [meriza.joly@gmail.com](mailto:meriza.joly@gmail.com)

[Note: For individuals, couples, and group sessions for sex addiction. Services include assessments and treatment for sex offenders.](#)

## 20. NAJ Consulting - Counselling and Recovery Therapies

[Prasad, Ron - MA, RCC](#)

[NAJ Consulting - Counselling and Recovery Therapies](#)

[Penninsula Executive Suites](#)

[202 - 15388 24th Ave.](#)

[Surrey, BC V4B 2K9](#)

[Phone: 1.604.307.2216 x. 242](#)

Note: Specializes in sex therapy and cultural issues that can arise around sex.

## 21. Dr. Pega Ren

Ren, Pega - PhD, MPH, EdD

300 - 3665 Kingsway

Vancouver, BC V5R 5W2

Phone: [1.604.269.2692](tel:1.604.269.2692)

Phone: 1.250.352.3139 (Nelson Office)

E-Mail: [sexdoc@smartsextalk.com](mailto:sexdoc@smartsextalk.com)

Note: Provides couples counseling as well as counselling for alternative lifestyles/BDSM, courtship, separation, and LGBTQ issues. She has a Nelson and Vancouver office, and also provides online counselling.

## 22. Okanagan Love Relationships Counselling

Walkinshaw, Julie - MSW, BSW, DSW, CSAT Love Relationships Counselling

102 - 3207 30th Ave.

Vernon, BC V1T 2C6

Phone: [1.250.309.7055](tel:1.250.309.7055)

E-Mail: [julie@loverelationshipscounselling.com](mailto:julie@loverelationshipscounselling.com)

Note: For individual youth and adults, and couples. Specializes in addiction for sex, internet, pornography, alcohol, drugs, and work.

## 23. Anderson Adkins and Associates

Adkins, Elizabeth - PhD

Anderson Adkins and Associates

Red Ladder Optimized Learning

633 - 1445 Portage Ave.

Winnipeg, MB R3G 3P4

Phone: [1.204.885.3276](tel:1.204.885.3276)

Fax: 1.204.489.1748

E-Mail: [info@andersonadkins.ca](mailto:info@andersonadkins.ca)

Note: For individual, couple, and family psychotherapy, as well as assessment of learning

difficulties, trauma, and addictions. Areas of particular clinical interest include trauma, mood disorders, anxiety, sexuality and work with people who are intellectually disabled.

#### 24. Tomkinson Therapy

Tomkinson, Katherine L. - MSc, RP, RMFT  
Oakville Office  
208 - 345 Lakeshore Rd. E  
Oakville, ON L6J 1J5  
Phone: [1.519.760.0100](tel:1.519.760.0100)  
E-Mail: [katherine@tomkinsontherapy.com](mailto:katherine@tomkinsontherapy.com)

Note: For individuals, couples, and families dealing with addictions (both substance and processes).

#### 25. Herman Chow Counselling and Associates

Chow, Herman - MDiv, DMin, RMFT  
600 - 15 Allstate Pkwy.  
Markham, ON L3R 5B4  
Phone: [1.416.953.4072](tel:1.416.953.4072)  
E-Mail: [hermanchow@rogers.com](mailto:hermanchow@rogers.com)

Note: Treatment for affair recovery, co-parenting struggles, addictions, and career exploration for individuals and couples.

#### 26. Emmaus Counselling Services

Scuse, Paul D. - BSc, MDiv, MTh, DMin, RMFT  
Emmaus Counselling Services  
34 Rose Way  
Markham, ON L3P 3V1  
Phone: [1.416.527.3344](tel:1.416.527.3344)  
E-Mail: [info@emmaus.on.ca](mailto:info@emmaus.on.ca)

Note: Specializes in marital and family therapy, sex and sexual addiction therapy, and individual counselling.

#### 27. SEVA Counselling

Pyasetska, Tanya â€“ MA, RCC  
SEVA Counselling  
202 - 1517 Water St.  
Kelowna, BC V1Y 3J8  
Phone: [1.250.300.0030](tel:1.250.300.0030)  
E-Mail: [sevacounselling@gmail.com](mailto:sevacounselling@gmail.com)

Note: Tanya works with individuals, couples, and groups. She specializes in counselling and treatment for marriage and relationships; depression and anxiety; addictions (substances, gambling, sex, shopping) and trauma; grief and loss. She uses CBT, DBT, mindfulness, positive, EFT, family systems, acceptance, and commitment therapy.

## 28. Watershed Counselling

Evoy, Kim - MA, RCC  
Watershed Counselling  
5507 208th St.  
Langley, BC V1M 4G6  
Phone: [1.604.728.3233](tel:1.604.728.3233)  
E-Mail: [kim@watershedcounselling.com](mailto:kim@watershedcounselling.com)

Note: Specializes in marriage counselling.

## 29. Dr. Bianca Rucker and Associates Inc.

Rucker, Bianca - PhD, RMFT  
400 - 601 Broadway W  
Vancouver, BC V5Z 4C2  
Phone: [1.604.731.4466](tel:1.604.731.4466)  
Fax: 1.604.433.0111  
E-Mail: [br@biancarucker.com](mailto:br@biancarucker.com)

Note: For marriage and family therapy specializing in sex and relationships.

## 30. SLAA (Sex and Love Addicts Anonymous)

SLAA (Sex and Love Addicts Anonymous)  
Fellowship-Wide Services  
#118 - 1550 NE Loop 410  
San Antonio, TX, USA 78209  
Website: [www.slaafws.org](http://www.slaafws.org)

Note: This is a fellowship based on the 12 Step program of Alcoholics Anonymous. Members include both those who suffer from a compulsive need for sex and those with a desperate attachment to one person. What all members have in common is an obsessive/compulsive pattern, either sexual or emotional (or both), that have caused relationships or activities to become increasingly destructive to all areas of their lives (career, family, and sense of self-respect). If there are no local meetings there are online and phone meetings. See the website for more information.

## 31. SLAA - Ontario

SLAA " ONTARIO  
122 - 473 Church St.  
Toronto, ON M4Y 2C5  
Phone: [1.416.486.8201](tel:1.416.486.8201)  
E-Mail: [info@slaa-ontario.org](mailto:info@slaa-ontario.org)  
Website: [www.slaa-ontario.org](http://www.slaa-ontario.org)

Note: These meetings are for men and women with sex or love addiction/compulsions.

## 32. SAA (Sex Addicts Anonymous)

SAA (Sex Addicts Anonymous)  
PO BOX 70949  
Houston, TX, USA 77270

Phone: [1.713.869.4902](tel:1.713.869.4902) (USA)  
Toll-Free: [1.800.477.8191](tel:1.800.477.8191) (USA/CAN)  
E-Mail: [info@saa-recovery.org](mailto:info@saa-recovery.org)  
Website: [www.saa-recovery.org](http://www.saa-recovery.org)

Note: Meetings consist of a group of 2 or more individuals who, using the Twelve Steps and Twelve Traditions of SAA, meet together regularly for the purpose of recovering from their compulsive sexual behavior. A SAA meeting is a safe place. It is a gathering of equals who keep confidences, refrain from judgment, and support one another through sharing their experience, strength, and hope in seeking the common goal of recovering from sexual addiction. There are phone and online meetings available if there are no local meetings. See website for more information.

### 33. Sexual Compulsives Anonymous

Sexual Compulsives Anonymous  
Toronto, ON  
E-Mail: [scatoronto@hotmail.com](mailto:scatoronto@hotmail.com)  
Website: [www.scatoronto.org](http://www.scatoronto.org)

Note: This is a 12 Step fellowship inclusive of all sexual orientations and open to anyone with a desire to recover from sexual compulsion. SCA is a spiritual program that provides a safe environment for working on problems related to sexual compulsion and sexual sobriety.

### 34. Sexual Compulsives Anonymous

Sexual Compulsives Anonymous  
Toronto, ON  
E-Mail: [scatoronto@hotmail.com](mailto:scatoronto@hotmail.com)  
Website: [www.scatoronto.org](http://www.scatoronto.org)

Note: This is a 12 Step fellowship inclusive of all sexual orientations and open to anyone with a desire to recover from sexual compulsion. SCA is a spiritual program that provides a safe environment for working on problems related to sexual compulsion and sexual sobriety.

### 35. Lacny, Lesley - BA, MA, R.Psych

Lacny, Lesley - BA, MA, R.Psych.  
3rd Floor 211 Danforth Ave.  
Toronto, ON M4k 1N2  
Phone: [1.647.629.6941](tel:1.647.629.6941)  
E-Mail: [counselling@lesleylacny.ca](mailto:counselling@lesleylacny.ca)

Note: Treats Stress, anxiety, depression, self-esteem, anger, grief, family challenges, addictions and relationship problems.

### 36. S-Anon International Family Groups

S-Anon International Family Groups  
PO Box 17294  
Nashville, TN, USA 37217  
Phone: [1.615.853.3152](tel:1.615.853.3152)  
Toll-Free: [1.800.210.8141](tel:1.800.210.8141)

Fax: 1.615.833.8454  
E-Mail: [sanon@sanon.org](mailto:sanon@sanon.org)  
Website: [www.sanon.org](http://www.sanon.org)

Note: This is a program of recovery for those who have been affected by someone else's sexual behavior. S-Anon is based on the 12 Steps and the 12 Traditions of Alcoholics Anonymous. There are S-Anon teen groups as well.

### 37. S-Anon International Family Groups

S-Anon International Family Groups  
PO Box 17294  
Nashville, TN, USA 37217  
Phone: [1.615.853.3152](tel:1.615.853.3152)  
Toll-Free: 1.800.210.8141  
Fax: 1.615.833.8454  
E-Mail: [sanon@sanon.org](mailto:sanon@sanon.org)  
Website: [www.sanon.org](http://www.sanon.org)

Note: This is a program of recovery for those who have been affected by someone else's sexual behavior. S-Anon is based on the 12 Steps and the 12 Traditions of Alcoholics Anonymous. There are S-Anon teen groups as well.

### 38. SA (Sexaholics Anonymous)

SA (Sexaholics Anonymous)  
PO Box 3565  
Brentwood, TN, USA 37024  
Phone: [1.615.370.6062](tel:1.615.370.6062) (USA)  
Toll-Free: [1.866.424.8777](tel:1.866.424.8777) (USA/CAN)  
Fax: 1.615.370.0882  
E-Mail: [saico@sa.org](mailto:saico@sa.org)  
Website: [www.sa.org](http://www.sa.org)

Note: This is a fellowship of men and women who share their experience, strength, and hope with each other in order to solve their common problem and help others to recover.

### 39. Advanced Psychological Services

Shenfield, Tali - PhD, CPsych  
Advanced Psychological Services  
208 - 9019 Bayview Ave.  
Richmond Hill, ON L4B 3M6  
Phone: [1.905.771.7000](tel:1.905.771.7000)  
E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: Specializes in addiction treatment for adolescents and young adults. The clinic also provides psychological testing and therapy services for clients with anxiety, depression, anger issues, eating disorders, ADHD, and Autism Spectrum Disorders. Services available in English and Russian.

### 40. Lynne Goertzen Counselling

Goertzen, Lynne â€“ BJ, MA, RPsych, CSAT



105 â€“ 2003 14th St. NW  
Calgary, AB T2M 3N4  
Phone: [1.403.630.7595](tel:1.403.630.7595)  
E-Mail: [lynne.goertzen@gmail.com](mailto:lynne.goertzen@gmail.com)  
Website: [www.lynne-goertzen-counselling.com](http://www.lynne-goertzen-counselling.com)

Note: Works with adults, youth, couples, and families. Specializes in treatment of anxiety, depression, stress management, self-esteem, addictions, anger management, abuse, trauma/PTSD, disordered eating, relational concerns, personal growth, life transitions, and career decisions. Certified Sex Addiction Therapist (CSAT). Certified Rapid Resolution Therapy practitioner. EMDR and Hypnosis available.

#### 41. Innovative Counselling Solutions Inc.

Oteng-Boateng, Prince â€“ PhD, MDiv, CPCS, CSAT(c)  
Innovative Counselling Solutions Inc.  
Fish Creek Executive Centre  
205 â€“ 259 Midpark Way. SE  
Calgary, AB T2X 1M2  
Phone: [1.403.879.2503](tel:1.403.879.2503)  
Fax: [1.587.354.4255](tel:1.587.354.4255)  
E-Mail: [info@innovativecounselling.ca](mailto:info@innovativecounselling.ca)

Note: For individuals, couples, and families. Specializes in sexual addiction, separation/divorce prevention, conflict management, and marriage or relationship issues.

#### 42. Edmonton SA (Sexaholics Anonymous)

Edmonton SA (Sexaholics Anonymous)  
Edmonton, AB  
Phone: [1.780.988.4411](tel:1.780.988.4411)

Note: Please call to find out the locations of the meetings.

#### 43. COSLAA (CoSex and Love Addicts Anonymous)

COSLAA (CoSex and Love Addictions Anonymous)  
Phone: 1.860.456.0032 (USA)  
E-Mail: [COSLASSmontreal@yahoo.ca](mailto:COSLASSmontreal@yahoo.ca)  
E-Mail: [COSLAAvancouver@yahoo.ca](mailto:COSLAAvancouver@yahoo.ca)  
Website: [www.coslaa.org](http://www.coslaa.org)

Note: These meetings are for anyone affected by someone elseâ€™s sex or love addiction/compulsions. These meetings are closed to individuals with sex addictions.

#### 44. Calgary SA (Sexaholics Anonymous)

Calgary SA (Sexaholics Anonymous)  
Calgary, AB  
Phone: [1.403.229.0304](tel:1.403.229.0304)  
E-Mail: [info@calgarysa.org](mailto:info@calgarysa.org)

Note: This is for men and women struggling with sex or love addiction/compulsion. Please contact

before attending a meeting.

45. Vancouver SA (sexaholics Anonymous)

Vancouver SA (Sexaholics Anonymous)  
Vancouver, BC  
Phone: [1.604.290.8643](tel:1.604.290.8643)  
E-mail: [info@savancouver.org](mailto:info@savancouver.org)

Note: These meetings are for men and women with sex or love addiction/compulsions.

46. Vancouver SA (sexaholics Anonymous)

Vancouver SA (Sexaholics Anonymous)  
Vancouver, BC  
Phone: [1.604.290.8643](tel:1.604.290.8643)  
E-mail: [info@savancouver.org](mailto:info@savancouver.org)

Note: These meetings are for men and women with sex or love addiction/compulsions.

47. B Taylor Solutions

Taylor, Bruce L. - BA, BEd, MA, MDiv, CSAT  
B Taylor Solutions  
Mind, Body and Soul Therapy  
19 - 1550 Gordon St.  
Guelph, ON N1L 1C7  
Phone: [1.519.824.2456](tel:1.519.824.2456)  
E-Mail: [bruce@btaylorssolutions.ca](mailto:bruce@btaylorssolutions.ca)

Note: For individuals and couples, and specializes in marital and separation counselling, parenting, and sex addiction.

48. COSA (Codependents of Sex Addicts)

COSA (Codependents of Sex Addicts)  
212 - 9219 Katy Fwy.  
Houston, TX, USA 77024  
Toll-Free: [1.866.899.2672](tel:1.866.899.2672)  
E-Mail: [info@cosa-recovery.org](mailto:info@cosa-recovery.org)  
Website: [www.cosa-recovery.org](http://www.cosa-recovery.org)

Note: This is a recovery program for men and women whose lives have been affected by someone else's compulsive sexual behaviour. If there are no meetings in your community you can participate in phone or online meetings. See website for more information.

49. SAA Montreal

SAA Montreal  
Montreal, QC  
Phone: [1.514.418.5920](tel:1.514.418.5920)

Note: This is for men and women struggling with sex or love addiction/compulsions. See website

for more information.

#### 50. Aspens & Oaks Counselling Services & Solutions

Sandoval, Nena Katherine - MHS, ACS  
23 Cashin Ave.  
St. John's, NL A1E 3A9  
Phone: [1.709.754.2068](tel:1.709.754.2068)  
Fax: 1.709.754.3923  
E-Mail: [service.inquiry@aspensandoaks.ca](mailto:service.inquiry@aspensandoaks.ca)

Note: Clinical sexologist specializing in sexual dysfunction, couples, cognitive and/or physical disabilities, and sexuality.

#### 51. RCA (Recovering Couples Anonymous)

RCA (Recovering Couples Anonymous)  
PO BOX 11029  
Oakland, CA, USA 94611  
Phone: [1.781.794.1456](tel:1.781.794.1456)  
Toll-Free: 1.877.663.2317 (USA/CAN)  
E-Mail: [info@recovering-couples.org](mailto:info@recovering-couples.org)  
Website: [www.recovering-couples.org](http://www.recovering-couples.org)

Note: This is a fellowship of recovering couples committed to restoring healthy communication and caring. The only requirement for RCA membership is a desire to remain in a committed relationship. If there are no local meetings there are phone or online meetings. See website for more information.

#### 52. SA Northwest

Sexaholics Anonymous (SA) Northwest

Note: The website hosts information about meetings for SA in Northwest Canada and USA.

#### 53. The Colborne Street Clinic

Graham, Karen - BSc, Cert. in addictions counselling Panacea Canada Inc.  
The Colborne Street Clinic  
79 Colborne St. East  
Orillia, ON  
L3V 1T5  
Phone: [1.705.345.8199](tel:1.705.345.8199)  
E-mail: [kgraham@panaceacanada.com](mailto:kgraham@panaceacanada.com)

Note: Client-centered counselling. Evidence informed addictions counselling. Karen is committed to rock-solid confidentiality. She works youth and adults; she works with individuals as well as groups. Provides counsel for substance abuse as well as all process addictions such as sex, gambling, eating, shopping, internet etc.

#### 54. The Compass Rose Inc.

Buckley, Mike - PhD, MA Coun, RCT, CCC

The Compass Rose Inc.  
Halifax, NS  
Phone: [1.902.346.2158](tel:1.902.346.2158)  
E-Mail: [bearings@eastlink.ca](mailto:bearings@eastlink.ca)

Note: For individuals, couples, families, and groups. Areas of practice include substance use, gambling, sexual addictions, relationship or family issues, parenting, recovery from violence and abuse.

#### 55. James Pender Associates

Pender, Jim - MSW, PhD James Pender Associates 405 - 1333 8th St. SW Calgary, AB T2R 1M6  
Phone: [1.403.269.1475](tel:1.403.269.1475) E-Mail: [jpender@jamespenderassociates.com](mailto:jpender@jamespenderassociates.com)

Note: For individuals, couples, families, and groups. Specializes in depression, mood disorders, addictions (alcohol, sex, gambling), and relationship counselling.

#### 56. Sudbury Regional Hospital Mental Health and Addictions Program

Hopital regional de Sudbury Regional Hospital  
Mental Health and Addictions Program  
GL Tower Building  
127 Cedar Street  
Sudbury, ON  
P3E 1B1  
Phone: [1.705.523.4988](tel:1.705.523.4988) ext. 4238  
Email: [mboettcher@hrsrb.on.ca](mailto:mboettcher@hrsrb.on.ca)

#### 57. Sara Aharon

Aharon, Sara - Ed.D. Suite #501 - 600 Sherbourne Street, Toronto, ON M4X 1W4 Phone:  
[1.416.690.5227](tel:1.416.690.5227) Email: [info@bodymindhealth.org](mailto:info@bodymindhealth.org)

#### 58. Toronto Eating Disorder and Addiction Clinic

Eating Disorder and Addiction Clinic Center for Addiction and Mental Health 33 Russell Street, 3rd Floor Toronto, ON Phone: [1.416.535.8501](tel:1.416.535.8501) ext. 6482

Note: has a concurrent eating disorder and addictions treatment program. offers several specialized outpatient treatments for both men and women. May include one or more of the following: weekly one-hour individual psychotherapy sessions, recommendations to meet with a dietitian, telephone consultation.

#### 59. Eating Disorder Counselling Services of the Greater Toronto Area

Eating Disorder Counselling Services of the Greater Toronto Area Hoffman, Yana CCDC 1012 Shaw St. Toronto ON M6G 3N1 Phone: [1.416.534.2816](tel:1.416.534.2816)

Note: treats all forms of eating disorders and addictions; children, adolescents and adults. She works with both males and females; children adolescents and adults.

#### 60. Lia Falzon

Falzon, Lia - DTATI, FOP, EMDR Toronto, ON Phone: [1.647.501.0747](tel:1.647.501.0747) Email: [liafalzon@gmail.com](mailto:liafalzon@gmail.com)

Note: is a member of the Canadian Art Therapy Association. Has extensive experience with addictions.

#### 61. Christine Werbski

Werbski, Christine – BSc., HSC, MSW, RSW, Dip CTP, CAPT 316 Dupont St. Toronto, ON M5R 1L8 Email: [Christine@therapytoronto.ca](mailto:Christine@therapytoronto.ca)

Note: specializes in eating disorders, addictions, and mood disorders. Also has experience in depression, trauma, relationship issues, anger and rage, anxiety/stress/fear, pain and loss, and chronic illness.

#### 62. Blake Psychology

Mew, Alyssa - MSW Blake Psychology Suite #1700 - 2001 University Street Montreal, QC H3A 2A6  
Phone: [1.514.312.1744](tel:1.514.312.1744) E-Mail: [info@blakepsychology.com](mailto:info@blakepsychology.com)

Note: She focuses on addiction, depression, anxiety and interpersonal problems. Also has experience in eating disorders, panic attacks, anger management, esteem and confidence, OCD, and shyness. She uses an integrative approach and evidence-based practices including CBT and DBT. She works with children and adults, individuals, couples, and families. Speaks English and French.

#### 63. Canadian Clinical Counselling Services

Mitchell, Andrea J. - BA, RPC, CCADC  
Canadian Clinical Counselling Services  
#102 - 145 W. 15th St.  
North Vancouver, BC V7M 1R9  
Phone: [604.984.0750](tel:604.984.0750)  
Cell: [604.318.3571](tel:604.318.3571)

Note: works with individuals, couples, and families on various challenges including addictions, codependency, eating disorders, mental health, and family of origin issues.

#### 64. Serenity Now Wellness Centre

Mitchell, Jennifer - MA, CCC, RPsych  
Serenity Now Wellness Centre

1934 9 Ave SE,Â

Calgary, AB T2G 0V2

Phone: [1.403.454-7600](tel:1.403.454-7600)

E-Mail: [jennifermpsych@gmail.com](mailto:jennifermpsych@gmail.com)

Note: Focuses on process addictions (sex, internet, gambling), childhood trauma, and Autism Spectrum Disorder. Alternative methods of therapy available, including Hakomi and Sensiromotor psychotherapy for trauma.

65. Byrnes Pender & Associates

Pender, Jim- MSW, Ph.D  
Byrnes Pender & Associates  
#305 1167 Kensington Crescent NW  
Calgary, AB T2N 1X7  
Phone: [1.403.777.1270](tel:1.403.777.1270)  
Toll-Free: [1.877.335.0277](tel:1.877.335.0277)  
Email: [jpender@byrnespender.com](mailto:jpender@byrnespender.com)

Note: Specializes in individuals, couples, families, and groups. Also has specific training for depression and other mood disorders; addictions (alcohol, sex, gambling).

66. Restoration Counselling Services

Reimer, Sam - Ph.D., RCC  
Restoration Counselling Services  
1339 St. Paul St.  
Kelowna, BC V1Y 2E2  
Phone: [250.868.2338](tel:250.868.2338)  
E-Mail: [dr\\_sam@restorationcounselling.com](mailto:dr_sam@restorationcounselling.com)

67. Stephen L. Amadala

Amadala, Stephen L. - MRCPsych, FRCP(C), CSAT Dept. of Psychiatry - FMC 1403 29th St. N  
Calgary, AB T2N 2T9 Phone: [1.403.944.6433](tel:1.403.944.6433)

68. Healing Choices Counselling & Education

Chiarelli, Anu - RN, BA, MA, CSAT  
Healing Choices Counselling & Education  
Monterey Park NE  
Calgary, AB T1Y 6X1  
Phone: [1.403.285.6768](tel:1.403.285.6768)  
Email: [anu@healingchoicescounselling.org](mailto:anu@healingchoicescounselling.org)

Note: For adults, individuals, and couples. Specializes in sexually compulsive behaviours/sex addictions - therapy is also for partners of sex addicts. Other specialty areas include: other addictions, trauma, abuse, PTSD, grief, and anger. Counselling for couples is also available for infidelity, sexual issues, sex addiction, high conflict, and separation or divorce.

69. Ed Dyck

Dyck, Ed - MA, CM, MFC Calgary, AB Phone: [1.403.835.3115](tel:1.403.835.3115)

Note: Specializes in relationship counselling, workplace and career counselling, sexual addictions, and substance use.

70. Gary Gerber

Gerber, Gary â€“ MDiv, RSW, CSAT  
124 20th Ave. NE  
Calgary, AB T2E 1P7

Phone: [1.403.270.8824](tel:1.403.270.8824)

E-Mail: [garygerber@telus.net](mailto:garygerber@telus.net)

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Note: For individuals, couples, and families. Specializes in clients who have sex addiction. Counselling approach includes 12 steps, EMDR, couples communication, with consideration for healing trauma and regaining control over the future.

#### 71. Cal H. Henze

Henze, Cal H. - MA

Braeside Dr. S.W.

Calgary, AB T2W 2V5

Phone: [1.403.819.3545](tel:1.403.819.3545)

Email: [info@henze-associates.com](mailto:info@henze-associates.com)

Note: a Registered Christian Counsellor.

#### 72. Hersh Centre for Sexual Wellness

Hersh, David - Clinical Director Hersh Centre for Sexual Wellness 101 - 8180 Macleod Trl. SE  
Calgary, AB T2H 2B8 Phone: [1.403.606.3183](tel:1.403.606.3183) E-Mail: [Dr.DavidHersh@SexualWellness.ca](mailto:Dr.DavidHersh@SexualWellness.ca)

Note: The Hersh Centre has locations in Calgary, AB, and Nelson, BC. David is available for consultation via Skype.

#### 73. M. Hertzprung Psychological Services

Hertzprung, Meyen - PhD, RPsych, CSAT M. Hertzprung Psychological Services 203 - 609 14th  
St. NW Calgary, AB T2N 2A1 Phone: [1.403.460.3561](tel:1.403.460.3561) E-Mail: [info@hertzprungpsyc.com](mailto:info@hertzprungpsyc.com)

Note: For individuals, couples, families, and group settings. Specializes in substance and behavioural addictions co-occurring with mental or chronic physical health issues.

#### 74. Dr. Meyen Hertzprung

Hertzprung, Meyen - PhD, RPsych

Foothills Medical Centre - Addiction Centre

6th Floor, North Tower,

Suite #1403 - 29 Street NW

Calgary, AB

Phone: [1.403.944.2025](tel:1.403.944.2025)

Note: A government-funded service. Meyen is a Certified Sex Addiction Therapist (CSAT) with the International Institute for Trauma and Addiction Professionals.

#### 75. Insight Psychological Inc.

Hrushka, Cory - MA, R.Psych., DST, CS

Insight Psychological Inc.

7015 MacLeod Trail S

Calgary, AB T2H 2K6

Phone: [1.403.252.1716](tel:1.403.252.1716)

Fax: 1.587.350.6906

#### 76. Jewell Counselling

Jewell, Joanna - MA, RPsych, CSAT(c)1

Jewell Counselling

620 - 1 Executive Pl.

1816 Crowchild Trl. NW

Calgary, AB T2M 3Y7

Phone: [1.403.397.9925](tel:1.403.397.9925)

Email: [joannajewell@gmail.com](mailto:joannajewell@gmail.com)

Note: For individuals, couples, and families. Specializes in sex addiction and eating disorders. Alternative methods of therapy available, including Gottman method, Emotion Focused Therapy, and EMDR.

#### 77. Maureen Kitchur

Kitchur, Maureen - MSW, RSW

1305 7th St. SW

Calgary, AB T2R 1A5

Phone: [1.403.270.0652](tel:1.403.270.0652)

Fax: [1.403.270.0652](tel:1.403.270.0652)

E-Mail: [maureen@kitchur.com](mailto:maureen@kitchur.com)

Note: For sexual behaviour issues and incorporates complementary medicine into treatment.

#### 78. Mary-Jean Malyszka

Malyszka, Mary-Jean - MA, RPsych(prov), DAACS, CSAT(c) Provisional Psychologist, Clinical Sex Therapist 1407 10th St. SW Calgary, AB T2R 1E7 Phone: [1.403.305.9083](tel:1.403.305.9083) E-Mail: [info@mjmalyszka.com](mailto:info@mjmalyszka.com)

Note: For individuals and couples specializing in sexual health, sexual addiction, substance abuse, life transitions, gender identity transitions, intimacy and connection, and conflict resolution.

#### 79. The Medical Intuitive & Healing Centre

Monteith, T, Diane - MSW, RSW, MCS

The Medical Intuitive & Healing Center

Suite #400- 70 Entegra Business Centre,

7015 MacLeod Trail South

Calgary, AB T2H 2K6

Phone: [1.403.256.8449](tel:1.403.256.8449)

Email: [diane.monteith@phoenixrises.ca](mailto:diane.monteith@phoenixrises.ca)

Note: has been a therapist for thirty years and has operated a successful private practice since 1984. Diane has expertise in the areas of: addictions; mood disorders; trauma; physical, emotional, and sexual abuse; esteem issues; life transitions; and sexuality issues; dysfunctional family issues; co-dependency; adult children of dysfunctional families. Will do therapy over Skype.



#### 80. Chaparral Counselling

Rau, Glenn - M.Ed., CCC  
Chaparral Counselling  
Calgary, AB T2X 0A6  
Phone: [1.403.457.5993](tel:1.403.457.5993) (appointments)  
Phone: [1.403.457.5994](tel:1.403.457.5994) (office)

#### 81. Sirota Psychological Services

Sirota, Perry - Ph.D.  
Sirota Psychological Services  
Heritage Professional Centre Building  
Suite #101 - 8180 Macleod Trail SE,  
Calgary AB  
Phone: [1.403.255.3773](tel:1.403.255.3773)  
Email: [sirotap@shaw.ca](mailto:sirotap@shaw.ca)

#### 82. Dr. Shannon St. Pierre

St. Pierre, Shannon, PhD  
Suite #217, 1632-14th Ave. NW  
Calgary, AB T2N 1M7  
Phone: [1.403.282.1474](tel:1.403.282.1474)  
Email: [stpierre\\_shannon@hotmail.com](mailto:stpierre_shannon@hotmail.com)

Note: 15 years experience as sex therapist, family therapist, mediator.

#### 83. Lifestar Alberta

Thibodeau, Jennifer - MSW, RSW, Clinical Social Worker, CSAT  
Lifestar Alberta  
813 3rd Ave. S  
Lethbridge, AB T1J 0H8  
Phone: [1.403.849.7827](tel:1.403.849.7827)  
Toll-Free: [1.855.328.7440](tel:1.855.328.7440)  
Fax: [1.403.328.7551](tel:1.403.328.7551)  
E-Mail: [contact@lifestaralberta.com](mailto:contact@lifestaralberta.com)

Note: For individuals, couples, and families. Specializes in pornography and sexual addictions. Video conferencing is available upon request.

#### 84. Dr. Mary Valentich

Valentich, Mary, PhD, MSW  
Calgary, AB  
T3G 3K8  
Phone: [1.403.208.3948](tel:1.403.208.3948)

#### 85. Westbury and Associates

Westbury, Liz - MSW, RSW Westbury and Associates 220 - 1982 Kensington Rd. NW Calgary, AB T2N 3R5 Phone: [1.403.270.3535](tel:1.403.270.3535) Fax: [1.403.270.3530](tel:1.403.270.3530) E-Mail: [liz@livebrilliantly.ca](mailto:liz@livebrilliantly.ca)

Note: For individuals, couples, and groups. Provides clinical psychotherapy for addictions and trauma, addictions interventions, and sex therapy. Counselling approach includes EMDR, Gestalt, Transactional Analysis, and Action methods.

#### 86. The Centre for Healthy Recovery

Bell, Christina, R Psych.  
The Centre for Healthy Recovery  
Suite #304A - 11523 - 100 Ave  
Edmonton, AB  
T5K 0J8  
Phone (cell): [1.780.239.3344](tel:1.780.239.3344)  
Fax: 1.780.705.3815  
Email: [psychologistchristina@shaw.ca](mailto:psychologistchristina@shaw.ca)

Note: Christina specializes in addiction (including sex and love addiction), grief and loss, mental health and relationship issues. I currently provide individual counselling over the phone and in person.

#### 87. J.R. Canniff & Associates

J.R. Canniff & Associates  
Jim Canniff, PhD, Med, CSAT II  
11503 124 St.  
Edmonton, AB  
T5M 0K5  
Phone: [1.780.453.1873](tel:1.780.453.1873)  
Fax: 1.780.454.9023  
Email: [jim@canniff.ca](mailto:jim@canniff.ca)

#### 88. Insight Psychological Inc.

Hrushka, Cory Grant - MA, DST, RPsych, CCS, AASECT Certified Sex Therapist Insight Psychological 203 - 9148 23rd Ave. Edmonton, AB T6N 1H9 Phone: [1.780.461.1717](tel:1.780.461.1717) Fax: [1.780.462.3917](tel:1.780.462.3917) E-Mail: [directors@insightpsychological.ca](mailto:directors@insightpsychological.ca)

Note: Provides psychological/forensic assessment services and counselling to children, adolescents, adults, couples and families. Alternative methods of therapy available, including psychological approach and client-centered cognitive behavioural therapy.

#### 89. LifeSTAR

Lifestar Alberta  
813 3rd Ave. S  
Lethbridge, AB T1J 0H8  
Phone: [1.403.849.7827](tel:1.403.849.7827)  
Toll-Free: [1.855.328.7440](tel:1.855.328.7440)  
Fax: [1.403.328.7551](tel:1.403.328.7551)  
E-Mail: [contact@lifestaralberta.com](mailto:contact@lifestaralberta.com)

Note: Outpatient program for pornography and other sexual compulsive behaviours for both individuals with addictions and their partners. Video conferencing is available upon request.

## 90. Medicine Hat Family Service

Renard, Lucien  
Medicine Hat Family Service  
477 3rd St. SE  
Medicine Hat, AB  
T1A 0G0  
Phone: [1.403.504.8026](tel:1.403.504.8026)  
Fax: 1.403.504.0351  
Email: [mhfs@canopycanada.net](mailto:mhfs@canopycanada.net)

Note: Fees for sessions are based on a board / funded approved sliding fee scale. The minimum charge for a session is \$19.00.

## 91. Insight Psychological Inc.

Hrushka, Cory - MA, R.Psych., DST, CS  
Insight Psychological Inc.  
#203, 4909 B - 48th Street,  
Red Deer, AB  
T4N 1S8  
Phone: [1.403.346.1716](tel:1.403.346.1716)

## 92. Highlander Counselling and Mediation

McCaig, Connie - MSW, RSW, IBECPT  
Clinical Social Worker  
Highlander Counselling and Mediation  
#4 300 King Street  
Spruce Grove, AB  
T7X 3X2  
Phone: [1.780.903.3961](tel:1.780.903.3961)  
Toll-Free: [1.866.824.8175](tel:1.866.824.8175)  
Email: [mccaig@highlander-counselling.com](mailto:mccaig@highlander-counselling.com)

Note: Specializes in child & play therapy, marital therapy, trauma, sexual addictions and co-addictions.

## 93. Llife Restoration

Khym, Jake - M.A., RCC,CCC  
Life Restoration  
Suite #107-34334 Forrest Terrace  
Abbotsford, BC  
Phone: [1.604.755.4294](tel:1.604.755.4294)  
Fax: 1.877.755.4294  
Email: [jake@liferestoration.ca](mailto:jake@liferestoration.ca)

Note: specialties include trauma, sexual addiction, sexual abuse, and relationship issues.

## 94. Dr. Lyne Piche

Piche, Lyne - Ph.D.

Suite #12 (Atrium Floor) - 2151 McCallum Road  
Abbotsford, BC  
V2S 3N8  
Phone: [1.778.552.6747](tel:1.778.552.6747)  
E-Mail: [drpiche@shaw.ca](mailto:drpiche@shaw.ca)

Note: Dr. PichÃ© has many years experience working with individuals suffering from sexual concerns. She has worked with individuals whose behaviours have led them to become in the criminal justice system. Dr. PichÃ© believes that sexual problems can be mastered.

#### 95. Margaret Tucker

Tucker, Margaret  
West Coast Stress and Trauma  
Suite #203 - 4430 Halifax Street  
Burnaby, BC  
V5C 5R4  
Phone: [1.604.937.0348](tel:1.604.937.0348)

Note: Margaret is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals.

#### 96. Catalyst Counselling

Dodds, Kathryn - RPC in Psychotherapy Catalyst Counselling 304 - 1447 Ellis St. Kelowna, BC V1Y 2A3  
Phone: [1.250.870.2732](tel:1.250.870.2732) E-Mail: [foundfreedom@shaw.ca](mailto:foundfreedom@shaw.ca)

#### 97. Dr. Erwin Albert Schill

Schill, Erwin Albert Ph.D.  
#205 - 680 Doyle Avenue  
Kelowna, BC  
V1Y 9S2  
Phone: [1.250.863.1946](tel:1.250.863.1946)

Note: Specialties include sexual therapy, relationship therapy. Board Certified Sex Therapist ABS

#### 98. Dr. Alex Kwee

Kwee, Alex - PsyD, RPsych New Life Christian Counselling 5507 208th St. Langley, BC V3A 2K4  
Phone: [1.778.823.0346](tel:1.778.823.0346) E-Mail: [dr.alex.kwee@gmail.com](mailto:dr.alex.kwee@gmail.com)

Note: For individuals and couples in addressing sexual addiction issues or compulsions with a focus on clergy and religious clients. Specializes in a broad spectrum of mental health issues, including depression, anxiety, and addiction. Counselling approach includes a more spiritually-sensitive context.

#### 99. Dr. David R. McKenzie & Associates

McKenzie, David R. - PhD, RCC, AASECT, ACS  
21494 84th Ave.  
Langley, BC V1M 2M1  
Phone: [1.604.813.6047](tel:1.604.813.6047)

Fax: [1.604.882.0074](tel:1.604.882.0074)

E-Mail: [drdavid@davidmckenzie.ca](mailto:drdavid@davidmckenzie.ca)

Note: For couples specializing in sex therapy. Service available in person and phone consultations.

100. Mark Giesbrecht

Giesbrecht, Mark - MA, RCC  
Unit #12C - 1601 Bowen Road  
Nanaimo, BC,  
V9S 1G5  
Phone: [1.250.591.0551](tel:1.250.591.0551)

101. Dr. David Hersh

Hersh, Dr. David S., Ed.D.  
317 Silica Street  
Nelson, BC V1L 4M4  
Phone: [1.250.352.0151](tel:1.250.352.0151)  
Email: [Dr.DavidHersh@SexualWellness.ca](mailto:Dr.DavidHersh@SexualWellness.ca)

Note: The Hersh Centre has locations in Calgary, AB, and Nelson, BC. Consultations available via Skype.

102. Tom Foster

Foster, Tom - MSW, RSW, RCC  
1433 7th Ave.  
New Westminster, BC V3M 2K2  
Email: [fosterrelationships@gmail.com](mailto:fosterrelationships@gmail.com)  
Phone: [1.604.816.6366](tel:1.604.816.6366)

Note: For individuals, couples, and families. Specializes in addiction (alcohol, drugs, sex, pornography), and sex therapy.

103. Debra Hartwell

Hartwell, Debra - MA, CCC, CSAT(s), CMAT  
400 - 604 Columbia St.  
New Westminster, BC V3M 1A5  
Phone: [1.604.318.2351](tel:1.604.318.2351)  
Email: [debi@debihartwell.com](mailto:debi@debihartwell.com)

Note: Specializes in trauma, substance use, and sex addiction.

104. Acara Addiction Counselling & Resources Ltd.

Tomasson, Paulette - MA, RN, RCC, CSAT Acara Addiction Counselling & Resources Limited 112 - 901 3rd St. W North Vancouver, BC V7P 3P9 Phone: [1.604.926.3642](tel:1.604.926.3642)

Note: For individuals, couples, and group therapy. Specializes in stress related disorders, trauma, addictions, life issues and healthy sexuality. Skype sessions available for those clients not able to attend the office.

#### 105. Irene Champagne

Champagne, Irene - M.Ed., RCC  
Parksville, BC  
Phone: [1.250.248.4368](tel:1.250.248.4368)  
Cell: [1.250.937.8560](tel:1.250.937.8560)  
Toll-Free: [1.800.934.0434](tel:1.800.934.0434)  
E-Mail: [laquerencia@shaw.ca](mailto:laquerencia@shaw.ca)

Note: Irene has served as a clinical supervisor, best practices consultant, and practice mentor for colleagues and organizations for over 20 years. Irene provides Clinical Treatment for Addictions, Anxiety, Depression, Motivational Issues, Trauma Recovery, Grief, Lifestyle Adjustment, Parent-Teen Conflict, Pain Management, Weight Management and Compulsive Disorders. We also counsel for best outcomes with Marriage Preparation, Vocational Exploration, Divorce Coaching, Parenting, Custody and Access Agreements, Spiritual Impasse Management, and more. Members of her clinical team also offer specialty services in the areas of Indian Residential School Trauma and Historical Trauma.

#### 106. Jewell Counselling

Jewell, Joanna - MA, R.Psych., CSAT Candidate 1 Jewell Counselling #620 One Executive Place  
1816 Crowchild Trail NW Calgary, AB T2M 3W7 Phone: [1.403.397.9925](tel:1.403.397.9925) Email: [joannajewell@gmail.com](mailto:joannajewell@gmail.com)

#### 107. St. Johns Health & Wellness Professional Centre

Brotto, Lori - Ph.D. St. Johns Health & Wellness Professional Centre 2226 St. Johns St. Port Moody  
BC V3H 2A7 Phone: [1.604.605.6032](tel:1.604.605.6032) Email: [Lori.Brotto@vch.ca](mailto:Lori.Brotto@vch.ca)

#### 108. Discovery Solutions

Manning, Robert - Ph.D.  
Discovery Solutions  
1996 Ernst Road  
Quesnel, BC  
V2J 6H6  
Phone: [1.250.991.0883](tel:1.250.991.0883)  
Email: [rkmanning@telus.net](mailto:rkmanning@telus.net)

Note: Discovery Programs provide an educational process, specifically designed to help individuals and couples attain emotional and mental stability, loving relationships, healthier personalities, a sense of well-being, peace of mind and much more, through a systematic process of "self-awareness". Will help you focus on your identity, your personality strengths and vulnerabilities, while teaching you how to address problematic thinking and behaviour.

#### 109. Linda D. Shevkenek

Shevkenek, Linda D. - RPC, MA  
P.O. Box 2399  
Revelstoke, BC  
V0E 2S0  
Phone: [1.250.837.1781](tel:1.250.837.1781) Email: [lindashev@hotmail.com](mailto:lindashev@hotmail.com)

Note: Services include marriage counselling, sexual abuse, sexual addiction, and trauma issues.

#### 110. Teresa Wood

Wood, Teresa - MD, CCFP  
Squamish, BC  
Phone: [1.604.848.4764](tel:1.604.848.4764)  
Email: [info@teresawood.ca](mailto:info@teresawood.ca)

Note: Teresa is an MD with a special interest in sexology and has been teaching about sexual wellness, and coaching in this field for over 10 years. Provides assistance in the area of sex, sexuality, sex addictions and sexual concerns of any nature.

#### 111. Solutions to Life Counselling

Brooks, Tom - RPC  
Solutions to Life Counselling  
19533 64th Ave.  
Surrey, BC V3S 4J3  
Phone: [1.604.530.3344](tel:1.604.530.3344)  
E-Mail: [info@stlc-bc.com](mailto:info@stlc-bc.com)

Note: For young adults, individual adults, and married couples. Specializes in sexual addiction and sexual reconstruction, values support, cognitive reframing, conflict resolution, and relationship restoration through empathy reconnection.

#### 112. Larry J. Falls

Falls, Larry J. Ed.D.  
Suite #201 - 10420 148th Street  
Surrey, BC  
V3R 3X4

Note: Specialties include sexual abuse trauma, childhood development, adolescent, adult and seniors, community education. Sexologist, American College of Sexologists

#### 113. Ron Prasad

Prasad, Ron - MA, RCC Surrey, BC V5T 2H1 Phone: [1.604.307.2216](tel:1.604.307.2216) x. 242

Note: Ron is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals.

#### 114. Counsel Me Vancouver

Collyer, Erica - BA, MEd, RCC  
Counsel Me Vancouver  
970 Burrard St.  
Vancouver, BC V6Z 2R4  
Phone: [1.604.218.1393](tel:1.604.218.1393)  
E-Mail: [erica@counselmevancouver.com](mailto:erica@counselmevancouver.com)

Note: Specializes in anxiety, trauma, relationships, abuse, self-esteem, substance use, and

process addictions (sex, eating, gambling).

115. Darlynn Gehring

Gehring, Darlynn - MSW, RSW, MFT, PhD(c)  
Lions Gate Hospital  
23 15th St. E  
North Vancouver, BC V7L 2I7  
Phone: [1.604.657.3100](tel:1.604.657.3100)  
E-Mail: [darlynn.gehring@ubc.ca](mailto:darlynn.gehring@ubc.ca)

Note: A member of American College of Sexologists.

116. Lori Van Humbeck

Humbeck, Lori Van M.S.W., R.S.W.  
Suite #617 - 470 Granville Street  
Vancouver BC  
V6C 1V5  
Phone: [1.604.688.3356](tel:1.604.688.3356)  
ABS Certified Sex Therapist

Note: treats sexual dysfunction; desire and arousal; intimacy difficulties; adult survivors of childhood incest or abuse; sexual issues related to aging and illness; coercive sexual experiences; sexual orientation; sexual minorities.

117. Paul James

James, Paul - EdD, RPsych  
Dr. Paul S. James Ltd.  
King Edward and Oak St.  
Vancouver, BC V5Z 2G7  
Phone: [1.604.873.0222](tel:1.604.873.0222)  
E-Mail: [info@pauljames.ca](mailto:info@pauljames.ca)

Note: Services for pornography and compulsive masturbation, protracted promiscuity (prostitutes, massage parlors, etc.), cybersex, and phone sex. Counselling approach utilizes a depth-cognitive-affective-behavioral approach to talk therapy and, where appropriate, medication and/or 12 Step groups.

118. Pega Ren

Ren, Pega - PhD, MPH, EdD  
300 - 3665 Kingsway  
Vancouver, BC V5R 5W2  
Phone: [1.604.269.2692](tel:1.604.269.2692)  
Phone: 1.250.352.3139 (Nelson Office)  
E-Mail: [sexdoc@smartsextalk.com](mailto:sexdoc@smartsextalk.com)

Note: Provides couples counseling as well as counselling for alternative lifestyles/BDSM, courtship, separation, and LGBTQ issues. She has a Nelson and Vancouver office, and also provides online counselling.



119. Dr. Bianca Rucker

Rucker, Bianca Ph.D., RMFT  
Suite #400 - 601 West Broadway  
Vancouver, BC  
V5Z 4C2  
Phone: [1.604.731.4466](tel:1.604.731.4466)  
Fax: 1.604.433.0111  
Email: [bianca@biancarucker.com](mailto:bianca@biancarucker.com)

120. Dr. Faizal H. Sahukhan

Sahukhan, Faizal H. Ph.D.  
Suite #300 - 3665 Kingsway  
Vancouver, BC  
V5R 5W2  
Phone: [1.604.639.4443](tel:1.604.639.4443) or [1.604.899.0102](tel:1.604.899.0102)  
Email: [drfaizal@multiculturalromance.com](mailto:drfaizal@multiculturalromance.com)

Note: Specialties include cross-cultural counseling and education; sex and relationship therapy (for a multicultural community). DIPLOMATE, American College of Sexologist

121. Carol J. Siebert

Siebert, Carol J. - M.Ed., RCC  
Suite #310 - 1037 West Broadway,  
Vancouver, BC  
Phone: [1.604.731.2103](tel:1.604.731.2103)

Note: Carol works with couples and individuals and specializes in sexual addictions, trauma, low self esteem, mid life crisis, sexual abuse, anxiety & panic, attachment, loss and grief, career and life transitions, depression, stress and burnout, and chronic pain. Carol is a Certified Sex Addiction Therapist (CSAT) with the International Institute for Trauma and Addiction Professionals.

122. Peter Silin

Silin, Peter MSW RSW  
288 West 8th Ave  
Vancouver, BC  
V5Y 1N5  
Phone: [1.604.874.7764](tel:1.604.874.7764)  
Fax: 604.874.7725  
Email: [info@counsellor-coach.ca](mailto:info@counsellor-coach.ca)

123. Elaine Stoll

Stoll, Elaine BA, RCC 1273 East 29th Ave Vancouver , BC V5V 2T3 Phone: [1.604.874.1022](tel:1.604.874.1022) Email: [elaine@westsidecounselling.com](mailto:elaine@westsidecounselling.com)

124. David Valentine

Valentine, David - ASAT(c), RPC (c)  
Suite #310 - 1037 West Broadway,

Vancouver, BC  
V6H 1E3  
Phone: [1.604.838.3498](tel:1.604.838.3498)  
E-Mail: [david@canadiansexaddictiontherapists.com](mailto:david@canadiansexaddictiontherapists.com)

Note: David is a Certified Sex Addiction Therapist (CSAT) with the International Institute for Trauma and Addiction Professionals

#### 125. Al Zwiers

Zwiers, Al MSW, RSW  
Suite #226 - 1118 Homer Street  
Vancouver, BC  
V6B 6L5  
Phone: [1.604.537.0130](tel:1.604.537.0130)  
Email: [info@alzwiers.ca](mailto:info@alzwiers.ca)

#### 126. Love Relationships Counselling

Walkinshaw, Julie MSW, BSW, DSW, CSAT  
Love Relationships Counselling  
Suite #102 - 3207 30th Ave.,  
Vernon, BC  
V1T 2C6  
Phone: [1.250.309.7055](tel:1.250.309.7055)  
Email: [lrcobc@gmail.com](mailto:lrcobc@gmail.com)

Note: As the only Certified Sex Addiction Therapist in the Okanagan, Julie works with people who have sex addictions and their partners and family members to rebuild relationships, intimacy, trust and understanding about all compulsive and addictive thoughts, feelings and behaviours.

#### 127. Andrew McWhinnie Consulting

McWhinnie, Andrew - MA  
Andrew McWhinnie Consulting  
3910 Wilkinson Road  
Victoria, BC  
V8Z 5A2  
Phone: [1.250.881.1151](tel:1.250.881.1151)  
Cell: [1.250.889.2321](tel:1.250.889.2321)  
Email: [Andrew\\_McWhinnie@telus.net](mailto:Andrew_McWhinnie@telus.net)

Note: Provides assessment, counselling and therapy for men addicted to Internet pornography of all types, or who are experiencing problems with their sexual behaviour, including inappropriate sexual attraction. Intervention is based on cognitive-behavioural techniques, linkage with local 12-step programs, and involves (where appropriate) family members. Men who are facing criminal charges for their behaviour are part of my practice.

#### 128. Recovery Path Counselling

Vincent, Doris - MA, M.Ed., R.Psych., CSAT II, CSAT Certifier  
Recovery Path Counselling  
402 365 Waterfront Crescent

Victoria, BC  
V8T 0A6  
Phone: [1.250.483.5891](tel:1.250.483.5891)  
Email: [dorisev@interbaun.com](mailto:dorisev@interbaun.com)

Note: Ms. Vincent is a Certified Sex Addiction Therapist and Supervisor, certified by the International Institute for Trauma and Addiction Professionals in Carefree, AZ. ( [www.iitap.com](http://www.iitap.com).) She began her training in 2000 with Dr. Patrick Carnes, the groundbreaking researcher in the field of sex addiction ( [www.sexhelp.com](http://www.sexhelp.com)). She also provides telephone and Skype counselling to select clients and supervision via Skype to provisional psychologists and sex therapists in training.

129. Kathleen Kaulback

Kaulback, Kathleen - RCC, RSW, MA, CM  
810 Andover Crescent  
West Vancouver, BC  
V7S 1Y3  
Phone: [1.604.926.7994](tel:1.604.926.7994) or [1.604.731.0175](tel:1.604.731.0175)

130. Lee Lourdeaux

Lourdeaux, Lee - MSW, RCSW, PhD  
100 Park Royal  
West Vancouver, BC V7T 1A2  
Phone: [1.604.408.3442](tel:1.604.408.3442)  
E-Mail: [Lee@LeeTherapy.com](mailto:Lee@LeeTherapy.com)

Note: Therapy for individuals, couples, and children. Specializes in relationship problems, sexual behaviours, pornography, gambling, substance use, LGBTQ concerns and relationships, compulsive behaviours, and body image issues.

131. Dr. Elizabeth Adkins

Adkins, Elizabeth PhD Suite #633 - 1445 Portage Avenue Winnipeg, MB Phone: [1.204.489.1682](tel:1.204.489.1682)

132. Dr. George Bednarczyk

Bednarczyk, George PhD  
497 Corydon Ave.  
Winnipeg, MB  
R3L 0N9  
Phone: [1.204.284.4651](tel:1.204.284.4651)

133. Dr. Jay W. Brolund

Brolund, Jay W. PhD  
Suite #350 - 136 Market Ave.  
Winnipeg, MB  
R3B 0P4  
Phone: [1.204.783.5995](tel:1.204.783.5995)

134. Dr. Lorraine DeWiele

DeWiele, Lorraine - PhD  
259 Portage Ave.  
Winnipeg, MB R3B 2A9  
Phone: [1.204.942.6265](tel:1.204.942.6265)

135. Dr. Lillian M. Esses

Esses, Lillian M. - PhD  
824 Grosvenor Ave.  
Winnipeg MB R3M 0N2  
Phone: [1.204.488.9995](tel:1.204.488.9995)

Note: Lillian treats individuals, couples, and families. She focuses on marital problems, family and parenting issues, as well as addiction, PTSD, and general mental health.

136. Dr. Alan Gutkin

Gutkin, Alan - PhD  
2 - 215 Stafford St.  
Winnipeg, MB R3M 2X1  
Phone: [1.204.987.2722](tel:1.204.987.2722)

137. Dr. Jule Henderson

Holms, Valerie - PhD  
824 Grosvenor Ave.  
Winnipeg, MB R3M 0M4  
Phone: [1.204.487.7438](tel:1.204.487.7438)  
E-Mail: [drholms@mts.net](mailto:drholms@mts.net)

Note: Specializes in sexual issues, marriage and relationship problems, abuse and trauma, and life transitions.

138. Dr. Valerie Holms

Holms, Valerie - PhD  
824 Grosvenor Ave.  
Winnipeg, MB R3M 0M4  
Phone: [1.204.487.7438](tel:1.204.487.7438)  
E-Mail: [drholms@mts.net](mailto:drholms@mts.net)

Note: Specializes in sexual issues, marriage and relationship problems, abuse and trauma, and life transitions.

139. Dr. G. A. Kaprowy

Kaprowy, G A PhD  
Suite #1504 155 Carlton St.  
Winnipeg, MB  
R3C 3H8  
Phone: [1.204.947.9269](tel:1.204.947.9269)

140. Dr. Carrie Lionberg

Lionberg, Carrie PhD  
M4026 - 409 Tache Avenue  
Winnipeg, MB  
R2H 2A6  
Phone: [1.204.237.2993](tel:1.204.237.2993) or [1.204.461.0611](tel:1.204.461.0611)

141. Dr. Jaye Miles

Miles, Jaye - PhD  
Suite #304 - 1 Wesley Ave.  
Winnipeg, MB  
R3C 4C6  
Phone: [1.204.284.0468](tel:1.204.284.0468)

142. Gerry Pettyjohn

Pettyjohn, Gerry - MA  
Living in Freedom Therapy  
3527 Pembina Hwy.  
Winnipeg, MB  
R3V 1A5  
Phone: [1.204.292.5058](tel:1.204.292.5058)

Note: Gerry has a Master of Arts degree in Counseling and was trained by Dr. Doug Weiss to obtain certification as a sexual recovery therapist (through the American Association for Sex Addiction Therapy).

143. Dr. Joseph Rallo

Rallo, Joseph - PhD  
Suite #325 - 530 Kenaston Blvd.  
Winnipeg, MB  
R3N 1Z4  
Phone: [1.204.471.8881](tel:1.204.471.8881)

144. River Psychological Services

Scott, Valdine - Ph.D. C.Psych.  
River Psychological Services  
566 Corydon Ave.  
Winnipeg, MB  
R3L 0P2  
Phone: [1.204.452.1703](tel:1.204.452.1703)  
Fax: 1.204.284.3708

Note: Valdine works with both adolescents and adults and treats eating disorders including children's feeding disorders (e.g. post-traumatic feeding disorder, picky eaters), assistance to decrease tube feeding and assistance with health-related complications. Valdine also accepts clients struggling with chemical dependency and sex addiction.

145. Dr. Richard A. Shore

Shore, Richard A PhD  
Suite #2710 - 83 Garry St.  
Winnipeg, MB  
R3C 4J9  
Phone: [1.204.984.9821](tel:1.204.984.9821)

146. Dr. Teresa Sztaba

Sztaba, Teresa PhD  
Suite #6 - 725 Corydon Ave  
Winnipeg, MB  
R3M 0W4  
Phone: [1.204.947.1685](tel:1.204.947.1685)

147. Dr. Jackie Walker

Walker, Jackie PhD  
Suite #3 - 430 River Ave.  
Winnipeg, MB  
R3L 0C6  
Phone: [1.204.452.1703](tel:1.204.452.1703)

148. Dr. Ken F. Wiebe

Wiebe, Ken F PhD Winnipeg, MB Phone: [1.204.957.5471](tel:1.204.957.5471)

149. Waterford Hospital

Sandoval, Nena Katherine, M.H.S.  
Waterford Hospital  
Waterford Bridge Road  
St. Johns, NL  
A1A 1E4  
Phone: [1.709.777.3631](tel:1.709.777.3631)

Specialties: Sexual Dysfunction; Couples; Cognitive & Physical Disabilities & Sexuality. Sexologist,  
American College of Sexologists

150. Hopewell Centre

Spracklin, Jennifer - DHS, MED, CCC, ACS  
Hopewell Centre  
Suite #114 - 510 Topsail Road,  
St. John's, NL  
A1E 5X7  
Phone: [1.709.368.3216](tel:1.709.368.3216)  
Email: [hopewellcentre@bellaliant.net](mailto:hopewellcentre@bellaliant.net)

151. Joseph Christensen

Christensen, Joseph, CSAT

East Chezzetcook NS  
Phone: [1.902.827.2374](tel:1.902.827.2374)

152. V&A Executive Counselling

Reid Patton, Vicki - M.Ed. Th.D. CSAT CCC RCT  
P.O. Box 884  
Kentville, NS  
B4N 4H8  
Phone: [1.902.670.8593](tel:1.902.670.8593)  
Email: [vreidpatton@gmail.com](mailto:vreidpatton@gmail.com)

Note: Providing individual and group therapy for sexual and internet pornography addictions.

153. Bearings Counselling Rehabilitation and Consulting Services

Buckley, Mike - MA (Counselling) RCT, CCC  
Bearings Counselling Rehabilitation and Consulting Services  
605 Ketch Harbour Rd.  
Portuguese Cove, NS  
B3V 1K1  
Phone: [1.902.346.2158](tel:1.902.346.2158)  
Email: [bearings@eastlink.ca](mailto:bearings@eastlink.ca)

Note: Areas of practice include addictions, gambling, sexual addictions, marital, family, couples, parenting, recovery from abuse, and family violence. More than 25 years professional experience working with individuals, couples, families and groups. Treatment is individually tailored providing both abstinence and harm reduction approaches as appropriate. Programs are individualized and matched through a thorough assessment process to address multiple addiction and addiction related problems. Specializing in treatment for persons with gambling and or sexual addictions.

154. John Phin

Phin, John, MD, NCSAC  
Ancaster, ON  
Phone: [1.905.648.4790](tel:1.905.648.4790)

155. Freedom for Life Counselling

Derksen, Darrin - MA  
Freedom for Life Counselling  
Head Office  
21437 Highbury Avenue North  
RR 1  
Arva, Ontario  
N0M 1C0  
Phone: [1.519.204.8508](tel:1.519.204.8508)  
Email: [freedomforlifecounselling@gmail.com](mailto:freedomforlifecounselling@gmail.com)

Note: has experience working with clients who struggle with sexual addiction, childhood sexual abuse, as well as couples or individuals who may be having relationship issues. Darrin is a member of the OACCPP.

156. George McDermott

McDermott, George, MD, ICADC  
Barrie, ON  
Phone: [1.705.722.0075](tel:1.705.722.0075)

157. Dr. Lois Rosine

Rosine, Lois Ph.D.  
1257 B Siberia Road, RR1  
Barry's Bay, ON  
K0J 1B0  
Phone: [1.613.756.1599](tel:1.613.756.1599)

Note: Sexologist, American College of Sexologists

158. Baybridge Family Centre

Laing, Mark - BA Hons Psych  
Baybridge Family Center  
1295 North Service Rd.  
Burlington, ON L7R 4M2  
Phone: [1.905.319.1488](tel:1.905.319.1488)

Note: For individuals and couples. Specializes in marital counselling, communication, pornography addictions, and affair recovery.

159. Alex J. Isbister

Isbister, Alex J. - MSW 344 Hume St. Collingwood, ON L9Y 1W3 Phone: [1.705.445.9044](tel:1.705.445.9044)

160. Mind, Body and Soul Therapy

Taylor, Bruce L. BA, BEd, MA, MDiv, CSAT  
B Taylor Solutions  
Mind, Body and Soul Therapy  
Suite #19 - 1550 Gordon St.  
Guelph, ON  
N1L 1C7  
Phone: [1.519.824.2456](tel:1.519.824.2456)  
Email: [bruce@btaylorssolutions.ca](mailto:bruce@btaylorssolutions.ca)

Note: Bruce is a Certified Sex Addiction Therapist (CSAT) with the International Institute for Trauma and Addiction Professionals and utilizes the Recovery Start Kit in therapy. Bruce regularly sees clients and women's groups from the communities of Guelph, Mississauga, Hamilton, and Kitchener-Waterloo.

161. Katherine L. Tomkinson

Tomkinson, Katherine L. - M.Sc., RMFT  
50 Stone Road East  
Guelph, ON  
N1G 2W1



Phone: [1.519.837.0839](tel:1.519.837.0839) ext. 53423

Note: has additional special training and extensive experience in working with individuals, couples and families dealing with addictions (substances as well as process addictions such as internet and sexual addictions).

162. Suzanne Welstead

Welstead, Suzanne - MTS  
24 Sinclair St.  
Guelph, ON N1L 1R6  
Phone: [1.519.994.3327](tel:1.519.994.3327)

Note: Areas of expertise include sex and sexuality, self-esteem, grief, self-harm, and crises of meaning.

163. Margaret Corinne Devlin

Devlin, Margaret Corinne M.D.  
Dept. of Ob-Gyn  
1200 Main Street West 4F1  
Hamilton ON  
Phone: [1.416.521.2100](tel:1.416.521.2100)

Note: ABS Certified Sex Educator

164. Dr. John T. Lambert

Lambert, John T., Ph.D.  
Mohawk College  
Funnell Avenue & West 5th  
Hamilton, ON  
L8N 3T2  
Phone: [1.905.575.1212](tel:1.905.575.1212) or [1.905.528.9180](tel:1.905.528.9180)

Note: Specialties are sex education; sex counselling. Sexologist, American College of Sexologists

165. Ricketts Counselling

Ricketts, Paul - MA, RMFT  
Ricketts Counselling  
14 Bold St.  
Hamilton, ON L8P 1T2  
Phone: [1.905.648.0786](tel:1.905.648.0786)  
E-Mail: [pricketts@cogeco.ca](mailto:pricketts@cogeco.ca)

Note: For children, teens, and individuals, and couples. Specializes in sex addiction, male violence, and marriage therapy.

166. Pamela J. Santon

Santon, Pamela J. - MSW, RSW, RMFT  
14 Bold St.

Hamilton, ON L8P 1T2  
Phone: [1.905.253.0102](tel:1.905.253.0102)  
E-Mail: [psanton@yahoo.com](mailto:psanton@yahoo.com)

Note: Specializes in addictions, marriage, and family issues.

#### 167. Muskoka Counselling

Zielonko, David W. - BSc, MDiv, RMFT  
Muskoka Counselling  
302 - 395 Centre St. N  
Huntsville, ON P1H 2P5  
Phone: [1.705.788.2539](tel:1.705.788.2539)  
Fax: 1.705.788.0071

Note: Experience working with bereavement, trauma, abuse recovery, spiritual direction, workplace issues, substance use, gambling, and sexual addiction.

#### 168. Shannon Lawless Counselling Services

Lawless, Shannon - MSc Shannon Lawless Counselling Services 208 - 99 Kakulu Kanata, ON K2L 3C8  
Phone: [1.613.762.8251](tel:1.613.762.8251) E-Mail: [info@shannonlawlesstherapy.com](mailto:info@shannonlawlesstherapy.com)

Note: For individuals, couples, or polyamorous partners. Specializes in sex therapy, trauma, intimate partner violence, LGBTQ issues, blended families, and pre and post marital therapy.

#### 169. Gordon McCauley

McCauley, Gordon - CSAT, SMAT, MD, DIH, CACFI  
Suite #306 - 797 Princess Street  
Kingston, ON  
K7L 1G1  
Phone: [1.613.548.7018](tel:1.613.548.7018)

Note: Gordon is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals

#### 170. Beryl Ann Chernick

Chernick, Beryl Ann, M.D.  
Suite #205 - 648 Huron Street  
London ON  
Phone: [1.519.672.5420](tel:1.519.672.5420)

Note: ABS Certified Sex Therapist

#### 171. Hope Counselling Centre

Galloway, Cynthia - MEd CCC  
Hope Counselling Centre  
304 - 186 Albert St.  
London, ON N6A 1M1  
Phone: [1.519.777.1906](tel:1.519.777.1906)

Fax: 1.519.601.1906

E-Mail: [hopecounselling@me.com](mailto:hopecounselling@me.com)

Note: For individuals and couples. Specializes in sex addiction, psychotherapy, and nutrition therapy for clients with disordered eating.

#### 172. Herman Chow

Chow, Herman - MDiv, DMin, RMFT 600 - 15 Allstate Pkwy. Markham, ON L3R 5B4 Phone:

[1.416.953.4072](tel:1.416.953.4072) E-Mail: [hermanchow@rogers.com](mailto:hermanchow@rogers.com)

Note: Treatment for affair recovery, co-parenting struggles, addictions, and career exploration for individuals and couples.

#### 173. Veronica Lok

Lok, Veronica

600 - 15 Allstate Pkwy.

Markham, ON L3R 5B4

Phone: [1.905.940.3646](tel:1.905.940.3646)

E-Mail: [counsellingservices@veronicalok.com](mailto:counsellingservices@veronicalok.com)

Note: Experience in treating sexual addictions, self-image and sexual-identity, and marriage and family issues.

#### 174. Emmaus Pastoral Counselling Services

Scuse, Paul D. - B.Sc., M.Div., M.Th., D.Min., RMFT

Emmaus Pastoral Counselling Services

34 Rose Way

Markham, ON

L3P 3V1

Phone: [1.416.527.3344](tel:1.416.527.3344)

Email: [info@emmaus.on.ca](mailto:info@emmaus.on.ca)

Note: a registered sex therapist.

#### 175. Ron Wyse

Wyse, Ron - DD, ThM, MDiv, BA 301 - 1 Valleywood Dr. Markham, ON L3R 5L9 Phone:

[1.416.998.8506](tel:1.416.998.8506) E-Mail: [ronwyse@gmail.com](mailto:ronwyse@gmail.com)

#### 176. Durski Counselling

Durski, Marta A. - DMin, RMFT

Durski Counselling

116 Thomas St.

Oakville, ON L6J 3A8

Phone: [1.905.849.4242](tel:1.905.849.4242) ext. 40

E-Mail: [marta@durskicounselling.com](mailto:marta@durskicounselling.com)

Note: Specializes in sex, internet, substance, romance, and relationship addictions.

177. John Henderson

Henderson, John - M.Div., AAMFT  
116 Thomas St.  
Oakville, ON  
L6J 3A8  
Phone: [1.905.847.0955](tel:1.905.847.0955)  
Email: [info@hendersoncounselling.com](mailto:info@hendersoncounselling.com)

Note: With over 20 years experience, John is a registered sex therapist with BESTCO, and specializes in treating internet addictions, as well as male and female sexual dysfunctions.

178. Oakville Sexual Health Clinic

Marsman, Joan C. - MSc, RMFT  
Oakville Sexual Health Clinic  
Trafalgar Professional Building  
407- 1235 Trafalgar Rd.  
Oakville, ON L6H 3P1  
Phone: [1.416.766.8982](tel:1.416.766.8982)

Note: For individual and couples therapy. Specializes in sex addiction, affair recovery, and parenting.

179. Panacea Canada Inc.

Graham, Karen - BSc, Cert. in Addictions Counselling  
Panacea Canada Inc.  
The Colborne Street Clinic  
79 Colborne St. E  
Orillia, ON L3V 1T5  
Phone: [1.705.345.8199](tel:1.705.345.8199)  
E-Mail: [kgraham@panaceacanada.com](mailto:kgraham@panaceacanada.com)

Note: For youth and adults, individuals, and groups. Specializes in substance addiction, and process addictions such as sex, gambling, eating, shopping, and internet use.

180. Ken Riddell

Riddell, Ken - MA  
1080 St. Pierre St.  
Orleans, ON  
K1C 1L3  
Phone: [1.613.425.4257](tel:1.613.425.4257)

181. Limerence Centre

Gravelle, Rosemary M.P.H., Ph.D.  
Limerence Centre  
190 Bronson Avenue  
Ottawa, ON  
K1R 6H4  
Phone: [1.613.231.5708](tel:1.613.231.5708)

Note: Sexologist, American College of Sexologists

182. Dr. Peggy J. Kleinplatz

Kleinplatz, Peggy J, PhD  
161 Frank Street  
Ottawa, ON  
K2P 0X4  
Phone: [1.613.563.0846](tel:1.613.563.0846)

Note: AASECT Certified Sex Therapist. Peggy is a noted authority in the field of sex therapy and sex research.

183. St. Anne Medical Centre

Maisonneuve, Sonia  
St. Anne Medical Centre  
500 Old St. Patrick  
Ottawa, ON  
Phone: [1.819.712.0714](tel:1.819.712.0714)

184. Centre for Interpersonal Relationships

Milosevic, Aleks - BSc, BA, MA, PhD, CPsych Centre for Interpersonal Relationships 2 - 388 Albert St. Ottawa, ON K1R 5B2 Toll-Free: [1.855.779.2347](tel:1.855.779.2347) E-Mail: [ottawa.admin@cfir.ca](mailto:ottawa.admin@cfir.ca)

Note: For adults and specializes in substance use, process addictions, anger, anxiety, depression, shame, problematic behaviours, and relationship issues.

185. Limerence Centre

McCrea, Greg, M.P.H., Ph.D.  
Limerence Centre  
190 Bronson Avenue  
Ottawa, ON  
K1R 6H4  
Phone: [1.613.231.5708](tel:1.613.231.5708)

Note: Sexologist, American College of Sexologists

186. University of Ottawa School of Psychology

Reissing, Elke D. - PhD 136 Jean-Jacques Lussier Lanier Hall Room 3001 School of Psychology University of Ottawa Vanier Hall, Room 604 Ottawa, ON K1N 6N5 Phone: [1.613.562.5800](tel:1.613.562.5800) ext. 2220 E-Mail: [Elke.Reissing@uOttawa.ca](mailto:Elke.Reissing@uOttawa.ca)

187. Sandra Levine Slover

Slover, Sandra Levine Ottawa, ON Phone: [1.613.523.6400](tel:1.613.523.6400) Note: A relationship and sex therapist.

188. Ottawa Couple and Family Institute

Smith, Nancy L. - MSW, MFT Ottawa Couple and Family Institute 201 - 1869 Carling Ave. Ottawa, ON K2A 1E6 Phone: [1.613.722.5122](tel:1.613.722.5122) Fax: 1.613.722.0250

Note: A registered sex therapist with BESTCO.

189. Sharon Klinck

Klinck, Sharon M. - MSc, RP, RMFT 15 Clyde St. Perth, ON Phone: [1.613.282.4363](tel:1.613.282.4363) E-Mail: [sharon.klinck@bell.net](mailto:sharon.klinck@bell.net)

190. The Turning Point Counselling Services

Lavergne, Paul - MACP  
The Turning Point Counselling Services  
520 Brealey Dr.  
Peterborough, ON K9L 2N7  
Phone: [1.705.868.8896](tel:1.705.868.8896)  
E-Mail: [turningpoint4me@gmail.com](mailto:turningpoint4me@gmail.com)

Note: Specializes in sex addiction recovery, including pornography addiction (Internet or magazine/movies), chat room and cyber-sex, massage parlours, strip clubs, escort services, repeated affairs, and anonymous encounters.

191. Dr. Shenfield and Associates

Elbaum, Anat - MA, RMFT (AAMFT & OAMFT)  
Dr. Shenfield and Associates  
Suite #202 - 27 Major Mackenzie Dr. E  
Richmond Hill, ON  
L4C 1G6  
Phone: [1.905.770.3249](tel:1.905.770.3249)  
Email: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: Specializes in trauma, separation/divorce and family conflicts, anxiety, depression, major life changes, grief, addiction, and eating disorders. Uses CBT, AFT, Trauma focused CBT, art therapy, and more. Works with children, youth, adults, individuals, adults, couples, and families. Speaks Hebrew.

192. Heart 2 Heart Counselling

Juliana, Margarete - PhD, RMFT Heart 2 Heart Counselling 105 - 22 Richmond St. Richmond Hill, ON L4C 3Y1 Phone: [1.647.233.5511](tel:1.647.233.5511) E-Mail: [margarete@heart2heart-counselling.com?](mailto:margarete@heart2heart-counselling.com?)

Note: Specialized training and supervision in sex therapy.

193. Addiction and Trauma Healing

Khan, Daniel  
Addiction and Trauma Healing  
Richmond Hill, ON  
Phone: [1.416.996.4326](tel:1.416.996.4326)  
E-Mail: [Daniel@addictionandtraumahealing.com](mailto:Daniel@addictionandtraumahealing.com)

194. Riona Roche

Roche, Fiona - CSW, CSAT  
10023 Yonge St.  
Richmond Hill, ON  
L4C 1T7  
Phone: [1.416.841.7251](tel:1.416.841.7251)

Note: Fiona is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals.

195. Rappeport and Associates

Santon, Pamela J. - MSW, RSW, RMFT  
Richmond Hill Medical Centre  
202 - 10168 Yonge St.  
Richmond Hill, ON  
Phone: [1.416.294.3864](tel:1.416.294.3864)  
E-Mail: [psanton@yahoo.com](mailto:psanton@yahoo.com)

Note: Marriage and family therapist who also works in addictions.

196. Dr. Shenfield and Associates

Shenfield, Tali - PhD, CPsych.  
Dr. Shenfield and Associates  
#202 - 27 Major Mackenzie Dr. E  
Richmond Hill, ON  
L4C 1G6  
Phone: [1.905.770.3249](tel:1.905.770.3249)  
E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: Dr. Shenfield specializes in treatment of addiction in adolescents and young adults. Our clinic also provides psychological testing and therapy services for clients with anxiety, depression, anger issues, eating disorders, ADHD, and Autism Spectrum Disorders. Speaks Russian.

197. Dr. Shenfield and Associates

Shenfield, Tali - PhD, CPsych.  
Dr. Shenfield and Associates  
#202 - 27 Major Mackenzie Dr. E  
Richmond Hill, ON  
L4C 1G6  
Phone: [1.905.770.3249](tel:1.905.770.3249)  
E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: Dr. Shenfield specializes in treatment of addiction in adolescents and young adults. Our clinic also provides psychological testing and therapy services for clients with anxiety, depression, anger issues, eating disorders, ADHD, and Autism Spectrum Disorders. Speaks Russian.

198. Esko Vaisanen

Vaisanen, Esko, MA, RMFT 102 - 11 Bond St. St. Catharines, ON L2R 4Z4 Phone:

[1.905.685.7458](tel:1.905.685.7458)

Note: Faith based sex and relationship counsellor.

199. Annie E. Wenger-Nabigon

Wenger-Nabigon, Annie E. - MSW  
331 Martilla Dr., Apartment 1106  
Sudbury, ON  
P3E 6C8  
Phone: [1.705.919.2419](tel:1.705.919.2419)

200. Dr. Michael F. Barrett

Barrett, Michael F. Ph.D.  
25 Harbord Street  
Toronto, ON  
Phone: [1.416.978.3488](tel:1.416.978.3488)

Note: ABS Certified Sex Educator

201. Robert Burgoyne

Burgoyne, Robert, MSc., MSW, RSW  
661 Carlaw Ave.  
Toronto, ON  
M4K 3K6  
Phone: [1.416.436.9205](tel:1.416.436.9205)  
Email: [robert.burgoyne@sympatico.ca](mailto:robert.burgoyne@sympatico.ca)

Note: Relationship and Sexual Counselling. Registered Sex Therapist.

202. Spadina Therapy Centre

Campbell, Bonnie - BA, DCTP, CAPT Spadina Therapy Centre 37 Spadina Rd. Toronto, ON M5R 2S9 Phone: [1.647.977.5918](tel:1.647.977.5918)

Note: Specializes in the treatment of excessive drinking, substance use, eating disorders, and sexual addiction.

203. Judith Golden

Golden, Judith - BSW, MEd, RSW 210 - 118 Eglinton Ave. W Toronto, ON M4R 2G4 Phone: [1.416.485.4073](tel:1.416.485.4073)

Note: Specializes in all areas of human sexuality including sexual dysfunction, low sexual desire, sexual orientation, childhood sexual abuse, sex addiction, etc.

204. Hicks Counselling Services

Hicks, Margaret - MFT, RSW Hicks Counselling Services 800 - 120 Eglinton Ave. E Toronto, ON M4P 1E2 Phone: [1.416.822.9659](tel:1.416.822.9659) E-Mail: [margaret.hicks@rogers.com](mailto:margaret.hicks@rogers.com)



Note: Services for individuals, couples, and families. Experienced psychotherapist, registered social worker, marriage & family therapist, and a member of the American Association of Marriage and Family Therapy with post-graduate training in intensive sex therapy, addiction assessment and counselling, as well as certification in Cognitive-Behavioural Therapy (CBT).

205. Marianne Keystone

Keystone, Marianne - MSW, RSW, RMFT  
Suite #1 - 3375 Yonge St.,  
Toronto, ON  
M4N 2M6  
Phone: [1.416.922.1748](tel:1.416.922.1748)

206. Dr. Kyle D. Killian

Killian, Kyle D. - Ph.D., RMFT  
310 HNES Building  
4700 Keele St.  
Toronto, ON  
M3J 1P3  
Phone: [1.416.736.2100](tel:1.416.736.2100)

Note: works with individuals struggling with sexual difficulties, eating disorders, stress, anxiety, and anger issues.

207. Robert Langford

Langford, Robert E. - MD, CM, DPH PH08 - 398 Eglinton Ave. E Toronto, ON M4P 3H8 Phone: [1.416.483.8337](tel:1.416.483.8337) E-Mail: [robert.langford@utoronto.ca](mailto:robert.langford@utoronto.ca)

Note: Sex, marital, and relationship therapist.

208. Penny Lawson

Lawson, Penny - ICADC, ICCS, CSAT II 106 Fenelon Dr. Toronto, ON M3A 3K6 Toll-Free: [1.800.387.6198](tel:1.800.387.6198)

209. Jena Ledson

Ledson, Jena - DCTP, RP 413 - 120 Carlton St. Toronto, ON M5A 4K2 Phone: [1.416.912.5480](tel:1.416.912.5480)  
E-Mail: [therapy@jenaledson.com](mailto:therapy@jenaledson.com)

Note: Services for addiction and sexuality issues.

210. Beth Mares Clinical Counselling

Mares, Beth - BA Beth Mares Clinical Counselling Two Offices 605 - 600 Sherbourne St. 403 - 294 Main St Toronto, ON M4C 4X5 Phone: [1.416.699.5515](tel:1.416.699.5515) E-Mail: [beth@sympatico.ca](mailto:beth@sympatico.ca)

Note: Services for sex addiction therapy and counselling for individuals and couples. Specializes in infidelity, cybersex addictions, prostitutes, marital problems, sexual obsessions and intrusive thoughts, and co-addiction.

211. Joan C. Marsman

Marsman, Joan C. - MSc, RMFT Bloor West Village 151 Humbercrest Blvd. Toronto, ON M6S 4L5  
Phone: [1.416.766.8982](tel:1.416.766.8982)

Note: Services for individual and couples therapy. Specializes in sex addiction, affair recovery, and parenting. Offices in Etobicoke, Oakville, and Toronto.

212. Hanna Therapy

McDonough, Hanna - MSW, RSW  
Hanna Therapy  
340 - 10 St. Mary St.  
Toronto, ON M4Y 1P9  
Phone: [1.416.997.0043](tel:1.416.997.0043)  
E-Mail: [hanna.mcdonough@sympatico.ca](mailto:hanna.mcdonough@sympatico.ca)

213. Relationships for Life

Mezes, Clare E. - MSc Relationships for Life Toronto, ON Phone: [1.416.512.6989](tel:1.416.512.6989) E-Mail: [clare.mezes@relationshipsforlife.ca](mailto:clare.mezes@relationshipsforlife.ca)

214. Dr. Jessica O'Reilly

O'Reilly, Jessica - Ph.D.  
Toronto, ON  
Phone: [1.416.795.7169](tel:1.416.795.7169)  
Email: [info@jessicaoreilly.com](mailto:info@jessicaoreilly.com)

Note: Jessica is a sexologist and Ph.D. researcher who values sex as an essential element of relationships, culture, self-identity and health. Her primary goal is to provide sex-positive education that empowers clients to enjoy fulfilling, healthy and pleasurable sex lives.

215. John Pitt

Pitt, John, CSAT  
145 Spadina Rd.  
Toronto, ON  
M5R 2T1  
Phone: [1.416.928.0593](tel:1.416.928.0593)

Note: John is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals.

216. Nicole Porter

Porter, Nicole  
59-A Claxton Blvd.  
Toronto, ON  
M6C 1L9  
Phone: [1.416.792.6512](tel:1.416.792.6512)

Note: Nicole is a Certified Sex Addiction Therapist with the International Institute for Trauma and

Addiction Professionals.

217. Sandra Rotholc

Rotholc, Sandra - RSW, RMFT, RST  
Toronto, ON  
Phone: [1.416.518.0044](tel:1.416.518.0044)  
Email: [sr@sandrarotholc.com](mailto:sr@sandrarotholc.com)

218. CAYA Co-operative Ltd.

Silverberg, Cory  
CAYA Co-operative Ltd.  
#5 Beatrice St.  
Toronto, ON  
M6J 2T2  
Phone: [1.416.358.4090](tel:1.416.358.4090)

219. Frank G. Sommers

Sommers, Frank G. - MD The Good Sex Network 406 - 360 Bloor St. W Toronto, ON Phone: [1.416.922.7335](tel:1.416.922.7335)

220. Alternative Horizon Counselling & Consulting

Tomlinson, Jeremy - MEd, RSW Alternative Horizon Counselling & Consulting 445 - 20 Eglinton Ave. E Toronto, ON M4P 1A9 Phone: [1.416.486.2161](tel:1.416.486.2161) E-Mail: [jeremy@alternativehorizon.com](mailto:jeremy@alternativehorizon.com)

221. Yellow Brick Holistic Health Centre

Toth, Anna - M.Sc.  
Yellow Brick Holistic Health Centre  
258 Dupont St.  
Toronto, ON  
Phone: [1.416.565.0143](tel:1.416.565.0143)  
Email: [anna@annatoth.ca](mailto:anna@annatoth.ca)

222. Wendy S. Trainor

Trainor, Wendy S. - MSW, RSW  
1201 - 372 Bay St.  
Toronto, ON M5H 2W9  
Phone: [1.416.204.0336](tel:1.416.204.0336)  
Toll-Free: [1.877.903.3878](tel:1.877.903.3878) ext. 336  
Fax: 1.416.304.0252

Note: Sexual concerns are most often treated in a couple context when people are in a committed relationship. Specializes in low desire, performance anxiety, ejaculatory problems, and sexual compulsivity.

223. Michael Cardinal

Cardinal, Michael - MDiv, MA, CCC

11 - 3140 Peter St.  
Windsor, ON N9C 1H3  
Phone: [1.519.818.6453](tel:1.519.818.6453)

Note: Mike provides individual and couple counselling for depression, anxiety, substance use, sexual addiction recovery, LGBT concerns, and relationship issues.

224. Joly Meriza

Meriza, Joly - M.A. Sexology  
610 Marmier Rd.  
Longueuil, QC  
J4K 4R9  
Phone: [1.514.996.7453](tel:1.514.996.7453)  
Email: [meriza.joly@gmail.com](mailto:meriza.joly@gmail.com)

Note: Joly meets individuals, couples and does group sessions in sex addiction. Joly has many clients who are drug addict or alcoholics in recovery. Joly does assessments and treatment for sex offenders.

225. Dr. Irving M. Binik

Binik, Irving M. - PhD  
1205 Pine Ave. W  
Montreal, QC H3A 1A1  
Phone: [1.514.398.5323](tel:1.514.398.5323) E-Mail: [caroline@ego.psych.mcgill.ca](mailto:caroline@ego.psych.mcgill.ca)

226. Dr. Ilona Gossman

Gossmann, Ilona - PhD  
Westmount Square Psychology Clinic  
300 - 1 Westmount Sq.  
Montreal, QC H3Z 2P9  
Phone: [1.514.934.2334](tel:1.514.934.2334) ext. 252  
Fax: 1.514.931.2929

Note: Provides couple and individual sexual therapy. Specializes in relationship enhancement, sexual difficulties, and sexual orientation and identity.

227. Gina Hofman

Hofman, Gina, CCAS, NCSAC  
Suite #3 - 5764 Monkland Avenue,  
Montreal, QC  
H4A 1E9  
Toll-free: [1.866.931.2999](tel:1.866.931.2999)

Note: Gina is a Certified Sex Addiction Therapist with the International Institute for Trauma and Addiction Professionals.

228. Jennifer Kotry

Kotry, Jennifer - CSAT, MA

4615 Chemin de la Côte S. Catherine  
Montreal, QC H3W 1M1  
Phone: [1.514.291.1033](tel:1.514.291.1033)

229. Eva Newman

Newman, Eva C.M. - MEd, MFT  
628 - 2100 Marlowe Ave.  
Montreal, QC H4A 3L5  
Phone: [1.514.489.8066](tel:1.514.489.8066)  
E-Mail: [evanewman@gmail.com](mailto:evanewman@gmail.com)

Note: Specializes in 12 step programs, addiction recovery, emotional eating, and sexual disorders.

230. Richard D. Rapoport

Rapoport, Richard D. - MSW  
Montreal, QC  
Phone: [1.514.378.1836](tel:1.514.378.1836)  
E-Mail: [shrinkrap.r@gmail.com](mailto:shrinkrap.r@gmail.com)

Note: Specializes in sexuality and trauma, sexuality and aging, sexuality and chronic disease or mental/physical disability, men's sexuality, ethno-sexual and couple therapy, and sexuality and military service.

231. Dr. Louise-Andree Saulnier

Saulnier, Louise-Andree - PhD 202 - 1248 Chemin Ste-Foy Quebec, QC Phone: [1.418.828.9948](tel:1.418.828.9948)

Note: ABS Certified Sex Educator

232. Dr. Abel Perard Edmond

Edmond, Abel Perard Ph.D.  
1805 Blud Forest  
Val d'Or, QC  
Phone: [1.819.825.2539](tel:1.819.825.2539)

Note: ABS Certified Sex Therapist

233. Dr. Virginia Chow

Chow, Virginia - PhD  
202A - 845 Decarie Blvd.  
Saint-Laurent, QC H4L 3L7  
Phone: [1.514.690.2469](tel:1.514.690.2469)  
E-Mail: [Virginia@psychologyresource.ca](mailto:Virginia@psychologyresource.ca)

Note: Offers outpatient services to individuals suffering from addictions that include substance use, pornography, and gambling. Treatment is based on empirically validated research and best practice. Fluent in English and French

234. Tony F. Schnare

Schnare, Tony F. - M.A. MFT  
510 College Drive  
Caronport, SK  
S0H 0S0  
Phone: [1.306.756.3313](tel:1.306.756.3313)

Note: treats sexual abuse recovery(male and female), grief, sexual addictions, marriage and family issues, anxiety, depression, and adult children of alcoholics.