

# PRINT RESULTS

Private Pay

1. Jubb, Amy â€“ MA, CACC, RPsych.

Jubb, Amy â€“ MA, CACC, RPsych.  
Citta Psychological Services  
451 Marsh Rd. NE  
Calgary, AB T2E 5B2  
Phone: 1.403.992.9617  
Fax: 1.403.264.6889  
E-Mail: [amy@cittacounselling.ca](mailto:amy@cittacounselling.ca)  
Website: [www.cittacounselling.ca](http://www.cittacounselling.ca)

Note: Amy works with youth, adults, and seniors for pre and post addiction treatment counselling. She specializes in anxiety, relationships, and addiction. She works with clients who struggle with depression, trauma, grief/loss, and more. Uses Mindfulness based, motivational interviewing, CBT, DBT, somatic, and EMDR therapy models.

2. Gauthier, Krystal-Ann â€“ BSW

Gauthier, Krystal-Ann â€“ BSW  
600 Sherburne St.  
Toronto, ON, M4X 1W4  
Phone: 1.416.722.2565  
E-Mail: [gkrystalann@gmail.com](mailto:gkrystalann@gmail.com)

Note: Counseling practices include Cognitive Behavioral Therapy, Mindfulness Therapy, Narrative Therapy, Acudetox (Auricular Acupuncture Treatment used in the management of withdrawal) and psycho social assessment tool utilized to guide all aspects of treatment planning.

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3. Walsh, Michael

Walsh, Michael  
1080 Meares St.  
Victoria, BC V8V 3K5  
Phone: 1.250.896.8494  
Fax: 1.778.724.1886  
E-mail:Â [Coach@MichaelWalsh.com](mailto:Coach@MichaelWalsh.com)  
Website: [www.MichaelWalsh.com](http://www.MichaelWalsh.com)

Note: Michael is a sober coach that specializes in pre and post treatment support. He works with youth, adults, and seniors to help the individual get into a recovery program and maintain motivation for recovery for post treatment. He works with individuals, couples, and families. His treatment plans are customized for the person or family unit and uses a mix biopsychosocial, CBT, motivational interviewing and Internal Family Systems models. He also works as an interventionist.

4. Slugoski, Amanda - MA, R Psych

Slugoski, Amanda - MA, R Psych  
Equinox Therapeutic and Consulting Services

11248 50 St.  
Edmonton, AB T5W 3B3  
Phone: 1.780.885.6454  
Fax: 1.780.477.1379  
E-Mail: [info@equinoxtherapeutic.com](mailto:info@equinoxtherapeutic.com)  
Website: [www.equinoxtherapeutic.com](http://www.equinoxtherapeutic.com)

Note: Services are for adolescents, adults, and families. We provide therapy for complex trauma and PTSD, addiction, depression, and anxiety. Techniques include CBT, EMDR, DBT, PE, EFT, SSPI, and animal-assisted therapy.

#### 5. Alderson, Kevin - PhD, R. Psych, MSc

Alderson, Kevin - PhD, R. Psych, MSc  
133 Tuscany Valley Gn. NW  
Calgary, AB T3L 2K4  
Phone: 1.403.605.5234  
Fax: 1.403.228.5233  
E-Mail: [alderson@ucalgary.ca](mailto:alderson@ucalgary.ca)

Website: [www.kevinalderson.ca](http://www.kevinalderson.ca) Note: This private practice service is for youth, adults, individuals, couples, or families. Specializes in addiction - substance and process, sexuality - gender and LGBTQ+, depression, anxiety, self-esteem, and more. Uses CBT, existential, motivational interviewing, client centred, solution focused brief therapy, and more.

#### 6. Giancola, Peter - PhD

Giancola, Peter - PhD  
Blake Psychology Montreal  
Bonaventure Metro (Loc.)  
2200 - 1250 Boulevard Rene-levesque Ouest  
Montreal, QC H3B 4W8  
Phone: 1.514.905.5108  
E-Mail: [info@blakepsychology.com](mailto:info@blakepsychology.com)  
Website: [www.blakepsychology.com](http://www.blakepsychology.com)

Note: Peter works with individual teens, adults, and older adults. Helps with addiction issues (alcoholism, substances abuse, sex), anger management, depression, anxiety, OCD, and phobias. Uses CBT, positive psychology, person-centered, and humanistic therapy.

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#### 7. iRecover Alberta Serenity Ranch

iRecover Alberta  
Serenity Ranch  
PO Box 51  
Tees, AB T0C 2N0  
Toll-Free: [1.866.906.7827](tel:1.866.906.7827)

Note: This is a 27 bed fee-for-service holistic program for adults 18+ with 10 sub-acute detox beds available. Program length is 4 - 8 weeks. Clients can self-refer. Upon admittance, clients receive an iRecover iPad, which holds addiction education, workbooks, resources and daily contact availability to counselors and therapists. Fees apply; please call for more information.

## 8. "Discovering the Roots of Self" Free Group Meeting

Discovering the Roots of Self

Thursdays

204-347 Leon Avenue, Kelowna, BC V1Y 8C7

Phone: [1.250.860.3181](tel:1.250.860.3181)

E-Mail: [Website Contact Us Page](#)

Note: A free group for men who are trying to navigate difficult experiences of depression, anxiety, grief, loss, PTSD, shame, and relationships. Trauma recovery for men, by men. Subsidy available for transportation and childcare.

## 9. Sheena Shilton - RP, CAC II

Sheena Shilton - RP, CAC II

Shilton Therapy

110 - 2nd Avenue W

Cochrane, AB T4C 2E7

Phone: [587.585.1660](tel:587.585.1660)

E-Mail: [sshilton@shiltontherapy.com](mailto:sshilton@shiltontherapy.com)

Website: <https://www.shiltontherapy.com/>

Note: Private practicing counsellor in Cochrane, AB. Sheena has worked in the addiction field for 14 years with experience in late stage, inpatient care, detox, and treatment for adults. Sheena offers an evening outpatient treatment program for adults. Contact for more details.

## 10. Lane-Devlin, Linda - ICADC, CIP, CCAC

Linda Lane Devlin - ICADC, CIP, CCAC

Edmonton, AB T6E 5H4

Phone: [778.231.9576](tel:778.231.9576)

E-Mail: [lane4790@gmail.com](mailto:lane4790@gmail.com)

Note: Registered interventionist and addiction specialist in BC lower mainland. Has over two decades of experience and is a long-standing member of [CACCF](#) and [ICADC](#).

## 11. CARE for Women

CARE for Women

Recovery Acres Society

1839 - 27 Ave SW

Calgary, AB T2T 1H2

Phone: [403.229.0795](tel:403.229.0795)

Email: [care@recoveryacres.org](mailto:care@recoveryacres.org)

Note: A not for profit agency and registered charity. Outpatient treatment for adult (18+) women with substance use, mental health, and/or trauma issues. Childcare available. Subsidized options are available for women who qualify. Must be sober and psychologically stable prior to admission.

## 12. Lord, Karin - MSc, RPsych

Karin Lord - M.Sc., RPsych

Firefly Counselling and Consulting

201 - 8711 50 Ave  
Edmonton, AB T6E 5H4  
Phone: [1.587.400.0302](tel:1.587.400.0302)  
E-Mail: [firefly@fireflycounselling.ca](mailto:firefly@fireflycounselling.ca)  
Website: [www.fireflycounselling.ca](http://www.fireflycounselling.ca)

Note: Psychological and counselling services for individuals, families, and couples (children, teens, and adults). Focuses include anxiety, depression, addictions, trauma, communication breakdown, parenting challenges, child behaviour issues, workplace stress, and self-esteem challenges. Each of Firefly's therapists can help clients within a general range of issues, with each therapist having additional specialties.

### 13. Fitzpatrick, Janet - RSW Comprehensive Counselling

Fitzpatrick, Janet - RSW Comprehensive Counselling Chelsea Building 10 Forbes St. St. John's, NL A1E 3L5 Phone: [1.709.330.3679](tel:1.709.330.3679) E-Mail: [janet@compcounsel.com](mailto:janet@compcounsel.com)

Note: For individuals and couples. Specializes in relationship issues, grief and loss, depression, sexuality, trauma, addictions, and life transitions. Counselling approach includes Solution Focused Counselling or Narrative Therapy.

### 14. Harriman, Katherine - MSW, RSW, IBP

Harriman, Katherine - MSW, RSW, IBP Dreamsworld  
Counselling 1814 Lorne Ave.  
Saskatoon, SK  
Phone: [1.306.321.4535](tel:1.306.321.4535)  
E-Mail: [katherine.b.harriman@gmail.com](mailto:katherine.b.harriman@gmail.com)  
Website: [www.dreamsworld.ca](http://www.dreamsworld.ca)

Note: Katherine is a certified Integrative Body Psychotherapist. She works with adult individuals and couples. She specializes in addiction disorders and substance use issues, anger management, grief and loss, eating disorders, depression, anxiety, trauma and PTSD, and First Nations issues. She uses acceptance and commitment therapy (ACT), mindful therapies, reality therapy, and solution focused therapy. She also facilitates SMART Recovery in Saskatoon.

### 15. Ayotte, Bonnie - RCC, MA Soulscapes Counselling

Ayotte, Bonnie - RCC, MA  
Soulscapes Counselling  
204 - 26730 56th Ave.  
Langley, BC V4W 3W1  
Phone: [1.604.996.2304](tel:1.604.996.2304)  
E-Mail: [info@soulscapescounselling.com](mailto:info@soulscapescounselling.com)

Note: Addiction and mental health services for adult individuals, couples, and families. Indigenous medicine and alternative methods of therapy available.

### 16. Drader, Gillian - MA, RCC Drader & Associates

Drader, Gillian - MA, RCC  
Drader & Associates  
29325 Marsh McCormick Rd.  
Abbotsford, BC V4X 2B4

Phone: [1.604.625.7852](tel:1.604.625.7852)  
Fax: 1.604.625.7853  
E-Mail: [info@draderandassociates.ca](mailto:info@draderandassociates.ca)

Note: Addiction and trauma services for children, adolescent, and adult individuals and families. Specializes in PTSD and depression. Various methods of therapy used.

17. Fromson, Rosemary - MPCP, RPC, CCPCPR Illuminating Counselling Services

Fromson, Rosemary - MPCP, RPC, CCPCPR  
Illuminating Counselling Services  
Abbotsford, BC  
Phone: [1.604.302.9648](tel:1.604.302.9648)  
E-Mail: [rjfroms@telus.net](mailto:rjfroms@telus.net)

Note: Trauma and relationship services for children and adult individuals, couples, and families. Hypnosis, dream therapy, harm reduction, and other alternative methods of therapy are available.

18. Gluppe, Milt - MA, RCC Oakhill Counselling & Mediation

Gluppe, Milt - MA, RCC  
Oakhill Counselling & Mediation  
2663 James St.  
Abbotsford, BC V2T 3L6  
Phone: [1.604.850.3774](tel:1.604.850.3774)  
Fax: 1.604.850.1156  
E-Mail: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: Addiction and trauma services for adult individuals. Uses EMDR and specializes in stress, anxiety, and anger management.

19. Goldsmith, Susan - PhD Dr. Susan Goldsmith & Associates

Goldsmith, Susan - PhD  
Dr. Susan Goldsmith & Associates  
203 - 2955 Gladwin Rd.  
Abbotsford, BC V2T 5T4  
Phone: [1.604.504.5444](tel:1.604.504.5444)  
Fax: 1.604.504.5465  
E-Mail: [info@drgoldsmithandassociates.ca](mailto:info@drgoldsmithandassociates.ca)

Note: For children, youth, adult individuals, and couples. Specializes in addiction, abuse, eating disorders, and PTSD.

20. Henry, Paul - MSW, RSW Oakhill Counselling & Mediation

Henry, Paul - MSW, RSW  
Oakhill Counselling & Mediation  
2663 James St.  
Abbotsford, BC V2T 3L6  
Phone: [1.604.850.3774](tel:1.604.850.3774)  
Fax: 1.604.850.1156  
E-Mail: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For adult individuals, couples, and groups. Uses EMDR and OEI, and specializes in addiction, trauma, and anger management.

21. MacDonald, Duncan - MSW, RCSW MacDonald Piers Counselling

MacDonald, Duncan - MSW, RCSW  
MacDonald Piers Counselling  
3 - 2743 Emerson St.  
Abbotsford, BC V2T 4H8  
Phone: [1.604.855.5835](tel:1.604.855.5835)  
Fax: 1.604.556.7330  
E-Mail: [macdonald.duncan2@gmail.com](mailto:macdonald.duncan2@gmail.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in addiction, depression, and trauma.

22. Mathewes, Brooke - RCC Meadowbrook Counselling Services

Mathewes, Brooke - RCC  
Meadowbrook Counselling Services  
111 - 34334 Forrest Ter  
Abbotsford, BC V2S 1G7  
Phone: [1.604.353.6230](tel:1.604.353.6230)  
E-Mail: [brooke@meadowbrookcounselling.com](mailto:brooke@meadowbrookcounselling.com)

Note: For youth and adult individuals, and families. Specializes in eating disorders, substance use, problem gambling, and relationship issues. Uses a client-centred, strengths-based, and change focused approach.

23. Neil, Mercer - BA, MA, RCC Mercer Counselling Services

Neil, Mercer - BA, MA, RCC  
Mercer Counselling Services  
217 - 34334 Forrest Ter  
Abbotsford, BC V2S 1G7  
Phone: [1.778.549.5872](tel:1.778.549.5872)  
E-Mail: [nmercercounselling@gmail.com](mailto:nmercercounselling@gmail.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in mental health concerns, relationship challenges, and addictions issues. Uses alternative methods of therapy, including CBT, EMDR, and DBT.

24. Peterson, Irene - RPN, BA, BSW, MSW, RSW, RCC Irene V. Peterson & Associates Counselling Services

Peterson, Irene - RPN, BA, BSW, MSW, RSW, RCC  
Irene V. Peterson & Associates Counselling Services Inc.  
204 - 2306 McCallum Rd.  
Abbotsford, BC V2S 3P4  
Phone: [1.604.859.1462](tel:1.604.859.1462)  
Fax: 1.604.859.1472  
E-Mail: [ivpclinical@telus.net](mailto:ivpclinical@telus.net)

Note: For children and adult individuals, and families. Uses EMDR and specializes in abuse,

addictions, and sexual assault.

25. Phillips-Hing, Martin - R Psych, PhD Oakhill Counselling & Mediation

Phillips-Hing, Martin - RPsych, PhD  
Oakhill Counselling & Mediation  
2663 James St.  
Abbotsford, BC V2T 3L6  
Phone: [1.604.850.3774](tel:1.604.850.3774)  
Fax: 1.604.850.1156  
E-Mail: [martin@psychologist1.com](mailto:martin@psychologist1.com)

Note: For adult individuals, couples, and family. Uses psychotherapy and specializes in addiction, depression, and anxiety.

26. Piché, Lyne - PhD

Piché, Lyne - PhD  
12 - 2151 McCallum Rd.  
Abbotsford, BC V2S 3N8  
Phone: [1.778.552.6747](tel:1.778.552.6747)  
E-Mail: [drpiche@shaw.ca](mailto:drpiche@shaw.ca)

Note: For adult individuals. Uses cognitive-behavioral strategies and specializes in substance use, and mental health concerns. Services are available in French.

27. Rennie, Christina - MA, RCC Shamrock Counselling

Rennie, Christina - MA, RCC  
Shamrock Counselling  
31050 Harris Rd.  
Abbotsford, BC V4X 1W2  
Phone: [1.604.859.7474](tel:1.604.859.7474)  
Phone: [1.604.751.2354](tel:1.604.751.2354)  
E-Mail: [shamrockcounselling.info@gmail.com](mailto:shamrockcounselling.info@gmail.com)  
E-Mail: [shamrockcounselling.cristina@gmail.com](mailto:shamrockcounselling.cristina@gmail.com)

Note: For youth and adult individuals, couples, and families. Specializes in life transitions, substance misuse, trauma, OCD, ODD, ADHD. Uses alternative methods of therapy, including CBT, Equine Facilitated Counselling, Equine Facilitated Learning, and utilizes a Wellness Recovery Action Plan®.

28. White, Peter G. - MA, RCC

White, Peter G. - MA, RCC  
217 - 34334 Forrest Ter  
Abbotsford, BC V2S 1G7  
Phone: [1.778.551.2896](tel:1.778.551.2896)  
Email: [pete@petergwhite.com](mailto:pete@petergwhite.com)

Note: For adult individuals and couples. Specializes in addiction treatment with an expanding focus on the field of sexual addiction treatment, couple and family issues, gender identity issues, and PTSD.

29. Yong, Grace - MA, RMFT, RCC Gracey Psychotherapy

Yong, Grace - MA, RMFT, RCC  
Gracey Psychotherapy  
2767 Silvertree Ct.  
Abbotsford, BC V2S 5N6  
Phone: [1.604.855.4326](tel:1.604.855.4326)

Note: For couples and individuals of all ages. Specializes in addiction, autism, chronic illness, bipolar, eating disorders, and PTSD. Uses alternative methods of treatment, including CBT, Body psychotherapy, OEI, and EFT.

30. Yousef, Bob - MA, RCC Oakhill Counselling & Mediation

Yousef, Bob - MA, RCC  
Oakhill Counselling & Mediation  
2663 James St.  
Abbotsford, BC V2T 3L6  
Phone: [1.604.850.3774](tel:1.604.850.3774) (Abbotsford Location)  
Phone: [1.604.824.7771](tel:1.604.824.7771) (Chilliwack Location)  
Fax: 1.604.850.1156  
E-Mail: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For adult individuals and couples. His specialty is addictions, marital issues, financial difficulties, terminal illness, and anger management.

31. Bartel, Martin - RCC, RMFT

Bartel, Martin - RCC, RMFT  
5937 Cutler Rd.  
Agassiz, BC V0M 1A4  
Phone: [1.604.302.9332](tel:1.604.302.9332)

Note: For adolescent and adult individuals, and couples. Specializes in addiction, mental health, marital therapy, and trauma/abuse counselling for men.

32. Champagne, Irene V. - MEd, RCC La Querencia Counselling and Consulting

Champagne, Irene V. - MEd, RCC  
La Querencia Counselling and Consulting  
Parksville, BC  
Phone: [1.250.468.7245](tel:1.250.468.7245) (Office)  
Phone: [1.250.937.8560](tel:1.250.937.8560) (Cell)  
E-Mail: [ivchampagne@gmail.com](mailto:ivchampagne@gmail.com)

Note: For adult individuals, groups, and couples. Specializes in addictions, lifestyle adjustment, parent-teen conflict, pain/weight management, compulsive disorders, and trauma, including residential school and historical trauma. Alternative methods of therapy available, including evidence-based and outcome informed psycho-social support therapy.

33. Elliott, Doug - RCC Rethink Counselling Services

Elliott, Doug - RCC



Rethink Counselling Services  
Seabreeze Building, Snug Cove  
Bowen Island, BC  
Phone: [1.604.803.2600](tel:1.604.803.2600)  
E-Mail: [rethink@rethink-counselling.com](mailto:rethink@rethink-counselling.com)

Note: For adult individuals and couples. Specializes in relationships, conflict resolution, sexuality issues, addiction, and grief and loss. Uses alternative methods of therapy, including Existential Analysis and Anger Management. Office available in Vancouver's West End.

34. Bedford, Tanya - RCC

Bedford, Tanya - RCC  
310 - 1705 3rd Ave.  
Prince George, BC V2L 3G7  
Telephone: [1.250.640.9027](tel:1.250.640.9027)

Note: For youth 12 years of age and older, adult individuals, and families. Specializes in dissociation, trauma, abuse, depression, and anxiety. Alternative methods of therapy available, including EMDR, OEI, CBT, Play therapy, attachment theory and existentialism theory.

35. Behr, Shelley - MSW, RSW Richmond Counselling Centre

Behr, Shelley - MSW, RSW  
Richmond Counselling Centre  
905 - 6081 No. 3 Rd.  
Richmond, BC V6Y 2B2  
Phone: [1.604.273.3451](tel:1.604.273.3451)  
Fax: 1.604.273.3426  
E-Mail: [info@shelleybehr.ca](mailto:info@shelleybehr.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in phobias, relationship issues, separation and divorce, grief, and life transitions. Alternative methods of therapy available, including solution-focused approach, and a 12-Step Model and Decision Making Model for clients with addictions.

36. Boon, Stacey - ATDip, MC, CCC

Boon, Stacey - ATDip, MC, CCC  
280 - 8380 Landsdowne Rd.  
Richmond, BC V6Y 4E4  
Phone: [1.604.992.0078](tel:1.604.992.0078)  
Fax: 1.604.247.0077

Note: For youth and adult individuals and specializes in addictions, issues specific to gay and lesbian clients, stress management, and self esteem.

37. Richmond, Vancouver

Estrin, Terry - PhD, RPsych  
155 - 11331 Coppersmith Way  
Richmond, BC V7A 5J9  
Phone: [1.604.274.7267](tel:1.604.274.7267) (Office)

Phone: [1.604.716.8854](tel:1.604.716.8854) (Cell)

Note: For individuals (age 17 and up), couples, and families. Specializes in relationship issues, depression, anxiety, grief, trauma, and substance abuse. Alternative methods of therapy available, including EMDR, CBT, and SFBT.

38. Jacobson, Julia - PhD

Jacobson, Julia - PhD  
Richmond, BC  
Phone: [1.778.288.5702](tel:1.778.288.5702)

Note: For adult individuals and couples. Specializes in pain management and medication misuse. Alternative methods of therapy available, including hypnotherapy, mindfulness, and solution focused therapy.

39. Smith, Mark - MSW, RSW Mark Smith Counselling

Smith, Mark - MSW, RSW  
Mark Smith Counselling  
305 - 5811 Cooney Rd. South Tower  
Richmond, BC V6X 3M1  
Phone: [1.604.720.5889](tel:1.604.720.5889)  
Fax: 1.604.370.5995  
E-Mail: [marksmith1@shaw.ca](mailto:marksmith1@shaw.ca)

Note: For adolescent and adult individuals and couples. Specializes in relationship problems, sexuality, intimacy difficulties, self-esteem, eating disorders, substance use, abuse, and family of origin issues. Alternative methods of therapy available, including Family Systems Theory.

40. Tang, Irene - MTSC, RCC

Tang, Irene - MTSC, RCC  
Phone: [1.604.408.7256](tel:1.604.408.7256)  
Toll-Free: [1.855.756.7256](tel:1.855.756.7256)

Note: For adult individuals and families. Specializes in addiction, problem gambling, depression, anxiety, and relational difficulties. Alternative methods of therapy available, including CBT and SFBT. Services available in English, Cantonese, and Mandarin.

41. Yeomans, Sylvana - MA, RPC, MPCA Confidential Therapeutic Consultations

Yeomans, Sylvana - MA, RPC, MPCA  
Confidential Therapeutic Consultations  
105 - 11331 Coppersmith Way  
Richmond, BC V7A 5J9  
Phone: [1.778.297.6066](tel:1.778.297.6066)  
E-Mail: [sylvana@therapeuticconsultations.ca](mailto:sylvana@therapeuticconsultations.ca)

Note: For adult individuals and couples. Specializes in separation and divorce, co-parenting, domestic violence and its effect on the children, and addictions. Alternative methods of therapy available, including solution-focused therapy, family system therapy, motivational interviewing, visualization, and affirmations. Services are available in English and Spanish.

42. Young, Jack - PhD

Young, Jack - PhD  
233 - 11180 Coppersmith Pl.  
Richmond, BC V7A 5G8  
Phone: [1.604.834.7456](tel:1.604.834.7456)

Note: For adult individuals and specializes in addiction, anxiety, depression, stress, anger, trauma, and relationship issues. Alternative methods of therapy available, including EMDR. Services are available in English, Cantonese, and Mandarin.

43. Hannah, Elsje - MA, CCC, RCC Celtic Place

Hannah, Elsje - MA, CCC, RCC  
Celtic Place  
360 Wright Rd.  
Salt Spring Island, BC V8K 2H8  
Phone: [1.250.931.8000](tel:1.250.931.8000)  
Toll-Free: [1.877.931.8880](tel:1.877.931.8880)  
Fax: 1.250.931.8001  
E-Mail: [info@celticplace.ca](mailto:info@celticplace.ca)

Note: For adult individuals and specializes in seniors issues and grief and loss. Alternative methods of therapy available, including EFT, TDT, Narrative, and CBT techniques.

44. Haley, Brian - MA, RCC

Haley, Brian - MA, RCC  
305 - 5710 Teredo St.  
Sechelt, BC V0N 3A0  
Phone: [1.604.989.6815](tel:1.604.989.6815)  
E-Mail: [conscioustherapy@gmail.com](mailto:conscioustherapy@gmail.com)

Note: For adult individuals and couples. Specializes in addiction, life and career coaching, anger management, and spiritual issues. Alternative methods of therapy available, including SFBT, Narrative Therapy, and a psychotherapy method called Somatic Awareness Therapy.

45. Schell, Maggie J - RCC

Schell, Maggie J - RCC  
5700 Cowrie St.  
Sechelt, BC V0N 3A3  
Phone: [1.604.740.6647](tel:1.604.740.6647)

Note: For adolescent and adult individuals. Specializes in addictions, life transitions, relationships, stress, trauma, and abuse. Alternative methods of therapy available, including an eclectic and holistic, compassionate approach to health.

46. Andrena Smith - BSW, RSW, RPC

Andrena Smith - BSW, RSW, RPC  
5721 Mason Rd.  
Sechelt, BC V0N 3A8

Phone: [1.604.740.6332](tel:1.604.740.6332)

Note: For adult individuals and couples. Specializes in relationship issues and uses person centered theory, solution focused approach, and strengths perspective.

47. Oteng-Boateng, Prince - PhD, MDiv, ThM, BA, DipEd, CSAT(C) Innovative Counselling Solutions Inc.

Oteng-Boateng, Prince - PhD, MDiv, ThM, BA, DipEd, CSAT(C)

Innovative Counselling Solutions Inc.

205 - 259 Midpark Way SE

Calgary, AB T2X 1M2

Phone: [1.403.879.2503](tel:1.403.879.2503)

Fax: 1.587.354.4255

E-Mail: [info@innovativecounselling.ca](mailto:info@innovativecounselling.ca)

Note: For adult individuals, couples, and families. Specializes in treating PTSD, anger/mood regulation, sexual addiction, substance use, separation/divorce prevention, conflict management, and relationship issues.

48. Pender, Jim - MSW, PhD James Pender Associates

Pender, Jim - MSW, PhD James Pender Associates 405 - 1333 8th St. SW Calgary, AB T2R 1M6

Phone: [1.403.269.1475](tel:1.403.269.1475) Toll-Free: [1.855.510.1270](tel:1.855.510.1270) Fax: 1.403.244.4934 E-Mail:

[jpender@jamespenderassociates.com](mailto:jpender@jamespenderassociates.com)

Note: For adult individuals, couples, families, and groups. Specializes in depression, anxiety disorders, relationship issues, and addictions, including alcohol, sex, and gambling.

49. Penner, Terry Brian - MSW, RSW Terry Penner Counselling Services

Penner, Terry Brian - MSW, RSW Terry Penner Counselling Services 405 - 609 14th St. NW

Calgary, AB T2N 2A1 Phone: [1.403.283.7351](tel:1.403.283.7351) E-Mail: [tbpenner@telus.net](mailto:tbpenner@telus.net)

Note: For adult individuals, couples, and families. Specializations include depression, anxiety, addiction, relationship and marital issues.

50. Priebe, Lisa - MA, PhD Serenity Now Wellness Centre

Priebe, Lisa - MA, PhD Serenity Now Wellness Centre 501 - 30th Ave. NW Calgary, AB T2M 2N7

Phone: [1.403.454.7600](tel:1.403.454.7600) Fax: 1.403.454.7600 E-Mail: [info@serenitynowwellness.ca](mailto:info@serenitynowwellness.ca)

Note: For teen and adult individuals, couples, and groups. Specializes in difficulties coping in daily living, relationship concerns, mental illnesses, body image, self-confidence, coping, and self-harming behaviours. Counselling approaches include cognitive-behavioural, solution-focused, family systems, and mindfulness-based approaches.

51. Sanford, Melodie - MA, MSc, RPsych Insight Psychological Inc.

Sanford, Melodie - MA, MSc, RPsych

Insight Psychological Inc.

703 - 7015 Macleod Tr. S

Calgary, AB T2H 2K6

Phone: [1.403.252.1716](tel:1.403.252.1716)

Fax: 1.587.350.6906

E-Mail: [directors@insightpsychological.ca](mailto:directors@insightpsychological.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in trauma, sexual assault, substance abuse and recovery, domestic violence, crisis, suicide, sexuality, LGBT issues, career development, and life transitions. Counselling approaches include an eclectic, client-centered CBT.

#### 52. Sirota, Perry - PhD Hersh Centre for Sexual Wellness

Sirota, Perry - PhD

Hersh Centre for Sexual Wellness

101 - 8180 Macleod Trail SE

Calgary, AB T2H 2B8

Phone: [1.403.606.3183](tel:1.403.606.3183) (Office)

Phone: [1.403.255.3773](tel:1.403.255.3773) (Direct)

E-Mail: [sirotap@shaw.ca](mailto:sirotap@shaw.ca)

Note: For adult individuals and couples. Specializes in sexuality, sleep problems, addictions, workplace conflict, and career uncertainty. Appointments are available via Skype.

#### 53. Smehoff, Lori - MA, MFT

Smehoff, Lori - MA, MFT 204 - 908 17th Ave. SW Calgary, AB T2S 3C2 Phone: [1.403.242.5247](tel:1.403.242.5247)

Fax: 1.403.209.2828 E-Mail: [lori@lorismehoff.com](mailto:lori@lorismehoff.com)

Note: For adult individuals and couples. Specializes in addictions, separation, ACoA, and codependency. Alternative methods of therapy available, including CBT, systems approach, conflict resolution and stress management techniques.

#### 54. Stopforth, Sharon - MSW, RSW

Stopforth, Sharon - MSW, RSW 202-8408 Elbow Dr. SW Calgary, AB T2V 1K7 Phone:

[1.403.259.3427](tel:1.403.259.3427) Email: [sharon\\_stopforth@hotmail.com](mailto:sharon_stopforth@hotmail.com)

Note: For adult individuals and specializes in addictions, depression, self-esteem, trauma, abuse, and anxiety.

#### 55. Laing, Lindsay - MA, RSW, RP, RPC, ICCAC Lindsay Laing Counselling

Laing, Lindsay - MA, RSW, RP, RPC, ICCAC Lindsay Laing Counselling 7 - 192 Main St. E Milton,

ON L9T 1N8 Phone: [1.289.971.1143](tel:1.289.971.1143) Phone: [1.855.976.2972](tel:1.855.976.2972) Note: For adult individuals and specializes in anxiety, depression, relationship issues, anger, opiate and food addiction, recovery, and relapse prevention. Alternative methods of therapy used, including cognitive behavioural, solution-focused, and mindfulness-based therapy.

#### 56. Streukens, John P. - PhD, RPsych SAE Psychological Consulting

Streukens, John P. - PhD, RPsych SAE Psychological Consulting 1409B 2nd St. SW Calgary, AB

T3R 0W7 Phone: [1.403.723.0732](tel:1.403.723.0732) Toll-Free: [1.877.723.7792](tel:1.877.723.7792) Fax: 1.403.723.0787 E-Mail:

[jstreukens@saepsychological.com](mailto:jstreukens@saepsychological.com)

Note: For adult individuals and couples. Specializes in relationship issues, separation and divorce,

sleep disorders, self-esteem, work life balance, stress management, and trauma. Alternative methods of therapy available, including CBT and solution-focused therapy.

57. Nicolson, Ellis - MDiv, RP, RMFT

Nicolson, Ellis - MDiv, RP, RMFT 201 - 4291 Village Centre Crt. Mississauga, ON L4Z 1S2 Phone: [1.416.358.0290](tel:1.416.358.0290) E-Mail: [ellis@ellisnicolson.com](mailto:ellis@ellisnicolson.com) Note: For teen and adult individuals, couples, and families. Specializes in depression, relationship issues, anxiety, ADD/ADHD, anger, adoption, and addiction.

58. Nahon, Danielle - PhD

Nahon, Danielle - PhD 222 - 250 B Greenbank Rd. Nepean, ON K2H 8X4 Phone: [1.613.820.0055](tel:1.613.820.0055) Note: For adult and senior individuals. Specializes in men's and women's issues, depression, relationship issues, stress, self-esteem, and body image. Counselling approach includes the Integrity model perspective. Services offered in English, French, and Spanish.

59. Westbury, Liz - MSW, RSW Live Brilliantly

Westbury, Liz - MSW, RSW  
Live Brilliantly  
220 - 1982 Kensington Rd. NW  
Calgary, AB T2N 3R5  
Phone: [1.403.270.3535](tel:1.403.270.3535)  
Fax: 1.403.270.3530  
E-Mail: [liz@livebrilliantly.ca](mailto:liz@livebrilliantly.ca)

Note: For adult individuals, couples, and groups. Specializes in addictions, trauma, and life transitions. Counselling approaches include clinical psychotherapy, 12 Step, Gestalt, Transactional Analysis and Action methods. Appointments are available by phone.

60. Yumol, Fleur - MSc, MSW, RSW Fleur Yumol Consulting Services

Yumol, Fleur - MSc, MSW, RSW Fleur Yumol Consulting Services 250 - 5010 Richard Rd. SW  
Calgary, AB T3E 6L1 Phone: [1.403.870.4170](tel:1.403.870.4170) E-Mail: [fleuryumol@yahoo.ca](mailto:fleuryumol@yahoo.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in suicidal ideation, relationship conflict, domestic violence, eating disorders, trauma, and addiction, including treatment planning and intervention. Counselling approaches include CBT, Gestalt therapy, and solution focused therapy.

61. Wilton, Terry - MA Wilton Psychological Services Inc.

Wilton, Terry - MA  
Wilton Psychological Services Inc.  
6514 - 35th Ave.  
Camrose, AB T4V 3N7  
Phone: [1.780.608.0776](tel:1.780.608.0776)  
E-Mail: [wiltont@telus.net](mailto:wiltont@telus.net)

Note: For adult individuals and couples. Specializes in depression, mental health and addiction issues, PTSD, and military/occupational trauma. Alternative methods of therapy available, including clinical hypnosis and EMDR.

62. Meggs, Renee - RPsych Focused Solutions and Counselling and Coaching

Meggs, Renee - RPsych Focused Solutions Counselling and Coaching PO Box 8867 201A - 820 Main St. Canmore, AB T1W 0C1 Phone: [1.403.609.3044](tel:14036093044) E-Mail: [renee@reneemeggs.com](mailto:renee@reneemeggs.com)

Note: For child, adolescent, and adult individuals, couples, and families. Specializes in grief and loss, abuse, trauma, addiction, chronic conditions, anger, and LGBT specific concerns. Counselling approaches include play and solution focused therapy.

63. Heidebrecht, Bonnie - MA, RSW, RPsych Cochrane Psychology Services

Heidebrecht, Bonnie - MA, RSW, RPsych  
Cochrane Psychology Services  
204 - 105 1st St. W  
Cochrane, AB T4C 1B7  
Phone: [1.877.447.7699](tel:18774477699)

Note: For youth and adult individuals and families. Specializes in grief and loss, addictions, abuse, relationships, depression, and anxiety. Counselling approaches include mindfulness, motivational interviewing, Narrative techniques, and solution-focused therapy.

64. Allen, Nicolas - MA, BPE, MES River Valley Counselling

Allen, Nicolas - MA, BPE, MES River Valley Counselling 1610 College Plaza 8215 - 112 St. NW Edmonton, AB T6G 2C8 Phone: [1.780.430.9224](tel:17804309224) Fax: 1.780.432.9526 Email: [info@rivervalleyhealth.com](mailto:info@rivervalleyhealth.com)

Note: For pre-teen, teen, young adult, and adult individuals. Specializations include eating disorders, depression, anxiety, and Sport Psychology. Alternative methods of therapy available, including Solution Focused Therapy and CBT.

65. Armstrong, Murray - MSW, RSW Armstrongs' Counselling Services

Armstrong, Murray - MSW, RSW Armstrongs' Counselling Services 10027 - 166 St. Edmonton, AB T5P 4Y1 Phone: [1.780.444.4399](tel:17804444399) E-Mail: [dmarm@telusplanet.net](mailto:dmarm@telusplanet.net)

Note: For adult individuals, families, and groups. Specializes in relationship issues, work stress, addiction, sexuality, and gender issues. Counselling approaches include Hakomi techniques, Family Re-construction, Shadow Work, Carpet Work, EMDR, Tapas Acupressure Technique, Individualized Energy Psychotherapy and Voice Dialogue.

66. Banzky-Le Fevre, Melinda - BA, RCC Loussa Counselling Centre

Banzky-Le Fevre, Melinda - BA, RCC Loussa Counselling Centre 42 - 9912 106 St. Edmonton, AB T5K 1C5 Phone: [1.780.478.4215](tel:17804784215) E-Mail: [Loussa@shaw.ca](mailto:Loussa@shaw.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in stress, trauma, low-self-esteem, addiction, anger, parenting, and relationship issues. Counselling approaches include positive and transpersonal psychology, cognitive, and behavioural therapy.

67. Becker, Cheryl - RPsych Cheryl Becker & Associates

Becker, Cheryl - RPsych Cheryl Becker & Associates 8210 - 108 St. NW Edmonton, AB T6E 5T2



Phone: [1.780.433.1666](tel:1.780.433.1666)

Note: For adult individuals. Specializes in stress, parenting, grief and loss, eating disorders, trauma, and addictions. Alternative methods of therapy available, including EMDR, CBT, and ACT.

68. Bianchini, Paul - MA, RPsych Prairie Owl Psychology & Counselling

Bianchini, Paul - MA, RPsych Prairie Owl Psychology & Counselling 9505 79 St. Edmonton, AB T6C 2S1 Phone: [1.780.757.5535](tel:1.780.757.5535) E-Mail: [office@prairieowlpsychology.ca](mailto:office@prairieowlpsychology.ca)

Note: For adult individuals and couples. Specializes in substance abuse, process addictions, stress, grief, depression, and anxiety. Counselling approaches include successful theoretical based treatments.

69. Caniff, James - PhD Canniff & Associates

Caniff, James - PhD  
Canniff & Associates  
11503 - 124 St.  
Edmonton, AB T5M 0K3  
Phone: [1.780.453.1873](tel:1.780.453.1873)  
Fax: 1.780.454.9023  
E-Mail: [jim@canniff.ca](mailto:jim@canniff.ca)

Note: For adult individuals, couples, and families. Specializes in depression, anxiety, addictions, and foster care issues. Counselling approaches include family systems and play therapy, and conducts family interventions. Locations in Calgary, Edmonton, and Whitecourt.

70. Chalmers, Jim - MA Cornerstone Counselling

Chalmers, Jim - MA Cornerstone Counselling 302 - 10140 117 St. Edmonton, AB T5K 1X3 Phone: [1.780.482.6215](tel:1.780.482.6215) Fax: 1.780.482.7199 E-Mail: [office@cornerstonecounselling.com](mailto:office@cornerstonecounselling.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in depression, spirituality, existential issues, sexual abuse, and PTSD. Counselling approaches include Object Relations, Jungian Depth Psychology, and EMDR. Cornerstone Counselling is a faith-based, not-for-profit counselling centre, and fees are set with a sliding scale based on income.

71. Duncan, Tami-lee - MEd, RPsych Transcend Psychological

Duncan, Tami-lee - MEd, RPsych  
Transcend Psychological  
11144 82nd Ave.  
Edmonton, AB T6G 2L8  
Phone: [1.780.932.8779](tel:1.780.932.8779)  
E-Mail: [info@transcendpsychological.com](mailto:info@transcendpsychological.com)

Note: For adult individuals, couples, and families. Specializes in sexual issues, which includes therapy related to dysfunction, health and education, orientation, infidelity, and addictions.

72. Furman, Keli - PhD Edmonton Counselling and Trauma Services Inc.

Furman, Keli - PhD Edmonton Counselling and Trauma Services Inc. 8210 - 108 St. Edmonton, AB



T6E 5T2 Phone: [1.780.433.1666](tel:1.780.433.1666) E-Mail: [contact@psychologistsedmonton.com](mailto:contact@psychologistsedmonton.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in PTSD, trauma, addictions, pain management, and eating disorders. Counselling approaches include TFT, CISM, Solution Focused Strategies, Mindfulness and other updated trauma techniques.

73. Joseph, Anjali - MA, RP, RMFT Capital Counselling

Joseph, Anjali - MA, RP, RMFT Capital Counselling 301 - 220 Laurier W Ottawa, ON K1P 5Z9  
Phone: [1.613.523.0791](tel:1.613.523.0791) E-Mail: [info@capitalcounselling.ca](mailto:info@capitalcounselling.ca)

Note: For adult individuals and couples. Specializes in addictions, mental health, anxiety, depression, coping with illness, work related stress, and personal life transitions. Counselling approaches include emotion-focused, cognitive-behavioural, and narrative perspectives.

74. Perna, Carmela - MSW, RSW

Perna, Carmela - MSW, RSW  
201 - 9983 Keele St.  
Maple, ON L6A 3Y5  
Phone: [1.416.272.5124](tel:1.416.272.5124)

Note: Addictions and trauma services for adolescent, teen, and adult individuals, couples, and families. Specializes in mental health, anxiety, depression, problematic gambling behaviours, body image concerns, and relationship issues. Counselling includes a client centred approach. Services offered in English and Italian.

75. Sutcliffe, Kathleen - BA, MDiv

Sutcliffe, Kathleen - BA, MDiv  
Markham, ON L6C 0J9  
Phone: [1.905.887.7740](tel:1.905.887.7740)  
E-Mail: [kathleen@kathleensutcliffe.com](mailto:kathleen@kathleensutcliffe.com)

Note: For adult individuals, couples, and families. Specializes in anxiety, relationship issues, and counselling for the family of someone with an addiction. Services are not available for clients struggling with addictions, violence, or psychiatric disorders.

76. Swayne, Stephanie - MSW, RSW

Swayne, Stephanie - MSW, RSW  
11 - 50 Steeles Ave. E  
Milton, ON L9T 4W9  
Phone: [1.647.881.0976](tel:1.647.881.0976)

Note: For adult individuals, couples, and families. Specializes in sexual behaviour, relationship issues, self-esteem and assertiveness, workplace stress, pornography addiction, anger management, domestic violence, and addiction. Counselling approach includes evidence-based interventions.

77. Binkowski, Dawn N. - RPsych

Binkowski, Dawn N. - RPsych

The Aquility Centre  
206 - 106 Lakeshore Rd. E  
Mississauga, ON L5G 1E3  
Phone: [1.416.294.9472](tel:1.416.294.9472)  
E-Mail: [dawnbinkowski@gmail.com](mailto:dawnbinkowski@gmail.com)

Note: For adult individuals. Specializes in addiction, couples counselling, anger management, trauma, and low self-esteem.

78. Caesar, Eleanor - MASC, CPsych Assoc Karen Hurley Psychotherapy

Caesar, Eleanor - MASC, CPsych Assoc  
Karen Hurley Psychotherapy  
201 - 4315 Village Centre Ct.  
Mississauga, ON L4Z 1S2  
Phone: [1.905.273.7575](tel:1.905.273.7575)

Note: For adult individuals, couples, and families. Specializes in addictions, relationship difficulties, grief, workplace stress and job loss, chronic pain and illness, and self esteem. Alternative methods of therapy used, including CBT, Interpersonal Therapy, and a psychodynamic approach.

79. Clark, Paul - PhD, RP Mississauga Counselling

Clark, Paul - PhD, RP  
Mississauga Counselling  
1501 - 4 Robert Speck Parkway  
Mississauga, ON L4Z 1S1  
Phone: [1.905.232.6640](tel:1.905.232.6640)  
E-Mail: [paul@mississaugapsychotherapists.com](mailto:paul@mississaugapsychotherapists.com)

Note: For children, youth, and adult individuals and families. Specializes in relationship issues, schooling, anxiety, trauma, addiction, crisis, significant life transitions, and emotional distress. Counselling approaches include CBT, Humanistic Therapy, Trauma Therapy, and Mindful Meditation.

80. Mistretta, Sue - MA, CCC Hand and Soul Healing Center

Mistretta, Sue - MA, CCC  
Hand and Soul Healing Center  
202 Lake Ave.  
Silverton, BC V0G 2B0  
Phone: [1.250.358.2177](tel:1.250.358.2177)  
Fax: 1.250.358.2107  
E-Mail: [Soulgarden@handandsoul.ca](mailto:Soulgarden@handandsoul.ca)

Note: For adult individuals and specializes in addictions, depression, disconnection, and relationship issues. Alternative methods of therapy available, including Expressive Arts and Transpersonal Psychology. Sessions are also offered online.

81. Gorman, Shelley V. - EdD

Gorman, Shelley V. - EdD  
55 Village Centre Pl.

Mississauga, ON L4Z 1V9  
Phone: [1.905.277.5545](tel:1.905.277.5545)  
Fax: 1.416.762.8891  
E-Mail: [drgorman@rogers.com](mailto:drgorman@rogers.com)

Note: For adult individuals and couples. Specializes in anxiety, depression, workplace stress, PTSD, and addiction. Counselling approaches include CBT and EMDR.

82. Hurley, Karen - MSW, RSW, RMFT Karen Hurley Psychotherapy

Hurley, Karen - MSW, RSW, RMFT  
Karen Hurley Psychotherapy  
201 - 4315 Village Centre Ct.  
Mississauga, ON L4Z 1S2  
Phone: [1.905.273.7575](tel:1.905.273.7575)

Note: For adult individuals. Specializes in addictions, relationship difficulties, grief, workplace stress and job loss, chronic pain and illness, and self esteem. Counselling approaches include EFT and insight-oriented psychoanalytical therapy.

83. Morgan, Paul Vincent, MA(c), OACCPP

Morgan, Paul Vincent, MA(c), OACCPP  
306 - 55 Village Center Place  
Mississauga, ON L4Z 1V9  
Phone: [1.416.843-5951](tel:1.416.843-5951)  
E-Mail: [paul@paulmorgan.ca](mailto:paul@paulmorgan.ca)

Note: For adult individuals and couples. Specializes in depression, anxiety, and relationship issues. Counselling approach includes coping strategies and self management techniques, including deep breathing, progressive muscle relaxation, and mindfulness.

84. Nixon, Deborah S. - PhD

Nixon, Deborah S. - PhD  
182 Indian Valley Trail  
Mississauga, ON L5G 2K6  
Phone: [1.647.547.0584](tel:1.647.547.0584)  
E-Mail: [dnixon@sympatico.ca](mailto:dnixon@sympatico.ca)

Note: For young adult and adult individuals and couples. Specializes in depression, grief and loss, relationship issues, trauma, and LGBT issues. Alternative methods of therapy used, including Emotionally Focused Psychotherapy and EMDR.

85. Perez, Fernando - MSW

Perez, Fernando - MSW  
21 - 6981 Millcreek Dr.  
Mississauga, ON L5N 6B8  
Phone: [1.905.824.8013](tel:1.905.824.8013)  
E-Mail: [perezfz@gmail.com](mailto:perezfz@gmail.com)

Note: For adult individuals and couples. Specializes in stress, substance abuse, anger,

relationship issues, and conflict resolution. Services are offered in Spanish, French, and English.

86. Rutley, Daniel - PsyD Daniel Rutley, PsyD Counselling Services

Rutley, Daniel - PsyD  
Daniel Rutley, PsyD Counselling Services  
Mississauga, ON  
Phone: [1.905.502.7779](tel:1.905.502.7779)  
E-Mail: [info@emotionsrule.com](mailto:info@emotionsrule.com)

Note: For adult individuals and couples. Specializes in stress, anxiety, addiction, anger, relationship issues, parenting, and divorce. Counselling approach includes CBT.

87. Benrubi, Lillian - BA, MSW

Benrubi, Lillian - BA, MSW  
2 - 200 Davis Dr.  
Newmarket, ON L3Y 4W1  
Phone: [1.888.245.5516](tel:1.888.245.5516)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in trauma, grief and loss, and substance abuse. Services offered in English and Hebrew.

88. McKechnie, Heather L. - MSW, RSW McKechnie Counselling

McKechnie, Heather L. - MSW, RSW  
McKechnie Counselling  
302B - 465 David Dr.  
Newmarket, ON L3Y 2P1  
Phone: [1.905.853.1041](tel:1.905.853.1041)  
E-Mail: [heather@mckechniecounselling.com](mailto:heather@mckechniecounselling.com)

Note: For adult individuals, couples, and families. Specializes in anger, stress, relationship issues, sexual issues, trauma, abuse, and depression. Counselling approach includes brief strategic therapy, solution focused therapy, EMDR, biofeedback, and CBT.

89. Soo Kyung Cha, Katherine - DCC, MCC, MA, BA Life Design Therapy

Soo Kyung Cha, Katherine - DCC, MCC, MA, BA  
Life Design Therapy  
204 - 1252 Lawrence Ave. E  
North York, ON M3A 1C3  
Phone: [1.647.977.5985](tel:1.647.977.5985)  
E-Mail: [director@lifedt.com](mailto:director@lifedt.com)

Note: For adolescent, and adult individuals, couples, and families. Specializes in mood disorders, trauma, PTSD, and anxiety. Counselling approaches include client-centered, cognitive-behaviour interventions, solution focused, and mindfulness practices.

90. Bautz, Gabriele - EdD, CPsych

Bautz, Gabriele - EdD, CPsych  
9 - 2275 Westoak Trails Blvd.

Oakville, ON L6M 3S8  
Phone: [1.905.815.0447](tel:1.905.815.0447)  
Fax: 1.905.465.2101  
E-Mail: [info@drgabrielebautz.com](mailto:info@drgabrielebautz.com)

Note: For young adult and adult individuals. Specializes in depression, PTSD, motivation, stress, life transitions, and anxiety. Alternative methods of therapy used, including psychodynamic psychotherapy, clinical hypnotherapy, energy psychology, and positive psychology.

91. Douglas, Stephen - MA, OACCPP(C) Family Counselling

Douglas, Stephen - MA, OACCPP(C)  
Family Counselling  
110 - 603 Argus Rd.  
Oakville, ON L6J 6G6  
Phone: [1.416.766.7321](tel:1.416.766.7321)  
E-Mail: [familycounselling@sympatico.ca](mailto:familycounselling@sympatico.ca)

Note: For youth and adult individuals, couples, and families. Specializes in abuse, addiction, anger, anxiety, depression, relationship issues, stress, men's issues, and trauma. Appointments are available in person or via Skype.

92. Durski, Marta A. - DMin, RMFT Durski Counselling

Durski, Marta A. - DMin, RMFT  
Durski Counselling  
116 Thomas St.  
Oakville, ON L6J 3A8  
Phone: [1.905.849.4242 ext. 40](tel:1.905.849.4242)  
E-Mail: [marta@durskicounselling.com](mailto:marta@durskicounselling.com)

Note: For adult individuals and couples. Specializes in sex, romance and relationship addictions, internet misuse, alcohol and drug abuse, trauma, and stress.

93. Lightfoot, Lynn - BA Hon, MA Sc, PhD, C Psych Dr. Lynn Lightfoot & Associates

Lightfoot, Lynn - BA Hon, MA Sc, PhD, C Psych  
Dr. Lynn Lightfoot & Associates  
511 - 345 Lakeshore Rd. E  
Oakville, ON L6J 1J5  
Phone: [1.905.815.0818](tel:1.905.815.0818)  
Toll-Free: [1.855.815.0818](tel:1.855.815.0818)  
Fax: 1.905.815.0822  
E-Mail: [lightft@bellnet.ca](mailto:lightft@bellnet.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in trauma, addiction, impulse control disorders, personality disorders, borderline personality, anger, eating disorders, and PTSD. Alternative methods of therapy used, including DBT, EMDR, and Motivational Interviewing.

94. Johnston, Marylou - RN, BSCN, MA, (C) OACCPP Marylou Johnston Counselling & Consulting Services

Johnston, Marylou - RN, BSCN, MA, (C) OACCPP  
Marylou Johnston Counselling & Consulting Services

Orillia, ON

Phone: [1.705.326.9666](tel:1.705.326.9666)

Note: For adult individuals. Specializes in addictions, relationship issues, trauma, abuse, chronic illness, grief and loss, women's issues, and parenting skills.

95. Riddell, Ken - MA Capital Choice Counselling Group

Riddell, Ken - MA

Capital Choice Counselling Group

1080 St. Pierre St.

Orleans, K1C 1L3

Phone: [1.613.425.4257](tel:1.613.425.4257)

Note: For adult individuals and couples. Specializes in relationship issues, anger, loss and grief, addiction, abuse, depression, and anxiety.

96. Blomme, Dan - MEd, BSc Jeff Packer MSW & Associates

Blomme, Dan - MEd, BSc

Jeff Packer MSW & Associates

204 - 58 Rossland Rd. W

Oshawa, ON L1G 2V5

Phone: [1.905.571.7441](tel:1.905.571.7441)

Toll-Free: [1.866.351.5558](tel:1.866.351.5558)

Fax: 1.905.571.0364

Note: For youth and adult individuals, couples, and families. Specializes in addictions, anxiety, depression and behaviour change. Counselling approach includes CBT. Appointments are available in person or via Skype.

97. Packer, Jeff - MSW, RSW Jeff Packer MSW & Associates

Packer, Jeff - MSW, RSW

Jeff Packer MSW & Associates

204 - 58 Rossland Rd. W

Oshawa, ON L1G 2V5

Phone: [1.905.571.7441](tel:1.905.571.7441)

Toll-Free: [1.866.351.5558](tel:1.866.351.5558)

Fax: 1.905.571.0364

E-Mail: [jeff@jeffpacker.com](mailto:jeff@jeffpacker.com)

Note: For youth and adult individuals, couples, and families. Specializes in relationship issues, stress, abuse, addiction, anger, criminal rehabilitation, grief and loss, eating disorders, and sexuality. Appointments are available in person or via Skype.

98. Barry, Conny - MA, MEd, CCC

Barry, Conny - MA, MEd, CCC

1785 Dorset Dr

. Ottawa, ON K1H 5T7

Phone: [1.613.733.1422](tel:1.613.733.1422)

E-Mail: [conny@connybarry.com](mailto:conny@connybarry.com)

Note: For adult individuals, couples, and families. Specializes in relationship issues, sexuality, substance abuse, dependency, grief and loss, trauma, and stress.

99. De Jong, Michael David - PhD

De Jong, Michael David - PhD  
203 - 4430 Halifax St.  
Burnaby, BC V5C 5R4  
Phone: [1.604.999.5809](tel:1.604.999.5809)  
E-Mail: [michael@drmikedejong.com](mailto:michael@drmikedejong.com)

Note: For adult individuals with issues of OCD, addictions, mood issues, panic attacks, PTSD, ADD and ADHD, and career and occupational issues. Uses cognitive behavioural techniques such as Acceptance and Commitment Therapy.

100. Davies, Karen E. - PhD, CPsych Gilmour Psychological Services

Davies, Karen E. - PhD, CPsych  
Gilmour Psychological Services  
437 Gilmour St. (2nd Floor)  
Ottawa, ON K2P 0R5  
Phone: [1.613.230.4709](tel:1.613.230.4709) ext. 26  
Fax: 1.613.230.8274

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in anxiety, depression, anger, addiction, relationship conflict resolution, and intimacy issues.

101. Elson, Caroline - MEd, CCC

Elson, Caroline - MEd, CCC  
27 Wade Crt.  
Ottawa, ON K2G 4C1  
Phone: [1.613.282.7905](tel:1.613.282.7905)  
E-Mail: [caroline.elson@gmail.com](mailto:caroline.elson@gmail.com)

Note: For youth and adult individuals. Specializes in depression, anxiety, addictions, trauma, PTSD, stress reduction, and parenting. Counselling approaches include holistic-focused therapy, CBT, Motivational Interviewing, Emotional Focus, Narrative, and EMDR.

102. Fry, Andria - MEd, RP, CCC Core Psychotherapy

Fry, Andria - MEd, RP, CCC  
Core Psychotherapy  
705 - 265 Carling Ave.  
Ottawa, ON K1S 2E1  
Phone: [1.613.323.6301](tel:1.613.323.6301)  
E-Mail: [andria.fry@corepsychotherapy.ca](mailto:andria.fry@corepsychotherapy.ca)

Note: For adult individuals, couples, and groups. Specializes in trauma, PTSD, compulsive behaviour, addiction, eating disorders, anger, relationship issues, and separation and divorce.

103. Haney, Richard Merrill - PhD Ottawa Counselling & Mediation Services

Haney, Richard Merrill - PhD  
Ottawa Counselling & Mediation Services  
301 Bank St.  
Ottawa, ON K2P 1X7  
Phone: [1.613.234.5678](tel:1.613.234.5678)  
Phone: [1.613.726.3636](tel:1.613.726.3636)  
Fax: 1.613.726.7266  
E-Mail: [Richard@ottawacounselling.com](mailto:Richard@ottawacounselling.com)

Note: For teen and adult individuals, couples, and families. Specializes in depression, anxiety, relationship issues, addiction, anger, eating disorders, family conflict, grief and loss, sexual issues, and spirituality. Alternative methods of therapy used, including hypnotherapy and a holistic approach.

104. Holmes, Sandy - CTh, BA, MA, CCC

Holmes, Sandy - CTh, BA, MA, CCC  
200 - 15 Fitzgerald Rd.  
Ottawa, ON K2H 9G1  
Phone: [1.613.599.4435](tel:1.613.599.4435)  
E-Mail: [sandy.holmes@sympatico.ca](mailto:sandy.holmes@sympatico.ca)

Note: For children, adolescent, and adult individuals and families. Specializes in life transitions, spirituality, family conflict, and relationship issues.

105. Hutchison, Bruce - PhD

Hutchison, Bruce - PhD  
510 - 359 Kent St.  
Ottawa, ON, K2P 0R6  
Phone: [1.613.355.5255](tel:1.613.355.5255)  
Fax: 1.613.321.1706  
E-Mail: [bjhutch@rogers.com](mailto:bjhutch@rogers.com)

Note: For adult individuals and specializes in depression, anxiety, and insomnia. Alternative methods of therapy used, including Behavioral Activation, Problem-Solving Therapy, Acceptance and Commitment Therapy, and Psychodynamic Therapy.

106. Jackson, Iris P. - PhD Gilmour Psychological Services

Jackson, Iris P. - PhD  
Gilmour Psychological Services  
437 Gilmour St. (2nd Floor)  
Ottawa, ON K2P 0R5  
Phone: [1.613.230.4709 ext. 24](tel:1.613.230.4709)  
Fax: 1.613.230.8274  
E-Mail: [irisjackson@rogers.com](mailto:irisjackson@rogers.com)

Note: For adult individuals and couples. Specializes in substance use, identity issues, trauma, anger management, depression, anxiety, self-esteem disorders, and relationship conflicts. Alternative methods of therapy used, including evidence-based counselling.



107. Jagosky, Robert - MA, RPC RTJ Counselling

Jagosky, Robert - MA, RPC  
RTJ Counselling  
Ottawa, ON  
Phone: [1.613.882.0267](tel:1.613.882.0267)  
E-Mail: [robjagosky@gmail.com](mailto:robjagosky@gmail.com)

Note: For adult individuals and groups. Specializes in psychological difficulties, substance use, problem gambling, eating disorders, and anxiety.

108. Kuzell, Norma D. - MSW, RSW, RMFT

Kuzell, Norma D. - MSW, RSW, RMFT 105 York St. Ottawa, ON K1N 5T4 Phone: [1.613.241.4211](tel:1.613.241.4211)

Note: For adult individuals, couples, and families. Specializes in trauma, addiction, grief and loss, sex issues, and learning disabilities. Alternative methods of therapy used, including systemic and eclectic approach.

109. Hilton, Doug - MSc, RCC Full Circle Healing

Hilton, Doug - MSc, RCC  
Full Circle Healing  
2265 Holdom Ave.  
Burnaby, BC V5B 4Y5  
Phone: [1.778.988.2540](tel:1.778.988.2540)  
E-Mail: [info@fullcirclehealing.ca](mailto:info@fullcirclehealing.ca)

Note: For individuals of all ages, couples, and families. Specializes in substance use and gambling, and uses EFT, clinical hypnosis, EMDR, and Adlerian and Gestalt approaches.

110. Salooja, Raman - MA, RCC Jericho Counselling

Salooja, Raman - MA, RCC  
Jericho Counselling  
1150 - 4720 Kingsway, Metrotower II  
Burnaby, BC V5H 4N2  
Phone: [1.604.537.4246](tel:1.604.537.4246)  
E-Mail: [info.raman@jerichocounselling.com](mailto:info.raman@jerichocounselling.com)

Note: For youth and adult individuals, groups, and couples. Specializes in addiction, relationship issues, self-esteem, stress management, and conflict resolution. Uses CBT and Solution-Focused strategies, and services available in English, Hindi, and Punjabi.

111. Beveridge, Dee - MA, RCC

Beveridge, Dee - MA, RCC  
1337 Pemberton Ave.  
Squamish, BC V8B 0R1  
Phone: [1.604.848.5883](tel:1.604.848.5883)  
Fax: 1.604.892.9727  
E-Mail: [info@deebeveridge.com](mailto:info@deebeveridge.com)

Note: For children, youth, and adult individuals, families, and parents. Specializes in separation, grief and depression, anxiety, anger management, and substance use. Alternative methods of therapy available, including Family Systems Therapy, Brief Solution-Focused Therapy, Rational Emotive Behaviour Therapy, Interpersonal Therapy, and Motivational Interviewing.

112. Schweighofer, Anton - PhD, RPsych

Schweighofer, Anton - PhD, RPsych  
501 - 3292 Production Way  
Burnaby, BC V5A 4R4  
Phone: [1.604.786.3073](tel:1.604.786.3073)  
Fax: 1.604.899.9441

Note: For adult individuals and couples. Specializes in addictions and sexually compulsive behaviours, and uses psychotherapy. Appointments available in Burnaby and North Vancouver.

113. Dennstedt, Christine - PhD, RCC

Dennstedt, Christine - PhD, RCC Squamish, BC Phone: [1.604.505.9183](tel:1.604.505.9183) E-Mail: [christinedennstedt@gmail.com](mailto:christinedennstedt@gmail.com)

Note: For adult individuals, couples, and families. Specializes in addictions, trauma, and eating disorders.

114. Stroh, Brett - MA, RCC Aperio Counselling & Consulting Inc.

Stroh, Brett - MA, RCC  
Aperio Counselling & Consulting Inc.  
205 - 3900 Hastings St.  
Burnaby, BC V5C 6C7  
Phone: [1.604.220.0138](tel:1.604.220.0138)  
E-Mail: [brett@aperiocounselling.ca](mailto:brett@aperiocounselling.ca)

Note: For youth and adult individuals, couples, and families. Specializes in mental health with substance abuse concerns, substance use dependency problems, gaming/internet addiction, and relationship issues.

115. Wood, Stephanie - EFT-ADV

Wood, Stephanie - EFT-ADV  
Burnaby  
Phone: [1.778.233.8787](tel:1.778.233.8787)

Note: For adult and adolescent individuals. Specializes in addictions, depression, anxiety, and serious trauma. Uses EFT, TAT, and Meridian Therapy in a holistic approach. Sessions are available by phone, Skype, or in person.

116. Langmaid, Jane - MEd

Langmaid, Jane - MEd 503 - 124 O'Connor St. Ottawa, ON K1P 5M9 Phone: [1.613.850.7205](tel:1.613.850.7205)  
E-Mail: [janelangmaidwork@gmail.com](mailto:janelangmaidwork@gmail.com)

Note: Jane works with adolescent, teen, and adult individuals and couples. Specializes in

relationship issues, substance use, problem gambling, eating disorders, codependency, anger, and separation and divorce. Alternative methods of therapy used, including a client-centred approach. Services offered in English and French.

117. LeBlanc, Paul - MSW, RSW

LeBlanc, Paul - MSW, RSW 1986 Fairbanks Ave. Ottawa, ON K1H 5Y6 Phone: [1.613.233.6766](tel:1.613.233.6766)  
E-Mail: [paul-leblanc@rogers.com](mailto:paul-leblanc@rogers.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in conflict, anger, relationship issues, addiction, issues unique to military families, and financial issues. Counselling approaches include EFT, CBT, and DBT.

118. Anderson, Lynne - ICADC Steps To A New Life

Anderson, Lynne - ICADC Steps To A New Life 202 - 15388 24th Ave. Surrey, BC V4A 2J2 Phone: [1.604.916.3221](tel:1.604.916.3221) Fax: 1.604.381.3551 E-Mail: [stepstanlife@gmail.com](mailto:stepstanlife@gmail.com)

Note: For adult individuals, couples, families, and groups. Specializes in abstinence based substance abuse programs, aftercare, and codependancy. Matrix Model of Addiction Treatment and 12 Step model used.

119. Dilks, Paulette - MA, RCC Strathcona Counselling

Dilks, Paulette - MA, RCC  
Strathcona Counselling  
5 - 1330 Dogwood St.  
Campbell River, BC V9W 3A6  
Phone: [1.250.286.0820](tel:1.250.286.0820)  
Fax: 1.250.338.0316  
E-Mail: [dilks@strathconacounselling.ca](mailto:dilks@strathconacounselling.ca)

Note: For groups and individuals 12 years and older. Specializes in women's issues, work issues, family/relationship counselling, life transitions, and addictions.

120. Dwyer, Carol Carol's Counselling and Consulting

Dwyer, Carol  
Carol's Counselling and Consulting  
Campbell River, BC  
Phone: [1.250.202.1889](tel:1.250.202.1889)

Note: For adult individual, and specializes in the field of addiction. She uses Substance Abuse Subtle Screening Inventory (SASSI) psychological screening measure, and works in contact with the local methadone clinic.

121. Ferguson, Frances - RCC, CCC

Ferguson, Frances - RCC, CCC  
98 McGimpsey Rd.  
Campbell River, BC  
Phone: [1.778.418.1818](tel:1.778.418.1818)  
E-Mail: [info@francesferguson.com](mailto:info@francesferguson.com)

Note: Addictions and counselling services for adult individuals and couples. Specializes in loss, anxiety, depression, and family of origin, and uses Internal Family Systems (IFS), CBT, and Expressive therapies.

122. Foster, Lori - MEd, CCC, RCC Lori Foster Counselling Services

Foster, Lori - MEd, CCC, RCC  
Lori Foster Counselling Services  
964 Shoppers Row  
Campbell River, BC V9W 2C5  
Phone: [1.250.286.1250](tel:1.250.286.1250)

Note: Addictions and trauma services for adult individuals 19 years and older. Specializes in PTSD, drug and alcohol assessment, treatment plans, referrals, and aftercare, and uses EMDR.

123. Brooks, Tom - RPC, BA Solutions to Life Counselling

Brooks, Tom - RPC, BA Solutions to Life Counselling 19533 - 64th Ave. Surrey, BC V3S 4J3 Phone: [1.604.530.3344](tel:1.604.530.3344) E-Mail: [info@stlc-bc.com](mailto:info@stlc-bc.com)

Note: For young adult individuals and couples. Specializes in sexual addiction, depression, anxiety, relationship issues, and conflict resolution. Alternative methods of therapy available, including Values Mapping, Crisis Intervention Therapy, Gottman Marriage Therapy, Psycho-Educational Communication Training, and Gestalt Therapy Techniques.

124. Hartford, Gary - MC, RCC

Hartford, Gary - MC, RCC  
302 - 909 Island Hwy.  
Campbell River, BC V9W 2C2  
Phone: [1.250.203.7898](tel:1.250.203.7898)

Note: For youth and adult individuals, couples, groups, and families. Specializes in substance use related problems and uses Narrative therapy.

125. Carey, Pauline - MA, RCC, RPC Pauline Carey Counselling & Training

Carey, Pauline - MA, RCC, RPC Pauline Carey Counselling & Training 207 - 7164 120th St. Surrey, BC V3W 3M8 Phone: [1.604.507.8055](tel:1.604.507.8055) ext. 207 (Office) Phone: [1.604.315.1750](tel:1.604.315.1750) (Cell) Fax: 1.604.596.3389 E-Mail: [pauline@paulinecarey.com](mailto:pauline@paulinecarey.com)

Note: For adult individuals and specializes in trauma, addiction, harm reduction, practical relapse prevention, and anger issues. Alternative methods of therapy available, including TIR and LSR.

126. Chahal, Kuldip - MEd, RCC Kuldip Counselling & Consulting Services

Chahal, Kuldip - MEd, RCC Kuldip Counselling & Consulting Services 300 - 15240 Hwy 10 Surrey, BC V3S 5K7 Phone: [1.604.764.9575](tel:1.604.764.9575) E-Mail: [kgill@kuldipcounselling.com](mailto:kgill@kuldipcounselling.com)

Note: Addiction services for adolescent and adult individuals, couples, and families. Alternative methods of therapy available, including CBT and SFB. Services are available in English and Punjabi.

127. Longstaff, Megan - MSc, CPsych

Longstaff, Megan - MSc, CPsych 208 - 1376 Bank St. Ottawa, ON K1H 7Y3 Phone: [1.613.738.9572](tel:1.613.738.9572) Fax: 1.613.738.3175 E-Mail: [appointments@meganlongstaff.com](mailto:appointments@meganlongstaff.com)

Note: For adult individuals. Specializes in anxiety, addiction, trauma, PTSD, stress, relationship issues, and depression. Alternative methods of therapy used, including CBT, EMDR, and hypnosis.

128. Emery, Wayne - PhD ACT - Healthwise Psychological Services

Emery, Wayne - PhD ACT - Healthwise Psychological Services 120 - 16555 Fraser Hwy. Surrey, BC V3S 2X3 Phone: [1.604.562.5559](tel:1.604.562.5559)

Note: For adult individuals and specializes in depression, anxiety, anger, substance abuse, emotional trauma, sleep difficulties, and family issues.

129. Lopez, Daniel - MS, RMFT The Ottawa Couple and Family Institute

Lopez, Daniel - MS, RMFT The Ottawa Couple and Family Institute 201 - 1869 Carling Ave. Ottawa, ON K2A 1E6 Phone: [1.613.722.5122](tel:1.613.722.5122) Fax: 1.613.722.0250 E-Mail: [info@ocfi.ca](mailto:info@ocfi.ca)

Note: For adult individuals and couples and specializes in depression, anxiety, infertility, and addiction.

130. Grobman, Grant - RPsych Collaborative Workplace Services

Grobman, Grant - RPsych Collaborative Workplace Services 2565 163 St. Surrey, BC V3S 6X7 Phone: [1.604.317.3357](tel:1.604.317.3357) Fax: 1.604.531.4654 E-Mail: [info@collaborativeworkplace.ca](mailto:info@collaborativeworkplace.ca)

Note: For youth and adult individuals and groups. Specializes in mental health and addiction in the workplace. Alternative methods of therapy available, including family systems therapy, SFBT, ego supportive techniques, EMDR, and Emotional Focused Therapy.

131. Lucas, Jeffory - ICADC "Get Real" Counselling Services, Inc.

Lucas, Jeffory - ICADC "Get Real" Counselling Services, Inc. 303 - 180 Metcalfe St. Ottawa, ON K2P 1P5 Phone: [1.613.742.7373 \(Office\)](tel:1.613.742.7373) Phone: [1.613.875.6789 \(Cell\)](tel:1.613.875.6789) Fax: 1.613.742.7137 E-Mail: [get\\_real@bellnet.ca](mailto:get_real@bellnet.ca)

Note: For adult individuals and groups. Specializes in drug, alcohol and/or behavioural addictions and offers assessments, interventions, treatment planning and execution, case management, relapse prevention, and therapy based on abstinence or harm reduction approaches. Counselling approach includes a client-centered, CBT, EFT, and Transactional Analysis Therapy.

132. Ménard, Debra-Lynn - MEd, CCC Choices Optimum Health Counselling & Coaching

Ménard, Debra-Lynn - MEd, CCC Choices Optimum Health Counselling & Coaching 303 -150 Isabella St. Ottawa, ON K1S 1V7 Phone: [1.855.720.8941](tel:1.855.720.8941)

Note: For teen and adult individuals. Specializes in weight management, eating disorders, relationship issues, self-esteem, and addiction. Alternative methods of therapy used, including CBT, DBT, Narrative, family systems, and mindfulness based approach. Services offered in English and French.

133. Harabalja, Devon - MA, RCC Family Hope Clinic

Harabalja, Devon - MA, RCC Family Hope Clinic 202 - 19292 60th Ave. Surrey, BC V3S 3M2  
Phone: [1.604.510.4673](tel:1.604.510.4673) E-Mail: [info@familyhopeclinic.com](mailto:info@familyhopeclinic.com)

Note: For youth and adult individuals. Specializes in addictions and concurrent disorders, trauma, anxiety, and depression. Alternative methods of therapy available, including client-centered model, and a blend of mindfulness, CBT, and motivational interviewing.

134. Milosevic, Aleks - BSc, BA, MA, PhD, CPsych Centre for Interpersonal Relationships

Milosevic, Aleks - BSc, BA, MA, PhD, CPsych Centre for Interpersonal Relationships 2 - 388 Albert St. Ottawa, ON K1R 5B2 Toll-Free: [1.855.779.2347](tel:1.855.779.2347) Fax: 1.855.779.2347 E-Mail: [ottawa.admin@cfir.ca](mailto:ottawa.admin@cfir.ca)

Note: For adult individuals. Specializes in anger, emotional regulation, depression, grief and loss, sexual addiction, substance use, trauma, and PTSD.

135. O' Connor, George F. - PhD Dr. George F. O' Connor, Psychologist / Psychologue

O'Connor, George F. - PhD Dr. George F. O'Connor, Psychologist / Psychologue Westboro Village Health Services 302 - 376 Churchill Ave. Ottawa, ON K1Z 5C3 Phone: [1.613.612.9367](tel:1.613.612.9367)

Note: For adult individuals and specializes in PTSD, substance abuse, addictions, stress, relationship issues, chronic pain, grief and loss, and self esteem. Alternative methods of therapy used, including systematic inquiry, psychodynamic psychotherapy emotionally focused therapy, cognitive-behavioral therapy and mindfulness. Services offered in English and French.

136. Olfert, Rod - MEd, BSW, CCPA, ICADC Summit Centre

Olfert, Rod - MEd, BSW, CCPA, ICADC Summit Centre 401 - 1105 Carling Ave. Ottawa, ON K1Y 4G5 Phone: [1.613.729.3200](tel:1.613.729.3200) Fax: 1.613.729.8484

Note: For children, youth, and young adult individuals, families, and groups. Specializes in mental health issues, personality disorders, learning disabilities, traumatic brain injury, and addiction. Alternative methods of therapy used, including a client-centred, holistic, integrated approach.

137. Hewlett, Lieneke - MTC, RPC, SFTT

Hewlett, Lieneke - MTC, RPC, SFTT Inspire Counselling Services 10422 - 168 St. Surrey, BC V4N 1R9 Phone: [1.778.837.6391](tel:1.778.837.6391) E-Mail: [hewlett@telus.net](mailto:hewlett@telus.net)

Note: For adult individuals, couples, and families. Specializes in abuse, trauma, grief and loss, stress, eating disorders, addictions, and relationship issues. She uses body-based, cognitive behavioral and mindfulness-based approaches.

138. Oloumi, Cazibe - MA, CCPA

Oloumi, Cazibe - MA, CCPA 103 - 1390 Prince of Wales Dr. Ottawa ON K2C 3N6 Phone: [1.613.321.0202 ext. 2](tel:1.613.321.0202) E-Mail: [CazibeOloumi@CanadianCounsellors.org](mailto:CazibeOloumi@CanadianCounsellors.org)

Note: For adult and senior individuals. Specializes in obsessions, trauma, sadness, loneliness, self esteem, partner abuse, addictions, parent-child relationships, and workplace issues. Services

offered in English, Turkish, and Farsi.

139. Paterson, Wendy - MEd, CCC Wendy E. Paterson, Psychotherapy Services

Paterson, Wendy - MEd, CCC Wendy E. Paterson, Psychotherapy Services 102 - 436 Gilmour St. Ottawa, ON K2P 0R8 Phone: [1.613.220.1779](tel:1.613.220.1779) Fax: 1.613.739.9251 E-Mail: [wepaterson@psychotherapyottawa.com](mailto:wepaterson@psychotherapyottawa.com)

Note: Addiction and trauma services for adolescent and adult individuals. Specializes in abuse, anxiety, depression, pregnancy options, health, relationship issues, and developmental concerns. Counselling approach includes EMDR.

140. Mallory, Rachel - PhD Dr. Rachel Mallory & Associates

Mallory, Rachel - PhD Dr. Rachel Mallory & Associates 211 - 7164 120th St. Surrey, BC V3W 3M8 Phone: [1.604.592.8337](tel:1.604.592.8337) Fax: 1.604.507.8044 E-Mail: [rachel@drrachelmallory.com](mailto:rachel@drrachelmallory.com)

Note: For adult individuals and specializes in bipolar disorder, workplace conflict, grief and loss, pain and chronic illness management, and brain injury support. Alternative methods of therapy available, including behaviour therapy, and CBT approaches.

141. Prasad, Ron - MA, RCC NAJ Consulting Inc

Prasad, Ron - MA, RCC NAJ Consulting Inc. 202 - 15388 24th Ave. Surrey, BC V4B 2K9 Phone: [1.604.307.2216](tel:1.604.307.2216)

Note: For teen and adult individuals and groups. Specializes in addictions, mental health issues, substance misuse, and co-occurring disorders. Alternative methods of therapy available, including Satir approach, Narrative Therapy, and motivational interviewing techniques.

142. Birgit Schinke, MA, RCC

Schinke, Birgit - MA, RCC Surrey, BC Phone: [1.604.983.8616](tel:1.604.983.8616)

Note: For adult individuals and families. Specializes in mental health, addictions, family, and trauma. Alternative methods of therapy available, including solution focused ideas, body/mind continuum, and cognitive exploration. Appointments also available by phone or Skype.

143. Christensen, Mike - MACP, RCC Northwest Counselling

Christensen, Mike - MACP, RCC Northwest Counselling 201 - 4622 Greig Ave. Terrace, BC V8G 1M9 Phone: [1.250.638.8311](tel:1.250.638.8311) Toll-Free: [1.888.638.8311](tel:1.888.638.8311) Fax: 1.250.638.8100 E-Mail: [info@nwcounselling.ca](mailto:info@nwcounselling.ca)

Note: For adult individuals and specializes in depression, anxiety, addictions, PTSD, and relationship challenges. Alternative methods of therapy available, including CBT.

144. Schmidt, Lisa - MEd, CCC Mourningâ€™s Dawn Counselling

Schmidt, Lisa - MEd, CCC  
Mourningâ€™s Dawn Counselling  
211 - 4650 Lakelse Ave.  
Terrace, BC V8G 1R2



Phone: [1.250.635.6707](tel:1.250.635.6707)  
Toll Free: [1.877.635.6707](tel:1.877.635.6707)  
Fax: 1.250.635.5307

Note: For adolescent and adult individuals. Specializes in grief and loss, trauma, and abuse.

145. Hague, Candice - RCC

Hague, Candice - RCC 381 Main St. Tofino, BC V0R 2Z0 Phone: [1.250.889.0833](tel:1.250.889.0833) E-Mail: [counsellingnirvana@gmail.com](mailto:counsellingnirvana@gmail.com) Skype: Candice0833

Note: For adult individuals and specializes in addiction, eating disorders, anxiety, and relationships issues. Appointments available via phone or Skype.

146. Owen, Dave - RSW Strathcona Counselling

Owen, Dave - RSW  
Strathcona Counselling  
5 - 1330 Dogwood St.  
Campbell River, BC V9W 3A6  
Phone: [1.250.286.0820](tel:1.250.286.0820)  
Fax: 1.250.338.0316  
E-Mail: [owen@strathconacounselling.ca](mailto:owen@strathconacounselling.ca)

Note: For adult individuals, groups, and families. Specializes in addictions, adoption, abuse, and childhood trauma. Alternative methods of therapy available, including addictions theory, transactional analysis, Gestalt, and family systems theory.

147. Arnold, Corrina - MA, MC, RCC Yale Therapy Group

Arnold, Corrina - MA, MC, RCC  
Yale Therapy Group  
8451 A Harvard Pl.  
Chilliwack, BC V2P 7Z5  
Phone: [1.604.316.3585](tel:1.604.316.3585)  
Fax: 1.604.795.9597  
E-Mail: [corrinaarnold@telus.net](mailto:corrinaarnold@telus.net)

Note: For adult individuals, couples and families. Alternative method of therapy available, including EMDR and OEI, Satir brief counselling, Lifespan Integration therapy, and Emotionally Focused couples therapy.

148. Yousef, Bob - MA, RCC Oakhill Counselling & Mediation

Yousef, Bob - MA, RCC  
Oakhill Counselling & Mediation  
201 - 45744 Gaetz St.  
Chilliwack, BC V2R 1P1  
Phone: [1.604.824.7771](tel:1.604.824.7771) (Chilliwack Location)  
Phone: [1.604.850.3774](tel:1.604.850.3774) (Abbotsford Location)  
Fax: 1.604.850.1156  
E-Mail: [intake@oakhill.ca](mailto:intake@oakhill.ca)



Note: Addiction and counselling services for individuals and couples. Specializes in stress and anxiety, relationship issues, financial difficulties, terminal illness, and anger management.

149. Banton, Operine BA, MA, RCC Mandala Counselling Services

Banton, Operine - BA, MA, RCC  
Mandala Counselling Services  
848 Hermann St.  
Coquitlam, BC V3C 4P3  
Phone: [1.604.552.3612](tel:1.604.552.3612)

Note: Substance misuse and trauma services for children, youth, and adult individuals, couples, and families. Specializes in depression, anxiety, grief, communication, abuse, eating disorders, and family violence. Alternative methods of therapy available, including Solution Focused, Psychotherapy, and Family Systems Models.

150. Emery, Wayne - PhD ACT-Healthwise Psychological Services

Emery, Wayne - PhD  
ACT-Healthwise Psychological Services  
201 - 3041 Anson Ave.  
Coquitlam, BC, V3B 2H6  
Phone: [1.604.562.5559](tel:1.604.562.5559)

Note: Addiction and trauma services for youth and adult individuals, and couples. Specializes in panic, phobias, PTSD, relationship issues, and chronic pain. Alternative methods of therapy available, including CBT, ACT, Clinical Hypnosis, Biofeedback, Art Therapy, and Existential/Humanistic Therapy.

151. Hancock, Rick - PsyD, RPsych Denis E. Boyd & Associates Inc.

Hancock, Rick - PsyD, RPsych  
Denis E. Boyd & Associates Inc.  
202 - 1046 Austin Ave.  
Coquitlam, BC V3K 3P3  
Phone: [1.604.931.7211](tel:1.604.931.7211)

Note: Addictions and trauma services for adult individuals, couples, and families. Specializes in emotional dependencies, anxiety, and depression. Alternative methods of therapy available, including SFBT and CBT, solution-focused brief therapy, and EMDR.

152. Iannucci, Jan - MEd, RCC Inner Wisdom Counselling & Consulting

Iannucci, Jan - MEd, RCC  
Inner Wisdom Counselling & Consulting  
Coquitlam, BC  
Phone: [1.604.805.7869](tel:1.604.805.7869)  
E-Mail: [iannucci@telus.net](mailto:iannucci@telus.net)

Note: For adolescent and adult individuals, groups, and families. Specializes in addiction, trauma, and problem gambling. Alternative methods of therapy available, including SFBT, NLP, hypnosis, energy meridian therapies, and body based focusing.

153. Limbos, Marjolaine M. - PhD, RPsych

Limbos, Marjolaine M. - PhD, RPsych  
412 - 2963 Glen Dr.  
Coquitlam, BC V3B 2P7  
Phone: [1.604.346.6505](tel:1.604.346.6505)  
E-Mail: [info@limboschildpsychology.com](mailto:info@limboschildpsychology.com)

Note: For children and youth individuals, and their families. Specializes in adolescent learning disabilities, developmental/intellectual disabilities, autism, ADHD, behavior difficulties, adjustment difficulties, divorce, and substance abuse. Alternative methods of therapy available, including child psychology to conduct a thorough and comprehensive assessment.

154. Adler, Jean - PhD

Adler, Jean - PhD 4944 Chancellor Blvd. Vancouver, BC V6T 1E1 Phone: [1.604.228.8751](tel:1.604.228.8751) E-Mail: [jvadler@telus.net](mailto:jvadler@telus.net)

Note: For adult individuals and couples. Specializes in anxiety, depression, sexual abuse, and addictions. Alternative methods of therapy available, including CBT and experiential techniques.

155. Auld, Diane - RTC, MTC, RCS, HT

Auld, Diane - RTC, MTC, RCS, HT Vancouver, BC Phone: [1.604.218.9341](tel:1.604.218.9341) E-Mail: [healing@auld.ca](mailto:healing@auld.ca)

Note: For adult individuals and specializes in trauma, abuse, PTSD, depression, anxiety, grief, stress, and substance abuse. Alternative methods of therapy available, including hypnotherapy.

156. Greenspan, Farrel - RPsych, MC

Greenspan, Farrel - RPsych, MC 602 - 10216 124 St. Edmonton, AB T5N 0M1 Phone: [1.780.901.2638](tel:1.780.901.2638) E-Mail: [farrel@farrelgreenspan.com](mailto:farrel@farrelgreenspan.com)

Note: For teen and adult individuals, couples, and groups. Specializes in depression, anxiety, addiction, ADHD, and PTSD.

157. Ball, Janel - MA, RCC Healing Solutions

Ball, Janel - MA, RCC Healing Solutions 410 - 1008 Homer St. Vancouver, BC V6B 2X1 Phone: [1.604.809.0351](tel:1.604.809.0351) E-Mail: [janel@healingsolutions.ca](mailto:janel@healingsolutions.ca)

Note: For adult men and specializes in addictions, anger, sexual health and identity, relationship problems, and childhood abuse experiences. Alternative methods of therapy available, including EMDR, CBT, and person-centred therapy.

158. Keetch, Trisha - RPsych, CCC Cheryl Becker & Associates

Keetch, Trisha - RPsych, CCC Cheryl Becker & Associates 8210 - 108 St. NW Edmonton, AB T6E 5T2 Phone: [1.780.433.1666](tel:1.780.433.1666)

Note: For youth and adult individuals. Specializes in anxiety disorders, depression, addictions, grief and loss, eating disorders, and women's issues. Counselling approaches include CBT.

159. Kirchen, Magdalena - LicPhil I Consulting Psychology Associates

Kirchen, Magdalena - LicPhil I Consulting Psychology Associates 302 Kingsway Mall Edmonton, AB T5G 3A6 Phone: [1.780.474.0341](tel:1.780.474.0341) Toll-Free: [1.800.313.6605](tel:1.800.313.6605) Fax: 1.780.474.0416 E-Mail: [information@consulting-psych.com](mailto:information@consulting-psych.com)

Note: For adult individuals, couples, families, and groups. Specializes in PTSD, sexual dysfunction, personality disorders, gender identity, and substance use. Services available in English, French and German.

160. Bitten, Chris - RCC

Bitten, Chris - RCC 223 - 1628 1st Ave. W Vancouver, BC V6J 1G1 Phone: [1.604.687.8513](tel:1.604.687.8513)

Note: Addictions and trauma services for adult individuals, couples, and families. Specializes in co-dependency, abuse, LGBT concerns, alternative relationship models, and anger.

161. Black, Dixie S. - MA, RCC Spiritual Sobriety

Black, Dixie S. - MA, RCC Spiritual Sobriety 227 - 119 Pender St. W Vancouver, BC V6B 1S5 Phone: [1.604.605.0833](tel:1.604.605.0833) E-Mail: [dixie@spiritualsobriety.com](mailto:dixie@spiritualsobriety.com)

Note: For adult individuals, couples, families, and groups. Specializes in stress, sexual orientation, relationship issues, and abuse recovery with a concentration in substance abuse issues and compulsive behaviours.

162. Lucki, George - MPhil, RPsych ARCH Psychological Services

Lucki, George - MPhil, RPsych  
ARCH Psychological Services  
39 - 9912 106 St.  
Edmonton, AB T5K 1C5  
Phone: [1.780.428.9223](tel:1.780.428.9223)  
E-Mail: [george.lucki@archpsychological.com](mailto:george.lucki@archpsychological.com)

Note: For adult individuals and specializes in psychological health concerns, psycho-legal issues in family law, civil litigation and criminal cases, psychopathology, substance abuse, PTSD, and sexual abuse. Services are available in Polish.

163. Marusiak, Christopher - MEd, RPsych Marusiak Psychology

Marusiak, Christopher - MEd, RPsych  
Marusiak Psychology  
620 - 9707 110 St.  
Edmonton, AB  
Phone: [1.780.975.0444](tel:1.780.975.0444)  
Fax: 1.780.401.3484  
E-Mail: [christophermarusiak@telus.net](mailto:christophermarusiak@telus.net)

Note: For adolescent and adult individuals, couples, and families. Specializes in depression, anxiety, stress, addictive behaviours, anger, and trauma. Alternative methods of therapy available, including person centered, CBT, psychodynamic, and solution-focused therapy.

164. Blair, Jill - MA, RCC New Life Path

Blair, Jill - MA, RCC New Life Path 380 W 1st Ave. Vancouver, BC V5Y 3T7 Phone: [1.604.671.4077](tel:1.604.671.4077)  
E-Mail: [cjillb@yahoo.com](mailto:cjillb@yahoo.com)

Note: Addiction and trauma services for adult individuals, couples, groups, and families. Specializes in abuse, family conflicts, relationship issues, grief and loss, depression, parenting, assertiveness, and self-esteem. Alternative methods of therapy available, including EMDR.

165. Matheson, Mona - MEd, RPsych Matheson Counselling & Mediation Services

Matheson, Mona - MEd, RPsych Matheson Counselling & Mediation Services 111 Haddow Close  
Edmonton, AB T6R 3W3 Phone: [1.866.363.0747](tel:1.866.363.0747)

Note: For adult individuals, couples, and families. Specializes in communication difficulties, breaches of trust, separation/divorce issues, parenting issues, and sexuality issues.

166. Meiers, Gary J. - PhD, RPsych, LMFT

Meiers, Gary J. - PhD, RPsych, LMFT 10009 85th Ave. NW Edmonton, AB T6E 2J9 Phone:  
[1.780.433.2269](tel:1.780.433.2269) Fax: 1.780.431.0463 E-Mail: [psychrec@gmail.com](mailto:psychrec@gmail.com)

Note: For children, teen, and adult individuals, families, and groups. Specializes in trauma and relationship issues, depression, anxiety, PTSD, chemical dependency, eating disorders, and abuse. Counselling approaches include EMDR, Gestalt Therapy, art, and expressive therapies.

167. Meyer, Marliss - PhD Cornerstone Counselling

Meyer, Marliss - PhD Cornerstone Counselling 302 - 10140 117 St. Edmonton, AB T5K 1X3 Phone:  
[1.780.482.6215](tel:1.780.482.6215) Fax: 1.780.482.7199 E-Mail: [office@cornerstonecounselling.com](mailto:office@cornerstonecounselling.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in marriage counselling, ADHD, cognitive disabilities and special education needs, behavior problems, and addiction. Alternative methods of therapy available, including CBT and a supportive, client focused approach. Cornerstone Counselling is a faith-based, not-for-profit counselling centre, and fees are set with a sliding scale based on income.

168. Muller, Joy - PhD

Muller, Joy - PhD 12911 - 97th St. NW Edmonton, AB T5E 4C2 Phone: [1.780.433.2225](tel:1.780.433.2225) E-Mail:  
[DrJoyMuller@gmail.com](mailto:DrJoyMuller@gmail.com)

Note: For children and adult individuals and couples. Specializes in aging, relationship issues, addiction, anger, anxiety, residential school survivor, and family dynamics.

169. Peacock, Terry - BSc, BA, MA, RPsych Peacock & Peacock Registered Psychologists

Peacock, Terry - BSc, BA, MA, RPsych Peacock & Peacock Registered Psychologists 202 - 10432  
123 St. NW Edmonton, AB T5N 1N7 Phone: [1.780.488.4040](tel:1.780.488.4040)

Note: For adult individuals and couples. Specializes in depression, stress, anxiety, anger, and abuse. Alternative methods of therapy available, including Gottman Method.

170. Pierzchalski, Ann - BSc, RPsych, EMBA ShiftIntuit Inc.

Pierzchalski, Ann - BSc, RPsych, EMBA ShiftIntuit Inc. 201 - 10204 125 St. Edmonton, AB T5N 1S9 Phone: [1.780.758.7277](tel:1.780.758.7277) E-Mail: [resources@shiftintuit.com](mailto:resources@shiftintuit.com)

Note: For adolescent and adult individuals, couples, athletes and teams. Specializes in relationship issues, anxiety disorders, grief and loss, addiction, and anger. Counselling approaches include Sport Psychology, Psychological and Educational Assessments, and Life Skills Training.

171. Riediger, Al - PhD, RPsych ARCH Psychological Services

Riediger, Al - PhD, RPsych  
ARCH Psychological Services  
39 - 9912 106 St.  
Edmonton, AB T5K 1C5  
Phone: [1.780.428.9223](tel:1.780.428.9223)  
E-Mail: [a.riediger@archpsychological.com](mailto:a.riediger@archpsychological.com)

Note: For adult individuals. Specializes in abuse, PTSD, relationship issues, victimization, major behavioural problems, and emotional or mental health concerns.

172. Stolte, Michael - MA, CCC, RPsych CHVB Registered Psychologists Inc.

Stolte, Michael - MA, CCC, RPsych CHVB Registered Psychologists Inc. 206 - 10240 124 St. Edmonton, AB T5N 3W6 Phone: [1.780.424.0123](tel:1.780.424.0123) Toll-Free: [1.888.424.0126](tel:1.888.424.0126) Fax: 1.780.424.0127 E-Mail: [chvbv@chvbv.ca](mailto:chvbv@chvbv.ca)

Note: For children, youth, and adult individuals, couples, and families. Specializes in depression, anxiety, autism, post-divorce, high conflict families, and addictions.

173. Sussman, Paul S. - PhD, RPsyc Loussa Counselling Centre

Sussman, Paul S. - PhD, RPsyc Loussa Counselling Centre 42 - 9912 106 St. Edmonton, AB T5K 1C5 Phone: [1.780.478.4215](tel:1.780.478.4215) E-Mail: [Loussa@shaw.ca](mailto:Loussa@shaw.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in trauma, low-self-esteem, addiction, anger, parenting, and relationship issues. He uses clinical hypno-behavioral therapy, and somatrophic breath work.

174. Herzog, Brenda - BPsych, ADLC, BS SAAC Alberta Counselling and Drug Addiction Services

Herzog, Brenda - BPsych, ADLC, BS SAAC  
Alberta Counselling and Drug Addiction Services  
9809 - 84th St.  
Fort Saskatchewan, AB T8L 3N9  
Phone: [1.780.998.3454](tel:1.780.998.3454)  
E-Mail: [acadaservices@shaw.ca](mailto:acadaservices@shaw.ca)

Note: For adult individuals and families. Specializes in addictions and substance abuse, post-rehab relapse prevention, personality disorders, and behavioral disorders.

175. MacNiel, Deborah - MA, MEd

MacNiel, Deborah - MA, MEd 4734 49B Ave. Lacombe, AB T4L 1K2 Phone: [1.587.876.2632](tel:1.587.876.2632)  
E-Mail: [debmacn@shaw.ca](mailto:debmacn@shaw.ca)

Note: For children, youth, and adult individuals, couples, and families. Specializes in stress, anxiety, depression, grief and loss, abuse, self-harm, relationship issues, trauma, and PTSD. Alternative methods of therapy available, including Gestalt, Emotion-Focused, Solution-Focused, Cognitive-Behavioural, and Hypnotherapy.

176. Mah, Terry - MA, APC, CSAT (C), CCC-Q Mah's Counselling Service

Mah, Terry - MA, APC, CSAT (C), CCC-Q  
Mah's Counselling Service  
Lacombe First Baptist Church  
405 Township Rd.  
Lacombe, AB T4L 1X5  
Phone: [1.403.307.8080](tel:1.403.307.8080)  
Email: [terry@mahs.ca](mailto:terry@mahs.ca)

Note: For adult individuals, couples, and families. Specializes in sex issues, drugs and alcohol addiction, relationship issues, anxiety, and depression. Counselling approaches include Narrative Therapy, 12 Step Facilitation, and Motivational Interviewing.

177. Blancato, Marcelle - PhD, RCC, RSW Creative Solutions

Blancato, Marcelle - PhD, RCC, RSW Creative Solutions 1037 Broadway W Vancouver, BC Phone: [1.604.730.1907](tel:1.604.730.1907) E-Mail: [visionsc@shaw.ca](mailto:visionsc@shaw.ca)

Note: For children and adult individuals and families. Specializes in custody issues, trauma, addictions, anxiety, abuse, and grief. Alternative methods of therapy available, including CBT and relapse prevention in her work with addiction.

178. Bond, Ian - BA, MA, RCC Ian Bond's Counselling and Therapy Services

Bond, Ian - BA, MA, RCC Ian Bond's Counselling and Therapy Services 205 - 2628 Granville St. Vancouver, BC V6H 4B4 Phone: [1.604.809.1018](tel:1.604.809.1018) Email: [ibond@alumni.sfu.ca](mailto:ibond@alumni.sfu.ca)

Note: Addictions and trauma services for adult individuals and couples. Specializes in abuse, anger management, panic, anxiety, depression, relationship issues, phobias, and stress. Alternative methods of therapy available, including Hypnotherapy, Motivational Interviewing, Solution Focused Therapy, Adlerian, and Existential therapies.

179. Pamenter, Doug - BA, RPC Core Spirit Counselling

Pamenter, Doug - BA, RPC  
Core Spirit Counselling  
Coquitlam, BC  
Phone: [1.604.505.1489](tel:1.604.505.1489)  
E-Mail: [doug@corespiritcounselling.org](mailto:doug@corespiritcounselling.org)

Note: Addiction services for teen and adult individuals, parents, teachers, and professionals. Specializes in substance abuse, eating disorder, gambling problems, sexual dysfunction, or other addiction. Alternative methods of therapy available, including self-help recovery process for addiction, relapse prevention plan, and intervention.

180. Brennen, Terence - MA, RCC Terry Brennen and Associates, Inc.

Brennen, Terence - MA, RCC Terry Brennen and Associates, Inc. 1103 - 750 Broadway W  
Vancouver, BC V5Z 1J4 Phone: [1.604.789.2079](tel:1.604.789.2079) E-Mail: [terrybrennen@telus.net](mailto:terrybrennen@telus.net)

Note: For adult individuals and couples. Specializes in addiction, anger, interventions, and relationship issues. Alternative methods of therapy available, including a psychotherapy called Intensive Short-Term Dynamic Psychotherapy for individuals in recovery.

181. Czegledi, Terri - MA, RCC, MFT Comox Valley Marriage and Family Counselling

Czegledi, Terri - MA, RCC, MFT  
Comox Valley Marriage and Family Counselling  
1B - 2426 Rosewall Cres.  
Courtenay, BC V9N 8R9  
Phone: [1.250.703.1558](tel:1.250.703.1558)  
E-Mail: [info@marriageandfamilytherapy.ca](mailto:info@marriageandfamilytherapy.ca)

Note: For adult individuals, groups, family, and couples. Specializes in addiction, phobias, low self-worth, chronic pain, and trauma. Alternative methods of therapy available, including Person-Centered Collaborative Approach, Satir, and EMDR.

182. Lansdowne, Carol - MSc, CCC

Lansdowne, Carol - MSc, CCC  
Courtenay, BC  
Phone: [1.250.744.1966](tel:1.250.744.1966) (Office)  
Phone: [1.250.818.7463](tel:1.250.818.7463) (Cell)  
E-Mail: [carol\\_lansdowne@shaw.ca](mailto:carol_lansdowne@shaw.ca)

Note: Addictions and trauma services for adult individuals and couples. Specializes in grief and loss, depression, anxiety, and stress reduction.

183. Brown, Siri - MA, CCC Inner Calm Counselling Services

Brown, Siri - MA, CCC Inner Calm Counselling Services Vancouver, BC Phone: [1.604.614.7605](tel:1.604.614.7605)

Note: For individuals of all ages, couples, and groups. Specializes in compassion fatigue, anxiety, depression, and addictions. Alternative methods of therapy available, including a combination of talk and mind-body psychotherapy, Clinical Hypnosis, Motivational Interviewing, REBT, and SFT.

184. Carr, Geoffrey - PhD, RPsych, CPT-S

Carr, Geoffrey - PhD, RPsych, CPT-S 206 - 4545 10th Ave. W Vancouver, BC V6R 2J2 Phone: [1.604.518.1416](tel:1.604.518.1416)

Note: Addiction and trauma services for youth and adult individuals, couples, and families. Specializes in depression, anxiety, phobias, stress, grief, anger, low self-esteem, and spiritual growth. Alternative methods of therapy available, including person-centered, psychodynamic, cognitive, gestalt, family systems therapy and EMDR.

185. Pessinis, Angela Jungian Psychotherapist



Pessinis, Angela Jungian Psychotherapist 905 rue Garneroff Lachine, QC H8T 3R4 Phone: [1.514.400.2509](tel:1.514.400.2509) E-Mail: [angelikipessini@yahoo.ca](mailto:angelikipessini@yahoo.ca)

Note: For teen and adult individuals. Specializes in relationship issues, addiction, anxiety, abuse, eating disorders, grief and loss, trauma, and PTSD. Counselling includes a psychoanalytic, psychodynamic, and Jungian psychotherapy approach. Services offered in English and Greek.

186. Oke, Hank - ICADC, RRP Strathcona Counselling

Oke, Hank - ICADC, RRP  
Strathcona Counselling  
325A - 11th St.  
Courtenay, BC V9N 1S4  
Phone: [1.250.338.0311](tel:1.250.338.0311)  
Fax: 1.250.338.0316  
E-Mail: [oke@strathconacounselling.ca](mailto:oke@strathconacounselling.ca)

Note: Addiction services for adult individuals. Specializes in chemical dependency, co-dependency, and family of origin issues, including emotional, physical, and sexual abuse, interventions, and working with resistant clients.

187. Charalambidis, Stella - PhD Creative Solutions

Charalambidis, Stella - PhD Creative Solutions 1037 Broadway W Vancouver, BC V6H 1E3 Phone: [1.604.730.1907](tel:1.604.730.1907) E-Mail: [visionsc@shaw.ca](mailto:visionsc@shaw.ca)

Note: For children and adult individuals and families. Specializes in divorce, trauma, abuse, grief, depression, addictions, anxiety, and other life stressors.

188. Slovack, Sandy - MA, RCC Self Esteem Solutions

Slovack, Sandy - MA, RCC  
Self Esteem Solutions  
Courtenay, BC  
Phone: [1.250.702.6454](tel:1.250.702.6454)  
E-Mail: [Sandy@SelfEsteemSolutions.com](mailto:Sandy@SelfEsteemSolutions.com)

Note: For youth and adult individuals. Specializes in the effects of trauma, self-esteem, mental health and addictions.

189. Gontovnick, Howard - PhD

Gontovnick, Howard - PhD 107A - 4351 Notre Dame Laval, QC H7W 1T3 Phone: [1.450.686.2440](tel:1.450.686.2440)  
E-Mail: [howard@buddhaguy.com](mailto:howard@buddhaguy.com)

Note: For teen and adult individuals, couples, and families. Specializes in depression, anxiety, relationship issues, addiction, anger, grief and loss, family conflict, abuse, trauma, PTSD, and mood and personality disorders. Alternative methods of therapy available, including CBT, mindfulness based, and experiential psychotherapy. Services offered in English and French.

190. Wagg, Bill - MA, BA, RPC Long Boat Counselling

Wagg, Bill - MA, BA, RPC



Long Boat Counselling  
1555 Longwood Rd.  
Cowichan Bay, BC V0R 1N2  
Phone: [1.250.709.9673](tel:1.250.709.9673)  
E-Mail: [waggbill@hotmail.com](mailto:waggbill@hotmail.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in mental health, addiction, parenting conflicts, and anger. Alternative methods of therapy available, including Adlerian, attachment theory, play therapy, and Satir's Family Approach.

191. Bergeron, Guylaine - MPs

Bergeron, Guylaine - MPs 453, rue Seignior Mont-Saint-Hilaire, QC J3H 2V6 Phone: [1.514.796.9351](tel:1.514.796.9351) E-Mail: [guylainebergeronpsychologue@gmail.com](mailto:guylainebergeronpsychologue@gmail.com)

Note: For adult individuals. Specializes in anxiety, codependency, self-esteem, relationship issues, life transitions, and addiction. Counselling methods include an existential-humanistic and psychodynamic approach. Services offered in French.

192. Caplan, Tom - MS, MA, MSW, ICADC, AAMFT

Caplan, Tom - MS, MA, MSW, ICADC, AAMFT 440 - 5845 Côte des Neiges Montréal, Québec H3S 1Z4 Phone: [1.514.737.7208](tel:1.514.737.7208) Fax: 1.514.737.0497 E-Mail: [tcaplan@sympatico.ca](mailto:tcaplan@sympatico.ca)

Note: For adult individuals, couples, families, and groups. Specializes in relationship issues, life transitions, addiction, and anger management. Appointments available in person or by phone. Services offered in English and French.

193. Collyer, Erica - BA, MEd, RCC Counsel Me Vancouver

Collyer, Erica - BA, MEd, RCC Counsel Me Vancouver 970 Burrard St. Vancouver, BC V6Z 2R4 Phone: [1.604.218.1393](tel:1.604.218.1393) E-Mail: [erica@counselmevancouver.com](mailto:erica@counselmevancouver.com)

Note: For youth and adult individuals and specializes in substance abuse, relationship issues, anxiety, depression, self-esteem, trauma, and grief. Alternative methods of therapy available, including Gottman, Emotion Focused, Gestalt, Process Experiential, and Interpersonal.

194. Choquette, Denise - MA Denise Choquette et Associés

Choquette, Denise - MA Denise Choquette et Associés 9457 rue Millen Montréal, QC H2M 1X1 Phone: [1.514.383.3452](tel:1.514.383.3452) E-Mail: [dchoquette@videotron.ca](mailto:dchoquette@videotron.ca)

Note: For adult individuals. Specializes in trauma, addiction and other disorders. Services offered in French and English.

195. Crowe, Patricia - MA, RCC

Crowe, Patricia - MA, RCC 306 - 1687 Broadway W Vancouver, BC V6J 1X2 Phone: [1.604.312.3043](tel:1.604.312.3043) E-Mail: [patcrowe@telus.net](mailto:patcrowe@telus.net)

Note: For adult individuals and couples. Specializes in depression, anxiety, grief and loss, family-of-origin issues, and addictive behaviours. Alternative methods of therapy available, including solution focused therapy, Narrative therapy, and emotionally focused couples therapy.

196. Galina, Harry Z. - MA, PhD

Galina, Harry Z. - MA, PhD 322 - 6525 Boul. Decarie Montréal, QC H3W 3E3 Phone: [1.514.344.0074](tel:1.514.344.0074) ext. 3 E-Mail: [harry@harrygalina.net](mailto:harry@harrygalina.net)

Note: For teen and adult individuals, couples, and families. Specializes in depression, anxiety, grief and loss, stress, addiction and recovery, and spirituality. Counselling approach includes cognitive-behavioral, solution-focused, and energy psychology. Services offered in English.

197. Danyluk, Michael - BA, BSW, MEd, RCC Michael Danyluk & Associates

Danyluk, Michael - BA, BSW, MEd, RCC Michael Danyluk & Associates 330 - 1200 Burrard St. Vancouver, BC V6Z 2C7 Phone: [1.604.879.1944](tel:1.604.879.1944) E-Mail: [michael@michaeldanyluk.com](mailto:michael@michaeldanyluk.com)

Note: For adult individuals, couples, and groups. Specializes in relationship counselling, anger management, trauma, bereavement, substance abuse, depression, and employee assistance.

198. Joseph, Sylvain - RCH, CCht Fresh Start Hypnotherapy

Joseph, Sylvain - RCH, CCht Fresh Start Hypnotherapy 1229 - 510 Hastings W Vancouver, BC V6B 1L8 Phone: [1.604.800.2728](tel:1.604.800.2728) E-Mail: [sylvain@freshstarhypnotherapy.ca](mailto:sylvain@freshstarhypnotherapy.ca)

Note: For adult individuals and specializes in anxiety, social anxiety, phobias, OCD, depression, eating disorders, addictions, and panic attacks. Alternative methods of therapy available, including hypnotherapy.

199. Glazer, Beverley - MA, CCC, ICADC, ICCAC

Glazer, Beverley - MA, CCC, ICADC, ICCAC Queen Elizabeth Health Complex 320 - 2100 Av. de Marlowe Montreal, QC H4A 3L5 Phone: [1.514.400.9375](tel:1.514.400.9375)

Note: For teen and adult individuals. Specializes in obsessive behaviors, codependency, and addiction, including food, alcohol, drugs, gambling, sex, compulsive shoplifting, and relationships. Appointments available in person, by phone, or via Skype. Services offered in English.

200. Hansen, Owen - MEd

Hansen, Owen - MEd 404 - 2100 Av. de Marlowe Montreal, QC H4A 3L5 Phone: [1.514.485.5032](tel:1.514.485.5032)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in anxiety, depression, stress, self-esteem, and relationship issues. Services offered in French and English.

201. Kajzer, Branko - MA, CCC, Art Psychotherapy Montreal Therapy Centre

Kajzer, Branko - MA, CCC, Art Psychotherapy Montreal Therapy Centre Queen Elizabeth Health Complex 532 - 2100 Av. de Marlowe Montréal, QC H4A 3L5 Phone: [1.514.244.1290](tel:1.514.244.1290)

Note: For children, teen, and adult individuals, couples, and groups. Specializes in life transitions, addictions, domestic violence, and psychosis. Counselling approach includes art therapy and CBT. Services offered in English, Serbian, Bosnian, and Croatian.

202. McCabe, Kathy C. - MSW

McCabe, Kathy C. - MSW 210 - 4150 rue Sherbrooke Montreal, QC H3Z 1C2 Phone: [1.514.486.1116](tel:1.514.486.1116)

Note: For adult individuals and families. Specializes in stress, burnout, separation and divorce, blended families, bereavement, physical and sexual abuse, and substance use.

203. Morris, Eric - PhD, OPQ

Morris, Eric - PhD, OPQ Queen Elizabeth Health Complex 607 - 2100 Av. de Marlowe Montréal, QC H4A 3L5 Phone: [1.514.258.2068](tel:1.514.258.2068)

Note: For adult individuals and couples. Specializes in addictions, eating disorders, self-esteem, Borderline Personality, grief and loss, relationship issues, PTSD, and trauma. Counselling approach includes CBT.

204. Newman, Eva - MEd, MFT

Newman, Eva - MEd, MFT 628 - 2100 Av. de Marlowe Montréal, QC H4A 3L5 Phone: [1.514.489.8066](tel:1.514.489.8066) E-Mail: [evanewman@gmail.com](mailto:evanewman@gmail.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in addiction and dependency recovery, emotional eating, sexual disorders, gender issues, and trauma. Alternative methods of therapy available, including an integrative psychotherapeutic approach, and has extensive experience with twelve-step programs.

205. Petraglia, Jonathan - MA, OPQ Centre Professionnel Berri-Gouin

Petraglia, Jonathan - MA, OPQ Centre Professionnel Berri-Gouin 300 - 500, Boul. Gouin Est Montréal, QC H3L 3R9 Phone: [1.514.293.7119](tel:1.514.293.7119) E-Mail: [info@jonathanpetraglia.ca](mailto:info@jonathanpetraglia.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in depression, relationship issues, anxiety, addiction, anger, eating disorders, trauma, PTSD, and LGBT issues. Alternative methods of therapy available, including CBT, Eclectic, Interpersonal, Psychoanalytic, and Psychodynamic approaches. Services offered in English, French, and Italian.

206. Phelps, Jason - MSW Jason Phelps: Montreal Psychotherapist

Phelps, Jason - MSW Jason Phelps: Montreal Psychotherapist 3744 rue Ontario E Montréal, QC H1W 1S2 Phone: [1.514.586.5471](tel:1.514.586.5471) E-Mail: [info@jphelps.ca](mailto:info@jphelps.ca)

Note: For adult individuals, couples, families, and groups. Specializes in depression, anxiety, addiction and dependence, stress, anger management, men's health, and sexuality. Counselling approach includes a variety of psychotherapy methods. Services offered in English and French.

207. Pihl, Robert - PhD Department of Psychology

Pihl, Robert - PhD Department of Psychology 1205 Dr Penfield Ave. Stewart Biology Building, W8/36 Montreal, QC H3A 1B1 Phone: [1.514.398.6096](tel:1.514.398.6096) E-Mail: [robert.pihl@mcgill.ca](mailto:robert.pihl@mcgill.ca)

Note: For adult individuals and specializes in mental disorders and working with populations at risk for drug abuse, and assessing the effects of drugs. Services offered in English.

208. Poiré, Jean - MPs

Poiré, Jean - MPs 201 - 2120, rue Sherbrooke est Montréal, QC H2K 1C3 Phone: [1.514.483.3938](tel:1.514.483.3938)  
E-Mail: [monellelaflamme@videotron.ca](mailto:monellelaflamme@videotron.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in addiction, burnout, ADHD, depression, grief and loss, PTSD, and personality disorders. Services offered in French and English.

209. Rapoport, Richard D. - PSW

Rapoport, Richard D. - PSW Montréal, QC H3X 1V4 Phone: [1.514.378.1836](tel:1.514.378.1836) E-Mail: [shrinkrap.r@gmail.com](mailto:shrinkrap.r@gmail.com)

Note: For children, adolescent, and adult individuals, couples, and groups. Specializes in trauma, PTSD, addiction, chronic pain, men's issues, and sex therapy. Counselling approach includes EMDR, mindfulness-based CBT, clinical hypnotherapy, motivational interviewing, and solution-focused therapy. Services offered in English and French.

210. Rebic, Toni - MA TrueSelf-Psychology

Rebic, Toni - MA TrueSelf-Psychology 201 - 1168 Ste-Catherine O Montreal, Quebec Phone: [1.514.933.2289](tel:1.514.933.2289) E-Mail: [toni.rebic@trueself-psychology.com](mailto:toni.rebic@trueself-psychology.com).

Note: For adult individuals. Specializes in addiction, self-esteem, relationship issues, PTSD, trauma, grief and loss, and procrastination. Appointments are available in person and via Skype. Services offered in English and French.

211. Zozula, Leanna - PhD Psymontreal Outremont

Zozula, Leanna - PhD Psymontreal Outremont 222 - 810 Champagneur Outremont, QC H2V 4S3  
Phone: [1.514.337.2473](tel:1.514.337.2473) ext. 0

Note: For adolescent and adult individuals, couples, and families. Specializes in fears, phobias, adjustment to stressful life events, relationship issues, postpartum depression, pregnancy issues, and infertility. Counselling approach includes CBT. Services offered in English and French.

212. Kalman, Linda J. - MA, MSW, PSW

Kalman, Linda J. - MA, MSW, PSW Pierrefonds, QC H9A 1E5 Phone: [1.514.600.0224](tel:1.514.600.0224)

Note: For children, adolescent, and adult individuals, couples, families, and groups. Specializes in relationship issues, separation and divorce, gender and behavior concerns, chronic illness, adult children of mentally ill parents, and addictions. Alternative methods of therapy available, including eclectic, interpersonal, intervention, and psychodynamic approach. Appointments are available in person, by phone, or via Skype. Services offered in English and French.

213. Cegielka, Anna - MSW

Cegielka, Anna - MSW A - 321 Bord du Lac Pointe-Claire, QC H9S 4L6 Phone: [1.514.697.7472](tel:1.514.697.7472)  
Fax: 1.514.426.8232 E-Mail: [cegielka.anna@gmail.com](mailto:cegielka.anna@gmail.com)

Note: For children, adolescent and adult individuals, couples, and families. Specializes in addiction,

relationship issues, anger, stress, depression, family conflict, body image, and sexuality. Alternative methods of therapy available, including family systems, imago, MBCT, motivational interviewing, and SFBT. Services offered in English and Polish. Appointments are available in person, by phone, or via Skype.

214. Kam, Hye - PsyD (C), MDiv, MFT Centre Chrysalis

Kam, Hye - PsyD (C), MDiv, MFT Centre Chrysalis 211 Place Frontenac Pointe-Claire, QC H9R 4Z7 Phone: [1.514.574.7104](tel:15145747104) E-Mail: [hye@hyekam.com](mailto:hye@hyekam.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in relationship issues, family conflict, depression, anxiety, eating disorders, addictions, trauma, and chronic pain. Services offered in English, French, and Korean.

215. Gauthier, Ginette - MA

Gauthier, Ginette - MA A - 86 rue du Collège Pont-Rouge, QC G3H 3A8 Phone: [1.418.951.4197](tel:14189514197) E-Mail: [ginettegau@hotmail.com](mailto:ginettegau@hotmail.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in depression, stress, and anxiety. Alternative methods of therapy available, including cognitive-behavioral, humanistic, interactional and systemic approaches. Services offered in French.

216. Delisle, Jean Gilles - MPs

Delisle, Jean Gilles - MPs 202 - 915, Boul. René-Lévesque O Québec, QC G1S 1T8 Phone: [1.418.527.8107](tel:14185278107)

Note: For adult individuals and couples. Specializes in relationship issues and uses a Gestalt therapy approach. Services offered in French.

217. Gingras, Yvan - MPs

Gingras, Yvan - MPs 200 - 35, Grande-Allée Est Québec, QC G1R 2H5 Phone: [1.418.953.9070](tel:14189539070)

Note: For adolescent, adult, and senior individuals, couples, and families. Specializes in addiction, grief and loss, self-esteem, relationship issues, mood and personality disorders, anxiety, and separation and divorce. Services offered in French.

218. Simmons, Meghan - MSW, RSW

Simmons, Meghan - MSW, RSW 451 Daly Ave. Ottawa, ON K1S 2H6 Phone: [1.613.558.8449](tel:16135588449)

Note: For children, adolescent, teen, and adult individuals, couples, and families. Specializes in addictions, abuse, eating disorders, and relationships issues. Alternative methods of therapy used, including CBT, EMDR, EFT and family attachment.

219. Sutherland, Heather - MA, OACCPP Abundant Living Counselling

Sutherland, Heather - MA, OACCPP Abundant Living Counselling 206 - 19 Grenfell Cres. Ottawa, ON K2G 0G3 Phone: [1.613.727.4455](tel:16137274455) Fax: 1.613.727.8755 E-Mail: [clinic@abundantlivingcounselling.com](mailto:clinic@abundantlivingcounselling.com)

Note: For adult individuals, couples, families, and groups. Specializes in addictions, anxiety, depression, anger, self-esteem, relationship issues, and stress.

220. Legault, Susie - MPs Susie Legault Services Psychologiques Inc.

Legault, Susie - MPs Susie Legault Services Psychologiques Inc. 2665 Av. des Cent-Associés Québec, QC G1E 4H7 Phone: [1.418.667.5394](tel:1.418.667.5394)

Note: For teen and adult individuals and couples. Specializes in anger, chronic pain, domestic abuse, grief and loss, relationship issues, trauma, and PTSD. Counselling approach includes mindfulness therapy, CBT, mood therapy, positive psychology, transpersonal psychology, energy psychology, transactional analysis and imago-therapy. Services available in English and French.

221. Nadeau, Dominic - BA Le Centre de Psychologie Québec

Nadeau, Dominic - BA Le Centre de Psychologie Québec 432 Boul. René-Lévesque O Québec, QC G1S 1S3 Phone: [1.418.681.0404](tel:1.418.681.0404) Fax: 1.418.914.0772

Note: For adult individuals and specializes in depression, anxiety, addictions, relationship issues, emotional management, and personality disorders. Alternative methods of therapy available, including psychodynamic approach. Services offered in French.

222. Trainor, Carolann - MAPC, MASp, MBA, CCC Abundant Living Counselling

Trainor, Carolann - MAPC, MASp, MBA, CCC Abundant Living Counselling 206 - 19 Grenfell Cres. Ottawa, ON K2G 0G3 Phone: [1.613.727.4455](tel:1.613.727.4455) Fax: 1.613.727.8755 E-Mail: [clinic@abundantlivingcounselling.com](mailto:clinic@abundantlivingcounselling.com)

Note: For adult individuals and couples. Specializes in addiction, substance use, depression, anxiety, chronic pain, life transition issues, and sexual abuse.

223. Paquet, Nicole - MA, PhD

Paquet, Nicole - MA, PhD 556, Boul. René-Lévesque O Québec, QC G1S 1S5 Phone: [1.418.682.2636](tel:1.418.682.2636) E-Mail: [nicole.paquet64@gmail.com](mailto:nicole.paquet64@gmail.com)

Note: For adult and senior individuals and groups. Specializes in life transitions, relationship issues, addiction, depression, grief and loss, PTSD, and spirituality. Counselling approach includes EMDR, psychotherapy, and art therapy. Services offered in English and French.

224. Vardy, Gerard - MDiv, MA, DMin, CCC The Whitestone Clinic

Vardy, Gerard - MDiv, MA, DMin, CCC The Whitestone Clinic Serenity Renewal for Families 202 - 2255 St. Laurent Blvd. Ottawa, ON K1G 4K3 Phone: [1.613.523.5143](tel:1.613.523.5143)

Note: For adult individuals, couples, and groups. Specializes in addictions, trauma, spirituality, and intimacy disorders such as sex addiction and codependency. Alternative methods of therapy used, including CBT, EFT, TCBT, and FIT.

225. Zinatelli, Marna - PhD, CPsych

Zinatelli, Marna - PhD, CPsych 35 Beechwood Ave. Ottawa, ON K1M 1M1 Phone: [1.613.233.4222](tel:1.613.233.4222) Fax: 1.613.233.3244 E-Mail: [marnazin@web.net](mailto:marnazin@web.net)



Note: For adult individuals. Specializes in anxiety, eating disorders, sexuality issues, depression, relationship issues, grief and loss, stress, and life transitions. Counselling approaches include cognitive, behavioural and solution-focused strategies.

226. Hutchison, Bruce - PhD

Hutchison, Bruce - PhD 510 - 359 Kent St. Ottawa, ON K2P 0R6 Phone: [1.613.355.5255](tel:1.613.355.5255) Fax: 1.613.321.1706 E-Mail: [bjhutch@rogers.com](mailto:bjhutch@rogers.com)

Note: For adult individuals and specializes in depression, anxiety, and insomnia. Counselling approaches include CBT, Behavioral Activation, Mindfulness, Problem-Solving Therapy, Person-Centred therapy, EFT, DBT, Acceptance and Commitment Therapy, and Psychodynamic Therapy.

227. Vardy, Gerard - MDiv, MA, DMin, CCC The Whitestone Clinic

Vardy, Gerard - MDiv, MA, DMin, CCC The Whitestone Clinic Serenity Renewal for Families 202 - 2255 St. Laurent Blvd. Ottawa, ON K1G 4K3 Phone: [1.613.523.5143](tel:1.613.523.5143)

Note: For adult individuals, couples, and groups. Specializes in addictions, trauma, spirituality, and intimacy disorders such as sex addiction and codependency. Alternative methods of therapy used, including CBT, EFT, TCBT, and FIT.

228. Chinoy, Tinaz - PhD

Chinoy, Tinaz - PhD Sainte-Anne-de-Bellevue, QC Phone: [1.855.236.4138](tel:1.855.236.4138)

Note: For teen and adult individuals and couples. Specializes in eating disorders, depression, and anxiety, and mood disorders. Alternative methods of therapy available, including an eclectic and psychodynamic approach. Services offered in English and French.

229. Toms, Maureen - BIS, DCTP, CAPT, PRS

Toms, Maureen - BIS, DCTP, CAPT, PRS  
53 Banfield St.  
Paris, ON N3L 2Y9  
Phone: [1.519.442.7496](tel:1.519.442.7496)

Note: For adolescent and adult individuals. Specializes in depression, anxiety, relationship issues, abuse, trauma, addictions, PTSD, chronic pain, abandonment issues, grief and loss, and anger. Counselling approach includes psychodynamic psychotherapy.

230. Tucker, Bradley - BA, BTH, MC, CCC Abundant Health Counselling and Psychotherapy

Tucker, Bradley - BA, BTH, MC, CCC Abundant Health Counselling and Psychotherapy 206 - 311 George St. N Peterborough, ON K9H 1E1 Phone: [1.705.872.5353](tel:1.705.872.5353)

Note: For adult individuals and couples. Specializes in mood disorders, bipolar, psychosis, compulsions, addictions, change, phobias, substance use, gambling, spirituality, and meaning.

231. Coutts, Joanne - PhD

Coutts, Joanne - PhD 623 Liverpool Rd. Pickering, ON L1W 1R1 Phone: [1.905.767.2759](tel:1.905.767.2759) Fax:



1.905.839.7899 E-Mail: [info@joannecouttspychologist.com](mailto:info@joannecouttspychologist.com)

Note: For teen and adult individuals. Specializes in OCD, ADHD, anger management, relationship issues, trauma, and assertiveness training. Counselling approach includes CBT.

232. Elbaum, Anat - MA, RMFT Advanced Psychology Services

Elbaum, Anat - MA, RMFT Advanced Psychology Services 208 - 9019 Bayview Ave. Richmond Hill, ON L4B 1Y3 Phone: [1.905.771.7000](tel:1.905.771.7000) E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in trauma, separation and divorce, family conflicts, major life changes, addiction, and eating disorders. Counselling approaches include AFT, trauma focused CBT, and art therapy. Services offered in English and Hebrew.

233. Fitzgerald, Cindy - MA Cindy Fitzgerald Psychotherapy

Fitzgerald, Cindy - MA Cindy Fitzgerald Psychotherapy 201 - 13025 Yonge St. Richmond Hill, ON L4E 1A3 Phone: [1.416.562.9446](tel:1.416.562.9446) E-Mail: [client@cindyfitzgerald.ca](mailto:client@cindyfitzgerald.ca)

Note: Addiciton services for youth and adult individuals and families.

234. Homewood, Debbie - RP Kerrybrook Consulting & Counselling

Homewood, Debbie - RP Kerrybrook Consulting & Counselling Richmond Hill, ON L4C 3R1 Phone: [1.416.855.6749](tel:1.416.855.6749) E-Mail: [info2@kerrybrook.ca](mailto:info2@kerrybrook.ca)

Note: For adult individuals and specializes in illness, anxiety, panic, grief and loss, low self-esteem, conflict, difficulty in making decisions, and loneliness. Alternative methods of therapy used, including counselling, pastoral care, and biofeedback. Appointments available in person or by phone.

235. Boucher, Sylvie - PhD

Boucher, Sylvie - PhD 1380, rue Antonio Terrebonne, QC J7M 1G4 Phone: [1.514.590.9826](tel:1.514.590.9826) Fax: 1.450.722.0817 E-Mail: [info@sylviebouchercoach.com](mailto:info@sylviebouchercoach.com)

Note: For adult individuals and groups. Specializes in burnout, relationship issues, family conflict, addiction, PTSD, psychosomatic illnesses, relaxation, and stress management. Alternative methods of therapy available, including Narrative approaches and solutions oriented and cognitive-behavioral techniques. Services offered in French.

236. Nehmad, Abraham - MA Advanced Psychology Services

Nehmad, Abraham - MA Advanced Psychology Services 208 - 9019 Bayview Ave. Richmond Hill, ON L4B 1Y3 Phone: [1.905.771.7000](tel:1.905.771.7000) E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in stress management, anxiety, addiction, depression, grief and loss, marital conflict, parenting challenges, and ADHD. Alternative methods of therapy used, including BFT, systemic, Narrative, and psycho-dynamic therapy. Services offered in English, Spanish, and Hebrew.

237. Santon, Pamela J. - MSW, RSW, RMFT

Santon, Pamela J. - MSW, RSW, RMFT  
202 - 10168 Yonge St.  
Richmond Hill, ON L4C 1T6  
Phone: [1.416.294.3864](tel:1.416.294.3864) (Richmond Hill)  
Phone: [1.905.253.0102](tel:1.905.253.0102) (Hamilton)  
E-Mail: [psanton@yahoo.com](mailto:psanton@yahoo.com)

Note: For adult individuals, couples, and families. Specializes in mental health issues, addiction, sex therapy, and relationship issues. Alternative methods of therapy used, including client-centred approach.

238. Shenfield, Tali - PhD, CPsych Advanced Psychology Services

Shenfield, Tali - PhD, CPsych Advanced Psychology Services 208 - 9019 Bayview Ave. Richmond Hill, ON L4B 1Y3 Phone: [1.905.771.7000](tel:1.905.771.7000)

E-Mail: [info@psy-ed.com](mailto:info@psy-ed.com) Note: For youth, young adult, and adult individuals. Specializes in addiction, anxiety, depression, anger issues, eating disorders, ADHD, and Autism Spectrum Disorders. Services offered in English and Russian.

239. Teplin, David - PsyD, CPsych

Teplin, David - PsyD, CPsych 200 - 30 Via Renzo Dr. Richmond Hill, ON L4S 0B8 Phone: [1.905.787.2292](tel:1.905.787.2292) Fax: 1.289.800.0411 E-Mail: [info@drdavidteplin.com](mailto:info@drdavidteplin.com)

Note: For adult individuals and specializes in substance use disorders, adult ADHD, anxiety, depression, mental disorders, and concurrent disorders. Counselling includes a relapse prevention approach.

240. St-Onge, Jacques

St-Onge, Jacques 134, rue Sylvain Victoriaville, QC G6P 8L8 Phone: [1.819.758.4337](tel:1.819.758.4337)

Note: For individuals, couples, and families between the ages of 8 and 75. Specializes in relationship issues, anxiety, chronic pain, family conflict, and work stress. Counselling includes a family systems approach.

241. Ramesh, Jothi - MSW, RSW J.R. Services Psychotherapy Centre

Ramesh, Jothi - MSW, RSW J.R. Services Psychotherapy Centre 43 Moreau Trail Scarborough, ON M1L 4V3 Phone: [1.416.876.2470](tel:1.416.876.2470) E-Mail: [jothirakku@yahoo.com](mailto:jothirakku@yahoo.com)

Note: For adult individuals, couples, and families. Specializes in OCD, relationship issues, addictions, financial, anger management, bereavement, sexuality, TS/TG, trauma, workplace issues, and eating disorders. Alternative methods of therapy used, client-centred approach, Narrative, CBT, and mindful meditation.

242. Bond, Alexandra - Hon BSc, MSW, RSW Markham Therapy and Counselling

Bond, Alexandra - Hon BSc, MSW, RSW Markham Therapy and Counselling 6568 Main St. Stouffville, ON L4A 7W8 Phone: [1.647.300.8685](tel:1.647.300.8685) E-Mail: [alexandra@markhamcounselling.ca](mailto:alexandra@markhamcounselling.ca)

Note: For adult individuals and specializes in relationship issues, separation and divorce, abuse,

trauma, grief and loss, and self-esteem.

243. Freud-Goldman, Lisa - BSW, MSW, RSW Freud-Goldman and Associates

Freud-Goldman, Lisa - BSW, MSW, RSW Freud-Goldman and Associates 300 - 300 John St. Thornhill, ON L3T 5W4 Phone: [1.416.568.2406](tel:1.416.568.2406) E-Mail: [freudgoldmanassociates@gmail.com](mailto:freudgoldmanassociates@gmail.com)

Note: For teen and adult individuals, couples, and families. Specializes in mental health, obsessive compulsive disorder, eating disorders, relationship issues, PTSD, anger management, and addictions. Counselling approaches include Narrative Therapy, Compassionate Mind Training, and Prolonged Exposure Therapy.

244. Durst, Adrienne - MA, MFT, ATPQ

Durst, Adrienne - MA, MFT, ATPQ 200 - 4573 rue Sherbrooke O Westmount, QC, H3Z 1E9 Phone: [1.514.928.9927](tel:1.514.928.9927) E-Mail: [info@montrealcounselling.com](mailto:info@montrealcounselling.com)

Note: For child, adolescent, and adult individuals, couples, and families. She specializes in ADHD, oppositional defiant disorder, substance use, self-harm, truancy, delinquency, self-esteem, abuse, and relationship issues.

245. Esposti, John - BA, BSW, MSW, RSW

Esposti, John - BA, BSW, MSW, RSW 123 Peter St. Thunder Bay, ON P7A 5H6 Phone: [1.855.980.5944](tel:1.855.980.5944)

Note: For children, teen, and adult individuals and couples. Specializes in mood disorders, trauma, grief and loss, and behavioral addictions.

246. Gagnon, Danny - PhD

Gagnon, Danny - PhD 760 - 1310 Av. de Greene Westmount, QC H3Z 2B2 Phone: [1.514.605.7610](tel:1.514.605.7610) E-Mail: [info@montrealcbtpsychologist.com](mailto:info@montrealcbtpsychologist.com)

Note: For adolescent and adult individuals and groups. Specializes in stress, OCD, addiction, recovery, and anger management. Counsellinig approach includes CBT. Services offered in English and French.

247. Johnston, Paul - PhD, CPsych

Johnston, Paul - PhD, CPsych 5 - 59 Court St. N Thunder Bay, ON P7A 4T6 Phone: [1.807.628.0752](tel:1.807.628.0752) Toll-Free: 1.888.872.8551 Fax: 1.807.344.2089 E-Mail: [thunderbaypsychology@hotmail.com](mailto:thunderbaypsychology@hotmail.com)

Note: For adult individuals, couples, and groups. Specializes in anxiety, trauma, PTSD, depression, sexuality issues, sexual addiction, and relationship issues. Alternative methods of therapy used, including CBT, mindfulness, DBT, and EMDR.

248. Aharon, Sara - EdD Dr. Sara Aharon Psychology

Aharon, Sara - EdD Dr. Sara Aharon Psychology 501 - 600 Sherbourne St. Toronto, ON M4X 1W4 Phone: [1.416.690.5227](tel:1.416.690.5227) E-Mail: [info@bodymindhealth.org](mailto:info@bodymindhealth.org)

Note: For adult individuals and groups. Specializes in trauma, PTSD, panic disorder, addiction, phobias, sleep problems, and chronic pain. Alternative methods of therapy used, including Energy Psychology modalities, EMDR, biofeedback, clinical hypnosis, and Adlerian psychodynamic.

249. Kornacki, Edith - MEd

Kornacki, Edith - MEd 328 - 4150 rue St. Catherine O Westmount, QC H3Z 1P4 Phone: [1.514.488.8319](tel:1.514.488.8319) E-Mail: [edithkornacki@videotron.ca](mailto:edithkornacki@videotron.ca)

Note: For adolescent, adult, and senior individuals. Specializes in depression, anxiety, grief and loss, addiction, self-esteem, and relationship issues. Alternative methods of therapy available, including psychodynamic and CBT approach. Services offered in English.

250. Nucci, Andrea - MEd, GrDip

Nucci, Andrea - MEd, GrDip 615 - 4060, rue Ste-Catherine Westmount, QC H3Z 2Z3 Phone: [1.514.572.4426](tel:1.514.572.4426) E-Mail: [andrea.nucci@videotron.ca](mailto:andrea.nucci@videotron.ca)

Note: Andrea works with adult individuals and couples only. Specializes in anger management, relationship issues, personality disorders, workplace stress, change management, life transitions, substance abuse, and PTSD. Alternative methods of therapy available, including psychodynamic, cognitive-behavioural and solution-focused interventions. Services offered in English.

251. Beech, Lawrence - PhD

Beech, Lawrence - PhD 221 - 1333 Sheppard Ave. E Toronto, ON M2J 1V1 Phone: [1.416.494.7302](tel:1.416.494.7302) Fax: 1.416.443.8028 E-Mail: [lawrence.beech@utoronto.ca](mailto:lawrence.beech@utoronto.ca)

Note: For adult individuals, couples, and families. Specializes in stress, life transitions, grief and loss, addiction, relationship issues, and spirituality.

252. Reyes, Reida Real - MA

Reyes, Reida Real - MA 303 - 360 Av. Victoria Westmount, QC H3Z 2N4 Phone: [1.514.995.9708](tel:1.514.995.9708) E-Mail: [reidareal@yahoo.com](mailto:reidareal@yahoo.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in anger, eating disorders, PTSD, relationship issues, addiction, family conflict, sexual issues, and self-esteem. Services offered in English, French, and Spanish.

253. Bolger, Elizabeth - PhD

Bolger, Elizabeth - PhD 508A - 124 Merton St. Toronto, ON, M4S 2Z2 Phone: [1.416.487.7475](tel:1.416.487.7475)

Note: For adult individuals and specializes in PTSD, relationship issues, family conflicts, addiction, trauma, grief and loss, and separation and divorce.

254. Voss, Kirsten - PhD, OPQ, CPsych

Voss, Kirsten - PhD, OPQ, CPsych 410 - 245 Av. Victoria Westmount, QC H3Z 2M6 Phone: [1.514.903.6933](tel:1.514.903.6933) E-Mail: [kirsten@drkvoss.ca](mailto:kirsten@drkvoss.ca)

Note: For adolescent and adult individuals. Specializes in addiction, ADHD, depression, relapse

prevention, First Nations issues, trauma, and relationship issues. Counselling approach includes CBT. Services offered in English and French.

255. Graham, Anne - BA, MA

Graham, Anne - BA, MA PO Box 245 78 Route 880 Apohaqui, NB E5P 3G2 Phone: [1.506.434.5159](tel:1.506.434.5159)  
Fax: 1.506.485.2027 E-Mail: [anne@annegraham.ca](mailto:anne@annegraham.ca)

Note: For children, teen, and adult individuals. Specializes in ADD, behaviour problems, chronic pain, family conflict, OCD, relationship issues, self-harm, and separation and divorce. Counselling approaches include Play Therapy, Collaborative Problem Solving, and DBT.

256. York, Margaret - RSW Family Enrichment and Counselling Service

York, Margaret - RSW Family Enrichment and Counselling Service 356 Queen St. Fredericton, NB E3B 1B2 Phone: [1.506.458.8211](tel:1.506.458.8211) Toll-Free: [1.888.829.6777](tel:1.888.829.6777) E-Mail: [info@familyenrichment.ca](mailto:info@familyenrichment.ca)

Note: For adult individuals and couples. Specializes in codependency and addictions counselling including chemical dependency, gambling, and sexual addiction. Alternative methods of therapy available, including motivational and solution-focused approaches.

257. Campbell, Bonnie - BA, DCTP, CAPT Spadina Therapy Centre

Campbell, Bonnie - BA, DCTP, CAPT Spadina Therapy Centre 37 Spadina Rd. Toronto, ON M5R 2S9 Phone: [1.416.923.5112](tel:1.416.923.5112) E-Mail: [bonnie@bonniecampbell.ca](mailto:bonnie@bonniecampbell.ca)

Note: For adult individuals. Specializes in chronic illness, sexual issues, relationship issues, spirituality, addiction, and eating disorders. Alternative methods of therapy used, including depth psychotherapy, guided meditation, deep relaxation, and focusing.

258. Chapman, Linda - ATR-BC, RCAT, OSP

Chapman, Linda - ATR-BC, RCAT, OSP 741 - 118 Eglinton Ave. W Toronto, ON M4R 2G4  
Phone: [1.416.427.6244](tel:1.416.427.6244) E-Mail: [lindachapman@psychotherapyintoronto.com](mailto:lindachapman@psychotherapyintoronto.com)

Note: For teen and adult individuals and couples. Specializes in relationship issues, body image, eating disorders, trauma, grief and loss, and family conflict. Counselling approach includes art therapy.

259. Christie, Nancy - MTC

Christie, Nancy - MTC Toronto, ON Phone: [1.416.691.3768](tel:1.416.691.3768) E-Mail: [nchristie@sympatico.ca](mailto:nchristie@sympatico.ca)

Note: For adult individuals and specializes in trauma. Counselling approach includes Sensorimotor Psychotherapy, a mindfulness based, talking therapy.

260. Circelli, Carmela - PhD, DCTP, CAPT

Circelli, Carmela - PhD, DCTP, CAPT 366 Dupont St. Toronto, ON M4K 1E8 Phone: [1.647.977.5905](tel:1.647.977.5905)

Note: For teen and adult individuals and groups. Specializes in addiction, anger, abuse, domestic violence, eating disorders, trauma, and PTSD. Counselling approach includes psychoanalysis.

261. Coffey, Patricia - MA, CCC Bamford, Myers & Wilkie Counselling

Coffey, Patricia - MA, CCC Bamford, Myers & Wilkie Counselling 5016 - 3080 Yonge St. Toronto, ON M4N 3N1 E-Mail: [patricia.coffey02@gmail.com](mailto:patricia.coffey02@gmail.com)

Note: For adult individuals, couples, and families. Specializes in relationship difficulties, family conflict, addiction, codependency, intimacy problems, and spiritual questions. Alternative methods of therapy available, including EFT, and a humanistic, family-systems, emotion focused, and evidence-based approach.

262. Wright, Joan M. - PhD, LPsych

Wright, Joan M. - PhD, LPsych 142 Brunswick Fredericton, NB E3B 1G6 Phone: [1.506.454.7430](tel:1.506.454.7430)  
Fax: 1.506.462.9906 E-Mail: [office@joanwright.ca](mailto:office@joanwright.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in anger, stress, eating disorders, addictions, PTSD, and abuse. Alternative methods of therapy available, including EFT, Somatic Psychology (Bio-Energetic Analysis), and EEG Biofeedback.

263. Crabtree, Joanne - MTC

Crabtree, Joanne - MTC 401 - 344 Dupont St. Toronto, ON M5R 1V9 Phone: [1.647.933.9771](tel:1.647.933.9771)  
E-Mail: [psychotherapyarts@rogers.com](mailto:psychotherapyarts@rogers.com)

Note: For teen and adult individuals, couples, and groups. Specializes in relationship issues, self-esteem, addiction, eating disorders, family conflict, and grief and loss.

264. Cutler, Janine - PhD CBT Associates

Cutler, Janine - PhD CBT Associates 900 - 85 Richmond St. W Toronto, ON M5H 2C9 Phone: [1.647.693.8187](tel:1.647.693.8187)

Note: For adult individuals, couples, and groups. Specializes in PTSD, grief and loss, relationship issues, domestic violence, anger, and substance use. Counselling approach includes CBT and DBT.

265. Tilley, Janice - MSc, MEd, CCC, RCT Empathic Life Solutions

Tilley, Janice - MSc, MEd, CCC, RCT Empathic Life Solutions  
104 - 120 High St. Moncton NB E1C 6B5 Phone: [1.506.866.6940](tel:1.506.866.6940) E-Mail: [info@empathicsolutions.ca](mailto:info@empathicsolutions.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, work/life balance, intimate partner violence, trauma, and anger management. Counselling approaches include Narrative Therapy, Acceptance and Commitment Therapy, and Emotions-Focused Therapy.

266. Redmond, Lori - MEd, CCC, RCT The Counselling Network

Redmond, Lori - MEd, CCC, RCT The Counselling Network 103E - 1149 Smythe St. Fredericton, NB E3B 3H4 Phone: [1.506.454.2393](tel:1.506.454.2393) E-Mail: [lori@counsellingnetwork.ca](mailto:lori@counsellingnetwork.ca)

Note: For adult individuals and groups. Specializes in addiction, compassion fatigue, stress, and working with family members affected by a loved one's mental illness. Alternative methods of therapy available, including CBT, DBT, and Narrative Therapy



267. Coburn, Sherri - MSW, RSW Family Matters Counselling Service

Coburn, Sherri - MSW, RSW Family Matters Counselling Service 100 - 11 Gondola Point Rd. Rothesay, NB E2E 5J6 Phone: [1.506.849.2777](tel:15068492777)

Note: For female adolescent and adult individuals, couples, and families. Specializes in trauma, addiction, and relationship issues.

268. Crouchman, Rebecca - BA, MEd, CCC Family Plus/Life Solutions

Crouchman, Rebecca - BA, MEd, CCC Family Plus/Life Solutions 204 - 199 Chesley Dr. Saint John, NB E2K 4S9 Phone: [1.506.634.8295](tel:15066348295) Toll-Free: [1.800.360.3327](tel:18003603327) Fax: 1.506.652.1477

Note: For adult individuals, couples, and families. Specializes in abuse, addiction, anger, family conflict, depression, eating disorders, relationship issues, trauma, stress, and PTSD. Counselling approach includes a Christian perspective.

269. Cusack, Nancy - MEd, CCC, RCT Cusack Counselling

Cusack, Nancy - MEd, CCC, RCT Cusack Counselling 130 Broadview Ave. Saint John, NB E2L 5C5 Phone: [1.506.636.2231](tel:15066362231)

Note: For teen and adult individuals. Specializes in stress, self esteem, anger, PTSD, trauma, depression, and relationship issues. Counselling approach includes EMDR, Solution-Focused Therapy, and reality therapy.

270. Brushett, Kelly - MSc, RMFT

Brushett, Kelly - MSc, RMFT 1278 Bedford Hwy. Bedford, NS B4A 1C7 Phone: [1.902.832.0830](tel:19028320830) Fax: 1.902.404.3963 E-Mail: [marshknickle@eastlink.ca](mailto:marshknickle@eastlink.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in behavioral difficulties, school-related concerns, family violence, substance use, relationship issues, and mental health disorders.

271. Buckley, Mike - PhD, Psych, MA, RTC, CCC The Compass Rose Health and Wellness Centre

Buckley, Mike - PhD, Psych, MA, RTC, CCC The Compass Rose Health and Wellness Centre 200 - 36 Brookshire Crt. Bedford, NS B4A 4E9 Phone: [1.902.346.2158](tel:19023462158) E-Mail: [info@thecompassrose.ca](mailto:info@thecompassrose.ca)

Note: For adolescent, teen, and adult individuals, couples, families, and groups. Specializes in problem gambling, addictions, codependency, trauma, PTSD, abuse, ACOA, and family violence. Alternative methods of therapy available, including family systems, CBT, and a Bio-Psycho-Social-Spiritual model.

272. Ross, Michael - MSW, RSW Harmony Health Centre Cooperative Ltd.

Ross, Michael - MSW, RSW Harmony Health Centre Cooperative Ltd. 1153 King St. Bridgewater, NS B4V 1C3 Phone: [1.902.530.3460](tel:19025303460) Fax: 1.902.530.3463 E-Mail: [info@harmonyhealthcentre.org](mailto:info@harmonyhealthcentre.org)

Note: For teen and adult individuals, families, and groups. Specializes in stress and trauma recovery, grief and loss, and substance use. Counselling approach includes Ericksonian medical hypnosis, meditation, and harm reduction/relapse prevention methods.



273. Boehm, Rebecca - PhD Mindful Therapies

Boehm, Rebecca - PhD Mindful Therapies 168 Ochterloney St. Dartmouth, NS B2Y 1E1 Phone: [1.902.576.3576](tel:1.902.576.3576) E-Mail : [info@mindfultherapies.org](mailto:info@mindfultherapies.org)

Note: For adult individuals and groups. Specializes in addiction, relationship issues, depression, and anxiety. Counselling approach includes mindfulness, CBT, and interpersonal process therapy.

274. Gjesdal, Colin Dale - MSW, RSW Mindful Therapies

Gjesdal, Colin Dale - MSW, RSW Mindful Therapies 168 Ochterloney St. Dartmouth, NS B2Y 1E1 Phone: [1.902.576.3576](tel:1.902.576.3576)

Note: For adult individuals and families. Specializes in addictive behaviours, substance use, gambling issues, spirituality, grief and loss, and anxiety. Counselling approach includes mindfulness, CBT, structured relapse prevention and Narrative therapy.

275. Mariner, Robert - MA, CCC, RCT Mariner & Marine Counselling & Mediation

Mariner, Robert - MA, CCC, RCT  
Mariner & Marine Counselling & Mediation  
Halifax Professional Centre  
740 - 5991 Spring Garden Rd.  
Halifax, NS B3H 1Y6  
Phone: [1.902.496.5656](tel:1.902.496.5656)

Note: For adult individuals, couples, and families. Specializes in relationship issues, intimacy, stress, PTSD, and addiction. Alternative methods of therapy available, including CBT, Mindfulness, and Solution Focused approaches.

276. Nahirnak, Barry - MEd, RCT-C, CCC

Nahirnak, Barry - MEd, RCT-C, CCC 800 - 1701 Hollis St. Halifax, NS B3J 3M8 Phone: [1.902.229.9598](tel:1.902.229.9598)

Note: For children, adolescent, adult, and senior individuals, couples, and families. Specializes in trauma, anxiety, depression, BPD, addiction, and relationship issues. Alternative methods of therapy available, including emotionally focused, family systems, Narrative, and attachment-based approaches.

277. Richardson, Brett - MEd, CCC, RCT-C, CPT Brett Richardson Counselling and Wellness Services

Richardson, Brett - MEd, CCC, RCT-C, CPT Brett Richardson Counselling and Wellness Services  
5689 Cunard St. Halifax, NS, B3K 1C7 Phone: [1.902.292.9043](tel:1.902.292.9043) E-Mail: [brichardsoncounselling@gmail.com](mailto:brichardsoncounselling@gmail.com)

Note: For adult individuals, couples, and families. Specializes in LGBT issues, substance use, grief and loss, trauma, and illness. Counselling approach includes cognitive, Narrative, and psychoanalytic modalities.

278. Stephenson, Hilary - MPsych Waldegrove Psychological Services

Stephenson, Hilary - MPsych Waldegrove Psychological Services 401 - 5121 Sackville St. Halifax,

NS B3J 1K1 Phone: [1.902.406.9404](tel:1.902.406.9404) E-Mail: [contact@waldegrovepsych.com](mailto:contact@waldegrovepsych.com)

Note: For adolescent and adult individuals, couples, and groups. Specializes in anxiety disorders, addiction, chronic pain management, PTSD, and psychosis. Counselling approaches include CBT, acceptance and commitment therapy, Narrative therapy, and motivational-interviewing techniques.

279. DeVita, Elsie - PhD, RPsych

DeVita, Elsie - PhD, RPsych 509 - 402 Pender St. W Vancouver, BC V6B 1T6 Phone: [1.604.874.8528](tel:1.604.874.8528) Fax: 1.604.874.3502

Note: Addiction and trauma services for adult individuals, couples, and families. Specializes in depression, anxiety, relationships, stress, anger management, family of origin issues, and self-injury.

280. Diamond Potts, Sue - MA, RCC The Good Life Therapy Centre

Diamond Potts, Sue - MA, RCC The Good Life Therapy Centre 635 - 470 Granville St. Vancouver, BC V6C 1V5 Phone: [1.604.682.1484](tel:1.604.682.1484)

Note: For adult individuals and couples. Specializes in trauma and addiction. Alternative methods of therapy available, including Self-Regulation Therapy, developmental, and psychobiological approaches.

281. Duma, Joanne - PhD, RPsych

Duma, Joanne - PhD, RPsych 618 - 736 Granville St. Vancouver, BC V6Z 1G3 Phone: [1.604.689.2456](tel:1.604.689.2456) E-Mail: [jduma@shaw.ca](mailto:jduma@shaw.ca)

Note: For adolescent and adult individuals and specializes in depression, anxiety, relationship issues, grief and loss, phobias, PTSD, and addictions. Alternative methods of therapy available, including CBT and EFT.

282. Mariner, Robert - MA, CCC, RCT Mariner & Marine Counselling & Mediation

Mariner, Robert - MA, CCC, RCT  
Mariner & Marine Counselling & Mediation  
Halifax Professional Centre  
740 - 5991 Spring Garden Rd.  
Halifax, NS B3H 1Y6  
Phone: [1.902.496.5656](tel:1.902.496.5656)

Note: For adult individuals, couples, and families. Specializes in relationship issues, intimacy, stress, PTSD, and addiction. Alternative methods of therapy available, including CBT, Mindfulness, and Solution Focused approaches.

283. Barnett, Megan - MPCP, CCPCPR, MTC, RTC, RPC, ICADC Madrona Wellness Centre

Barnett, Megan - MPCP, CCPCPR, MTC, RTC, RPC, ICADC  
Madrona Wellness Centre  
3367 1st St.  
Cumberland, BC V0R 1S0  
Phone: [250-792-2107](tel:250-792-2107)  
E-Mail: [info@madronawellness.com](mailto:info@madronawellness.com)

Note: Addiction and trauma services for individuals 19 of age and older, couples, families, and groups. Specializes in co-occurring disorders, phobias, esteem, and gender/sexuality issues. Alternative methods of therapy available, including psychodynamic, gestalt, relationships and family systems, as well as Bio Energetic Synchronization Technique.

284. Duplassie, Danielle - MA, PhD, RCC The Shanti Counselling Centre

Duplassie, Danielle - MA, PhD, RCC The Shanti Counselling Centre 628 - 470 Granville St. Vancouver, BC V6C 1V5 Phone: [1.604.773.3100](tel:1.604.773.3100) Email: [info@shanti-centre.com](mailto:info@shanti-centre.com)

Note: Addictions and trauma services for adult individuals. Specializes in relationship conflict, alternative relationship structures, sexual orientation, stress, grief and loss, abuse, self-esteem issues, and anger management.

285. Mew, Alyssa - MSW Blake Psychology

Mew, Alyssa - MSW  
Blake Psychology  
1700 - 2001 Boul. Robert-Bourassa  
Montreal, QC H3A 2A6  
Phone: [1.514.312.1744](tel:1.514.312.1744)  
E-Mail: [info@blakepsychology.com](mailto:info@blakepsychology.com)

Note: For children and adults, individuals, couples, and families. Specializes in addiction, interpersonal problems, eating disorders, panic attacks, anger management, esteem and confidence, and OCD. Alternative methods of therapy available, including an integrative approach and evidence-based practices including CBT and DBT. Services offered in English and French.

286. Eliezer, Joseph - MTC, RPC, MPCP

Eliezer, Joseph - MTC, RPC, MPCP 28 - 1089 Broadway W Vancouver, BC V6H 1E5 Phone: [1.604.739.3010](tel:1.604.739.3010) E-Mail: [joseph@josepheliezer.com](mailto:joseph@josepheliezer.com)

Note: For adult individuals and specializes in unresolved conflicts, traumas, addictions, and grief and loss. Alternative methods of therapy available, including depth psychology and psychodynamic/analytic theory.

287. Scott, Rebecca J. - MA, RCC In Balance Counselling Ltd.

Scott, Rebecca J. - MA, RCC  
In Balance Counselling Ltd.  
Dawson Creek, BC  
Phone: [1.250.219.8044](tel:1.250.219.8044)  
E-Mail: [rebecca@rebeccajscott.ca](mailto:rebecca@rebeccajscott.ca)

Note: Addiction and counselling services for adult individuals and families. Specializes in workplace stress, eating disorders, self-harm, relationship issues, and sexuality. Alternative methods of therapy available, including DBT, motivational interviewing, and mindfulness approaches.

288. Harrison, Scott - MA, RCC Sunwood Counselling

Harrison, Scott - MA, RCC  
Sunwood Counselling

128 - 6345 120th St.  
Delta, BC V4E 2A6  
Phone: [1.604.532.6780](tel:1.604.532.6780)

Note: For individuals 15 years of age and older. Specializes in substance misuse and behavioral addictions (gambling, internet, and sex). Alternative methods of therapy available, including CBT and Narrative therapy. Appointments are available in office and by phone.

289. Ellis, Jackie - MA, CCC, RCC Axis Professional Counselling

Ellis, Jackie - MA, CCC, RCC Axis Professional Counselling 205 - 2628 Granville St. Vancouver, BC V6H 4B4 Phone: [1.604.568.4220](tel:1.604.568.4220) E-Mail: [info@axiscounselling.ca](mailto:info@axiscounselling.ca)

Note: Addictions and trauma services for adolescent and adult individuals, and couples. Specializes in stress, self-esteem and boundary issues, communication and assertiveness skills, relationship concerns, sexual issues, and anger management.

290. Hagen, Brad - RPsych, RN, PhD Associates Counselling Services

Hagen, Brad - RPsych, RN, PhD Associates Counselling Services 239 - 12B St. N Lethbridge, AB T1H 2K8 Phone: [1.403.381.6000](tel:1.403.381.6000) E-Mail: [brad@associatescounselling.ca](mailto:brad@associatescounselling.ca)

Note: For adult individuals and couples. Specializes in mental health issues, addictions, men's issues, PTSD, trauma, and midlife issues. Counselling approaches include Gestalt, Existential, CBT, and Transpersonal therapy. Appointments are also available via Skype.

291. Forest, Susan - MA, RCC

Forest, Susan - MA, RCC E-Mail: [susankforest@gmail.com](mailto:susankforest@gmail.com)

Note: For youth and adult individuals. Specializes in addictions with abstinence as a goal or harm reduction. Alternative methods of therapy available, including a client-centered approach, CBT, and SFBT.

292. McCallum, Karim - BHSc, MEd, CCC Associates Counselling Services

McCallum, Karim - BHSc, MEd, CCC Associates Counselling Services 239 - 12B St. N Lethbridge, AB T1H 2K8 Phone: [1.403.381.6000](tel:1.403.381.6000) E-Mail: [karim@associatescounselling.ca](mailto:karim@associatescounselling.ca)

Note: For adult individuals, couples, and groups. Specializes in mental health, addictions and recovery, intimacy, relationship issues, anger, and stress management.

293. Gangopadhyay, Tisha - PhD, RPsych

Gangopadhyay, Tisha - PhD, RPsych 1 - 3657 16th Ave. W Vancouver, BC V6R 3C3 Phone: [1.604.506.7968](tel:1.604.506.7968)

Note: For adolescent and adult individuals. Specializes in relationship difficulties, serious mental illness, trauma, depression, anxiety, substance abuse, and life transitions. Alternative methods of therapy available, including CBT, systemic, brief and solution-focused therapies.

294. Rutland, Marcia - MA, RCC Marcia Rutland Counselling Services

Rutland, Marcia - MA, RCC  
Marcia Rutland Counselling Services  
331 St. Julian St.  
Duncan, BC V9L 3S5  
Phone: [1.250.732.2636](tel:1.250.732.2636)  
Fax: 1.250.746.7002

Note: Addictions and trauma services for adolescent and adult individuals, couples, and families. Alternative methods of therapy available, including motivational interviewing towards abstinence with 12-step meetings for support.

295. Goodfellow, Carly - MA, UKCP Carly Goodfellow Counselling and Psychotherapy

Goodfellow, Carly - MA, UKCP Carly Goodfellow Counselling and Psychotherapy 200 - 1687  
Broadway W Vancouver, BC V6J 1X2 Phone: [1.604.307.1068](tel:1.604.307.1068) E-Mail: [carly\\_goodfellow@yahoo.ca](mailto:carly_goodfellow@yahoo.ca)

Note: For adult individuals, couples, and families. Specializes in depression, chronic stress, panic, anxiety, PTSD, and relationship difficulties. Alternative methods of therapy available, including Psychotherapy and Clinical Hypnotherapy.

296. Shivel, Mary - MA, RCC

Shivel, Mary - MA, RCC  
Duncan, BC  
Phone: [1.250.210.0055](tel:1.250.210.0055)

Note: For adolescent and adult individuals, couples, and families. Specializes in anger management, addictions and problem gambling. Alternative methods of therapy available, including SFBT, response-based therapy, and CBT.

297. Ward, Tanya - MA, RCC Aspen Counselling

Ward, Tanya - MA, RCC  
Aspen Counselling  
103 - 455 Alderlea St.  
Duncan, BC V9L3V3  
Phone: [1.250.732.4353](tel:1.250.732.4353)  
E-Mail: [tanya@aspencounselling.ca](mailto:tanya@aspencounselling.ca)

Note: Addictions and trauma services for youth and adult individuals and couples. Specializes in anxiety, stress, eating disorders, and self-esteem issues. Alternative methods of therapy available, including Mind/Body-Mindfulness, Narrative Therapy, and Family Systems.

298. Williamson, Bonnie - MA, RCC

Williamson, Bonnie - MA, RCC  
202 - 111 Station St.  
Duncan, BC V9L 1M8  
Phone: [1.250.748.7776](tel:1.250.748.7776)  
E-Mail: [blwilliamson@shaw.ca](mailto:blwilliamson@shaw.ca)

Note: For adolescent, adult, and senior individuals. Specializes in addictions that include alcohol, drugs, gambling, and eating disorders. She uses a combination of CBT and EMDR, as well as

mindfulness and yoga.

299. Hadley, Rob - CHT Vancouver Addiction Centre

Hadley, Rob - CHT Vancouver Addiction Centre 720 - 999 Broadway W Vancouver, BC V5Z 1K5  
Phone: [1.778.331.0959](tel:1.778.331.0959)

Note: For adult individuals who struggle with addiction of any kind. Alternative methods of therapy available, including hypnosis, nutrition, yoga, and physical regimes. There is a screening interview as part of the acceptance criteria.

300. Hall, Denise E. - PsyD, CCC, CVRP Dragonfly Psychology Services

Hall, Denise E. - PsyD, CCC, CVRP Dragonfly Psychology Services 215 - 1118 Homer St.  
Vancouver, BC V6B 6L5 Phone: [1.604.685.4666 \(Office\)](tel:1.604.685.4666) Phone: [1.604.562.9130 \(Cell\)](tel:1.604.562.9130) Fax:  
1.604.685.4665 E-Mail: [dragonct@telus.net](mailto:dragonct@telus.net)

Note: Addiction and trauma services for youth and adult individuals and groups. Specializes in PTSD, anxiety, depression, relationship issues, and chronic pain. Alternative methods of therapy available, including clinical hypnosis, EMDR, EFT, and mindfulness.

301. Hiland, Trisha - MA, RPsych

Hiland, Trisha - MA, RPsych Vancouver, BC Phone: [1.604.736.9656](tel:1.604.736.9656) Fax: 1.604.736.9698 E-Mail:  
[mail@trishahiland.com](mailto:mail@trishahiland.com)

Note: For adult individuals and couples. Specializes in chemical dependency, stress and burnout, lifestyle issues, depression, elder care support, relapse prevention, co-dependency, and ACOA. Alternative methods of therapy available, including EMDR, Imago Relationship therapy, EFT, Gestalt, and Transactional Analysis.

302. Hilton, Jaminie - RCC

Hilton, Jaminie - RCC Vancouver, BC Phone: [1.604.802.4126](tel:1.604.802.4126) E-Mail: [healing.jaminie@shaw.ca](mailto:healing.jaminie@shaw.ca)

Note: For children 9 years and older, adult individuals, couples, families, and groups. Specializes in caregiver stress, anxiety, depression, relationship issues, and addiction. Alternative methods of therapy available, including deep relaxation-visualization and EMDR.

303. Stevens, Toni - PhD

Stevens, Toni - PhD  
PO Box 901  
Gibsons, BC V0N 1V0  
Phone: [1.604.886.1266](tel:1.604.886.1266)

Note: For individuals, couples, and families of all ages. Specializes in criminality, substance abuse, sexual abuse, parenting, relationships issues (gay and heterosexual), and women's issues.

304. Hugill, Tannis - RCC, RDT, BC-DMT Awakening Body Wisdom

Hugill, Tannis - RCC, RDT, BC-DMT Awakening Body Wisdom Vancouver, BC Phone:  
[1.604.267.9951](tel:1.604.267.9951) E-Mail: [tannisis@shaw.ca](mailto:tannisis@shaw.ca)

Note: For adolescent and adult individuals and groups. Specializes in addictions, trauma, eating and body image problems. Alternative methods of therapy available, including Somatic Psychology, Dance, and Drama therapy.

305. Bradford, Fiona - MSW, RSW Bradford Counselling Services

Bradford, Fiona - MSW, RSW  
Bradford Counselling Services  
PO Box 414  
1006 7th Ave.  
Invermere, BC V0A 1K0  
Phone: [1.250.688.0612](tel:1.250.688.0612)

Note: For adult individuals, couples, and families. Specializes in grief, illness, relationships, and life transitions. Alternative methods of therapy available, including Interpersonal Psychotherapy, Narrative, Solution-Focused, and Systems theories.

306. James, Paul - EdD, RPsych

James, Paul - EdD, RPsych Vancouver, BC Phone: [1.604.873.0222](tel:1.604.873.0222) E-Mail: [info@pauljames.ca](mailto:info@pauljames.ca)

Note: For adult individuals and couples. Specializes in guilt, rage, sexual problems, relationship issues, and addiction. Alternative methods of therapy available, including depth-cognitive-affective-behavioral therapy.

307. Kammerzell, Sara - MEd, CCC, RCC Resolution Counselling

Kammerzell, Sara - MEd, CCC, RCC Resolution Counselling 307 - 402 Pender St. W Vancouver, BC V6B 1T6 Phone: [1.604.992.9954](tel:1.604.992.9954) Fax: 1.604.215.9482 E-Mail: [info@resolutioncounselling.ca](mailto:info@resolutioncounselling.ca)

Note: For adult individuals and couples. Specializes in addiction, PTSD, trauma, relationship issues, sexuality, and depression. Alternative methods of therapy available, including Somatic Experiencing, EFT and EMDR.

308. Edwards, Louise - RCC Edwards Counselling Services

Edwards, Louise - RCC  
Edwards Counselling Services  
Kamloops, BC  
Phone: [1.250.374.2246](tel:1.250.374.2246)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction, sexual abuse and other related issues.

309. Herman, Ashley - BSW Medicine Hat Family Service

Herman, Ashley - BSW Medicine Hat Family Service 477 3rd St. SE Medicine Hat, AB T1A 0G0  
Phone: [1.403.504.8026](tel:1.403.504.8026) Fax: 1.403.504.0351 E-Mail: [mhfs@canopycanada.net](mailto:mhfs@canopycanada.net)

Note: For children and adult individuals, couples, and families. Specializes in addictions (drugs, alcohol, gambling, internet, relationship, work, general addictive processes), anger, oilfield culture, and parenting issues. Fees for sessions are based on a board/funded approved sliding fee scale. The minimum charge for a session is \$19.00.



310. Kollar, Diana - MA, RCC Kollar Counselling Services

Kollar, Diana - MA, RCC Kollar Counselling Services 313 - 2902 Broadway W Vancouver, BC V6K 2G8 Phone: [1.604.790.1116](tel:1.604.790.1116) E-Mail: [info@kollarcounselling.com](mailto:info@kollarcounselling.com)

Note: For adult individuals and couples. Specializes in relationship problems, infidelity, substance abuse, anxiety, and depression. Alternative methods of therapy available, including Imago Relationship, Narrative therapy, CBT, and SFBT.

311. Pergel, Violet C. - MSW

Pergel, Violet C. - MSW  
201A - 140 Maple Ave. SE  
Medicine Hat, AB T1A 8C1  
Phone: [1.403.580.6990](tel:1.403.580.6990)  
E-Mail: [violet@violetpergel.com](mailto:violet@violetpergel.com)

Note: For children, teen, and adult individuals, couples, and families. Specializes in crisis management, grief and loss, abuse, trauma, impulse control problems, mood and anxiety disorders, mental health, addiction, and relationship issues. Alternative methods of therapy available, including Play Therapy and clinical hypnosis.

312. Annand, Trudy - RPC, MPCP, BRI-I Axis Intervention Services Ltd.

Annand, Trudy - RPC, MPCP, BRI-I  
Axis Intervention Services Ltd.  
651 Victoria St.  
Kamloops, BC V1T 5A8  
Phone: [1.250.308.9666](tel:1.250.308.9666)  
Toll-Free: [1.866.455.2947](tel:1.866.455.2947)  
Fax: 1.250.545.1897  
E-Mail: [trudy@axisintervention.com](mailto:trudy@axisintervention.com)

Note: Addiction services for adult individuals and groups. Specializes in intervention services which help families who have a love one that refuses to get help for a problem with drugs or alcohol.

313. Stevens, Sandy - RSW

Stevens, Sandy - RSW 104 - 1601 Dunmore Rd. SE Medicine Hat, AB T1A 1Z8 Phone: [1.403.529.0800](tel:1.403.529.0800) Fax: 1.403.580.5865 E-Mail: [sandy@stevensconsulting.com](mailto:sandy@stevensconsulting.com)

Note: For adult individuals. Specializes in addictions, depression, eating disorders, PTSD, grief and loss, and sexual abuse. Counselling approaches include Self Regulation Therapy.

314. Kotsalis-Thulin, Lee - MA, RCC LKT Counselling

Kotsalis-Thulin, Lee - MA, RCC LKT Counselling 509 - 402 Pender St. W Vancouver, BC V6B 1T6 Phone: [1.604.315.8118](tel:1.604.315.8118) E-Mail: [lee@lktcounselling.com](mailto:lee@lktcounselling.com)

Note: For adult individuals, couples, and families. Specializes in addictive attachments, disordered eating, anxiety, mood disorders, and relationship issues. Alternative methods of therapy available, including both cognitive and emotionally-based therapeutic approaches.

315. Hanna, Shelley D - MA, RPsych Shelley Hanna Psychology

Hanna, Shelley D - MA, RPsych Shelley Hanna Psychology 102 Elma St. Okotoks, AB T1S 1J9  
Phone: [1.403.463.2152](tel:1.403.463.2152) E-Mail: [hannashelley@yahoo.com](mailto:hannashelley@yahoo.com)

Note: For children, teens, and adult individuals, and couples. Specializes in trauma, impactful events, relationship issues, depression, anxiety, addiction, and anger. Alternative methods of therapy available, including EMDR. Appointments also available via Skype and phone sessions.

316. Nemeth, Jeff - MA Windblown Counselling

Nemeth, Jeff - MA Windblown Counselling 696 Kettles St. Pincher Creek, AB T0K 1W0 Phone:  
[1.403.632.5106](tel:1.403.632.5106)

Note: For adult individuals, couples, and families. Specializes in addiction, grief, relationship issues, separation, and depression. He uses Narrative Therapy and Emotional Focused Therapy.

317. Hurley, Cheryl - MEd, RCC

Hurley, Cheryl - MEd, RCC  
308 - 141 Victoria St.  
Kamloops, BC V2C 1Z5  
Phone: [1.250.574.3238](tel:1.250.574.3238)

Note: Addiction and trauma services for youth and adult individuals and couples. Specializes in mental health, depression, and anxiety. Alternative methods of therapy available, including TIR, body awareness, and relaxation.

318. Brink, Harvey - MEd, RPsych Pathways Psychological & Educational Services Inc.

Brink, Harvey - MEd, RPsych  
Pathways Psychological & Educational Services Inc.  
302 - 3939 50A Ave.  
Red Deer, AB T4N 4E6  
Phone: [1.403.343.3244](tel:1.403.343.3244)  
Email: [info@pathwayspsychological.com](mailto:info@pathwayspsychological.com)

Note: For teen and adult individuals, couples, families, and groups. Specializes in addiction, abuse, mental health issues, and chronic pain. Alternative methods of therapy available, including family systems, clinical hypnosis, Gestalt, Adlerian, and Solution focused therapy.

319. Schell, Celeste - BA, MC, RCC Synergy Counselling Associates

Schell, Celeste - BA, MC, RCC  
Synergy Counselling Associates  
605 Nicola St.  
Kamloops, BC V2C 2R3  
Phone: [1.250.314.0298](tel:1.250.314.0298)  
Fax: 1.250.434.6242  
E-Mail: [celeste@synergycounselling.ca](mailto:celeste@synergycounselling.ca)

Note: For adolescents and adult individuals, and couples. Specializes in shame, disordered eating, perfectionism, guilt, codependency, and relationship problems. Alternative methods of therapy

available, including Narrative therapy, Gottman Couple Therapy, and CBT.

320. Cowper-Smith, Bruce D. - BA, BSW, MSW

Cowper-Smith, Bruce D. - BA, BSW, MSW 200 - 4315 55th Ave. Red Deer, AB T4N 4N7 Phone: [1.403.342.2889](tel:1.403.342.2889) Fax: 1.403.341.7879 E-Mail: [bruce@cowper-smith.com](mailto:bruce@cowper-smith.com)

Note: For adult individuals, couples, and families. Specializes in depression, anxiety, addictions, communication problems, betrayal and trust problems, child behaviour problems, and adjustment to loss and life changes.

321. LaPerriere, Raymond - RCC

LaPerriere, Raymond - RCC 109 - 2096 41st Ave. W Vancouver, BC V6M1Y9 Phone: [1.604.313.1952](tel:1.604.313.1952)

Note: For adult individuals and specializes in trauma, dual diagnosis, and addictions. Alternative methods of therapy available, including clinical hypnosis.

322. Nesbitt, Tamara - MCC Thompson Nicola Employee & Family Counselling

Nesbitt, Tamara - MCC  
Thompson Nicola Employee & Family Counselling  
408 - 153 Seymour St.  
Kamloops, BC V2C 2C7  
Phone: [1.250.372.2262](tel:1.250.372.2262)  
Toll-Free: [1.800.665.1095](tel:1.800.665.1095)  
E-Mail: [info@tncounselling.ca](mailto:info@tncounselling.ca)

Note: Addictions and depression services for children, teen, and adult individuals, couples, families, and groups. Specializes in life transitions, grief and loss, and anxiety. Alternative methods of therapy available, including mindfulness based CBT.

323. Simpson, Tara - MEd Cirrus Psychology Services

Simpson, Tara - MEd Cirrus Psychology Services 302 - 3939 50A Ave. Red Deer, AB T4N 4E6  
Phone: [1.403.314.3489](tel:1.403.314.3489) Fax: 1.403.342.1150 Email: [info@cirruspsychology.com](mailto:info@cirruspsychology.com)

Note: For children, teen, adult, and senior individuals, couples, families, and groups. Specializes in depression, anxiety, relationship issues, grief and loss, stress, trauma, anger, addiction, and chronic pain. Counselling approaches include Positive Psychology, ACT, and Mindfulness Based Stress Reduction.

324. Letwin, Joey - MA, RCC

Letwin, Joey - MA, RCC 1892 Broadway W Vancouver, BC V6J 1Y9 Phone: [1.604.614.8537](tel:1.604.614.8537)  
E-Mail: [jeletwin@shaw.ca](mailto:jeletwin@shaw.ca)

Note: For adult individuals and specializes in relationship issues, stress, depression, anxiety, trauma, grief and loss, and addictive behaviours.

325. Brower, Keely - RCC Burden Bearers Counselling Centre

Brower, Keely - RCC Burden Bearers Counselling Centre 5136 - 48th St. Rocky Mountain House, AB T4T 1M4 Phone: [1.403.845.3419](tel:1.403.845.3419)

Note: For youth, teen, and adult individuals, couples, and families. Specializes in addiction, abuse anger, anxiety, depression, trauma, PTSD, and relationship issues.

326. MacInnes, Lindsey - MA, RCC Concordia Counselling Services

MacInnes, Lindsey - MA, RCC Concordia Counselling Services 202 - 1755 Broadway W Vancouver, BC V6J 4S5 Phone: [1.778.331.0965](tel:1.778.331.0965) E-Mail: [info@concordiacounselling.ca](mailto:info@concordiacounselling.ca)

Note: For children, teen, and adult individuals, couples, families, and groups. Specializes in trauma, abuse, anger, self-esteem, relationship difficulties, and addictions. Alternative methods of therapy available, including Narrative Therapy, Motivational Interviewing, and Mindfulness.

327. Adkin, Annette - RPC Pure Insights Counselling

Adkin, Annette - RPC  
Pure Insights Counselling  
Kelowna, BC  
Phone: [1.250.878.7035](tel:1.250.878.7035)

Note: For children, youth, and adult individuals, groups, and families. Specializes in substance abuse, anger, and co-dependence. Alternative methods of therapy available, including Attachment Based Parenting, Family Systems, Interventions, and SFBT.

328. MacNeill, Ruth - MEd, RCC

MacNeill, Ruth - MEd, RCC 520 - 1915 Haro St. Vancouver, BC V6G 1H9 Phone: [1.778.987.9502](tel:1.778.987.9502)

Note: For adult individuals and specializes in life transitions, relationship enhancement, separation and divorce, addictions, stress reduction, trauma, and self esteem. Services are not available to clients in early stages of addiction recovery.

329. Boothby, Tara - BA, MA, RPsych Sojourn Wellness Group

Boothby, Tara - BA, MA, RPsych Sojourn Wellness Group 150 - 150 Chippewa Rd. Sherwood Park, AB T8A 6A2 Phone: [1.780.449.1196](tel:1.780.449.1196) Fax: 1.780.449.1197 E-Mail: [info@sojo.ca](mailto:info@sojo.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in attachment, compulsive behaviors, eating disorders, addiction, trauma, sexual identity, and relationship issues. Counselling approaches include a client centred, wellness, and emotion-focused approach, Narrative, solution focused, harm reduction, and Steps to Freedom.

330. Maranda, Doris - MA, RCC

Maranda, Doris - MA, RCC 115 - 2033 Triumph St. Vancouver, BC V5L 4X3 Phone: [1.604.254.0147](tel:1.604.254.0147) E-Mail: [doris@dorismaranda.com](mailto:doris@dorismaranda.com)

Note: For adult individuals and specializes in eating disorders. Alternative methods of therapy available, including somatically-oriented counselling, EMDR, Gestalt, and dream work.

331. Chan, Judy - CCPCPR, MPCP, RPC True Life Consulting

Chan, Judy - CCPCPR, MPCP, RPC  
True Life Consulting  
Kelowna, BC  
Phone: [1.250.212.3321](tel:1.250.212.3321)  
E-Mail: [judy@truelifeconsulting.com](mailto:judy@truelifeconsulting.com)

Note: Addiction and trauma services for adolescent and adult individuals, and couples. Specializes in PTSD, codependency, and inter-cultural relationships. Alternative methods of therapy available, including Core Beliefs, Family Systems, Relational Dynamics, and TA.

332. Merritt, Karl - RPsych, MA, BSW, BA Sojourn Wellness Group

Merritt, Karl - RPsych, MA, BSW, BA Sojourn Wellness Group 150 - 150 Chippewa Rd. Sherwood Park, AB T8A 6A2 Phone: [1.780.449.1196](tel:1.780.449.1196) Fax: 1.780.449.1197 E-Mail: [info@sojo.ca](mailto:info@sojo.ca)

Note: For children, teen, and adult individuals, couples, and families. Specializes in anxiety, depression, stress, relationship issues, addiction, anger, trauma, and ADHD. Counselling approaches include emotionally-focused therapy, Narrative therapy, mindfulness, solution-focused, and family systems.

333. Devlin, Cori - DKATI, BA

Devlin, Cori - DKATI, BA  
209 - 616 KLO Rd.  
Kelowna, BC  
Phone: [1.250.215.1835](tel:1.250.215.1835)

Note: Addictions and trauma services for youth and adult individuals, families, and groups. Specializes in sexual abuse, life transitions, and relationship issues. Alternative methods of therapy available, including art therapy, self-regulation therapy, and family systems therapy.

334. Milardo, Vincent - MA, CHT, CMH Milardo Wellness Center

Milardo, Vincent - MA, CHT, CMH Milardo Wellness Center 200 - 1311 Howe St. Vancouver, BC  
Phone: [1.604.669.9699](tel:1.604.669.9699) E-Mail: [info@medhypnosiscenter.com](mailto:info@medhypnosiscenter.com)

Note: For adult individuals and specializes in smoking, drug addiction and alcoholism, stress management, anxiety and panic, trauma, and relationship issues. Alternative methods of therapy available, including recovery coaching and hypnotherapy with a personal approach.

335. Moller, Kerry - MA, RCC Kerry Moller & Associates

Moller, Kerry - MA, RCC Kerry Moller & Associates 1405 - 675 Hastings St. W Vancouver, BC V6B 1N2 Phone: [1.604.314.1839](tel:1.604.314.1839) E-Mail: [kerry@kerrymoller.com](mailto:kerry@kerrymoller.com)

Note: For adolescent and adult individuals and couples. Specializes in relationships, disordered eating, anxiety and depression, abuse, and addiction. Alternative methods of therapy available, including traditional talk therapy and expressive arts therapy.

336. Wagner-Gunn, Debra - MPCC, RPC, CCC Perceptions Counselling Services

Wagner-Gunn, Debra - MPCC, RPC, CCC  
Perceptions Counselling Services  
511 - 26126 Twp. Rd.  
Spruce Grove, AB T7Y 1B8  
Phone: [1.855.814.3228](tel:1.855.814.3228)

Note: For adolescent, teen, and adult individuals and families. Specializes in relationship issues, abuse, anger, infidelity, divorce recovery, and addictions. Alternative methods of therapy available, including CBT, Existential, and SFBT.

337. Partridge, Barbara - MEd, RCC Arbutus Counselling Services

Partridge, Barbara - MEd, RCC Arbutus Counselling Services 201 - 2678 Broadway W Vancouver, BC V6K 2G3 Phone: [1.604.266.2303](tel:1.604.266.2303) E-Mail: [info@arbutuscounsellingservices.com](mailto:info@arbutuscounsellingservices.com)

Note: For adult individuals and couples. Specializes in substance abuse, OCD, eating disorders, relationships, grief, and panic disorders. Alternative methods of therapy available, including psychotherapy, EFT, and hypnosis. Arbutus publishes a newsletter that focuses on eating disorders.

338. Baird, Amanda - MA, RPsych ARCH Psychological Services

Baird, Amanda - MA, RPsych ARCH Psychological Services 1106 - 13 Mission Ave. St. Albert, AB T8N 1H6 Phone: [1.780.460.1009](tel:1.780.460.1009) (Office) Phone: [1.780.428.9223](tel:1.780.428.9223) Toll-Free: [1.855.214.7542](tel:1.855.214.7542) E-Mail: [amanda.baird@archpsychological.com](mailto:amanda.baird@archpsychological.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in behavioural and mental health issues, addictions services, domestic violence, personality disorders, eating disorders, ADHD, and trauma. Services are available in French.

339. Draper-Scott, Ezreena - BA, RPC, MTC Okanagan Therapeutic Counselling

Draper-Scott, Ezreena - BA, RPC, MTC  
Okanagan Therapeutic Counselling  
5 - 1638 Pandosy St.  
Kelowna, BC V1Y 1P8  
Phone: [1.250.212.5596](tel:1.250.212.5596)  
E-Mail: [ezreenascott@gmail.com](mailto:ezreenascott@gmail.com)

Note: For adult individuals and couples. Specializes in trauma, abuse, grief and loss, and sexual issues. Alternative methods of therapy available, including TIR, LSR, CBT, and Gestalt.

340. Payne, Coral - MA, CCC, RCC Commercial Drive Counselling

Payne, Coral - MA, CCC, RCC Commercial Drive Counselling Vancouver, BC Phone: [1.604.362.5147](tel:1.604.362.5147) E-Mail: [info@thedrivecounselling.com](mailto:info@thedrivecounselling.com)

Note: For adolescent and adult individuals and couples. Specializes in abuse, life transitions, depression, relationship issues, grief and loss, and substance abuse.

341. Lea, Gary - PhD Kelowna Psychologists Group

Lea, Gary - PhD

Kelowna Psychologists Group  
1510 - 1631 Dickson Ave.  
Kelowna, BC V1Y 0B5  
Phone: [1.250.762.2525](tel:1.250.762.2525)

Note: For individuals of all ages, couples, and families. Specializes in work and relationship-related stress, trauma, various addictive behaviours, and chronic pain. Alternative methods of therapy available, including CBT and EMDR.

342. Pieroni, Toni - MA, RCC

Pieroni, Toni - MA, RCC E - 1215 7th Ave. W Vancouver, BC V6H 1B7 Phone: [1.604.737.0168](tel:1.604.737.0168)  
E-Mail: [tonip@telus.net](mailto:tonip@telus.net)

Note: For adult individuals and couples. Specializes in relationship issues, stress, trauma, addiction, co-dependency, grief and loss, and spiritual issues.

343. Plattor, Candace - MA, RCC

Plattor, Candace - MA, RCC Vancouver, BC Phone: [1.604.677.5876](tel:1.604.677.5876)

Note: For adult individuals, couples, and families. Specializes in addictive behaviours like substance abuse, eating disorders, smoking and nicotine, gambling, compulsive shopping, and internet addiction. Alternative methods of therapy available, including the 16 Step program and EMDR.

344. McCarty, Jason - MA, CCC

McCarty, Jason - MA, CCC  
205 - 3001 Tutt St.  
Kelowna, BC V1Y 2H4  
Phone: [1.250.864.9949](tel:1.250.864.9949)  
E-Mail: [jasonmccarty@mac.com](mailto:jasonmccarty@mac.com)

Note: For adult individuals and families and specializes in addiction counselling. Alternative methods of therapy available, including an integrative approach to psychotherapy, Gestalt, person-centered, existential, humanistic, and psychodynamic theories.

345. Robbins, Linda - MA, RPsych

Robbins, Linda - MA, RPsych 310 - 2902 Broadway W Vancouver, BC V6K 2G8 Phone: [1.604.732.1891](tel:1.604.732.1891) Email: [linda@lindarobbins.ca](mailto:linda@lindarobbins.ca)

Note: For adult individuals and specializes in addiction and working with families impacted by addiction. Alternative methods of therapy available, including integrative psychotherapy, transactional analysis, Gestalt, hypnosis, and EMDR. She encourages participation in 12 Step Programs.

346. Lucki, George - MPhil, RPsych ARCH Psychological Services

Lucki, George - MPhil, RPsych ARCH Psychological Services 1106 - 13 Mission Ave. St. Albert, AB T8N 1H6 Phone: [1.780.460.1009](tel:1.780.460.1009) (Office) Phone: [1.780.428.9223](tel:1.780.428.9223) Toll-Free: [1.855.214.7542](tel:1.855.214.7542) E-Mail: [george.lucki@archpsychological.com](mailto:george.lucki@archpsychological.com)



Note: For adult individuals and specializes in psychological health concerns, psycho-legal issues in family law, civil litigation and criminal cases, psychopathology, personality, substance abuse, PTSD, and sexual abuse. Services are available in Polish.

347. Mitchell, Ed - RPC, MPCP, RTC, MTC, TFT Transitions Counselling Center

Mitchell, Ed - RPC, MPCP, RTC, MTC, TFT  
Transitions Counselling Center  
2140 Wilkinson St.  
Kelowna, BC V1Y 3Z8  
Phone: [1.250.801.6411](tel:1.250.801.6411)  
Fax: 1.778.436.9447  
E-Mail: [edmitchell@kelownacounsellor.com](mailto:edmitchell@kelownacounsellor.com)

Notes: For adult individuals, couples, and groups. Specializes in assertiveness and communication skills, trauma, and PTSD. Alternative methods of therapy available, including solution focused, TIR, TFT and person centered therapy.

348. Rungta, Susan - MA, RPsych Susan Rungta Counselling and Therapy

Rungta, Susan - MA, RPsych Susan Rungta Counselling and Therapy 206 - 4545 10th Ave. W  
Vancouver, BC V6R 4N2 Phone: [1.604.222.1116](tel:1.604.222.1116) ext. 2

Note: For adult individuals, couples, families, and groups. Specializes in trauma, abuse, panic attacks, and relationship issues. Alternative methods of therapy available, including Gestalt Therapy, EMDR, Emotional Focused Couples Work, and Gottman Couples Training.

349. Shell, Ruth - MA, RCC Ruth Shell Counselling Services

Shell, Ruth - MA, RCC Ruth Shell Counselling Services 671F Market Hill Vancouver, BC V5Z4B5  
Phone: [1.604.681.7175](tel:1.604.681.7175) E-Mail: [ruth@ruthshell.com](mailto:ruth@ruthshell.com)

Note: For adult individuals, couples, and families. Specializes in addictive behaviours, relationship issues, anxiety, and depression. Alternative methods of therapy available, including family systems and CBT.

350. Odell-Cardinal, Ellen - CHt, EFT-ADV Solutions Hypnotherapy

Odell-Cardinal, Ellen - CHt, EFT-ADV  
Solutions Hypnotherapy  
Kelowna, BC  
Phone: [1.250.764.1590](tel:1.250.764.1590)

Note: For adult individuals and specializes in drug and alcohol addictions. Alternative methods of therapy available, including hypnotherapy and Emotional EFT.

351. Sherwood, Glynis - MEd, CCC, RCC

Sherwood, Glynis - MEd, CCC, RCC 400 - 601 Broadway W Vancouver, BC V5Z 4C2 Phone:  
[1.778.837.0616](tel:1.778.837.0616) E-mail: [info@glynissherwood.com](mailto:info@glynissherwood.com)

Note: For adult individuals and couples. Specializes in stress, anxiety, relationship issues, and addiction. Appointments available in person or via Skype.

352. Preece, Cindy - MEd, RCC, CCC

Preece, Cindy - MEd, RCC, CCC  
230 - 1855 Kirschner Rd.  
Kelowna, BC V1Y 4N7  
Phone: [1.250.878.5443](tel:1.250.878.5443)

Note: Addictions and grief services for adult individuals and couples. Specializes in psychiatric and chronic illnesses, self-esteem, personal development, and stress and time management.

353. Silin, Peter - MSW, RSW

Silin, Peter - MSW, RSW 288 8th Ave. W Vancouver, BC V5Y 1N5 Phone: [1.604.874.7764](tel:1.604.874.7764) Fax: 1.604.874.7725 E-Mail: [info@counsellor-coach.ca](mailto:info@counsellor-coach.ca)

Note: For adult individuals, couples, and families. Specializes in addictions, relationship problems, self esteem, and sexuality. Alternative methods of therapy available, including insight-oriented approaches, inner child, hypnosis, TFT, breath work, and bodywork.

354. Reimer, Sam - PhD, RCC Restoration Counselling

Reimer, Sam - PhD, RCC  
Restoration Counselling  
1339 Paul St.  
Kelowna, BC V1Y 2E2  
Phone: [1.250.868.2338](tel:1.250.868.2338)  
E-Mail: [dr\\_sam@restorationcounselling.com](mailto:dr_sam@restorationcounselling.com)

Note: For adult individuals and couples. Specializes in abuse, addictions, co-dependency, anger, stress, depression, grief, and spirituality.

355. Silberberg, Sabine - MA, CAGS, DVATI

Silberberg, Sabine - MA, CAGS, DVATI 410 - 943 Broadway W Vancouver, BC V5Z 4E1 Phone: [1.604.220.1340](tel:1.604.220.1340) E-Mail: [sabinesilberberg@gmail.com](mailto:sabinesilberberg@gmail.com) E-Mail: [sabines@telus.net](mailto:sabines@telus.net)

Note: Addiction services for adult individuals. Alternative methods of therapy available, including psychotherapy, art therapy, expressive arts therapy, and a harm reduction model.

356. Simms, Tasha - MA, MPC Authentic Self Counselling

Simms, Tasha - MA, MPC Authentic Self Counselling 1688 Robson St. Vancouver, BC V6G 1C7  
Phone: [1.604.331.4642](tel:1.604.331.4642) E-Mail: [tsimms@shaw.ca](mailto:tsimms@shaw.ca)

Note: For teenage and adult individuals. Specializes in relationship issues, addictions, abuse, and trauma. Alternative methods of therapy available, including Family Systems Theory, Gestalt, and Psycho/spiritual orientations.

357. Willis, Gary - PhD Diversified Rehabilitation Group

Willis, Gary - PhD  
Diversified Rehabilitation Group  
1495 Gordon Dr.

Kelowna, BC V1Y 9R2

Phone: [1.250.860.2868](tel:1.250.860.2868)

Toll-Free: [1.888.402.8222](tel:1.888.402.8222)

E-Mail: [info@diversifiedrehab.ca](mailto:info@diversifiedrehab.ca)

Note: For adult individuals, couples, and families. Specializes in trauma, family and parenting issues, traumatic brain injury, adaptation to physical injuries, and stress management.

358. Smith, Marian A. - MA, RMT, RCC Mindful Living

Smith, Marian A. - MA, RMT, RCC Mindful Living 203A - 2678 Broadway W Vancouver, BC V6K 2G3 Phone: [1.604.787.6100](tel:1.604.787.6100) E-Mail: [mindfullivingbc@gmail.com](mailto:mindfullivingbc@gmail.com)

Note: For adult individuals and groups. Specializes in addictions, anxiety, panic, and depression. Alternative methods of therapy available, including mindfulness, CBT, EMDR, and acceptance-based therapy. Appointments available in person, phone, and skype.

359. Epp, Edward - MA, MEd, RCC

Epp, Edward - MA, MEd, RCC

Kitimat, BC

Phone: [1.250.624.4635](tel:1.250.624.4635)

Note: Addiction services for adolescent and adult individuals, couples, families, and First Nations members. Specializes in addiction and provides an aftercare group for individuals who have completed addiction treatment. Alternative methods of therapy available, including Narrative and SFBT approaches, and 12-Step facilitation.

360. Iberg, Shelley - RT, BCR, RCC, CCC

Iberg, Shelley - RT, BCR, RCC, CCC

1970 Main Rd.

Nanaimo, BC V9X 1T6

Phone: [1.250.739.0953](tel:1.250.739.0953)

Note: For individuals, couples, groups and families. Specializes in addictions, trauma, and life transitions.

361. Avery, Charlene - MEd, RCC Avery Counselling

Avery, Charlene - MEd, RCC

Avery Counselling

211 - 20226 Fraser Hwy

Langley, BC V3A 4E6

Phone: [1.604.724.7763](tel:1.604.724.7763)

E-mail: [charlaine@averycounselling.ca](mailto:charlaine@averycounselling.ca)

Note: Addiction and trauma services for adult individuals, couples, and families. Specializes in communication, health, life transitions, parenting issues, and separation and divorce.

362. Smith, Mark - MSW, RSW Mark Smith Counselling

Smith, Mark - MSW, RSW Mark Smith Counselling 501 - 1587 8th Ave. W Vancouver, BC V6J 1T5

Phone: [1.604.720.5889](tel:1.604.720.5889) (Cell) E-Mail: [marksmith@collaborativedivorcecoaching.com](mailto:marksmith@collaborativedivorcecoaching.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in divorce coaching, parenting coordinating, addiction, anxiety, and depression. Alternative methods of therapy available, including Bowen Family Systems Theory and EMDR.

363. Kempton-Doane, Gina - MEd Vivacity Consulting Inc.

Kempton-Doane, Gina - MEd Vivacity Consulting Inc. Grenfell, SK S0G 2B0 Phone: [1.306.435.6488](tel:1.306.435.6488)

Note: For adult individuals and couples. Specializes in the needs, the motivations, and the experiences of farm families and farm businesses. Services include counselling, consultation, facilitation, public speaking, and coaching services to rural clients and the agriculture industry.

364. Stabler, James - RCC Anxiety and Stress Help

Stabler, James - RCC Anxiety and Stress Help 3433 Granville St. Vancouver, BC V6H 3K4 Phone: [1.604.742.1923](tel:1.604.742.1923) (Office) Phone: [1.604.671.7867](tel:1.604.671.7867) (Cell) Fax: 1.604.731.8022

Note: For individuals, couples, and families. Specializes in stress, anxiety disorders, depression, and addictions. Alternative methods of therapy available, including Interpersonal, Psychodynamic, and CBT-based relapse prevention.

365. Hope, Nadine - MA, RCC Nadine Hope Counselling

Hope, Nadine - MA, RCC  
Nadine Hope Counselling  
209-1548 Johnston Rd.  
White Rock, BC V4B 3Z8  
Phone: [1.778.722.3140](tel:1.778.722.3140)  
E-Mail: [info@nadinehopecounselling.com](mailto:info@nadinehopecounselling.com)

Note: For adolescent and adult individuals and couples. Specializes in trauma, depression, anxiety and other mental health issues. Alternative methods of therapy available, including Focusing Oriented Therapy, relaxation skills, challenging negative thoughts, and assertiveness skills.

366. Stewart, Ruth-Ann - MA, RCSW Stewart and Associates Counselling and Consulting Services Inc.

Stewart, Ruth-Ann - MA, RCSW Stewart and Associates Counselling and Consulting Services Inc.  
227 - 1118 Homer St. Vancouver, BC V6B 6L5 Phone: [1.604.687.7171](tel:1.604.687.7171) E-Mail:  
[admin@stewart-assoc.com](mailto:admin@stewart-assoc.com)

Note: For children and adult individuals, couples, groups, and families. Specializes in First Nations issues, trauma survivors, substance misuse, obsessive-compulsive disorder, life transition, personal growth, career exploration, and couples issues. Alcohol and drug assessments are available.

367. Stieler, Linda - RCC

Stieler, Linda - RCC 671A Market Hill Vancouver, BC V5Z 4B5 Phone: [1.604.875.9888](tel:1.604.875.9888) E-Mail:  
[lstieler@alumni.ubc.ca](mailto:lstieler@alumni.ubc.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in

addictions, attachment issues, and PTSD. Alternative methods of therapy available, including Gestalt therapy and EMDR.

368. Stroh, Brett - MA, RCC Aperio Counselling & Consulting Inc.

Stroh, Brett - MA, RCC Aperio Counselling & Consulting Inc. 205 - 3900 Hastings St. Burnaby, BC V5C 6C7 Phone: [1.604.220.0138](tel:1.604.220.0138) E-Mail: [brett@aperiocounselling.ca](mailto:brett@aperiocounselling.ca)

Note: For youth and adult individuals, couples, and families. Specializes in mental health with substance abuse concerns, substance use dependency problem, gaming/internet addiction, and relationship issues.

369. Robertson, Lloyd - PhD Hawkeye Associates

Robertson, Lloyd - PhD Hawkeye Associates PO Box 647 La Ronge, SK Phone: [1.306.425.9872](tel:1.306.425.9872) E-Mail: [lloyd@hawkeyeassociates.ca](mailto:lloyd@hawkeyeassociates.ca)

Note: Addiciton and trauma servces for adult individuals, families, and groups. Specializes in grief work, suicide ideation, Residential School Syndrome, Asperger's Syndrome, attention deficit disorder, and learning disabilities. Alternative methods of therapy available, including Adlerian Psychotherapy, Rational-Emotive Therapy, EMDR, Memetic Self-Mapping, and CBT.

370. Berg-Kolody, Lisa - PhD

Berg-Kolody, Lisa - PhD 1998 Central Ave. Prince Albert, SK Phone: [1.306.960.4392](tel:1.306.960.4392)

Note: Trauma and abuse services for adult and senior individuals. Specializes in mood disorders, relationship issues, aging, grief and loss, chronic pain, and emotional eating. Alternative methods of therapy available, including cognitive behavioural and interpersonal dynamic therapie, and mindfulness-based strategies.

371. Sekhar, Aparna - BA Hons, MEd, RPsych PAR Consultants & Counsellors

Sekhar, Aparna - BA Hons, MEd, RPsych PAR Consultants & Counsellors Prince Albert, SK Phone: [1.306.352.0680](tel:1.306.352.0680) Toll-Free: [1.877.352.0680](tel:1.877.352.0680) E-Mail: [par.regina@sasktel.net](mailto:par.regina@sasktel.net)

Note: For youth and adult individuals. Specializes in addictions, codependency, abuse, post-trauma, grief, relationship issues, anger, self-esteem, and cross-cultural issues.

372. Adams, John - MA, MFT Adams Counselling Service

Adams, John - MA, MFT Adams Counselling Service 218 - 3806 Albert St. Regina, SK S4S 3R2 Phone: [1.306.596.4636](tel:1.306.596.4636) E-Mail: [counsellorjra@hotmail.com](mailto:counsellorjra@hotmail.com)

Note: For adult individuals and couples. Specializes in addictions, anger, abuse, marriage and family issues, grief and loss, guilt and shame. Alternative methods of therapy available, including EFT.

373. Stoll, Elaine - BA, RTC, RCC Westside Counselling

Stoll, Elaine - BA, RTC, RCC Westside Counselling 1273 29th Ave. E Vancouver, BC V5V 2T1 Phone: [1.604.874.1022](tel:1.604.874.1022) E-Mail: [elaine@westsidecounselling.com](mailto:elaine@westsidecounselling.com)

Note: For adult individuals, couples, and families. Specializes in addiction, trauma, abuse, parenting,

life skills, and relationships. Alternative methods of therapy available, including Choice Theory/Reality Therapy, Narrative Therapy, and SFBT.

374. Bouwer, Stephan - MTh

Bouwer, Stephan - MTh Badham Blvd. Regina, SK S4P 0J7 Phone: [1.306.596.3833](tel:1.306.596.3833)

Note: For adult individuals, couples, families, and groups. Specializes in grief and loss, anger, self esteem, PTSD, trauma, and abuse. Counselling approach includes a family system therapy.

375. Dumont, Daniel - MA

Dumont, Daniel - MA 2216 Smith St. Regina, SK S4P 2P4 Phone: [1.306.527.5996](tel:1.306.527.5996) E-Mail: [daniel.dumont.ma@gmail.com](mailto:daniel.dumont.ma@gmail.com)

Note: For adult individuals and couples. Specializes in anxiety, depression, grief and loss, anger, stress, PTSD, and chronic pain. Counselling approaches include somatic experiencing, SFT, Interpersonal Psychotherapy, and Gottman Couples Counselling.

376. Eaton, Carole - MA, RPsych, RTC, CPRP Phoenix Residential Society

Eaton, Carole - MA, RPsych, RTC, CPRP Phoenix Residential Society 2035 Osler St. Regina, SK S4P 1W5 Phone: [1.306.569.1977](tel:1.306.569.1977) Fax: 1.306.569.1986 E-Mail: [ceaton@phoenixregina.com](mailto:ceaton@phoenixregina.com)

Note: Phoenix Residential Society specializes in community based mental health, concurrent disorders, substance abuse, and psychosocial rehabilitation to individuals in the Regina Qu'Appelle Health Region.

377. Frederick, Joanne - MA Prairie Centre for Mindfulness

Frederick, Joanne - MA Prairie Centre for Mindfulness 2106 Lorne St. Regina, SK S4P 2M5 Phone: [1.306.570.5024](tel:1.306.570.5024) Fax: 1.306.949.8715 E-Mail: [prairiemindfulness@sasktel.net](mailto:prairiemindfulness@sasktel.net)

Note: For adult individuals, groups, and organizations. Specializes in anxiety, depression, work stress, health challenges, and career transitions. A mindfulness-based approach is used for counselling services.

378. Gelsinger, Val - MSW, RSW Hope Counselling

Gelsinger, Val - MSW, RSW Hope Counselling 621 Murray Ave. Regina, SK S4N 1K1 Phone: [1.306.550.8386](tel:1.306.550.8386) E-Mail: [info@hopecounsellingregina.com](mailto:info@hopecounsellingregina.com)

Note: For teen and adult individuals and families. Specializes in anxiety, depression, domestic violence, self esteem, relationship issues, and mental illness.

379. Leckett, Walter - PhD, RPsych Ehrlo Counselling Services

Leckett, Walter - PhD, RPsych Ehrlo Counselling Services 1951 Francis St. Regina, SK S4N 6V1 Phone: [1.306.751.2467](tel:1.306.751.2467) Fax: 1.306.751.2416

Note: For adult individuals, couples, and families. Specializes in depression, anxiety, trauma, grief or loss, relationship difficulties, marital and couple counselling, work-related stress, and pain management. Ehrlo Counselling Services operates on an hourly fee for service basis and payments



can be negotiated on a sliding scale based on income.

380. Sures, Elana S. - MEd, RCC

Sures, Elana S. - MEd, RCC 501 - 1587 8th Ave. W Vancouver, BC V6J 1T5 Phone: [1.604.603.8941](tel:1.604.603.8941) E-Mail: [elana@elanasures.ca](mailto:elana@elanasures.ca)

Note: For adult individuals, couples, and families. Specializes in addictions, relationships and intimacy issues, and infertility. Alternative methods of therapy available, including mindfulness-based CBT, family systems, art therapy, and EFT.

381. Lowery, Chuck - BA, MA Anchor Inn - Rehabilitation and Counselling Centre

Lowery, Chuck - BA, MA Anchor Inn - Rehabilitation and Counselling Centre 203 - 55 Michener Dr. Regina, SK S4L 0V1 Phone: [1.306.205.4160](tel:1.306.205.4160) Phone: [1.866.971.4187](tel:1.866.971.4187) E-Mail: [anchorinn@ymail.com](mailto:anchorinn@ymail.com)

Note: For children 5 years and older, adult individuals, couples, and families. Specializes in addictive behaviors, codependency, anger, abuse, and relationship issues. Counselling approaches include Family Systems Theory, and cognitive and behavioral therapy. Services available in English and French.

382. Swingle, Paul - PhD, FCPA, RPsych Swingle & Associates

Swingle, Paul - PhD, FCPA, RPsych Swingle & Associates 630 - 1190 Melville St. Vancouver, BC V6E 3W1 Phone: [1.604.608.0444](tel:1.604.608.0444) Fax: 1.604.684.7659

Note: For adolescent and adult individuals. Specializes in ADHD, addiction, depression, anxiety, and insomnia. Alternative methods of therapy available, including Clinical psychoneurophysiology, Biofeedback, and Neurotherapy.

383. Talbot-Kelly, Michael - BPE, MH, MA, RCC

Talbot-Kelly, Michael - BPE, MH, MA, RCC 309 - 1529 6th Ave. W Vancouver, BC V5Y 1H7 Phone: [1.604.317.1613](tel:1.604.317.1613) E-Mail: [michael@michaeltalbotkelly.com](mailto:michael@michaeltalbotkelly.com)

Note: For adult individuals, couples, families, and groups. Specializes in career, health, spiritual, or relationship issues. Alternative methods of therapy available, including Holistic Psychotherapy, Midlife Awakening Coaching, and Spiritual Counselling. Appointments available by phone, iChat or Skype.

384. Topham, Sara - MA, RCC Phoenix Counselling

Topham, Sara - MA, RCC Phoenix Counselling 1728 - 808 Nelson St. Vancouver, BC V6Z 2H1 Phone: [1.604.836.6840](tel:1.604.836.6840)

Note: For adult and senior individuals, couples, and families. Specializes in aging, trauma, PTSD, and addiction. Alternative methods of therapy available, including Adlerian Psychology, SFBT, Family Systems Theory, and Narrative therapy.

385. Topham, Donna - RPC

Topham, Donna - RPC 914 - 675 Hastings St. W Vancouver, BC V6B 1N2 Phone: [1.604.785.8509](tel:1.604.785.8509)



E-Mail: [donnajtopham@gmail.com](mailto:donnajtopham@gmail.com)

Note: For adult individuals and couples. Specializes in relationship issues, parenting, trauma, PTSD, and addiction. Alternative methods of therapy available, including Family Systems, Developmental theory, and Self-Regulation Therapy.

386. Vanderham, Gina - MA, MFT, ICADC, SAP Gina Vanderham Psychotherapy Practice

Vanderham, Gina - MA, MFT, ICADC, SAP Gina Vanderham Psychotherapy Practice 830 - 470 Granville St. Vancouver, BC V6C 1V4 Phone: [1.604.733.7428](tel:1.604.733.7428) E-Mail: [gina@ginavanderham.com](mailto:gina@ginavanderham.com)

Note: For adult individuals, couples, corporations, employees, and their families. Specializes in addiction, trauma, PTSD, anxiety disorders, phobias, self-harming behaviors, depression, and relationship issues. Alternative methods of therapy available, including interventions, EMDR, Clinical Hypnosis, Therapeutic Touch, and RFT.

387. Dudley, Timothy - RCC

Dudley, Timothy - RCC  
125 - 662 Goldstream Ave.  
Langford, BC V9B 2R8  
Phone: [1.250.391.6255](tel:1.250.391.6255)

Note: Addictions and abuse services for adult individuals, couples, and families. Specializes in neglect, rejection, abandonment, denial, distraction and disassociation. Alternative methods of therapy available, including Person-Centered, Family Systems, Rational-Emotive, and Gottman Couples Counselling.

388. Vega, Kerry - RPC Success Coaching Group

Vega, Kerry - RPC Success Coaching Group 509 - 2525 Willow St. Vancouver, BC, V5Z 3N8  
Phone: [1.604.897.5931](tel:1.604.897.5931) E-Mail: [info@kerryvega.com](mailto:info@kerryvega.com)

Note: For adult individuals and couples. Specializes in relationship issues, addiction, and life changes.

389. Allen, Thad - BA, MACP, RCC Askom Counselling

Allen, Thad - BA, MACP, RCC  
Askom Counselling  
Lillooet, BC  
Phone: [1.250.256.4906](tel:1.250.256.4906)  
Toll-Free: [1.866.884.5990](tel:1.866.884.5990)  
E-Mail: [counsellor@askomcounselling.org](mailto:counsellor@askomcounselling.org)

Note: For children and adult individuals and families. Specializes in eating disorders, trauma, and addictions. Alternative methods of therapy available, including EMDR.

390. Vidas, Donna M. - MA, RCC Donna Vidas Counselling

Vidas, Donna M. - MA, RCC Donna Vidas Counselling 300 - 3665 Kingsway Vancouver, BC V5R 5W2  
Phone: [1.604.710.5284](tel:1.604.710.5284) E-Mail: [donna@donnavidas.com](mailto:donna@donnavidas.com)

Note: For adolescent and adult individuals and couples. Specializes in addiction, trauma, stress, grief and loss, and relationship issues. Alternative methods of therapy available, including MI, CBT, SFBT, and Adlerian approaches. Services available in English, French, and Italian.

391. Brazeau, Tina - MSc, CCC Oakhill Counselling & Mediation

Brazeau, Tina - MSc, CCC  
Oakhill Counselling & Mediation  
11934 - 223 St.  
Maple Ridge, BC V2X 5Y1  
Phone: [1.604.607.1035](tel:1.604.607.1035)  
Fax: 1.604.855.1156  
Email: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For adult individuals and specializes in addictions, women's issues, sexual identity, and emotional management.

392. Wagner, John - PhD, RPsych Dialectical Behaviour Therapy Centre of Vancouver

Wagner, John - PhD, RPsych Dialectical Behaviour Therapy Centre of Vancouver DBT Centre of Vancouver 1040 - 1200 Burrard St. Vancouver, BC V6Z 2C7 Phone: [1.604.569.1156](tel:1.604.569.1156) E-Mail: [info@dbtvancouver.com](mailto:info@dbtvancouver.com)

Note: For children, adolescent, and adult individuals and families. Specializes in complex multi-systemic disorders. Alternative methods of therapy available, including DBT, CBT, mindfulness, and acceptance based treatments.

393. Schafli, Ilse - MA, RCC Oakhill Counselling & Mediation

Schafli, Ilse - MA, RCC  
Oakhill Counselling & Mediation  
11934 - 223 St.  
Maple Ridge, BC V2X 5Y1  
Phone: [1.604.607.1035](tel:1.604.607.1035)  
Fax: 1.604.855.1156  
Email: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For adult individuals, couples, families, and groups. Specializes in addiction, grief and loss. Alternative methods of therapy available, including Play Therapy. Counselling in Afrikaans (South African) is also available.

394. Lund, Ron - BEd, CCDW, RPC PAR Consultants & Counsellors

Lund, Ron - BEd, CCDW, RPC PAR Consultants & Counsellors 2353 Smith St. Regina, SK S4P 2P7 Phone: [1.306.352.0680](tel:1.306.352.0680) Toll-Free: [1.877.352.0680](tel:1.877.352.0680) E-Mail: [par.regina@sasktel.net](mailto:par.regina@sasktel.net)

Note: For youth and adult individuals and groups. Specializes in addictions, codependency, abuse, grief and loss, anger, and relationship issues.

395. Martin, Ronald - PhD Department of Psychology - University of Regina

Martin, Ronald - PhD Department of Psychology - University of Regina 3737 Wascana Pkwy. Regina, SK S4S 0A2 Phone: [1.306.585.4515](tel:1.306.585.4515) Fax: 1.306.585.4880 E-mail: [Ron.Martin@uregina.ca](mailto:Ron.Martin@uregina.ca)

Note: For adult and senior individuals and specializes in anxiety, mood, and pain disorders.

396. Robinson, Thomas - PhD Fulcrum Psychological

Robinson, Thomas - PhD Fulcrum Psychological 2330 Smith St. Regina, SK S4P 2P6 Phone: [1.306.522.0501](tel:1.306.522.0501) Fax: 1.306.522.0561 E-Mail: [fulcrum1@sasktel.net](mailto:fulcrum1@sasktel.net)

Note: For adult individuals, couples, and families. Specializes in chronic pain, depression, trauma-related anxiety disorders, workplace issues, relationships, and vocational counselling. Counselling approach includes clinical hypnosis.

397. Ross, Mary - MEd

Ross, Mary - MEd 310 2445 13th Ave. Regina, SK S4P 1W0 Phone: [1.306.522.2272](tel:1.306.522.2272)

Note: For teen and adult individuals, couples, and families. Specializes in relationship issues, stress, anxiety, depression, anger, and abuse. Alternative method of therapy available, including EFT, Family Systems Theory, Solution Oriented Therapy, and Narrative Therapy.

398. Schoenroth, Natasha - MED Ehrlo Counselling Services

Schoenroth, Natasha - MED Ehrlo Counselling Services 1951 Francis St. Regina, SK S4N 6V1 Phone: [1.306.751.2467](tel:1.306.751.2467) Fax: 1.306.751.2416

Note: For adolescent and adult individuals. Specializes in oppositional defiance, mood, trauma, grief, substance abuse, academic performance, suicidal ideations, and self-harm. Ehrlo Counselling Services operates on an hourly fee for service basis and payments can be negotiated on a sliding scale based on income.

399. Sojonky, Todd - PhD, RD Sojonky Counselling Services

Sojonky, Todd - PhD, RD Sojonky Counselling Services 3018 Doan Dr. Regina, SK S4V 1M1 Phone: [1.306.737.6533](tel:1.306.737.6533) E-Mail: [todd.sojonky@sasktel.net](mailto:todd.sojonky@sasktel.net)

Note: For adult individuals, couples, families, and groups. Specializes in grief, depression, anxiety, marriage, chronic pain, eating disorders, and addiction.

400. Tamaki, Shelley - MEd Ehrlo Counselling Services

Tamaki, Shelley - MEd Ehrlo Counselling Services 1951 Francis St. Regina, SK S4N 6V1 Phone: [1.306.751.2467](tel:1.306.751.2467) Fax: 1.306.751.2416 E-Mail: [shelley.tamaki@reanchehrlo.ca](mailto:shelley.tamaki@reanchehrlo.ca)

Note: For youth and adult individuals, small groups, and families. Specializes in PTSD, life transitions, trauma, grief and loss, crisis intervention, and self-esteem. Ehrlo Counselling Services operates on an hourly fee for service basis and payments can be negotiated on a sliding scale based on income.

401. Traquair, Morgan H. - MA H.M. Traquair & Associates

Traquair, Morgan H. - MA H.M. Traquair & Associates 2230 Rae St. Regina, SK S4T 2E9 Phone: [1.306.352.9468](tel:1.306.352.9468) E-Mail: [hmtraquair@hotmail.com](mailto:hmtraquair@hotmail.com)

Note: For adult individuals specializing in abuse, grief and loss, relationship stress, eating disorders,

body image issues, and parenting.

402. Turner-Larsen, Wendy - MA Turner Larsen Consulting

Turner-Larsen, Wendy - MA Turner Larsen Consulting 338 University Park Regina, SK S4V 1J4  
Phone: [1.306.789.1871](tel:1.306.789.1871) Fax: 1.306.789.2056 E-Mail: [w.tl@sasktel.net](mailto:w.tl@sasktel.net)

Note: For adult individuals and organizations. Specializes in complex workplace and interrelationship challenges, work related stress and conflict, depression, and anxiety.

403. Power, Gordon - BA, MEd, RSW The Compass Rose Health Center

Power, Gordon - BA, MEd, RSW GD Power Counselling & Consulting Herring Cove, NS B3V 1G6  
Phone: [1.855.727.9962](tel:1.855.727.9962)

Note: For adult individuals, couples, and families. Specializes in addiction, alcohol, drug and gambling issues, tobacco cessation services, and works with family members in their recovery process. Alternative methods of therapy available, including Biological, Psychological, Social, Spiritual Model of recovery.

404. Isler, Philippe - MA RPsych Philippe Isler Psychological Services Counselling and Psychotherapy

Isler, Philippe - MA RPsych Philippe Isler Psychological Services Counselling and Psychotherapy  
209 - 10 Webster St. Kentville, NS B4N 1H7 Phone: [1.902.690.7540](tel:1.902.690.7540) (Direct) Phone:  
[1.902.463.0552](tel:1.902.463.0552) (Booking Service) E-Mail: [philippe@transformationaltherapy.ca](mailto:philippe@transformationaltherapy.ca)

Note: For adult individuals, couples, families, and groups. Specializes in stress, anger, addiction, relationship issues, family conflict, and PTSD. Alternative methods of therapy available, including integrative and holistic approaches, including energy psychology. Services offered in French and English.

405. O' Connor, Kim - RPsych Riverdale Centre Psychological Services

O'Connor, Kim - RPsych Riverdale Centre Psychological Services 458 Main St. Kentville, NS B4N 1K8  
Phone: [1.902.679.7295](tel:1.902.679.7295) Fax: 1.902.679.0798 E-Mail: [Kim@RiverdaleCentre.ca](mailto:Kim@RiverdaleCentre.ca)

Note: For children, adolescent, and adult individuals. Specializes in learning and behavioural issues, anger, family conflict, communication, relationship issues, and separation and divorce. Counselling approaches include CBT, play therapy, art, and music therapy.

406. Voegeli, Derek - MA, MFC Archway Counselling

Voegeli, Derek - MA, MFC Archway Counselling 883 Prince St. Truro, NS B2N 1H2 Phone:  
[1.902.893.3991](tel:1.902.893.3991) Fax: 1.902.843.3354 E-Mail: [info@archwaycounselling.ca](mailto:info@archwaycounselling.ca)

Note: For adult individuals and couples. Specializes in depression, anxiety, relationship issues, sexuality, abuse, and addictions. Alternative methods of therapy available, including mindfulness techniques and a Narrative approach.

407. Davison, Kelly - MEd, MA, BA Wolfville Integrated Health Care

Davison, Kelly - MEd, MA, BA Wolfville Integrated Health Care 189 Dykeland St. Wolfville, NS B4P 1A3  
Phone: [1.902.698.2860](tel:1.902.698.2860) (Cell) Phone: [1.902.542.0834](tel:1.902.542.0834) (Office) E-Mail:

[kelly@kellydavisoncounselling.ca](mailto:kelly@kellydavisoncounselling.ca)

Note: For adult individuals and couples. Specializes in anxiety, stress management, depression, disordered eating, relationship issues, and life transitions. Alternative methods of therapy available, including EFT, CBT, and Somatic Experiencing.

408. Douglas, Stephen - MA, OACCPP(C) Family Counselling with Stephen Douglas

Douglas, Stephen - MA, OACCPP(C) Family Counselling with Stephen Douglas 42 - 13th St. Toronto, ON M8V 3H4 Phone: [1.416.766.7321](tel:1.416.766.7321) E-Mail: [familycounselling@sympatico.ca](mailto:familycounselling@sympatico.ca)

Note: For youth and adult individuals, couples, families, and groups. Specializes in anger, stress, addiction, life transitions, relationship issues, abuse, and grief and loss. Counselling approach includes Gestalt, Relational and Satir Family Systems, and indigenous teachings. Appointments available in person or online.

409. Lane, Midge - MA, CCC, RCT

Lane, Midge - MA, CCC, RCT Wolfville, NS Phone: [1.902.542.1109](tel:1.902.542.1109) E-Mail: [midgelane@ns.sympatico.ca](mailto:midgelane@ns.sympatico.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, intimacy, anxiety, depression, stress management, adoption issues, grief and loss, and chronic illness.

410. Dunstan, Judith - BSW, RSW Balance Health and Wellbeing

Dunstan, Judith - BSW, RSW Balance Health and Wellbeing 244 Dupont St. Toronto, ON M5R 1V7 Phone: [1.416.821.0807](tel:1.416.821.0807) E-Mail: [info@judithdunstan.com](mailto:info@judithdunstan.com)

Note: For adult individuals, couples, and families. Specializes in fear, grief and loss, anger management, trauma, addictions, and abuse. Alternative methods of therapy available, including insight-based psychotherapy, psycho-dramatic bodywork, and Narrative therapy.

411. Goodwin, Shelley L. - PhD Psychological Services

Goodwin, Shelley L. - PhD Psychological Services 326 - 615 Main St. Yarmouth, NS B5A 2N3 Phone: [1.902.740.0580](tel:1.902.740.0580) Fax: 1.902.742.1663

Note: For teen and adult individuals and couples. Specializes in addiction, abuse, grief and loss, OCD, relationship issues, and trauma. Alternative methods of therapy available, including EMDR and CBT.

412. Falzon, Lia - RP, Dip ATPPP, DTATI, FOT

Falzon, Lia - RP, Dip ATPPP, DTATI, FOT 249 St. Clair W Toronto, ON M4V 1R3 Phone: [1.647.723.5274](tel:1.647.723.5274) ext. 225 E-Mail: [Lia@therapytoronto.ca](mailto:Lia@therapytoronto.ca)

Note: For adult individuals. Specializes in addiction, trauma, grief and loss, unfulfilling work, abuse, relationship issues, and sexual issues. Counselling approach includes EMDR, Object Relations Therapy, Psychoanalytic Psychotherapy, and Psychodynamic Psychotherapy.

413. Ferguson, Donna Jean - PsyD DF Psychological Services

Ferguson, Donna Jean - PsyD, CPsych, ABPP DF Psychological Services 406 - 1407 Yonge St. Toronto, ON M4T 1Y7 Phone: [1.416.937.2164](tel:1.416.937.2164)

Note: For adolescent and adult individuals, couples, and groups. Specializes in PTSD, mood disorders, substance use, gambling issues, trauma, and addiction. Counselling approach includes short-term therapy and CBT.

414. Friedman, Sharlene - BAFA, DTATI Being Balance

Friedman, Sharlene - BAFA, DTATI Being Balance 65 Beresford Ave. Toronto, ON M6S 3A9 Phone: [1.416.588.2471](tel:1.416.588.2471) E-Mail: [sharlene@beingbalance.ca](mailto:sharlene@beingbalance.ca)

Note: For adult individuals and specializes in trauma and recovery. Counselling approach includes art therapy and Jin Shin Jyutsu Physio Philosophy.

415. Gorlicky, Stacey - RP, RIHR Helix Healthcare Group

Gorlicky, Stacey - RP, RIHR Helix Healthcare Group 164 Eglinton Ave. E Toronto, ON M4P 1A6 Phone: [1.416.921.2273](tel:1.416.921.2273) Fax: 1.416.921.2237 E-Mail: [info@helixhealthcaregroup.com](mailto:info@helixhealthcaregroup.com)

Note: For adult individuals and specializes in mental health and addiction recovery. Alternative methods of therapy available, including an interactive and solution-focused approach.

416. Gotthardt, Michael - BA, DCTP, CAPT Spadina Therapy Centre

Gotthardt, Michael - BA, DCTP, CAPT Spadina Therapy Centre 37 Spadina Rd. Toronto, ON M5R 2S9 Phone: [1.416.410.4778](tel:1.416.410.4778) (Office) Phone: [1.416.697.8191](tel:1.416.697.8191) (Direct)

Note: For adult individuals and couples. Specializes in eating disorders, relationship issues, addiction, sexual abuse, gender issues, and spiritual issues. Counselling approach includes dream analysis and psychoanalytically-based talk therapy.

417. Greene, Michael Charles - MA Depth Counselling Toronto

Greene, Michael Charles - MA Depth Counselling Toronto 207 - 348 Danforth Ave. Toronto, ON M4K 1N8 Phone: [1.416.465.5774](tel:1.416.465.5774) (Office) Phone: [1.416.857.8353](tel:1.416.857.8353) (Cell) E-Mail: [Michael@depthcounsellingtoronto.com](mailto:Michael@depthcounsellingtoronto.com)

Note: For adult individuals and couples. Specializes in anger, relationship issues, codependency, substance use, adult children of alcoholics, addiction, eating disorders, trauma, OCD, and gender issues.

418. Hambley, Janice M. - PhD, CPsych Bellwood Health Services

Hambley, Janice M. - PhD, CPsych Bellwood Health Services 1020 McNicoll Ave. Toronto, ON M1W 2J6 Phone: [1.416.495.0926](tel:1.416.495.0926) Toll-Free: [1.800.387.6198](tel:1.800.387.6198) Fax: 1.416.495.7943 E-Mail: [info@bellwood.ca](mailto:info@bellwood.ca)

Note: For adult individuals and families and specializes in addiction and recovery services.

419. Birt, Dianne - MEd, CCC

Birt, Dianne - MEd, CCC 44 Grafton St. Charlottetown, PE C1A 1K5 Phone: [1.902.394.5826](tel:1.902.394.5826)



E-Mail: [dianne@dbcounsellingpei.ca](mailto:dianne@dbcounsellingpei.ca)

Note: For children, teen, and adult individuals, couples, and families. Specializes in burn-out, separation and divorce, trauma, addictions, disordered eating, ADHD, career and work issues, and life transitions. Alternative methods of therapy available, including Narrative Therapy, Existential and other humanistic approaches, psycho-education and mindfulness practices.

420. Hanna, Jayne - PhD, CPsych

Hanna, Jayne - PhD, CPsych 40 Lola Rd. Toronto, ON M5P 1E4 Phone: [1.416.484.6104](tel:1.416.484.6104) E-Mail: [dr.jhanna@sympatico.ca](mailto:dr.jhanna@sympatico.ca)

Note: For adult individuals and couples. Specializes in OCD, stress, relationship issues, grief and loss, addiction, PTSD, life transitions, trauma, and ADD. Counselling approaches include Cognitive Therapy and Emotionally Focussed Couples Therapy.

421. Doiron, Jason - PhD Dr. Jason Doiron Psychological Services

Doiron, Jason - PhD Dr. Jason Doiron Psychological Services 160 Belvedere Ave. Charlottetown, PE C1A 2Z1 Phone: [1.902.394.1249](tel:1.902.394.1249) E-Mail: [psychologist@pei.sympatico.ca](mailto:psychologist@pei.sympatico.ca)

Note: For children, adolescent, and adult individuals, couples, and groups. Specializes in addiction, stress, PTSD, relationship issues, parenting, and grief and loss. Alternative methods of therapy available, including CBT and other evidence-based approaches.

422. Hanna, Jayne - PhD, CPsych

Hanna, Jayne - PhD, CPsych 40 Lola Rd. Toronto, ON M5P 1E4 Phone: [1.416.484.6104](tel:1.416.484.6104) E-Mail: [dr.jhanna@sympatico.ca](mailto:dr.jhanna@sympatico.ca)

Note: For adult individuals and couples. Specializes in OCD, stress, relationship issues, grief and loss, addiction, PTSD, life transitions, trauma, and ADD. Counselling approaches include Cognitive Therapy and Emotionally Focussed Couples Therapy.

423. Hazelton, Rosemary C. - PhD

Hazelton, Rosemary C. - PhD 305 - 7 Thornwood Rd. Toronto, ON M4W 2R8 Phone: 1.416.486.5528 Note: For adolescent and adult individuals and couples. Specializes in eating disorders, trauma, abuse, grief and loss, anxiety, relationship issues, and family conflict.

424. Webb, Marilyn F. - MEd, CCC

Webb, Marilyn F. - MEd, CCC 1 Rochford St. Charlottetown, PEI Phone: [1.902.388.4233](tel:1.902.388.4233) E-Mail: [marilyn@marilynwebb.ca](mailto:marilyn@marilynwebb.ca)

Note: For adult individuals and couples. Specializes in PTSD, sexual abuse, trauma, fertility issues, addiction, eating disorders, and relationship issues. Counselling approach includes Mindfulness, Narrative, Solution Focused, Acceptance Commitment Therapy and Strengths Based Approach.

425. Hicks, Margaret - MSc, MFT, RSW Hicks Counselling Services

Hicks, Margaret - MSc, MFT, RSW Hicks Counselling Services 800 - 120 Eglinton Ave. E Toronto, ON M4P 1E2 Phone: [1.416.822.9659](tel:1.416.822.9659) (Direct) Phone: [1.416.322.6178](tel:1.416.322.6178) (Reception) E-Mail:



[margaret.hicks@rogers.com](mailto:margaret.hicks@rogers.com)

Note: For children, teen, and adult individuals, couples, and families. Specializes in trauma, addictions, grief and loss, chronic illness, anger, infertility, relationship issues, and workplace issues. Counselling approach includes CBT.

426. Sahouli, Abderrahmane - PhD

Sahouli, Abderrahmane - PhD 126 Douses Rd. Montague, PE C0A 1R0 Phone: [1.902.838.0960](tel:19028380960)  
E-Mail: [asahouli@ihis.org](mailto:asahouli@ihis.org)

Note: For children, adolescent, and adult individuals, families, and groups. Specializes in abuse, addictions, behavioural issues body image, eating disorders, OCD, PTSD, trauma, relationship issues, and self-esteem. Services offered in French and English.

427. Ratelle, Edmond R. - RSW, CH Ratelle Hypnosis

Ratelle, Edmond R. - RSW, CH Ratelle Hypnosis 41 Dekker Rd. Summerside, PE C1N 4J8 Phone: [1.902.439.6839](tel:19024396839) (Summerside location) Phone: [1.902.894.4357](tel:19028944357) (Charlottetown location) E-Mail: [edmond@ratellehypnosis.com](mailto:edmond@ratellehypnosis.com)

Note: For adult individuals, couples, and families. Specializes in self-esteem, stress, trauma, anger, abuse, codependency, and recovery from addictions. Counselling approach includes hypnotherapy.

428. Hoffman, Yana J. - CCDC Trillium Counselling

Hoffman, Yana J. - CCDC Trillium Counselling 1012 Shaw St. Toronto, ON M6G 3N1 Phone: [1.647.977.5716](tel:16479775716) E-Mail: [yanahoffman@gmail.com](mailto:yanahoffman@gmail.com)

Note: For teen and adult individuals and couples. Specializes in relationship issues, family conflict, addictions, communication, and trauma. Counselling approach includes Family Of Origin patterns, Mindfulness Training, Emotional Release, Breath Work, and Eriksonian Hypnosis.

429. Hunter, Nancy - RCAT, CHt, EFT-Adv. Innovative Psychotherapy

Hunter, Nancy - RCAT, CHt, EFT-Adv. Innovative Psychotherapy 205 - 49 Elm St. Toronto, ON M5G 1H1 Phone: [1.647.977.5914](tel:16479775914)

Note: For children and adult individuals. Specializes in smoking cessation, weight management, phobias, abuse, trauma, and eating disorders. Counselling approach includes EFT, hypnosis, hypnotherapy, NLP, dreamwork, and art psychotherapy.

430. Hunter, Sue - CTP dipl, RP, MSW, RSW, MBA The Centre Psychotherapy Services

Hunter, Sue - CTP dipl, RP, MSW, RSW, MBA The Centre Psychotherapy Services 316 Dupont St. Toronto, ON M5R 1V9 Phone: [1.416.722.4600](tel:14167224600) (Direct) Phone: [1.416.923.4444](tel:14169234444) (Office) E-Mail: [centrep psychotherapy@gmail.com](mailto:centrep psychotherapy@gmail.com)

Note: For adult individuals and specializes in spirituality, relationship issues, abuse, eating disorders, OCD, self-harm, and video game addiction. Counselling includes Psychodynamic approach.

431. Katz, Shirley - PhD, CCC Creative Transitions Counselling Services

Katz, Shirley - PhD, CCC Creative Transitions Counselling Services 3 - 156 Sheppard Ave.  
Toronto, ON M2N 1M8 Phone: [1.647.244.3050](tel:1.647.244.3050)

Note: For teen and adult individuals, couples, and families. Specializes in communication, transition, disordered eating, obsessions, career or school challenges, avoidance, relationship issues, and career/life transition. Alternative methods of therapy available, including CBT and EFT.

432. Klarreich, Sam - PhD Positive Psychology

Klarreich, Sam - PhD  
Positive Psychology  
110 Berkeley St.  
Toronto, ON M5A 2W7  
Phone: [1.416.861.0716](tel:1.416.861.0716) (Office)  
Phone: [1.416.882.9136](tel:1.416.882.9136) (Cell)  
Fax: 1.416.861.1727  
E-Mail: [drsam@rogers.com](mailto:drsam@rogers.com)

Note: For adult individuals, couples, and families. Specializes in trauma, relationship issues, separation and divorce, anger, and addiction.

433. Ledson, Jena - CTP Dipl, RP

Ledson, Jena - CTP Dipl, RP  
413 - 120 Carlton St.  
Toronto, ON M5A 4K2  
Phone: [1.416.912.5480](tel:1.416.912.5480)  
E-Mail: [therapy@jenaledson.com](mailto:therapy@jenaledson.com)

Note: For adult individuals and couples. Specializes in anger, addiction, fertility issues, LGBT issues, life transitions, OCD, relationship issues, self-harm, sexuality and gender issues, and trauma. Counselling approaches include psychodynamic and CBT. Appointments are available in person, by phone, or via Skype.

434. Lerner, Marilyn - BFA, OSP

Lerner, Marilyn - BFA, OSP 36 Madison Ave. Toronto, ON M5R 2S1 Phone: [1.416.994.8017](tel:1.416.994.8017)  
E-Mail: [Lerner@rogers.com](mailto:Lerner@rogers.com)

Note: For adult individuals and couples. Specializes in relationship issues, abuse, addiction, sexuality and gender identity, polyamory, and life transitions. Counselling approach includes relational, self-psychological, existential, humanistic, interpersonal and feminist modes of psychotherapy.

435. Lewis, Sandra - MA, EFT-ADV Artemis Therapy

Lewis, Sandra - MA, EFT-ADV Artemis Therapy 126 Seaton St. Toronto, ON M5A 2T3 E-Mail: [info@artemistherapy.com](mailto:info@artemistherapy.com)

Note: For adult individuals. Specializes in depression, anxiety, relationship issues, phobias, addictions, and self-esteem issues. Counselling approach includes EFT, CBT, and Solution Focused

Brief Therapy.

436. Lloyd, Robin - MSW, RSW Bloor West Homeopathic and Wellness Clinic

McDonough, Hanna - MSW, RSW 340 - 10 St. Mary St. Toronto, ON M4Y 1P9 Phone: [1.416.924.9907](tel:1.416.924.9907) Cell: [1.416.997.0043](tel:1.416.997.0043) E-Mail: [hanna@hannatherapy.com](mailto:hanna@hannatherapy.com)

Note: For children, teen, and adult individuals, couples, and families. Specializes in shame, anxiety, depression, relationship issues, addiction, and family conflict.

437. Meggeson, Sean - MA

Meggeson, Sean - MA 204 - 1407 Yonge St. Toronto, ON M4T 1Y7 Phone: [1.416.617.2778](tel:1.416.617.2778) E-Mail: [seanmeggesonRP@gmail.com](mailto:seanmeggesonRP@gmail.com)

Note: For teen, young adult, and adult individuals. Specializes in addiction, adoption, ADD, ADHD, BPD, codependency, eating disorders, relationship issues, trauma, and PTSD. Counselling approach includes client-centered, family, and insight-oriented therapies, Motivational Interviewing, and Relational and Psychodynamic Psychotherapy.

438. Monteith, Susan - BA, BEd, MEd

Monteith, Susan - BA, BEd, MEd Toronto, ON Phone: [1.416.424.2924](tel:1.416.424.2924) E-Mail: [Susanmonteith@torontopsychotherapist.ca](mailto:Susanmonteith@torontopsychotherapist.ca)

Note: For adult individuals and couples. Specializes in eating disorders, anger, adult children of alcoholics, abuse, self-harm, and divorce and separation.

439. Bos, Marian - MC, CCC Northern Counselling & Therapeutic Services Inc.

Bos, Marian - MC, CCC Northern Counselling & Therapeutic Services Inc. 203 - 208 Main St. Whitehorse, YT Y1A 2A9 Phone: [1.867.668.3900](tel:1.867.668.3900) Fax: 1.867.668.3902 Toll-Free: [1.800.279.0518](tel:1.800.279.0518) E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For youth and adult individuals. Specializes in mental health, addiction and trauma treatment. Alternative methods of therapy available, including Equine Assisted Psychotherapy and EMDR.

440. Moses, Andrea J. - MSW Toronto Psychotherapy

Moses, Andrea J. - MSW Toronto Psychotherapy 100 - 2 Bloor St. W Toronto, ON M4W 3E2 Phone: [1.416.481.0635](tel:1.416.481.0635) E-Mail: [andrea@torontopsychotherapy.net](mailto:andrea@torontopsychotherapy.net)

Note: For adult individuals and couples. Specializes in trauma, PTSD, abuse, addiction, eating disorders, relationship issues, career issues, and stress.

441. Brown, Tandi - MC, CCC Nimco & Associates, Inc.

Brown, Tandi - MC, CCC Nimco & Associates, Inc. 606 Wood St. Whitehorse, YT Y1A 2G3 Phone: [1.867.668.4058](tel:1.867.668.4058) Phone: [1.867.668.3277](tel:1.867.668.3277) E-Mail: [bnimco.eap@klondiker.com](mailto:bnimco.eap@klondiker.com)

Note: For children, youth, and adult individuals and families. Specializes in parenting, family of origin, attachment, life transitions, addictions, trauma, PTSD, First Nation issues, and workplace issues. Alternative methods of therapy available, including responsive and intuitive approach.

Services include Employee Assistance Program, Critical Incident Stress Management, and Private Counselling.

442. Dempsey, Craig - MSC, CCC Northern Counselling & Therapeutic Services Inc.

Dempsey, Craig - MSC, CCC Northern Counselling & Therapeutic Services Inc. 203 - 208 Main St. Whitehorse, YT Y1A 2A9 Phone: [1.867.668.3900](tel:1.867.668.3900) Fax: 1.867.668.3902 Toll-Free: [1.800.279.0518](tel:1.800.279.0518) E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For adult individuals and groups. Specializes in control issues, relationship issues, sexual addiction, depression, and anxiety. Counselling approach includes CBT.

443. Desaulniers, Lucie - MED, CCC Northern Counselling & Therapeutic Services Inc.

Desaulniers, Lucie - MED, CCC Northern Counselling & Therapeutic Services Inc. 203 - 208 Main St. Whitehorse, YT Y1A 2A9 Phone: [1.867.668.3900](tel:1.867.668.3900) Fax: 1.867.668.3902 Toll-Free: [1.800.279.0518](tel:1.800.279.0518) E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For youth and adult individuals, couples, families, and groups. Specializes in gender and relationship issues, trauma, eating disorders, addictions, anger management, conflicts, and mental health. Alternative methods of therapy available, including Imago Relationship approach. Services available in French and English.

444. Grabner, Sue - BSW, MA, CCC Nimco & Associates, Inc.

Grabner, Sue - BSW, MA, CCC Nimco & Associates, Inc. 606 Wood St. Whitehorse, YT Y1A 2G3 Phone: [1.867.668.4058](tel:1.867.668.4058) Phone: [1.867.668.3277](tel:1.867.668.3277) E-Mail: [bnimco.eap@klondiker.com](mailto:bnimco.eap@klondiker.com)

Note: For children and adult individuals, couples, and families. Specializes in stress management, parenting, family of origin, attachment, life transitions, addictions, retirement planning, health, trauma, PTSD, First Nation issues, workplace issues, and conflict resolution. Alternative methods of therapy available, including an eclectic approach. Services include Employee Assistance Program, Critical Incident Stress Management, and Private Counselling.

445. Heyes, Joanne - MSc, AAMFT Nimco & Associates, Inc.

Heyes, Joanne - MSc, AAMFT Nimco & Associates, Inc. 606 Wood St. Whitehorse, YT Y1A 2G3 Phone: [1.867.668.4058](tel:1.867.668.4058) Phone: [1.867.668.3277](tel:1.867.668.3277) E-Mail: [bnimco.eap@klondiker.com](mailto:bnimco.eap@klondiker.com)

Note: For youth and adult individuals, couples, and families. Specializes in stress management, parenting, family of origin, attachment, life transitions, addictions, health, trauma, PTSD, First Nation issues, and workplace issues. Alternative methods of therapy available, including a collaborative, strength-based approach. Services include Employee Assistance Program, Critical Incident Stress Management, and Private Counselling.

446. Laird, Judy - RSW Nimco & Associates, Inc.

Laird, Judy - RSW Nimco & Associates, Inc. 606 Wood St. Whitehorse, YT Y1A 2G3 Phone: [1.867.668.4058](tel:1.867.668.4058) Phone: [1.867.668.3277](tel:1.867.668.3277) E-Mail: [bnimco.eap@klondiker.com](mailto:bnimco.eap@klondiker.com)

Note: For children, youth, and adult individuals and families. Specializes in stress management, parenting, family of origin, life transitions, addictions, health, trauma, PTSD, First Nation issues, and workplace issues. Services include Employee Assistance Program, Critical Incident Stress

Management, and Private Counselling.

447. Leithead, Stephanie - MA, CCC, RCC Northern Counselling & Therapeutic Services Inc.

Leithead, Stephanie - MA, CCC, RCC Northern Counselling & Therapeutic Services Inc. 203 - 208 Main St. Whitehorse, YT Y1A 2A9 Phone: [1.867.668.3900](tel:1.867.668.3900) Fax: 1.867.668.3902 Toll-Free: [1.800.279.0518](tel:1.800.279.0518) E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For children, youth, and adult individuals and families. Specializes in trauma, Autism Spectrum Disorder, Fetal Alcohol Syndrome, suicide ideation, stress management, mental health difficulties, chronic pain management, addictions, and life transitions.

448. Scott, Kim - MA, RPsych

Scott, Kim - MA, RPsych 102 - 604 Main St. Whitehorse, YT Y1A 2C1 Phone: [1.867.334.4417](tel:1.867.334.4417) Fax: 1.867.633.6565 E-Mail: [kscott3679@gmail.com](mailto:kscott3679@gmail.com)

Note: For children, teen, and adult individuals and families. Specializes in trauma, addictions, family issues, and children going through separation and divorce. Alternative methods of therapy available, including EMDR, and play-therapy.

449. Studney, Jody - MSW, RSW, CCC Northern Counselling & Therapeutic Services Inc.

Studney, Jody - MSW, RSW, CCC Northern Counselling & Therapeutic Services Inc. 203 - 208 Main St. Whitehorse, YT Y1A 2A9 Phone: [1.867.668.3900](tel:1.867.668.3900) Fax: 1.867.668.3902 Toll-Free: [1.800.279.0518](tel:1.800.279.0518) E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For youth and adult individuals, couples, and families. Specializes in trauma, family conflict, suicide intervention, self-harm, youth-at-risk, addictions, anger management, LGBT issues, separation and divorce, eating disorders, life transitions, and abuse. Alternative methods of therapy available, including client-centered approach, EMDR, Somatic Experiencing and Animal Assisted Therapy.

450. Boileau, Laura - MA, RPC Gaia Integrative Clinic

Boileau, Laura - MA, RPC Gaia Integrative Clinic PO Box 1401 4907 - 47th St. Yellowknife, NT X1A 2P1 Phone: [1.867.873.3669](tel:1.867.873.3669) Fax: 1.867.873.5642

Note: For adult individuals, couples, and groups. Specializes in trauma, sexual abuse, relationship conflict, addictions, and shame. Counselling approach includes Narrative therapy, bibliotherapy, mindfulness, and animal-assisted therapy.

451. Dennis, Marcia-Lisa - FIS, BScOT, MScOT Northern Counselling & Therapeutic Services Inc

Dennis, Marcia-Lisa - FIS, BScOT, MScOT Northern Counselling & Therapeutic Services Inc Northwest Territories E-Mail: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: For youth, adult, and senior individuals. Specializes in fetal alcohol syndrome, ADHD, sensory processing disorder, trauma, addictions, and mental health issues. Alternative methods of therapy available, including holistic, culturally-safe, client-centered approach.

452. Giacobbo, Kirsti - MEd, CCC, CHT Gaia Integrative Clinic

Giacobbo, Kirsti - MEd, CCC, CHT Gaia Integrative Clinic PO Box 1401 4907 - 47th St. Yellowknife, NT X1A 2P1 Phone: [1.867.873.3669](tel:1.867.873.3669) Fax: 1.867.873.5642 E-Mail: [kgiacobbo@gaiand.com](mailto:kgiacobbo@gaiand.com)

Note: For adolescent and adult individuals. Specializes in relationship issues, trauma, parenting concerns, self-harm, peer relationships, coping with school, and coping with change. Alternative methods of therapy available, including Hakomi Psychotherapy, and a mindfulness-based approach.

453. Kelleher, Sarah A. - PhD, RPsych Northstar Centre For Counselling & Psychological Services Northern

Kelleher, Sarah A. - PhD, RPsych Northstar Centre for Counselling & Psychological Services Northern Counselling & Therapeutic Services Inc. 4817 49 St. Yellowknife, NT X1A 3S7 Phone: [1.867.873.3600](tel:1.867.873.3600)

Note: For adult individuals and specializes in trauma support, EAP programs, Residential School survivors, Critical Incident Stress Management, and meeting the unique needs of the northern work environment.

454. Mundigo, Arturo Ricardo - BA, BSW, MSW, RSW Arturo Mundigo Counsellor & Clinical Social Worker

Mundigo, Arturo Ricardo - BA, BSW, MSW, RSW Arturo Mundigo Counsellor & Clinical Social Worker 717 Bloor St. W Toronto, ON M6G 1L5 Phone: [1.647.933.5359](tel:1.647.933.5359)

Note: For children, youth, and adult individuals, couples, families, and groups. Specializes in relationship issues, stress, anger, chronic pain, trauma, and addiction. Alternative methods of therapy available, including Acceptance and Commitment Therapy and CBT. Services offered in English and Spanish. Appointments are available in person, by phone, or online.

455. Munro, Rosemary - ICADC Journey to A New Life Counselling

Munro, Rosemary - ICADC Journey to A New Life Counselling 302 - 4211 Yonge St. Toronto, ON M2P 2A9 Phone: [1.416.729.3199](tel:1.416.729.3199) E-Mail: [journey1@me.com](mailto:journey1@me.com)

Note: For adult individuals and families. Specializes in addiction, relationship issues, anger, family conflict, and offers interventions.

456. Musicar, Lesli - MEd, RCC Counselling at the Carrot

Musicar, Lesli - MEd, RCC Counselling at the Carrot 215 - 348 Danforth Ave. Toronto, ON M4K 1N8 Phone: [1.416.469.2749](tel:1.416.469.2749) E-Mail: [lesli@counsellingatthecarrot.com](mailto:lesli@counsellingatthecarrot.com)

Note: For adult individuals and couples. Specializes in career issues, family conflict, self-esteem, relationship issues, anger, sexual assault, and boundaries. Alternative methods of therapy available, including Emotional Focused couple counselling, EMDR, Sensorimotor Psychotherapy, and anger management.

457. Parker, Patricia - BScN, MA Recovery Counselling and Intervention Services

Parker, Patricia - BScN, MA Recovery Counselling and Intervention Services 302 - 4211 Yonge St. Toronto, ON M2P 2A9 Phone: [1.416.640.1061](tel:1.416.640.1061) ext. 225 E-Mail: [sober@recoverycounselling.on.ca](mailto:sober@recoverycounselling.on.ca)

Note: For adolescent, young adult, and adult individuals and families. Specializes in outpatient alcohol, drug, and process addiction counselling, skilled assessments, intervention training, and



referrals to treatment centers.

458. Pasternack, Jay - HSC Recovery Counselling and Intervention Services

Pasternack, Jay - HSC Recovery Counselling and Intervention Services 302 - 4211 Yonge St. Toronto, ON M2P 2A9 Phone: [1.416.640.1061 ext. 224](tel:1.416.640.1061) E-Mail: [sober@recoverycounselling.on.ca](mailto:sober@recoverycounselling.on.ca)

Note: For adolescent, young adult, and adult individuals and families. Specializes in outpatient alcohol, drug, and process addiction counselling, skilled assessments, intervention training, and referrals to treatment centers.

459. Pearce, Alexia - BA, BEd, MA Pearce Counselling

Pearce, Alexia - BA, BEd, MA Pearce Counselling 511 - 1849 Yonge St. Toronto, ON M4S 1Y2 Phone: [1.416.919.7639](tel:1.416.919.7639) E-Mail: [pearcecounselling@rogers.com](mailto:pearcecounselling@rogers.com)

Note: For adolescent and adult individuals and couples. Specializes in trauma, anger, grief and loss, and addiction. Alternative methods of therapy available, including cognitive-behavioral, adlerian, solution-focused, and existential therapy approaches.

460. Pepper, Anne - MEd, CCC

Pepper, Anne - MEd, CCC 106A - 14 Prince Arthur Ave. Toronto, ON M5R 1A9 Phone: [1.844.332.3158](tel:1.844.332.3158)

Note: For adult individuals. Specializes in trauma, PTSD, addiction recovery, ACoA, life transitions, relationship issues, and spirituality. Alternative methods of therapy available, including client-centered psychotherapy, CBT, guided visualizations, and dreamwork.

461. Petrova, Irina - MSc, CAPT, DipGIT

Petrova, Irina - MSc, CAPT, DipGIT 179 Carlton St. Toronto, ON M5A 2K3 Phone: [1.416.843.4963](tel:1.416.843.4963) E-Mail: [irina@irinapetrova.ca](mailto:irina@irinapetrova.ca)

Note: For adult individuals, couples, and families. Specializes in addiction, codependency, self-esteem, abuse, trauma, chronic illness, relationship issues, and sexuality and gender issues. Counselling approaches include Gestalt, Psychoanalysis, Psychodrama, Developmental Psychology, Integral Theory, Mindfulness-based Meditation Techniques, Vipassana and Zen.

462. Poizner, Annette - MSSW, EdD, RSW

Poizner, Annette - MSSW, EdD, RSW 37 Spadina Rd. Lower Level Toronto, ON M5R 2S9 Phone: [1.416.280.6442](tel:1.416.280.6442) E-Mail: [ap@annettepoizner.com](mailto:ap@annettepoizner.com)

Note: For adult individuals, couples, and families. Specializes in anxiety-related conditions, including the treatment of obsessive tendencies and difficulties with compulsive behaviour patterns. Counselling approach includes Ericksonian hypnosis, psychotherapy, and EMDR.

463. Pollock, Nathan L. - PhD

Pollock, Nathan L. - PhD 303 - 720 Spadina Ave. Toronto, ON M5S 2T9 Phone: [1.416.469.0300](tel:1.416.469.0300) E-Mail: [n.pollock@utoronto.ca](mailto:n.pollock@utoronto.ca)



Note: For adult individuals and specializes in adult behaviour problems.

464. Powell, Diana - BA, DCTP, CAPT

Powell, Diana - BA, DCTP, CAPT 316 Dupont St. Toronto, ON M5R 1V9 Phone: [1.416.926.8776](tel:1.416.926.8776)  
E-Mail: [diana.powell@utoronto.ca](mailto:diana.powell@utoronto.ca)

Note: For adult individuals. Specializes in shame, identity, trauma, dissociative disorders, addictions, panic, and relationship difficulties. Counselling approach includes psychodynamically informed supportive therapy, and integral psychotherapy.

465. Raphael, Susan - BA Hons, ICADC Recovery Counselling and Intervention Services

Raphael, Susan - BA Hons, ICADC Recovery Counselling and Intervention Services 302 - 4211 Yonge St. Toronto, ON M2P 2A9 Phone: [1.416.640.1061](tel:1.416.640.1061) ext. 230 E-Mail: [sober@recoverycounselling.on.ca](mailto:sober@recoverycounselling.on.ca)

Note: For adolescent, young adult, and adult individuals, and families. Specializes in addiction, abuse, trauma, and codependency. Alternative methods of therapy available, including Motivational Interviewing, CBT, and DBT.

466. Zsange, Kemila - RRCH, CHt Kemila Zsange Hypnotherapy & Counselling

Zsange, Kemila - RRCH, CHt Kemila Zsange Hypnotherapy & Counselling 502 - 2077 Nelson St. Vancouver, BC V6G 2Y2 Phone: [1.604.687.4325](tel:1.604.687.4325) E-Mail: [KZ@kemilahypnosis.com](mailto:KZ@kemilahypnosis.com)

Note: For youth and adult individuals and groups. Specializes in self-acceptance, depression, grief and loss, addiction, anger, and substance misuse. Alternative methods of therapy available, including Hypnotherapy.

467. Rodensky, Robert L. - PhD

Rodensky, Robert L. - PhD  
Toronto, ON  
Phone: [1.416.924.7497](tel:1.416.924.7497)

Note: For adult individuals, couples, and groups. Specializes in stress, anxiety, depression, addiction, and relationship issues. Alternative methods of therapy available, including CBT and Intensive Short-term Dynamic Psychotherapy.

468. Ross, Nancy - MA, LLP Blooming Relationships

Ross, Nancy - MA, LLP Blooming Relationships 115 Bellhaven Rd. Toronto, ON M4L 3J9 Phone: [1.416.466.2898](tel:1.416.466.2898) E-Mail: [nrossimago@gmail.com](mailto:nrossimago@gmail.com)

Note: For adult individuals, couples, and families. Specializes in relationship issues, depression, anxiety, and family conflict. Counselling approach includes Imago Relationship Therapy.

469. Russell, Hershel T. - MA, MEd

Russell, Hershel T. - MA, MEd 67 Kippendavie Ave. Toronto, ON M4L 3R3 Phone: [1.647.524.0467](tel:1.647.524.0467) E-Mail: [hershel.toronto@gmail.com](mailto:hershel.toronto@gmail.com)

Note: For adult individuals and couples. Specializes in sexual orientation and gender identity, and is a Hormone Readiness Assessor.

470. Schklar, Steven L. - RP, CGP

Schklar, Steven L. - RP, CGP  
140A Euclid Ave.  
Toronto, ON M6J 2J9  
Phone: [1.416.603.2177](tel:1.416.603.2177)  
E-Mail: [steve@psychotherapytoronto.com](mailto:steve@psychotherapytoronto.com)

Note: For adult individuals, couples, and groups. Specializes in grief and loss, trauma, family conflict, relationship issues, and self-esteem.

471. Segal, Adam - MEd, OACCPP

Segal, Adam - MEd, OACCPP 244 Dupont St. Toronto, ON M5R 1V7 Phone: [1.416.556.9616](tel:1.416.556.9616)  
E-Mail: [segaladam@sympatico.ca](mailto:segaladam@sympatico.ca)

Note: For young adult and adult individuals. Specializes in self-esteem, family conflict, relationship issues, sexuality and identity issues, LGBT issues, and work stress. Alternative methods of therapy available, including client-centered, Buddhist and mindfulness-based psychotherapy.

472. Shaw, Brian F. - PhD, CPsych The Clinic on Dupont

Shaw, Brian F. - PhD, CPsych The Clinic on Dupont 101 Dupont St. Toronto, ON M5R 1V4  
Phone: [1.416.515.2649](tel:1.416.515.2649) Fax: 1.416.966.4045 E-Mail: [info@theclinicondupont.com](mailto:info@theclinicondupont.com) E-Mail:  
[bfsconsulting@rogers.com](mailto:bfsconsulting@rogers.com)

Note: For adult individuals. Specializes in mental health issues, addiction, stress, anxiety, and depression. Counselling approach includes applied cognitive-behavioural psychology.

473. Temlett, Terry - MA, RCC Oakhill Counselling & Mediation

Temlett, Terry - MA, RCC  
Oakhill Counselling & Mediation  
11934 - 223 St.  
Maple Ridge, BC V2X 5Y1  
Phone: [1.604.607.1035](tel:1.604.607.1035)  
Fax: 1.604.855.1156  
Email: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in mood disorders, trauma, ADD, ADHD, and OCD.

474. Bodnarchuk, Brad - BA, BTH, MTH, CDP, BCC YANA Recovery and Addiction Services

Bodnarchuk, Brad - BA, BTH, MTH, CDP, BCC  
YANA Recovery and Addiction Services  
22 - 1501 8th St.  
Saskatoon, SK S7H 5J6  
Phone: [1.306.933.9262](tel:1.306.933.9262)  
Toll-Free: [1.855.933.9296](tel:1.855.933.9296)

E-Mail: [info@yanarecovery.ca](mailto:info@yanarecovery.ca)

Note: For adult individuals, families, and groups. Specializes in addiction and recovery, relapse prevention, and intervention. Counselling approaches include 12 Steps, equine therapy, and more.

475. Brock, Susan R. - MA, PhD Chartier, Arnold, Brock, Shimp & Associates

Brock, Susan R. - MA, PhD Chartier, Arnold, Brock, Shimp & Associates 1324 College Dr.  
Saskatoon, SK S7N 0W5 Phone: [1.306.664.6647](tel:1.306.664.6647) Fax: 1.306.664.6555 E-Mail:  
[cabs.admin1@sasktel.net](mailto:cabs.admin1@sasktel.net) (Scheduling) E-Mail: [cabs.admin2@sasktel.net](mailto:cabs.admin2@sasktel.net) (Office Manager)

Note: For children, adolescent, and adult individuals, couples, families, and groups. Specializes in PTSD, addictions, and traumatic brain injuries. Alternative methods of therapy available, including Psychodynamic Therapy, Interpersonal Therapy, DBT, and EFT.

476. Myrick, Ben - RSW Merritt Counselling

Myrick, Ben - RSW  
Merritt Counselling  
2108 Granite Ave.  
Merritt, BC V1K 1B8  
Phone: [1.250.378.5152](tel:1.250.378.5152)  
Toll-Free: [1.855.443.5123](tel:1.855.443.5123)  
Fax: 1.250.378.3666  
E-Mail: [benmyrick@hughes.net](mailto:benmyrick@hughes.net)

Note: For teen and adult individuals and couples. Specializes in stress and trauma management and other mental health assistance.

477. Taylor, Jennifer - MA, CCC

Taylor, Jennifer - MA, CCC  
Mill Bay, BC  
Phone: [1.250.510.4168](tel:1.250.510.4168)

Note: For adult individuals and couples. Specializes in relationship issues, depression, anxiety, and grief and loss. She uses a mindfulness based approach.

478. Kunkel, Wendy - MA, CCC Valley Recovery Support Association

Kunkel, Wendy - MA, CCC  
Valley Recovery Support Association  
9127 Emiry St.  
Mission, BC V4S 1A8  
Phone: [1.604.820.0681](tel:1.604.820.0681) (Office)  
Phone: [1.604.315.6406](tel:1.604.315.6406) (Cell)

Note: For children and adult individuals and specializes in residential treatment for addictions.

479. Barber, Candace - RCC, ICADC

Barber, Candace - RCC, ICADC  
5200 Entwhistle Dr.

Nanaimo, BC V9V 1H3  
Phone: [1.250.758.8406](tel:1.250.758.8406)

Note: For adult individuals and families. Specializes in drug and alcohol issues, conducts interventions, and offers relapse prevention work.

480. Beattie, A. Maura - PhD

Beattie, A. Maura - PhD  
406 - 495 Dunsmuir St.  
Nanaimo, BC V9R 6B9  
Phone: [1.250.716.1571](tel:1.250.716.1571)  
Fax: 1.250.716.1572  
E-Mail: [info@maurabeattie.ca](mailto:info@maurabeattie.ca)

Note: For youth and adult individuals, couples, and families. Specializes in trauma, grief, work-place stress, chronic pain and illness, marital conflict, and family-of-origin issues. Alternative methods of therapy available, including cognitive-behavioural and psychodynamic techniques, hypnosis, and relaxation training.

481. Jochim, Elizabeth - BSW, MSW, RSW Family Counselling Centre

Jochim, Elizabeth - BSW, MSW, RSW Family Counselling Centre 603 - 3rd Ave. N Saskatoon, SK S7K 2J8 Phone: [1.306.652.3121](tel:1.306.652.3121) Toll-Free: [1.800.323.3327](tel:1.800.323.3327) E-Mail: [inquire@family-counselling.ca](mailto:inquire@family-counselling.ca)

Note: For adult individuals, couples, and families. Specializes in women's issues, workplace issues, conflict resolution, trauma, grief, life transition, parenting, separation, and divorce. Alternative method of therapy available, including cognitive-behavioral, solution-focused, and Narrative Therapy.

482. Bell, Janice - MSW, RCC Counselling Nanaimo

Bell, Janice - MSW, RCC  
Counselling Nanaimo  
203 - 335 Wesley St.  
Nanaimo, BC V9R 2T5  
Phone: [1.250.244.2929](tel:1.250.244.2929)

Note: For adolescent and adult individuals, couples, and families. Specializes in marriage and relationships, depression, and addiction. Alternative methods of therapy available, including family of origin theory, Gestalt, hypnotherapy, Jungian psychotherapy, SFBT, and systems theory.

483. Gautier, Jacqueline - MA, RCC

Gautier, Jacqueline - MA, RCC  
Nanaimo, BC  
Phone: [1.250.619.0374](tel:1.250.619.0374)

Note: Addictions and trauma services for adolescent and adults individuals, couples, and families. Specializes in eating disorders, sexual abuse, anxiety and panic disorder, and depression. Alternative methods of therapy available, including 12-step facilitation, CBT, psycho-dynamic, DBT, Gestalt, and Expressive Arts Therapy.

484. Giesbrecht, Mark - MA, RCC, CCC Transitions Counselling & Psychotherapy

Giesbrecht, Mark - MA, RCC, CCC  
Transitions Counselling & Psychotherapy  
12B - 1601 Bowen Rd.  
Nanaimo, BC V9S 1G5  
Phone: [1.250.591.0551](tel:1.250.591.0551)  
E-Mail: [info@transitionscounselling.ca](mailto:info@transitionscounselling.ca)

Note: For adult individuals and specializes in anxiety, stress, depression, transitions, sex addiction. Alternative methods of therapy available, including CBT, Somatic Experiencing, EMDR and Emotionally Focused Couples Therapy.

485. Goh, Pauline - MA, CCC, RCC Integral Counselling

Goh, Pauline - MA, CCC, RCC  
Integral Counselling  
517 Wentworth St.  
Nanaimo, BC V9R 3E3  
Phone: [1.250.323.3233](tel:1.250.323.3233)

Note: Addiction and trauma services for youth and adults individuals, couples, and groups. Specializes in PTSD, body image issues, affairs, communication issues, and cross-cultural and parenting differences. Alternative methods of therapy available, including focusing-oriented therapy, CBT, transpersonal psychology, and Gottman couples therapy. Services available in English and Cantonese.

486. Lake, Paola - PhD, RPsych Lake Professional Psychology Corporation

Lake, Paola - PhD, RPsych  
Lake Professional Psychology Corporation  
203 - 335 Wesley St.  
Nanaimo, BC V9R 2T5  
Phone: [1.250.824.5006](tel:1.250.824.5006)  
Fax: 1.250.824.5001

Note: For adolescent and adult individuals and couples. Specializes in eating disorders, grief, low self-esteem, interpersonal problems, fears and anxieties. Alternative methods of therapy available, including EFT, hypnosis, EMDR, SFBT and psychodynamic therapy.

487. Littlechild, Karyl - MEd, CCC

Littlechild, Karyl - MEd, CCC  
218 Princess St.  
Nanaimo, BC V9R 4M7  
Phone: [1.250.754.9988](tel:1.250.754.9988)  
Fax: 1.250.754.9988  
E-Mail: [islandcounselling@shaw.ca](mailto:islandcounselling@shaw.ca)

Note: Addiction and trauma services for adult individuals, couples, and families. Specializes in anxiety disorder, residential Issues, grief and loss, and relationships. Alternative methods of therapy available, including REBT, Emotional Field Therapy, Enlightenment, and FN Cultural applications.

488. Palmer, Kate - MA, RCC Marshall & Associates

Palmer, Kate - MA, RCC  
Marshall & Associates  
35A Commercial St.  
Nanaimo, BC V9R 5L3  
Phone: [1.250.754.7703](tel:1.250.754.7703)  
E-Mail: [info@marshallcounselling.ca](mailto:info@marshallcounselling.ca)

Note: Addiction and trauma services for children, youth, and adult individuals and families. Specializes in behavioural problems, relationship issues, family conflict, self-harm, and identity. Alternative methods of therapy available, including attachment therapy, anxiety management, play therapy, and art in therapy.

489. Ring, Mark - MA, RCC Head and Heart

Ring, Mark - MA, RCC  
Head and Heart  
203 - 335 Wesley St.  
Nanaimo, BC V9R 2T5  
Phone: [1.250.797.2881](tel:1.250.797.2881)  
E-Mail: [mark@headandheart.ca](mailto:mark@headandheart.ca)

Note: For adolescent and adult individuals. Specializes in anger, anxiety, self-esteem, addiction, relationships, and parenting. Alternative methods of therapy available, including CBT, mindfulness, and a non-12 step approach for addiction.

490. Rousseau, Kathie - RPC, MPCP Blue Sage Counselling

Rousseau, Kathie - RPC, MPCP  
Blue Sage Counselling  
207A - 335 Wesley St.  
Nanaimo, BC V9S 2T5  
Phone: [1.250.667.0347](tel:1.250.667.0347)  
E-Mail: [kathie@bluesagecounselling.com](mailto:kathie@bluesagecounselling.com)

Note: For adult individuals and couples. Specializes in addictions, anger management, anxiety, and panic. Alternative methods of therapy available, including Psychodynamic, Rogerian, Humanistic, Existential, Gestalt and TIR.

491. Cormack, Kimberley - CCC, MA

Cormack, Kimberley - CCC, MA  
2 - 4925 Mareello Rd.  
Nelson, BC V1L 6X4  
Phone: [1.250.505.3448](tel:1.250.505.3448)

Note: For adult individuals and specializes trauma and addictions. She uses a feminist and Solution Focused approach.

492. Lummis, Christine - BA, DKATI, RCAT

Lummis, Christine - BA, DKATI, RCAT

Art Therapy Services  
Nelson, BC  
Phone: [1.250.352.5056](tel:1.250.352.5056)  
E-Mail: [info@arttherapyservices.ca](mailto:info@arttherapyservices.ca)

Note: For adult individuals and specializes in trauma, abuse and addictions. Alternative methods of therapy available, including insight-oriented therapy, expressive movement, and art therapy.

493. Maclean, Sandy - MA, RCC Nelson Counselling

Maclean, Sandy - MA, RCC  
Nelson Counselling  
415 Kootenay St.  
Nelson, BC V1L 1K7  
Phone: [1.250.509.1092](tel:1.250.509.1092)  
E-Mail: [sandymaclean@gmail.com](mailto:sandymaclean@gmail.com)

Note: Addictions and trauma services for teen and adult individuals, and couples. Specializes in PTSD, eating disorders, anxiety, and depression. Alternative methods of therapy available, including CBT, Motivational Interviewing, Somatic Psychotherapy, and DBT.

494. Porter, Esta - PhD

Porter, Esta - PhD  
Nelson, BC V0G 1V0  
Phone: [1.250.229.2244](tel:1.250.229.2244)  
Fax: 1.250.352.1157  
Email: [estap@netidea.com](mailto:estap@netidea.com)

Note: For children, adolescent, and adult individuals, and families. Alternative methods of therapy available, including EMDR and positive psychology.

495. Jones, Ivor - BA, MSW, RSW Family Counselling Centre

Jones, Ivor - BA, MSW, RSW Family Counselling Centre 603 - 3rd Ave. N Saskatoon, SK S7K 2J8  
Phone: [1.306.652.3121](tel:1.306.652.3121) Toll-Free: [1.800.323.3327](tel:1.800.323.3327) E-Mail: [inquire@family-counselling.ca](mailto:inquire@family-counselling.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, addictions, depression, anxiety, and workplace issues.

496. Shimp, Lana - PhD Chartier, Arnold, Brock, Shimp & Associates

Shimp, Lana - PhD Chartier, Arnold, Brock, Shimp & Associates 1324 College Dr. Saskatoon, SK S7N 0W5  
Phone: [1.306.664.6647](tel:1.306.664.6647) Fax: 1.306.664.6555 E-Mail: [cabs.admin1@sasktel.net](mailto:cabs.admin1@sasktel.net)  
(Scheduling) E-Mail: [cabs.admin2@sasktel.net](mailto:cabs.admin2@sasktel.net) (Office Manager)

Note: Lana works with adolescent and adult individuals and couples. She specializes in depression, bipolar disorder, anxiety problems, stress, relationship issues, and addictions. She uses CBT and neurofeedback.

497. Martens, Maureen - BFA, BEd, MA, ICADC, RTC Hardie Counselling Services

Martens, Maureen - BFA, BEd, MA, ICADC, RTC Hardie Counselling Services 1433 Ashley Dr. Swift



Current, SK S9H 1N6 Phone: [1.306.773.8299](tel:1.306.773.8299) E-Mail: [Maureen@hardiecounselling.com](mailto:Maureen@hardiecounselling.com)

Note: For adult individuals, couples, and families. Specializes in abuse, addiction and recovery, anxiety, codependency, relationship issues, stress, and trauma. Alternative methods of therapy available, including EMDR, and offers a Christian perspective.

498. Aboussafy, David - PhD

Aboussafy, David - PhD  
210 6th St.  
New Westminster, BC V3L 3A3  
Phone: [1.604.671.9318](tel:1.604.671.9318)  
E-Mail: [daboussafy@shaw.ca](mailto:daboussafy@shaw.ca)

Note: For adult individuals. Specializes in sleep problems, mood disorders, chronic pain, relationship issues, substance use, and compulsive or other problem behaviour. Alternative methods of therapy available, including CBT, SFBT, and other evidence-based treatments.

499. Allanach, Ron - EdD, CCC

Allanach, Ron - EdD, CCC  
609 4th Ave.  
New Westminster, BC V3M 1S3  
Phone: [1.604.524.0742](tel:1.604.524.0742)

Note: For adolescent and adult individuals and families and specializes in addictions and substance abuse.

500. Russell, Don - MA, EdD Russell Counselling

Russell, Don - MA, EdD Russell Counselling 423 Main St. Steinbach, MB R5G 1Z6 Phone: [1.204.746.0280](tel:1.204.746.0280)

Note: For adult individuals and couples. Specializes in trauma, sexual difficulties in men and women, relationship issues, stress, chronic pain. Alternative methods of therapy available, including EMDR, hypnotherapy, and EFT.

501. Austin, Cheryl - MA, CCC, RCC First Light Counselling

Austin, Cheryl - MA, CCC, RCC  
First Light Counselling  
630 5th St.  
New Westminster, BC V3L 2X9  
Phone: [1.604.377.2843](tel:1.604.377.2843)  
E-Mail: [info@firstlightcounselling.org](mailto:info@firstlightcounselling.org)

Note: For adult individuals, couples, and families. Specializes in mental health issues, substance abuse, and relationship issues. Alternative methods of therapy available, including biopsychosocial-spiritual perspective, EMDR, and OEI.

502. Zwiers, Al - MSW, RSW Ah Ha! Counselling & Consulting

Zwiers, Al - MSW, RSW Ah Ha! Counselling & Consulting 211 - 1118 Homer St. Vancouver, BC V6B

6L5 Phone: [1.604.537.0130](tel:1.604.537.0130)

Note: For adult individuals and couples. Specializes in substance use, addiction recovery, compulsive behaviours, gender and sexuality, and hormone readiness assessment for transgender issues. Alternative methods of therapy available, including CBT, Rational Emotive Therapy, Narrative Therapy, and Clinical Hypnosis.

503. Annand, Trudy - RPC, MPCP, BRI-I Axis Intervention Services Ltd.

Annand, Trudy - RPC, MPCP, BRI-I Axis Intervention Services Ltd. 8 - 3101 29th St. Vernon, BC V1T 5A8 Phone: [1.250.545.1898](tel:1.250.545.1898) Toll-Free: [1.866.455.2947](tel:1.866.455.2947) E-Mail: [trudy@axisintervention.com](mailto:trudy@axisintervention.com)

Note: For adult individuals and groups. Specializes in Counselling for addictions and provide intervention services.

504. Deeter, Deb - MSc, RMFT Sunoka Counselling Services

Deeter, Deb - MSc, RMFT Sunoka Counselling Services 2505 32nd Ave. Vernon, BC V1T 2K8 Phone: [1.250.549.1633](tel:1.250.549.1633) (Office) Phone: [1.250.306.8510](tel:1.250.306.8510) (Cell) Fax: 1.250.549.3963

Note: For adult individuals, couples, and families. Specializes in addictions, chronic illness, sexual abuse, sexual orientation, concurrent disorders, relational problems, social problems and unresolved grief. Alternative methods of therapy available, including psychotherapy and family systems.

505. Goertzen, Gerry - MA Riverbend Counselling & Wellness

Goertzen, Gerry - MA  
Riverbend Counselling & Wellness  
9 - 1110 Henderson Hwy.  
Winnipeg, MB R2G 1L1  
Phone: [1.204.334.4801](tel:1.204.334.4801)  
Fax: 1.204.338.9180  
E-Mail: [contact@riverbendcounselling.ca](mailto:contact@riverbendcounselling.ca)

Note: Addictions and trauma services for adult individuals, couples, and families. Specializes in anxiety, adult ADD, codependency, depression, and OCD.

506. Bergsgaard, Janet - MEd, MMFT

Bergsgaard, Janet - MEd, MMFT  
611 - 77 Edmonton St.  
Winnipeg, MB R3C 4H8  
Phone: [1.204.417.1203](tel:1.204.417.1203) (Office)  
Phone: [1.204.794.0680](tel:1.204.794.0680) (Cell)  
E-Mail: [info@janetbergsgaard.com](mailto:info@janetbergsgaard.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in relationship issues, separation, divorce, addictions, depression, anxiety disorders, trauma, abuse, stress, conflict, parenting, and grief and loss. Alternative methods of therapy available, including emotionally focussed therapy approach.

507. Flint, Garry A. - PhD

Flint, Garry A. - PhD 104 - 2411 Hwy. 6 Vernon, BC V1T 5G4 Phone: [1.250.558.5077](tel:1.250.558.5077)

Note: For children, teen, and adult individuals and couples. Specializes in anxiety, work related stress, anger, obsessions, addictions, depression, dissociation, and acute psychosis. Alternative methods of therapy available, including hypnosis, TAT, TFT, EFT, and NLP.

508. Miller, Kevin - PhD Vernon Psychology Practice

Miller, Kevin - PhD Vernon Psychology Practice 697 Black Rock Rd. Vernon, BC V1B 3H8 Phone: [1.250.558.9735](tel:1.250.558.9735) Fax: 1.778.475.3607 E-Mail: [info@DrKevinMiller.ca](mailto:info@DrKevinMiller.ca)

Note: For adult individuals, couples, and families. Specializes in addictions, eating disorders, emotional regulation, relationships, employee mediation, and psychological health. Alternative methods of therapy available, including psychodynamic, humanistic, cognitive behavioural, and harm reduction approaches.

509. Wakefield, Jane H. - MA, CTS

Wakefield, Jane H. - MA, CTS 104 - 2411 Hwy. 6 Vernon, BC V1T 5G4 Phone: [1.250.542.4046](tel:1.250.542.4046)

Note: For adult individuals and specializes in addiction and trauma. Trained in harm reduction but preference is the abstinence model in regards to addiction. Alternative methods of therapy available, including Transactional Analysis, OEI, and the Energy Psychology modes.

510. Grienke, Mintie - MEd Mintie Grienke Counselling

Grienke, Mintie - MEd  
Mintie Grienke Counselling  
Winnipeg, MB R2N 2R2  
Phone: [1.855.636.9219](tel:1.855.636.9219)

Note: Addiction and trauma services for adult individuals, couples and families. Specializes in codependency, PTSD, relationship issues, and violence.

511. Larson, Larry Addictions Counselling

Larson, Larry  
Addictions Counselling  
900 - 294 Portage Ave.  
Winnipeg, MB R3C 0B9  
Phone: [1.204.956.5502](tel:1.204.956.5502)  
Fax: 1.204.956.5726

Note: For adult individuals, couples, and families and specializes in trauma, relationship issues, codependency, anger, and addictive behaviour.

512. Livingston, Theresa - BA, MMFT

Livingston, Theresa - BA, MMFT  
202 - 301 Nassau St. N  
Winnipeg, MB R3L 2J5  
Phone: [1.204.977.2253](tel:1.204.977.2253)

Note: Addiction and trauma services for child, adolescent, and adult individuals, couples, and families. Specializes in adoption, anger, chronic pain, relationship issues, abuse, and PTSD. Counselling approaches include Solution Focused, Narrative, Internal Family Systems, and Attachment-Based Therapy.

513. Barwis, Joyce - RCC Vancouver Island Naturopathic & Integrated Health Clinic

Barwis, Joyce - RCC  
Vancouver Island Naturopathic & Integrative Health Clinic  
204 - 4480 Saanich Rd. W  
Victoria, BC V8Z 3E9  
Phone: [1.250.881.1806](tel:1.250.881.1806)  
E-Mail: [jbarwis@islandnaturopathic.com](mailto:jbarwis@islandnaturopathic.com)

Note: For youth and adult individuals and families. Specializes in life transitions, current or historical abuse, trauma, addictions, and relationship issues. Alternative methods of therapy available, including CBT, SRT, and motivational interviewing.

514. Martens, Sandra Marie - MCH, MNLP Practitioner Hypnotherapy Service

Martens, Sandra Marie - MCH, MNLP Practitioner Hypnotherapy Service 170 Marion St. Winnipeg, MB R2H 0T4 Phone: [1.204.998.2700](tel:1.204.998.2700)

Note: For adult individuals and specializes in hypnotherapy and Neurolinguistic Programming (NLP).

515. Wint, Cory - BA, ICADC HeartQuest Addiction Wellness Centre

Wint, Cory - BA, ICADC  
HeartQuest Addiction Wellness Centre  
202 - 1651 Commercial Dr.  
Vancouver, BC V5L 3Y3  
Phone: [1.604.818.1771](tel:1.604.818.1771)  
E-Mail: [wint@heartquest.ca](mailto:wint@heartquest.ca)

Note: For adult individuals. Specializes in complex problematic substance use and the issues that often accompany addiction. Alternative methods of therapy available, including psycho-therapeutic addiction counselling, life skill development, coping skills, and a client centered, empathetic and flexible therapy.

516. Monkman, Susan - BA, MA Life Currents Counselling

Monkman, Susan - BA, MA Life Currents Counselling 325 - 530 Kenaston Blvd. Winnipeg, MB R3N 1Z4 Phone: [1.204.471.5245](tel:1.204.471.5245) E-Mail: [sue.monkman@lifecurrents.ca](mailto:sue.monkman@lifecurrents.ca)

Note: For adolescent and adult individuals and couples. Specializes in panic, stress, grief and loss, trauma, abuse, relationship issues, self-harm, eating disorders, and intercultural issues. Alternative methods of therapy available, including EFT, Psychodynamic (Attachment Theory-based), and Family Systems Therapy.

517. Bielay, George - MSc, RMFT, RCC Victoria Counselling Solutions

Bielay, George - MSc, RMFT, RCC Victoria Counselling Solutions 1235 Roslyn Rd. Victoria, BC V8S 4R6 Phone: [1.250.888.0979](tel:1.250.888.0979)

Note: For adult individuals, couples, and families. Specializes in relationship issues, addictions, anger management, grief and loss, trauma and PTSD. Alternative methods of therapy available, including goal focused, outcome oriented therapy, utilizing cognitive behavioral therapy, brief motivational interviewing and the stages of change model. Appointments are available via phone or online.

518. Moore, Mark - MA Associated Christian Counselling Group

Moore, Mark - MA  
Associated Christian Counselling Group  
Birch Wellness Center  
34 Carlton St.  
Winnipeg, MB R3C 1N9  
Phone: [1.204.231.2224](tel:1.204.231.2224)  
E-Mail: [accgcounselling@gmail.com](mailto:accgcounselling@gmail.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in addictions, suicide intervention, gender issues, trauma, abuse, and leadership issues.

519. Moser, Cathy - PhD, CPsych Mind Matters Clinic

Moser, Cathy - PhD, CPsych Mind Matters Clinic 3 - 1250 Waverley St. Winnipeg, MB R3T 6C6  
Phone: [1.204.477.8555](tel:1.204.477.8555) Fax: 1.204.487.4248

Note: For children and adult individuals and groups. Specializes in anxiety, mood disorders, addictions, relationship issues, and separation and divorce. Counselling approach includes CBT with a short-term solution focused model.

520. Boden, Alan - MA, RCC North Star Counselling Services

Boden, Alan - MA, RCC North Star Counselling Services 2316 Victor St. Victoria, BC V8R 4C7  
Phone: [1.250.686.9912](tel:1.250.686.9912) E-Mail: [alan@northstarcounselling.com](mailto:alan@northstarcounselling.com)

Note: For adult individuals and families. Specializes in esteem issues, substance abuse and process addictions, relationship problems, grief and loss, pain management, eating disorders, and sexuality issues. Alternative methods of therapy available, including cognitive therapy, solution focused therapy, and Narrative therapy.

521. Pettyjohn, Gerry - BA, MA Living in Freedom Therapy

Pettyjohn, Gerry - BA, MA Living in Freedom Therapy 3527 Pembina Hwy. Winnipeg, MB R3V 1A5  
Phone: [1.204.292.5058](tel:1.204.292.5058)

Note: For adult individuals and couples. Specializes in sex addictions, intimacy, codependency, boundaries, spiritual issues, and relationship issues. Counselling approach includes a Christian perspective. Appointments available in person or by phone.

522. Russell, Don - MA, EdD Russell Counselling

Russell, Don - MA, EdD Russell Counselling 106 - 1200 Pembina Hwy. Winnipeg, MB R3T 2A7  
Phone: [1.204.746.0280](tel:1.204.746.0280)

Note: For adult individuals and couples. Specializes in trauma, sexual difficulties in men and women,

relationship issues, stress, and chronic pain. Alternative methods of therapy available, including EMDR, hypnotherapy, and EFT.

523. Bratt, Will - MA, CCC Will Bratt Counselling

Bratt, Will - MA, CCC  
Will Bratt Counselling  
855 Cormorant St.  
Victoria, BC V8W 1R2  
Phone: [1.250.661.2212](tel:1.250.661.2212)  
E-Mail: [info@willbrattcounselling.com](mailto:info@willbrattcounselling.com)

Note: For adult individuals and specializes in trauma, abuse, depression, anxiety, and interpersonal violence. Alternative methods of therapy available, including a collaborative, direct, solution-based approach.

524. Sellick, Todd - PhD Sellick & Associates

Sellick, Todd - PhD Sellick & Associates Craig Wireless Building 177 Lombard Ave. Winnipeg, MB R3B 0W5 Phone: [1.204.943.1377](tel:1.204.943.1377) E-Mail: [sellick.office@gmail.com](mailto:sellick.office@gmail.com)

Note: For adult individuals, couples, and families. Specializes in trauma, addictions, and relationship issues. Appointments available in person, or via Skype, Face-Time or phone.

525. Sheppard, Tara L. - BA, MMFT

Sheppard, Tara L. - BA, MMFT  
Winnipeg, MB  
Phone: [1.204.880.3285](tel:1.204.880.3285)  
Fax: 1.204.943.7081  
E-Mail: [tara.sheppard@mts.net](mailto:tara.sheppard@mts.net)

Note: Addiction and trauma services for adult individuals, couples, families, and groups. Specializes in parent-child conflict, abandonment, infertility, adoption, mental health, blended family/divorce, infidelity, racism, homophobia, immigration and refugee stress. Counselling approaches include traditional talk therapy, Narrative and storytelling models, IFS, Systemic, Structural, Focusing, and Sensorimotor therapeutic interventions. Appointments available in person, Skype, and e-therapy.

526. Smith, Joan-Dianne - MSW, RSW, FCGPA

Smith, Joan-Dianne - MSW, RSW, FCGPA  
1 - 910 Dorchester Ave.  
Winnipeg, MB R3M 0R8  
Phone: [1.204.947.3485](tel:1.204.947.3485)  
E-Mail: [jd\\_smith@mts.net](mailto:jd_smith@mts.net)

Note: For adult individuals, couples, and small groups. Specializes in infertility issues, chronic illness, addiction, adult ADD and ADHD, eating disorders, and self esteem.

527. Stoffman, Margriet - BSc, MA Lighthouse Counselling

Stoffman, Margriet - BSc, MA Lighthouse Counselling Bethel Community Church 430 Lakewood

Blvd. Winnipeg, MB R2J 4B6 Phone: [1.204.688.0947](tel:1.204.688.0947) E-Mail: [jmstoffman@shaw.ca](mailto:jmstoffman@shaw.ca)

Note: For children and adult individuals, couples, and families. Specializes in Christian counselling for depression, anxiety, low self esteem, guilt, shame, unforgiveness, abuse, OCD, codependency, and addictions. A sliding scale fee is available.

528. Vanderwater, Alan - MA Vanderwater Counselling Services

Vanderwater, Alan - MA Vanderwater Counselling Services 716 - 177 Lombard Ave. Winnipeg, MB R3B 0W5 Phone: [1.204.957.1080](tel:1.204.957.1080) E-Mail: [vcs@mymts.net](mailto:vcs@mymts.net)

Note: Addiction and trauma services for adult individuals, couples, families, and groups. Specializes in anxiety, depression, anger, relationship issues, mental health issues, and career issues. A marijuana info group for parents and a teen self-cutting support group are available.

529. Dewar, Shelley - MA, RCC

Dewar, Shelley - MA, RCC 224 - 645 Fort St. Victoria, BC V8W 1G2 Phone: [1.250.858.7670](tel:1.250.858.7670) E-Mail: [shelley\\_dewar@shaw.ca](mailto:shelley_dewar@shaw.ca)

Note: For children, youth, and adult individuals, couples, and families. Specializes in life and family transitions, anxiety, depression, and addictions. Alternative methods of therapy available, including family systems, solution-oriented, somatic, Narrative, cognitive-behavioural, and response-based.

530. Donaldson, Sue - RSW, CEC, CIP Pegasus Recovery Solutions Ltd.

Donaldson, Sue - RSW, CEC, CIP Pegasus Recovery Solutions Ltd. 550 - 2950 Douglas St. Victoria, BC V8T 4N4 Phone: [1.250.514.1083](tel:1.250.514.1083) Toll-Free: [1.888.310.1689](tel:1.888.310.1689) Fax: 1.250.382.7716 E-Mail: [sue@pegasusrecoveryolutions.com](mailto:sue@pegasusrecoveryolutions.com)

Note: For adult individuals, couples, families, and organizations. Specializes in addictions, second stage recovery issues, relationship issues, grief and loss, and self esteem. A broad range of addictions treatment services are available, as well as counselling.

531. Douglas-Tubb, Neil - RCC

Douglas-Tubb, Neil - RCC 349 Vancouver St. Victoria, BC V8V 3T3 Phone: [1.250.385.3181](tel:1.250.385.3181)

Note: For adult individuals and specializes in dissociative disorders, PTSD, trauma, codependency, and addiction. Various methods of therapy available, including 12 steps, A Course in Miracles, and a number of other proven recovery processes.

532. Ellis, Catherine - RN, RCC, IAAP, ISST

Ellis, Catherine - RN, RCC, IAAP, ISST 1190A Fort St. Victoria, BC V8V 3K8 Phone: [1.250.386.5435](tel:1.250.386.5435) E-Mail: [caellis@telus.net](mailto:caellis@telus.net)

Note: Addiciton and trauma services for adolescents and adult individuals. Specializes in depression, sexual abuse issues, eating disorders, and midlife issues. Alternative methods of therapy available, including Jungian analysis and sandplay therapy.

533. Garcia, Gillian - RN, RPC, MPCP Victoria Counselling



Garcia, Gillian - RN, RPC, MPCP Victoria Counselling 1092 Newport Ave. Victoria, BC V8S 5E3  
Phone: [1.250.595.7054](tel:1.250.595.7054) E-Mail: [gillianguarcia@shaw.ca](mailto:gillianguarcia@shaw.ca)

Note: For adult individuals, couples, and groups. Specializes in stress, anxiety, depression, relationships, grief and loss, and life transitions. Alternative methods of therapy available, including CBT and SFT.

534. Wenzel, Susan Wanjiku - BA, MA, PACCP Ushindi Counselling & Consulting Services

Wenzel, Susan Wanjiku - BA, MA, PACCP Ushindi Counselling & Consulting Services Winnipeg, MB Phone: [1.204.770.5381](tel:1.204.770.5381) E-Mail: [susan@susanwenzel.ca](mailto:susan@susanwenzel.ca)

Note: For adult individuals, couples, and families. Specializes in disappointment, depression, anxiety, relationship issues, trauma, sexual problems, anger, and stress management. Counselling approaches include a Person-Centered Psychotherapy, EFT, and sex-therapy. Please contact for location information.

535. Whelan, Sam - MMFT, CD Creating Family Connections

Whelan, Sam - MMFT, CD Creating Family Connections Winnipeg, MB Phone: [1.204.688.9012](tel:1.204.688.9012)  
E-Mail: [sam@cfcinwpg.com](mailto:sam@cfcinwpg.com)

Note: For adult individuals, couples, families, and groups. Specializes in conflict, infidelity, disconnection, absence from work or school, alcohol and substance abuse, violence, anger, promiscuity, anxiety, depression, and addictions.

536. Grose, Tracey Angela - MSW, RSW Ajax Health Clinic

Grose, Tracey Angela - MSW, RSW  
Ajax Health Clinic  
3 - 362 Kingston Rd. W  
Ajax, ON L1T 3A4  
Phone: [1.855.643.7812](tel:1.855.643.7812)

Note: For children, youth, and adult individuals and families. Specializes in depression, anxiety, addiction, behavioral issues, family conflict, self-esteem, and stress. Counselling approaches include CBT, DBT, and Narrative Therapy.

537. Kemp-Romas, Laura - BA Hons, MA EnerTherapy Psychotherapy and Counselling

Kemp-Romas, Laura - BA Hons, MA EnerTherapy Psychotherapy and Counselling 200 - 244 Wellington St. E Aurora, ON L4G 1J5 Phone: [1.905.713.1209](tel:1.905.713.1209) (Office) Phone: [1.647.217.6806](tel:1.647.217.6806) (Cell)  
E-Mail: [info@enertherapy.ca](mailto:info@enertherapy.ca)

Note: Addiction and trauma services for teen and adult individuals, couples, and families. Specializes in anxiety, stress, depression, relationship issues, PTSD, anger, and obsessive-compulsive behaviours. Counselling approach includes energy therapy.

538. Adair, Monica - MA, CCC Monica Adair Counselling

Adair, Monica - MA, CCC Monica Adair Counselling 78 William St. Barrie, ON L4N 3J7 Phone: [1.705.309.0503](tel:1.705.309.0503) E-Mail: [monica@monicaadair.com](mailto:monica@monicaadair.com)

Note: For youth 14 years and older and adult individuals. Specializes in PTSD, LGBT issues, sex issues, anxiety, relationship issues, anger, substance abuse, addictions, and dissociative disorders. Counselling approaches include OEI, sandtray therapy, Somatic Experiencing, harm reduction or abstinence models.

539. Pal, Anita - MSc, RMFT

Pal, Anita - MSc, RMFT 17 Ross St. Barrie, ON L4N 6X6 Phone: [1.705.321.6267](tel:1.705.321.6267) E-Mail: [anitapal@rogers.com](mailto:anitapal@rogers.com)

Note: For children and adult individuals, couples, and families. Specializes in OCD, addictions, relationship issues, ADHD, learning disabilities, divorce, and stepfamily issues.

540. Pike, Christina - MEd, ICADC Abuse Recovery Counselling Service

Pike, Christina - MEd, ICADC  
Abuse Recovery Counselling Service  
Barrie, ON  
Phone: [1.705.500.1953](tel:1.705.500.1953)  
E-Mail: [christina@abusercoverytherapyservices.com](mailto:christina@abusercoverytherapyservices.com)

Note: For youth ages 12 and older and adult individuals, couples, and families. Specializes in relationship issues, grief and loss, stress, addiction and recovery, abuse, trauma, and working with adult children of alcoholics.

541. Sudnik, Lorraine - BA, RPC Imscsi Counselling, Coaching, Consulting.

Sudnik, Lorraine - BA, RPC Imscsi Counselling, Coaching, Consulting 203A 48 Alliance Blvd.  
Barrie, ON L4M 5K3 Phone: [1.705.812.2152](tel:1.705.812.2152) E-Mail: [imscsi@rogers.com](mailto:imscsi@rogers.com)

Note: For adult individuals and specializes in conflict, grief, stress management, body image, and general life transitions. Alternative methods of therapy available, including experiential and solution focused approach.

542. Kragtwyk, Jim - ICADC, MEd, CCC Medicine Moves Counselling, Coaching and Training

Kragtwyk, Jim - ICADC, MEd, CCC Medicine Moves Counselling, Coaching and Training 843  
Fisgard St. Victoria, BC V8W 1R9 Phone: [1.250.896.6683](tel:1.250.896.6683) E-Mail: [jim@medicinemoves.ca](mailto:jim@medicinemoves.ca)

Note: Addiction and trauma services for adult individuals, couples, and groups. Specializes in anxiety, depression, stress-management, life transitions, relationship issues, and PTSD. Alternative methods of therapy available, including somatic/body-based psychotherapy, therapeutic movement, solution-focused counselling, ceremony and ritual, nature-based practices, family systems theory, and attachment theory.

543. MacInnes, Leah - RMFT, RSW, RCC Leah MacInnes, Therapy & Consulting

MacInnes, Leah - RMFT, RSW, RCC Leah MacInnes Therapy & Consulting 221 - 560 Johnson St.  
Victoria, BC V8W 3C6 Phone: [1.250.686.6207](tel:1.250.686.6207)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction, depression, chronic illness, grief, loss, recovery from childhood trauma and personal growth. Alternative methods of therapy available, including MI, Narrative and Family Systems.

544. Schwartzenger, Joan - MEd, RCC

Schwartzenger, Joan - MEd, RCC 130 - 1105 Pandora Ave. Victoria, BC V8V 3P9 Phone: [1.250.294.0489](tel:1.250.294.0489) E-Mail: [info@joanschwartzenger.com](mailto:info@joanschwartzenger.com)

Note: For children, youth, and adult individuals, couples, and groups. Specializes in addictions and trauma. Alternative methods of therapy available, including CBT and stress reduction techniques such as mindfulness.

545. Sloat, Sharolyn - RPsych

Sloat, Sharolyn - RPsych 453 Head St. West Bay Marina Victoria, BC V9A 5S1 Phone: [1.250.884.9041](tel:1.250.884.9041) E-Mail: [DrSharolynSloat@gmail.com](mailto:DrSharolynSloat@gmail.com)

Note: For adult individuals, couples, and groups. Specializes in anxiety, anger management, addiction, life transitions, and relationship issues. Alternative methods of therapy available, including client-directed, client-centred approach. Skype sessions also available.

546. Smith, Caron - MSW, RSW Smith Counselling

Smith, Caron - MSW, RSW Smith Counselling 1124 Fort St. Victoria, BC V8V 3K8 Phone: [1.250.885.1610](tel:1.250.885.1610) E-Mail: [caronsmithcounselling@gmail.com](mailto:caronsmithcounselling@gmail.com)

Note: For adult individuals, couples, and groups. Specializes in anxiety, grief, stress, self-esteem, LGBT issues, fertility, trauma, PTSD, and depression. Alternative methods of therapy available, including the Developmental Model of couples therapy, ACT, Narrative, person centred, and family systems therapy. Skype and phone sessions are available.

547. Taylor, Jennifer - MA, RCC Jennifer Taylor Counselling Service

Taylor, Jennifer - MA, RCC Jennifer Taylor Counselling Service 320 - 645 Fort St. Victoria, BC V8W 1G2 Phone: [1.250.516.4743](tel:1.250.516.4743) E-Mail: [Jennifer.Taylor.ca@gmail.com](mailto:Jennifer.Taylor.ca@gmail.com)

Note: For adult individuals and specializes in addictions, relationship issues, and PTSD. Coaching is available via email.

548. Thornton, Leonard - PhD EFT and More Live

Thornton, Leonard - PhD EFT and More Live Victoria, BC Phone: [1.250.598.4303](tel:1.250.598.4303) E-Mail: [celestial999@gmail.com](mailto:celestial999@gmail.com)

Note: Addition and abuse services for adult individuals. Alternative methods of therapy available, including EFT, intuitive spiritual Counselling, and healing.

549. Neustaedter, Michelle - MSc, CCC, PPsych

Neustaedter, Michelle - MSc, CCC, PPsych 244 Luxstone Place Airdrie, AB T4B 3C1 Phone: [1.403.519.1053](tel:1.403.519.1053) Fax: 1.888.372.1559 E-Mail: [michelleneustaedtercounselling@gmail.com](mailto:michelleneustaedtercounselling@gmail.com)

Note: For adolescent and adult individuals, couples, families, and groups. Specializes in depression, anxiety and panic, addiction, relationship issues, and personal growth. Alternative methods of therapy available, including a Cognitive-Behavioral framework. Christian counselling is available.

550. Stephen, Donna L. - PhD, RPsych

Stephen, Donna L. - PhD, RPsych 357 - 317 Banff Ave. PO Box 2683 Banff, AB T1L 1C4 Phone: [1.403.760.9023](tel:14037609023) E-Mail: [banffwellnesscentre@yahoo.com](mailto:banffwellnesscentre@yahoo.com)

Note: For adult individuals. She specializes in head injury, substance abuse, career consulting and development, psychiatric issues, recovery from sexual abuse, post-concussion syndrome, and adjustment to disability.

551. Rutter, Bronwen - MEd, RCC Restoration Counselling

Rutter, Bronwen - MEd, RCC Restoration Counselling Brooks, AB T1R 1E9 Phone: [1.866.947.6853](tel:18669476853)

Note: For youth and adult individuals, couples, and families. Specializes in trauma, relationship struggles, and addictions. Alternative methods of therapy available, including Family Systems, Gestalt, and SFBT. Appointments are also available online.

552. The Family Psychology Place (South)

The Family Psychology Place (South) A5 - 10333 Southport Rd. SW Calgary, AB T2W 3X6 Phone: [1.403.250.7792](tel:14032507792) Fax: 1.403.250.7791 E-Mail: [hr.manager@familypsychologyplace.com](mailto:hr.manager@familypsychologyplace.com)

Note: 12 Practitioners that work with children, adolescent and adult individuals, couples, and families. Specializations include grief, issues resulting from childhood experiences, abuse, and addictions. Counselling approaches include, Interpersonal Psychotherapy, Solution Focused, Narrative, Art and Play Therapy.

553. Anton, Richard W. - RPsych, BA, MA, DipEd Anton Counselling & Health Psychology

Anton, Richard W. - RPsych, BA, MA, DipEd Anton Counselling & Health Psychology Sun Life Plaza West Tower 1600 - 144 4th Ave. SW Calgary, AB T2P 3N4 Phone: [1.403.263.5543](tel:14032635543) Fax: 1.403.716.36367 E-Mail: [Richard@antonpsych.ca](mailto:Richard@antonpsych.ca)

Note: For adult individuals, couples, and organizations. Specializes in chronic conditions, relationship issues, addiction, anger, and anxiety. Counselling approaches include CBT, Therapeutic Relaxation strategies, skills training, and relapse prevention. Appointments are also available via telephone and Facetime.

554. Brandt, Susan - REV, RPN, ICADC, ICCS Street Level Consulting and Counselling

Brandt, Susan - REV, RPN, ICADC, ICCS Street Level Consulting and Counselling Calgary, AB Phone: [1.403.390.7970](tel:14033907970) E-Mail: [susanb@streetlevelconsulting.ca](mailto:susanb@streetlevelconsulting.ca)

Note: For adult individuals and groups. Specializations include PTSD, trauma, panic attacks, alcohol and substance abuse, and avoidance. Alternative methods of counselling, including CBT.

555. Brodych, John - MEd, RPsych Egress Psychological Services

Brodych, John - MEd, RPsych Egress Psychological Services 1813 - 8th St. SW Calgary, AB T2T 2Z2 Phone: [1.403.703.0733](tel:14037030733) Fax: 1.403.281.9103 E-Mail: [john@egress.ca](mailto:john@egress.ca)

Note: For adult individuals, couples, and families. Specializes in esteem, trauma, addictions, change, chronic pain, and communication. Counselling approaches include cognitive-behavioural

principles.

556. Burns, Tessa - BA, MC Serenity Now Wellness Centre

Burns, Tessa - BA, MC Serenity Now Wellness Centre 501 - 30th Avenue NW Calgary, AB T2M 2N7 Phone: [1.403.454.7600](tel:1.403.454.7600) Fax: 1.403.454.7600 E-Mail: [tessa@serenitynowwellness.ca](mailto:tessa@serenitynowwellness.ca)

Note: For adult individuals and couples. Specializations include addiction, anger, stress, anxiety, trauma, and PTSD.

557. Caniff, James - PhD Canniff & Associates

Caniff, James - PhD Canniff & Associates 400 - 1100 8th Ave. SW Calgary, AB T2P 3T8 Phone: [1.403.234.7970](tel:1.403.234.7970) Toll-Free: [1.800.226.6433](tel:1.800.226.6433) Fax: 1.780.454.9023 E-Mail: [jim@canniff.ca](mailto:jim@canniff.ca)

Note: For adult individuals, couples, and families. Specializes in depression, anxiety, addictions, and foster care issues. Counselling approaches include family systems and play therapy, and conducts family interventions. Locations in Calgary, Edmonton, and Whitecourt.

558. Chiarelli, Anu - RN, BA, MA, CSAT Healing Choices Counselling & Education

Chiarelli, Anu - RN, BA, MA, CSAT Healing Choices Counselling & Education Monterey Park, NE Calgary, AB T2Y 6X1 Phone: [1.403.285.6768](tel:1.403.285.6768) E-Mail: [anu@healingchoicescounselling.org](mailto:anu@healingchoicescounselling.org)

Note: For teen and adult individuals and couples. Specializes in sexually compulsive behaviours, addictions, trauma, PTSD, and anger. Counselling approaches include psychodynamic and attachment theory, sensorimotor psychotherapy, and Christian counselling.

559. Cobb, Nathan G. - PhD, MFT, RMFT, RPsych Cobb & Associates Inc.

Cobb, Nathan G. - PhD, MFT, RMFT, RPsych Cobb & Associates Inc. 200C Haddon Rd. SW Calgary, AB T2V 2Y6 Phone: [1.403.255.8577](tel:1.403.255.8577) Fax: 1.403.255.8570 E-Mail: Use form on "contact us" page

Note: For adult individuals, couples, and families. Specializations include family conflict, anger management, addictions, and workplace issues.

560. Coleman, Charles - MA, RPsych Journey Counselling Inc.

Coleman, Charles - MA, RPsych Journey Counselling Inc. 1404 - 10th St. NW Calgary, AB T2M 4M8 Phone: [1.403.619.8558](tel:1.403.619.8558) Fax: 1.403.398.0198 E-Mail: [info@journeycounselling.ca](mailto:info@journeycounselling.ca)

Note: For adult individuals, couples, families, and groups. Specializes in relationship issues, infidelity, conflict, blended families, and anger management. Counselling approaches include Gottman couples therapy. Appointments also available via Skype.

561. The Family Psychology Place (North)

The Family Psychology Place (North)  
226 - 1829 Ranchlands Blvd. NW  
Calgary, AB T3G 2A7  
Phone: [1.403.477.0902](tel:1.403.477.0902)  
Fax: 1.403.547.5060

E-Mail: [staffnorth@familypsychologyplace.com](mailto:staffnorth@familypsychologyplace.com)

Note: 9 Practitioners that work with children, adolescent and adult individuals, couples, and families. Specializations include grief, issues resulting from childhood experiences, abuse, and addictions. Counselling approaches include, Interpersonal Psychotherapy, Solution Focused, Narrative, Art and Play Therapy.

562. Dyck, Ed - MA, CM, MFC Ed Dyck Counselling Services

Dyck, Ed - MA, CM, MFC Ed Dyck Counselling Services Calgary, AB Phone: [1.403.244.3115](tel:14032443115)  
E-Mail: Please use form on "contact us" page.

Note: For adult individuals, couples, and families. Specializations include relationship issues, sexual addictions, substance abuse, grief and loss, and stress.

563. Edwards, Glen M. - PhD

Edwards, Glen M. - PhD 202 - 1982 Kensington Rd. NW Calgary, AB T2N 3R5 Phone: [1.866.754.7245](tel:18667547245) E-Mail: [glenedwards@shaw.ca](mailto:glenedwards@shaw.ca)

Note: For adult individuals, couples, and families. Specializes in anxiety, addictions, mental health, esteem, creativity, and anxiety. Alternative method of therapy available, including Psychodynamic, Cognitive-Behavioural and Humanistic-Existential approaches.

564. Frizzell, Beverly J. - PhD Frizzell Psychological Services Ltd.

Frizzell, Beverly J. - PhD Frizzell Psychological Services Ltd. 400 - 909 17th Ave. SW Hanson Square Calgary, AB T2T 0A4 Phone: [1.403.508.7294](tel:14035087294) Fax: 1.866.702.9095 E-Mail: [info@frizzellpsychologicalservices.ca](mailto:info@frizzellpsychologicalservices.ca)

Note: For adult individuals. Specializes in depression, anxiety, relationships, bereavement, and substance abuse.

565. Gerber, Gary - MDiv, RSW

Gerber, Gary - MDiv, RSW 124 20th Ave. NE Calgary, AB T2E 1P7 Phone: [1.403.279.8824](tel:14032798824) E-Mail: [garygerber@telus.net](mailto:garygerber@telus.net)

Note: For adult individuals, couples, and families. Specializes in sex addiction. Counselling approaches include a Jungian approach, the 12 steps, EMDR, and couples communication.

566. Goertzen, Lynne - BJ, MA, RPsych

Goertzen, Lynne - BJ, MA, RPsych 105 - 2003 14th St. NW Calgary, AB T2M 3N4 Phone: [1.403.630.7595](tel:14036307595) E-Mail: [lynne.goertzen@gmail.com](mailto:lynne.goertzen@gmail.com)

Note: For youth and adult individuals, couples, and families. Specializes in addictions, trauma, disordered eating, relational concerns, personal growth, life transitions, and career decisions. Counselling approaches include cognitive-behavioural, RRT, RET, and Hypnosis.

567. Green, Reta Jean - MEd Psychology Plus

Green, Reta Jean - MEd Psychology Plus 502 - 10333 Southport Rd. SW Southland Park II Calgary,



AB T2W 3X6 Phone: [1.403.258.3734](tel:1.403.258.3734) Fax: 1.403.253.0623 E-Mail: Please use form on “contact us” page.

Note: For adult individuals, couples, and groups. Specializes in codependency, sexual compulsivity, addictions, personality disorders, sexuality, and trauma. Counselling approaches include solution focused therapy, EMDR, and interpersonal, client-centered therapy.

568. Haggstrom, Michael - RPC, RSW, PhD Solutions for Life Counselling Service

Haggstrom, Michael - RPC, RSW, PhD Solutions for Life Counselling Service 1501 17th Ave. SW Calgary, AB T2T 0E2 Phone: [1.403.220.1101](tel:1.403.220.1101) E-Mail: [lifemanagement@shaw.ca](mailto:lifemanagement@shaw.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, life coaching, addictions recovery, and parenting.

569. Hammel, Robert - RPsych

Hammel, Robert - RPsych 202 - 4603 Varsity Dr. NW Calgary, AB T3A 2V7 Phone: [1.403.973.2174](tel:1.403.973.2174) E-Mail: [admin@roberthammel.com](mailto:admin@roberthammel.com)

Note: For adult individuals, couples, and families. Specializations include ADD/ADHD, relationships, trauma, addictive behaviours, separation and divorce, parenting, and anger management. Counselling approaches include the Gottman Method.

570. Hannigan, Patti - MC, RSPych SkyWater Psychological Services

Hannigan, Patti - MC, RSPych SkyWater Psychological Services 410 - 1100 8th Ave. SW Calgary, AB T2P 3T8 Phone: [1.403.800.0773](tel:1.403.800.0773) E-Mail: use form on “appointment booking” page

Note: For mature minors, adult individuals, and couples. Specializes in relationships, self-esteem, trauma, addictive behaviours, separation and divorce, and parenting. Counselling approaches include cognitive behavioural, depth-oriented brief, acceptance-based behavioural, Gottman Couples', Emotion Focus, and Attachment theories.

571. Jungen, Sara - BA, MA, RPsych Menla Psychological Counselling

Jungen, Sara - BA, MA, RPsych Menla Psychological Counselling 1528 16th Ave. SW Calgary, AB T3C 0Z8 Phone: [1.403.228.2425](tel:1.403.228.2425) Fax: 1.403.351.1425 E-Mail: [menlacounselling@gmail.com](mailto:menlacounselling@gmail.com)

Note: For adult individuals, couples, and families. Specializes in trauma, anger management, personal growth, depression, and separation/divorce. Counselling approaches include CBT, EMDR, and mindfulness.

572. Le Brocq, Suzie - ICAADC, MPCP Le Brocq Counselling & Life Services

Le Brocq, Suzie - ICAADC, MPCP Le Brocq Counselling & Life Services 307 - 1615 10th Ave. SW Calgary, AB T3C 0J7 Phone: [1.403.770.9595](tel:1.403.770.9595) E-Mail: [info@lifeservices.ca](mailto:info@lifeservices.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in substance use, sex addiction, relationship issues, and eating disorders. Counselling approaches include Psychodynamic, Rational Emotive Therapy, and EMDR. Interventions and an Intensive Outpatient Program are available.



573. Lindberg, Terry - MEd, RPsych Lindberg Psychological Services Inc.

Lindberg, Terry - MEd, RPsych  
Lindberg Psychological Services Inc.  
354B - 401 9th Ave. SW  
Calgary, AB T2P 3C5  
Phone: [1.403.262.4040](tel:1.403.262.4040)  
E-Mail: [t.lindberg@shaw.ca](mailto:t.lindberg@shaw.ca)

Note: For adolescent and adult individuals and couples. Specializes in relationship issues, anxiety, depression, anger, work-life balance, spirituality, and addictions. Alternative methods of therapy, including a client-centered and directive approach.

574. Macdonald, Heather - MA, RMFT Glencorse Family Therapy

Macdonald, Heather - MA, RMFT Glencorse Family Therapy B-7239 Flint Rd. SE Calgary, AB T2H 1G2 Phone: [1.403.245.2745](tel:1.403.245.2745) ext. 25 E-Mail: [heather@glencorsefamilytherapy.com](mailto:heather@glencorsefamilytherapy.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in truancy, anger, self-harm, suicidal ideation, parent-teen conflict, and addictions. Counselling approaches include CBT, and a harm reduction model for addiction.

575. Macleod, M.J. - MA, RPsych. ""MJ"" Macleod Counselling Services of Calgary

Macleod, M.J. - MA, RPsych. ""MJ"" Macleod Counselling Services of Calgary 204 - 1982 Kensington Rd. NW Calgary, AB T2N 3R5 Phone: [1.403.289.0056](tel:1.403.289.0056) Email: [mjmac@nucleus.com](mailto:mjmac@nucleus.com)

Note: For adult individuals and families. Specializes in addictions, depression, adult AD/HD, and trauma. Counselling approaches EMDR and Imago Relationship Therapy.

576. Molohon, Murray - MA, RPsych, BSW Counselling Services of Calgary

Molohon, Murray - MA, RPsych, BSW Counselling Services of Calgary 209 - 317 37th Ave. NE Calgary, AB T2E 6P6 Phone: [1.403.244.0244](tel:1.403.244.0244) E-Mail: [csoc@counsellingservicesofcalgary.com](mailto:csoc@counsellingservicesofcalgary.com)

Note: For children, adolescent, and adult individuals and families. Specializes in mediation, career counselling, crisis intervention, addictions, eating disorders, and spiritual counselling. Counselling approaches include cognitive, behavioral, emotional release, body focus, and family of origin.

577. Monsma, Jocelyn - SW, MSW, CSAT Monsma Counselling

Monsma, Jocelyn - SW, MSW, CSAT Monsma Counselling 405 - 1333 8th St. SW Calgary, AB T2R 1M6 Phone: [1.403.290.1805](tel:1.403.290.1805) Fax: 1.403.237.6926 E-Mail: [jocelyn@monsmacounselling.com](mailto:jocelyn@monsmacounselling.com)

Note: For adolescent and adult individuals and families. Specializes in chemical, gambling, and sex addiction. Alternative methods of therapy available, including interventions, and an Addiction Continuing Care Program for Adults.

578. Monteith, T, Diane - MSW, RSW, MCS Phoenix Rises Counselling & Consulting

Monteith, T, Diane - MSW, RSW, MCS Phoenix Rises Counselling & Consulting Centre 70 Professional Building 400 - 7015 Macleod Tr. SW Calgary, AB T2H 2K3 Phone: [1.403.256.8449](tel:1.403.256.8449)  
E-Mail: [info@phoenixrises.ca](mailto:info@phoenixrises.ca)

Note: For adult individuals and couples. Specializations include addictions, mood disorders, trauma, sexuality, codependency, and adult children of dysfunctional families. Appointments available via Skype.

579. Crawford, Michele - MEd, RCC Willow House Wellness Ltd.

Crawford, Michele - MEd, RCC  
Willow House Wellness Ltd.  
432 8th St.  
New Westminster, BC V3M 3R7  
Phone: [1.604.515.9727](tel:1.604.515.9727)  
Fax: 1.604.521.9648  
E-Mail: [michelecrawford@dccnet.com](mailto:michelecrawford@dccnet.com)

Note: For adult individuals and specializes in trauma, anxiety, depression, and addictions. Alternative methods of therapy available, including energy therapy and CBT.

580. Crawford, Michele - MEd, RCC Willow House Wellness Ltd.

Crawford, Michele - MEd, RCC  
Willow House Wellness Ltd.  
432 8th St.  
New Westminster, BC V3M 3R7  
Phone: [1.604.515.9727](tel:1.604.515.9727)  
Fax: 1.604.521.9648  
E-Mail: [michelecrawford@dccnet.com](mailto:michelecrawford@dccnet.com)

Note: For adult individuals and specializes in trauma, anxiety, depression, and addictions. Alternative methods of therapy available, including energy therapy and CBT.

581. Finlay, Robert F. - MA, RMFT, RCC, CDAC Finlay Counselling and Mediation

Finlay, Robert F. - MA, RMFT, RCC, CDAC  
Finlay Counselling and Mediation  
201 - 26 4th St.  
New Westminster, BC V3L 5M4  
Phone: [1.604.522.9266](tel:1.604.522.9266) (Office)  
Phone: [1.604.780.7945](tel:1.604.780.7945) (Cell)  
Fax: 1.604.522.9267  
E-Mail: [bobfinlay@shaw.ca](mailto:bobfinlay@shaw.ca)

Note: For youth and adult individuals, couples, and families. Specializes in grief and loss, relationship issues, abuse, addictions, anger, and stress.

582. Foster, Tom - MSW, RSW, RCC

Foster, Tom - MSW, RSW, RCC  
1433 7th Ave.  
New Westminster, BC V3M 2K2  
E-Mail: [fostereleationships@gmail.com](mailto:fostereleationships@gmail.com)  
Phone: [1.604.816.6366](tel:1.604.816.6366)

Note: For adult individuals, couples, and families. Specializes in addiction, substance abuse, and

sex addiction treatment. Alternative methods of therapy available, including MBCT, cross cultural counselling, sex therapy, grief counselling, brief/solution focused therapy, and interest-based conflict resolution.

583. Foster, Tom - MSW, RSW, RCC

Foster, Tom - MSW, RSW, RCC  
1433 7th Ave.  
New Westminister, BC V3M 2K2  
E-Mail: [fostereleationships@gmail.com](mailto:fostereleationships@gmail.com)  
Phone: [1.604.816.6366](tel:1.604.816.6366)

Note: For adult individuals, couples, and families. Specializes in addiction, substance abuse, and sex addiction treatment. Alternative methods of therapy available, including MBCT, cross cultural counselling, sex therapy, grief counselling, brief/solution focused therapy, and interest-based conflict resolution.

584. Hartwell, Debi - CCC, MA Debra Hartwell Counselling and Psychotherapy Services

Hartwell, Debi - CCC, MA  
Debra Hartwell Counselling and Psychotherapy Services  
400 - 604 Columbia St.  
New Westminister, BC V3M 1A5  
Phone: [1.604.318.2351](tel:1.604.318.2351)  
E-Mail: [debi@debihartwell.com](mailto:debi@debihartwell.com)

Note: For adult individuals, couples and groups. Specializes in complex trauma, behavioral and substance addictions, relationship restoration, intimacy, and sexual health. Alternative methods of therapy available, including an integrated form of psychotherapy and EMDR. Serving the lower mainland and available via telephone or Skype.

585. Hearth, Margaret - RN(np), RPC, MPCP Polo Health + Longevity Centre

Hearth, Margaret - RN, RPC, MPCP  
Polo Health + Longevity Centre  
711 Columbia St.  
New Westminister, BC V3M 1B2  
Phone: [1.604.544.7656](tel:1.604.544.7656)  
Fax: 1.604.544.7657  
E-Mail: [info@polohealth.com](mailto:info@polohealth.com)

Note: For adult individuals, couples, and families. Specializes in trauma, PTSD, domestic violence, addiction, and abuse. Alternative methods of therapy available, including behavioral, interpersonal, Narrative, and systems therapy.

586. Longworth, Mary - MSc, RCC Delta Counselling

Longworth, Mary - MSc, RCC  
Delta Counselling  
131 8th St.  
New Westminister, BC V3M 3P6  
Phone: [1.604.948.3262](tel:1.604.948.3262)  
E-Mail: [mary@deltacounselling.com](mailto:mary@deltacounselling.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction, parenting, divorce and separation, self esteem, and grief and loss. Alternative methods of therapy available, including CBT, SFBT, systemic, and eclectic approaches with a Rogerian underpinning.

587. Laskey, Karen - RTC, MTC, CHt Laskey Therapy

Laskey, Karen - RTC, MTC, CHt  
Laskey Therapy  
607 - 625 5th Ave.  
New Westminster, BC V3M 1X4  
Phone: [1.778.397.5300](tel:1.778.397.5300)  
E-Mail: [karen@laskeytherapy.com](mailto:karen@laskeytherapy.com)

Note: For adult individuals and specializes in depression or intense sadness, self-esteem and self-confidence, and relationship issues. Alternative methods of therapy available, including integrated approach with hypnotherapy, reflective listening, focusing, body-centered therapy, regression, and dreamwork.

588. McArter, Gloria - PhD, MA, RCC, CCC

McArter, Gloria - PhD, MA, RCC, CCC  
380 - 522 7th St.  
New Westminster, BC V3M 5T5  
Phone: [1.604.520.1002](tel:1.604.520.1002)

Note: For adult individuals, couples, and families. Specializes in adjustment to addiction recovery, self-esteem, life transitions, life balance, goal setting, decision making, and self-defeating thoughts. Services available via telephone or Skype.

589. Miller, Sandy - MA, RCC Sandy Miller Counselling

Miller, Sandy - MA, RCC  
Sandy Miller Counselling  
206 - 713 Columbia St.  
New Westminster, BC V3M 1B2  
Phone: [1.604.762.1981](tel:1.604.762.1981)  
E-Mail: [sandy@sandymillercounselling.com](mailto:sandy@sandymillercounselling.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in addictions, trauma, grief, gender identity issues, and health issues.

590. Miller, Sandy - MA, RCC Sandy Miller Counselling

Miller, Sandy - MA, RCC  
Sandy Miller Counselling  
206 - 713 Columbia St.  
New Westminster, BC V3M 1B2  
Phone: [1.604.762.1981](tel:1.604.762.1981)  
E-Mail: [sandy@sandymillercounselling.com](mailto:sandy@sandymillercounselling.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in addictions, trauma, grief, gender identity issues, and health issues.

591. Shewchuk, Daria - PhD Shewchuk - Dann & Associates

Shewchuk, Daria - PhD  
Shewchuk - Dann & Associates  
401 - 625 5th Ave.  
New Westminster, BC V3M 1X4  
Phone: [1.604.899.9229](tel:1.604.899.9229)  
E-Mail: [Dr.DariaPsych@gmail.com](mailto:Dr.DariaPsych@gmail.com)

Note: For adult individuals and specializes in trauma, grief, loss, sexual abuse, addiction, and anxiety. Alternative methods of therapy available, including SFBT, transpersonal psychology, EMDR, depth psychology/Jungian, Ericksonian hypnosis, Gestalt, sand tray therapy, and expressive arts therapy. Daria is fluent in English and Ukrainian.

592. Behboodi, Zohreh - PhD, RPsych Alyson Jones & Associates

Behboodi, Zohreh - PhD, RPsych  
Alyson Jones & Associates  
113 - 2419 Bellevue Ave.  
West Vancouver, BC V7V 4T4  
Phone: [1.604.926.6665](tel:1.604.926.6665)  
Fax: 1.604.926.7046

Note: For adult individuals, couples, and families. Specializes in anxiety, depression, trauma, abuse, and relationship issues. Alternative methods of therapy available, including EMDR. Zohreh is fluent in Farsi and English.

593. Birk, Shannon - MA, CCC Simmons & Birk Counselling Services

Birk, Shannon - MA, CCC  
Simmons & Birk Counselling Services  
206C - 1571 Bellevue Ave.  
West Vancouver, BC V7V 1A6  
Phone: [1.604.240.0592](tel:1.604.240.0592)  
E-Mail: [info@simmonscounselling.ca](mailto:info@simmonscounselling.ca)

Note: For children, adolescent, and adult individuals, and families. Specializes in anxiety, phobias, addiction and life transition issues. Alternative methods of therapy available, including EMDR, Expressive Play Therapy, and client-centred Adlerian theory.

594. Brouillette, Celine - PhD

Brouillette, Celine - PhD  
300 - 1200 Lonsdale Ave.  
North Vancouver, BC V7M 3H6  
Phone: [1.604.312.7367](tel:1.604.312.7367)

Note: For children and adult individuals and couples. Specializes in depression, eating disorders, relationship problems, work conflict, childhood trauma, PTSD, and parenting issues. Alternative methods of therapy available, including Psychodynamic or Insight-oriented Psychotherapy, and Psycho-education. Services available in English and French.

595. Browning, Jim - PhD, RPsych

Browning, Jim - PhD, RPsych  
301 - 545 Clyde Ave.  
West Vancouver, BC V7T 1C5  
Phone: [1.604.473.6465](tel:1.604.473.6465)  
E-Mail: [jbrowning@shaw.ca](mailto:jbrowning@shaw.ca)

Note: For adult individuals and specializes in substance abuse, men's issues, anger management, workplace disability, and relationship issues. Alternative methods of therapy available, including CBT.

596. Sordoni, Carl R. - PhD, CPsych Quinte Assessment & Treatment Group

Sordoni, Carl R. - PhD, CPsych Quinte Assessment & Treatment Group 208 John St. Belleville, ON K8N 3G1 Phone: [1.613.966.4262](tel:1.613.966.4262) Fax: 1.613.966.4265 E-Mail: [reception@qxplore.com](mailto:reception@qxplore.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in PTSD, anxiety, mood disorders, and addiction. Counselling approaches include hypnotherapy.

597. Brickell, Nicole - BFA, DTATI Art Psychology Counselling Services

Brickell, Nicole - BFA, DTATI Art Psychology Counselling Services 103 Cambridge Cres. Bradford, ON L3Z 1E2 Phone: [1.905.726.5608](tel:1.905.726.5608) (York) Phone: [1.905.775.6109](tel:1.905.775.6109) (Simcoe) E-Mail: [nicole@apcounsellingservices.com](mailto:nicole@apcounsellingservices.com)

Note: For children, youth, and adult individuals, families, and groups. Specializes in autism, trauma, addictions, mental health issues, gender identity issues, and PTSD. Counselling approaches include art therapy.

598. Huggins, Bill - PhD The Acceptance Group

Huggins, Bill - PhD The Acceptance Group 11B - 71 Rosedale Ave. Brampton, ON L6S 2T3 Phone: [1.905.454.5788](tel:1.905.454.5788) E-Mail: [bill.huggins@sympatico.ca](mailto:bill.huggins@sympatico.ca)

Note: For youth and adult individuals, couples, and families. Specializes in depression, relationship issues, blended families, and anxiety. Counselling approach includes Solution-Focused Brief Therapy.

599. Khurme, Satvinder Kaur - MSW, RSW The Thoughts

Khurme, Satvinder Kaur - MSW, RSW The Thoughts 61 Luella Cres. Brampton, ON L7A 3H4  
Phone: [1.905.230.0629](tel:1.905.230.0629) (Office) Phone: [1.647.618.2763](tel:1.647.618.2763) (Cell) Fax: 1.905.230.0623 E-Mail: [info@thethoughts.ca](mailto:info@thethoughts.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in behavioural issues, relationship issues, mental health, grief and loss, anger, and addictions.

600. Pedersen, Dorothy - BA, RPC Clear Mind Psychotherapy & Counselling

Pedersen, Dorothy - BA, RPC Clear Mind Psychotherapy & Counselling 10 George St. N Brampton, ON L6X 1R2 Phone: [1.289.271.0737](tel:1.289.271.0737) (Office) Phone: [1.289.325.0770](tel:1.289.325.0770) (Brampton) Phone: [1.519.942.4026](tel:1.519.942.4026) (Orangeville) E-Mail: [clearmindcounselling@gmail.com](mailto:clearmindcounselling@gmail.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in trauma, grief, family turmoil, PTSD, addiction, and domestic abuse.

601. Bassett, Gregory - MTh Brant Resolve Counselling Services

Bassett, Gregory - MTh Brant Resolve Counselling Services 120 Sydenham St. Brantford, ON N3R 3Y8 Phone: [1.519.900.1612](tel:1.519.900.1612)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in ADHD, addiction, relationship issues, abuse, domestic violence, and grief and loss. Counselling approaches include CBT, Family Systems, Narrative, and SFBT.

602. Burger, Michael P. - PhD

Burger, Michael P. - PhD  
642 Dinsdale St.  
Bridgenorth, ON K0L 1H0  
Phone: [1.705.292.1208](tel:1.705.292.1208)  
E-Mail: [mpburger@nexicom.net](mailto:mpburger@nexicom.net)

Note: Stress and trauma services for adolescent, adult, and senior individuals, couples, and families.

603. Ashford, Keith - BA, MDiv Men's Counselling Services

Ashford, Keith - BA, MDiv Men's Counselling Services 204 - 43 King St. W Brockville, ON K6V 3P7  
Phone: [1.613.498.1940](tel:1.613.498.1940) E-Mail: [kashford@bell.net](mailto:kashford@bell.net)

Note: For male adult individuals. Specializes in addiction, anger, ADD, depression, anxiety, life transition, PTSD, relationship issues, and sexual function.

604. Smith, Larry - DCTP

Smith, Larry - DCTP 366 Dupont St. Toronto, ON M5R 1V9 Phone: [1.647.977.5904](tel:1.647.977.5904)

Note: For adult individuals and couples. Specializes in relationship issues, addiction, eating disorders, divorce and separation, and spirituality. Alternative methods of therapy available, including EFT, Existential, and Psychodynamic approaches.

605. Spivak, Karen - PhD The Pain and Wellness Centre

Spivak, Karen - PhD  
The Pain and Wellness Centre  
101 - 2301 Major Mackenzie Dr. W  
Vaughan, ON L6A 3Z3  
Toll-Free: [1.800.597.5733](tel:1.800.597.5733)  
Fax: 1.844.358.9308

Note: For adult individuals and specializes in mood, anxiety, stress, addiction, substance use, chronic pain and post-accident adjustment difficulties.

606. Stockley, Betty - BA, MEd, BCETS, CAS, IBECPT Betty Stockley Counselling Services



Stockley, Betty - BA, MEd, BCETS, CAS, IBECPT Betty Stockley Counselling Services 1101 - 123 Edward St. Toronto, ON M5G 1E2 Phone: [416-591-7672](tel:416-591-7672) E-Mail: [betty@on.aibn.com](mailto:betty@on.aibn.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in addictions, anger, bereavement, crisis and trauma, domestic abuse, family conflicts, sexual dysfunction, disability issues, and childhood sexual abuse. Counselling approach includes play therapy.

607. Thompson, Rochelle - MSW, RSW, ICADC

Thompson, Rochelle - MSW, RSW, ICADC 207 - 191 Eglinton Ave. E Toronto, ON M4P 1K1 Phone: [1.416.481.5603](tel:1-416-481-5603) Fax: 1.416.481.9963 E-Mail: [rochellethompsonmsw@gmail.com](mailto:rochellethompsonmsw@gmail.com)

Note: For adult individuals, couples, and families. Specializes in addiction, ADHD, and relationship issues.

608. Tomlinson, Jeremy - MEd, RSW Alternative Horizon Counselling & Consulting

Tomlinson, Jeremy - MEd, RSW Alternative Horizon Counselling & Consulting 445 - 20 Eglinton Ave. E Toronto, ON M4P 1A9 Phone: [1.416.486.2161](tel:1-416-486-2161) E-Mail: [jeremy@alternativehorizon.com](mailto:jeremy@alternativehorizon.com)

Note: For adult individuals and couples. Specializes in trauma, stress, abuse, LGBT issues, sexual issues, and relationships. Counselling approach includes EMDR.

609. VanDeursen, John P. - PhD Main Street Psychological Centre

VanDeursen, John P. - PhD Main Street Psychological Centre 6 Main St. Toronto, ON M4E 2V4 Phone: [1.416.690.2229](tel:1-416-690-2229) E-Mail: [jvandeursen@mspc.ca](mailto:jvandeursen@mspc.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in mental health issues, addictions, relationship issues, chronic pain, brain injuries, and complex disabilities.

610. Waldner, Sam - MEd

Waldner, Sam - MEd Yorkdale Place 410 - 1 Yorkdale Rd. Toronto, ON M6A 3A1 Phone: [1.416.630.0818](tel:1-416-630-0818) E-Mail: [freedom@samuelwaldner.com](mailto:freedom@samuelwaldner.com)

Note: For adult individuals and groups. Specializes in addiction, substance use, codependency, compulsive gambling, and relationship issues. Counselling approach includes 12 Steps/Minnesota Model, CBT, and mindfulness meditation.

611. Westbrook, David - CTP dipl, RP, MA The Centre

Westbrook, David - CTP dipl, RP, MA The Centre 316 Dupont St. Toronto, ON M5R 1V9 Phone: [1.647.977.5887](tel:1-647-977-5887) (Direct) Phone: [1.416.923.4444](tel:1-416-923-4444) (Office) E-Mail: [centrepsychotherapy@gmail.com](mailto:centrepsychotherapy@gmail.com)

Note: For teen and adult individuals, couples, and groups. Specializes in substance use, relationship issues, addiction, OCD, and parenting. Alternative methods of therapy available, including Existential and Psychodynamic approach.

612. White, Hamish - CADAC, HSC, SSW Recovery Counselling and Intervention Services

White, Hamish - CADAC, HSC, SSW Recovery Counselling and Intervention Services 302 - 4211

Yonge St. Toronto, ON M2P 2A9 Phone: [1.416.640.1061](tel:1.416.640.1061) ext. 222 E-Mail: [sober@recoverycounselling.on.ca](mailto:sober@recoverycounselling.on.ca)

Note: For adult individuals and families. Specializes in mental health issues, addiction, and recovery issues.

613. Winkler, Jason - BA, DRC, DNSPC, DTIRP Bloorcourt Therapy

Winkler, Jason - BA, DRC, DNSPC, DTIRP Bloorcourt Therapy 823A Bloor St. W (2nd Floor) Toronto, ON M6G 1M1 Phone: [1.416.378.8344](tel:1.416.378.8344) E-Mmail: [jason@jasonwinkler.com](mailto:jason@jasonwinkler.com)

Note: For adult individuals, couples, and groups. Specializes in crisis management, grief and loss, sexual health, LGBT issues, relationship issues, and men's issues.

614. Zarnett, Karen - MSW, RSW

Zarnett, Karen - MSW, RSW Toronto, ON Phone: [1.647.977.5906](tel:1.647.977.5906)

Note: For adult individuals and couples. Specializes in relationship issues, addiction, anger, divorce and separation, abuse, trauma, PTSD, family conflict, and domestic violence. Alternative methods of therapy available, including CBT, Mindfulness, Relational, and Emotional Focused approaches.

615. Clark, Katie - BA Hons, MSW, RSW

Clark, Katie - BA Hons, MSW, RSW 214 - 304 Toronto St. S Uxbridge, ON L9P 1Y2 Phone: [1.905.862.4100](tel:1.905.862.4100) E-Mail: [kclarkmsw@gmail.com](mailto:kclarkmsw@gmail.com)

Note: For adult individuals, couples, and families. Specializes in stress, relationship issues, grief and loss, addiction, and substance use. Counselling approach includes Cognitive-Behavioural, Solution-Focused, and Emotionally-Focused Therapies.

616. Marlin, Richard G. - PhD Odyssey Health Services

Marlin, Richard G. - PhD Odyssey Health Services 603 - 1100 Burloak Dr. Burlington, ON L7L 6B2 Phone: [1.905.319.0202](tel:1.905.319.0202) Toll-Free: [1.866.311.0110](tel:1.866.311.0110) Fax: 1.905.319.9055 E-Mail: [inquiries@OdysseyHealthServices.com](mailto:inquiries@OdysseyHealthServices.com)

Note: For adult individuals and specializes in chronic disabilities including Chronic Fatigue Syndrome, Fibromyalgia, and Chronic Pain Syndromes, as well as chronic psychiatric/psychological difficulties including mood and anxiety disorders.

617. Rukin, Erika - MSW, RSW

Rukin, Erika - MSW, RSW 66 Centre St. Vaughan, ON, L4J 1E9 Phone: [1.416.702.4296](tel:1.416.702.4296) E-Mail: [er@erikarukintherapy.com](mailto:er@erikarukintherapy.com)

Note: For teen, young adult, and adult individuals and families. Specializes in mental health issues and substance abuse therapy.

618. Myers, Margaret Elizabeth - RP, RMFT, CCC-S

Myers, Margaret Elizabeth - RP, RMFT, CCC-S 719 James St. Wallaceburg, ON N8A 2P5 Phone: [1.855.463.1721](tel:1.855.463.1721) (Office) Phone: [1.519.627.3927](tel:1.519.627.3927) (Cell) E-Mail: [Counselcarecanada@bellnet](mailto:Counselcarecanada@bellnet)

Note: For teen and adult individuals, couples, families, and groups. Specializes in addiction, anger, relationship issues, domestic violence, OCD, parenting, trauma, PTSD, and family conflict.

619. Radkowski, Paul - MA, OACCPP, CISM, IAAOC, IAMFC Life Recovery Program

Radkowski, Paul - MA, OACCPP, CISM, IAAOC, IAMFC Life Recovery Program 309 - 55 Erb St. E  
Waterloo, ON N2J 4K8 Phone: [1.519.900.1608](tel:1.519.900.1608) E-Mail: [info@liferecoveryprogram.com](mailto:info@liferecoveryprogram.com)

Note: For older children, adolescent, and adult individuals, couples, and families. Specializes in trauma and addictions and offers a online Life Recovery Program, which is a bi-weekly online video/audio workshops and practical tools, homework suggestions, and exercises to increase self-control and quality of life.

620. Cockman, David - MSW, RSW David James & Associates

Cockman, David - MSW, RSW David James & Associates 92 State St. Welland, ON L3B 4K5  
Phone: [1.905.563.4231](tel:1.905.563.4231) (Office) Phone: [1.905.685.2787](tel:1.905.685.2787) (Cell) Toll-Free: [1.866.775.4991](tel:1.866.775.4991) Fax:  
1.905.563.7011 E-Mail: [info@davidjamesandassociates.com](mailto:info@davidjamesandassociates.com)

Note: For youth and adult individuals, couples, and families. Specializes in substance use, addiction, chronic pain, separation and divorce, trauma, anger, First Nations issues, and relationship issues.

621. Cockman, David J. - BSW, MSW, RSW David James and Associates

Cockman, David J. - BSW, MSW, RSW  
David James and Associates  
60 Albert St. W  
Thorold, ON L2V 2G7  
Phone: [1.905.563.4231](tel:1.905.563.4231) (Office)  
Phone: [1.905.685.2787](tel:1.905.685.2787) (Cell)  
Toll-Free: [1.866.775.4991](tel:1.866.775.4991)  
Fax: 1.905.563.7011  
E-Mail: [info@davidjamesandassociates.com](mailto:info@davidjamesandassociates.com)

Note: For youth and adult individuals, couples, and families. Specializes in depression, anxiety, grief and loss, relationship issues, addictions, and trauma. Counseling includes a solution-focused approach.

622. Ahmad, Arsalan - MEd, CCC Still Mind Therapy

Ahmad, Arsalan - MEd, CCC  
Still Mind Therapy  
108 - 420 Green St.  
Whitby, ON L1N 8R1  
Phone: [1.416.996.3195](tel:1.416.996.3195) (Toronto/Brampton)  
Phone: [1.289.274.4910](tel:1.289.274.4910) (Durham)  
E-Mail: [therapy@stillmind.ca](mailto:therapy@stillmind.ca)

Note: For adult individuals and specializes in depression, anxiety, mood issues, and stress. Alternative methods of therapy available, including relational, psychodynamic and mindfulness perspectives.

623. Dunbar, Katherine - SSW The Heart's Wisdom Counselling Services

Dunbar, Katherine - SSW The Heart's Wisdom Counselling Services 52 Gartshore Dr. Whitby, ON L1P 1N6 Phone: [1.905.581.1028](tel:1.905.581.1028)

Note: For children, adolescent, youth, and adult individuals, couples, and families. Specializes in conflict resolution, parenting, sexual orientation, trauma, separation and divorce, marital conflict, sexual abuse, eating disorders, anger management and addictions.

624. Miklos, James A. - PhD New Hope Counselling

Miklos, James A. - PhD New Hope Counselling 12 - 541 Brant St. Burlington, ON L7R 2G6 Phone: [1.905.633.7410](tel:1.905.633.7410) E-Mail: [info@newhopecounselling.com](mailto:info@newhopecounselling.com)

Note: For adult individuals and couples. Specializes in conflict, anxiety, depression, trauma, sleep issues, relationship issues, and illnesses. Counselling approaches include EMDR, EFT, and a Christian perspective.

625. Mitges, Glenn - PhD

Mitges, Glenn - PhD 5600 Blind Line Burlington, ON L7P 0B2 Phone: [1.905.581.1043](tel:1.905.581.1043)

Note: For adult individuals and specializes in mood issues, substance abuse, anxiety, stress, depression, ADHD, anger, and low self-esteem. Alternative methods of therapy available, including CBT and DBT.

626. Servos, Shannon - PhD

Servos, Shannon - PhD 321 - 2349 Fairview St. Burlington, ON L7R 2E3 Phone: [1.905.407.3909](tel:1.905.407.3909) E-Mail: [shannon.servos@sympatico.ca](mailto:shannon.servos@sympatico.ca)

Note: For adolescent and adult individuals, couples, families, and groups. Specializes in depression, anxiety, job loss, eating disorders, ADHD, and personality disorders.

627. Silke, Jaime - BA Hons, Psych Bayridge Family Center

Silke, Jaime - BA Hons, Psych Bayridge Family Center 1295 Service Rd. N Burlington, ON L7R 4M2 Phone: [1.905.319.1488](tel:1.905.319.1488)

Note: For youth and young adult individuals, and groups. Specializes in self-esteem, relationship issues, body image, assertiveness, addictions, depression, and anxiety.

628. Silver, Albert W. - PhD Dr. A.W. Silver & Associates

Silver, Albert W. - PhD  
Dr. A.W. Silver & Associates  
384 Guelph Line  
Burlington, ON L7R 3L4  
Phone: [1.905.681.8880](tel:1.905.681.8880) (Burlington)  
Phone: [1.416.259.0787](tel:1.416.259.0787) (Etobicoke)  
E-Mail: [drawsilver@gmail.com](mailto:drawsilver@gmail.com)

Note: For adult individuals, couples, and families. Specializes in depression, anxiety, anger

management, substance abuse, alcoholism, marriage conflict, and social isolation. Counselling approaches include psychotherapy, brief psycho dynamic, CBT, and EMDR.

629. Maxwell, Sherry - BA, MTS, OACCPP Sherry Maxwell Counselling Services

Maxwell, Sherry - BA, MTS, OACCPP Sherry Maxwell Counselling Services 188 Main St.  
Cambridge, ON N1R 1W8 Phone: [1.519.621.8858](tel:1.519.621.8858) E-Mail: [sherry@counsellingincambridge.ca](mailto:sherry@counsellingincambridge.ca)

Note: For adult individuals, couples, and families. Specializes in abuse, addiction, anger, eating disorders, grief and loss, relationship issues.

630. Smith, Douglas Lane - BA, MA, PhD Promind

Smith, Douglas Lane - BA, MA, PhD Promind 301 Ivey Cres. Cobourg, ON K9A 5X3 Phone:  
[1.905.372.4641](tel:1.905.372.4641) (Cobourg) Phone: [1.905.430.3538](tel:1.905.430.3538) (Whitby) Toll-Free: [1.877.430.3538](tel:1.877.430.3538) E-Mail:  
[drdoug@promind.ca](mailto:drdoug@promind.ca)

Note: For adult individuals. Specializes in stress, addiction, disease, marriage and relationship issues, and sport psychology.

631. Lechasseur, Patrick - MA, CPsych

Lechasseur, Patrick - MA, CPsych 2485 Edgar St. Cornwall, ON K6J 5H1 Phone: [1.613.551.7975](tel:1.613.551.7975)  
E-Mail: [plechasseur@sympatico.ca](mailto:plechasseur@sympatico.ca)

Note: For children 6 years and older, teen, and adult individuals, couples, and families. Specializes in grief and loss, anger, anxiety, PTSD, OCD, body image, relationship issues, addiction, and trauma. Counselling approaches include existential-humanistic and CBT. Services offered in English and French.

632. Cardinal, Michael - MDiv, MA, CCC Mike Cardinal Counselling Services

Cardinal, Michael - MDiv, MA, CCC  
Mike Cardinal Counselling Services  
University Place  
105 - 3140 Peter St.  
Windsor, ON N9C 1H3  
Phone: [1.519.818.6453](tel:1.519.818.6453)  
E-Mail: [info@mikecardinal.com](mailto:info@mikecardinal.com)

Note: For adult individuals, couples, and groups. Specializes in substance abuse and sexual addiction recovery, LGBT and relationship issues, and career counselling.

633. Chevalier, Norene - MA, LLP, CAC II, CGC, CPGC, CCC Chevalier Counselling & Consulting

Chevalier, Norene - MA, LLP, CAC II, CGC, CPGC, CCC Chevalier Counselling & Consulting 1070 -  
2109 Ottawa St. Windsor, ON N8Y 1R8 Phone: [1.519.252.6330](tel:1.519.252.6330) E-Mail:  
[nechev@chevaliercounselling.com](mailto:nechev@chevaliercounselling.com)

Note: For children, adolescent, adult, and senior individuals, couples, and families. Specializes in depression, anxiety, grief and loss, stress, conflict resolution, and addiction. Alternative methods of therapy available, including CBT and a solution-focused approach.

634. Bennett, Errol A. - DMin, CCC Christos Christian Counselling

Bennett, Errol A. - DMin, CCC  
Christos Christian Counselling  
25 Mallory St.  
Courtice, ON L1E 2B4  
Phone: [1.905.432.3644](tel:1.905.432.3644)  
E-Mail: [drb@christoschristiancounselling.com](mailto:drb@christoschristiancounselling.com)

Note: For adolescent, young adult, and adult individuals, couples, and families. Specializes in anger management, communication, conflict resolution, parental guidance, stress management, behavioral issues, relationship issues, grief and loss, coping skills, spirituality, and self esteem.

635. Limarzi, Wendy - Hon BA, MSW, RSW

Limarzi, Wendy - Hon BA, MSW, RSW 404 - 1500 Ouellette Ave. Windsor, ON N8X 1K7 Phone: [1.519.253.1519](tel:1.519.253.1519) Fax: 1.519.253.4407 E-Mail: [wlimarzi@bellnet.ca](mailto:wlimarzi@bellnet.ca)

Note: For adult individuals, couples, and families. Specializes in anxiety, infidelity counselling, divorce prevention, and stress.

636. Grant, Katrina - MSW, RSW, CCC

Grant, Katrina - MSW, RSW, CCC 103 - 186 Sutton Pl. Beaconsfield, QC H9W 5S3 Phone: [1.514.917.6247](tel:1.514.917.6247)

Note: For adolescent and adult individuals, couples, and groups. Specializes in addiction, codependency, dual diagnosis, mood and personality disorders, and abuse. Services include addiction assessments, referrals to specialized services, relapse prevention treatment, and a complete care program including pre and post treatment care. Counselling approach includes mindfulness, and a client centered, solution focused, evidence based approach.

637. Kris, Boris - BEd, MA, MSc LifeCare Centres

Kris, Boris - BEd, MA, MSc  
LifeCare Centres  
1685 Bloor St.  
Courtice, ON L1E 2N1  
Telephone: [1.905.231.2273](tel:1.905.231.2273)  
Toll-Free: [1.855.231.2273](tel:1.855.231.2273)  
Fax: 1.905.492.3386

Note: For adolescent and adult individuals, couples, and families. Specializes in stress, ADHD, OCD, trauma, abuse, domestic violence, bullying, addictions, and anger. Counselling approaches include mindfulness, dialogic, Narrative, solution-focused, and CBT.

638. Paré, Louise - PhD

Paré, Louise - PhD 111 - 858 rue Shefford Bromont, QC J2L 1C3 Phone: [1.450.465.0625](tel:1.450.465.0625)  
E-Mail: [louise.pare@videotron.ca](mailto:louise.pare@videotron.ca)

Note: For adult individuals. Specializes in anxiety, depression, addiction, chronic pain, and stress. Alternative methods of therapy available, including mindfulness practices, and structured and



goal-oriented approaches. Services offered in English and French.

639. McGreal, Lisa Marie - BSW, MA, RSW Dundas Valley Psychotherapy and Family Counselling

McGreal, Lisa Marie - BSW, MA, RSW  
Dundas Valley Psychotherapy and Family Counselling  
6 Best Ave.  
Dundas, ON L9H 5Z2  
Phone: [1.905.546.6610](tel:1.905.546.6610)  
E-Mail: [lisamarie@dundasvalleypsychotherapy.com](mailto:lisamarie@dundasvalleypsychotherapy.com)

Note: For individuals, couples, and families. Specializes in depression, anxiety, relationship issues, grief and loss, stress, addiction, and recovery. Alternative methods of therapy used, including mindfulness, Family of Origin, Emotionally Focused, and Narrative Family Therapy.

640. Bitá, Dr. - MA, OPQ, PhD

Bitá, Dr. - MA, OPQ, PhD  
9160 Boul. Leduc  
Brossard, QC J4Y  
Phone: [1.514.999.2482](tel:1.514.999.2482)  
Toll-Free: [1.855.382.2482](tel:1.855.382.2482)  
E-Mail: [info@drbita.com](mailto:info@drbita.com)

Note: For adolescent and adult individuals, couples, and groups. Specializes in stress, anger, anxiety, PTSD, sex therapy, depression, and parenting skills. Counselling approach includes CBT and art therapy. Services offered in English, French, Persian, and German.

641. Tanguay, Gilbert - MA, UQTR

Tanguay, Gilbert - MA, UQTR 607 rue Martin-Bouvard Chicoutimi, QC G7J 4N9 Phone: [1.418.698.4160](tel:1.418.698.4160) E-Mail: [gtanguay@uqac.ca](mailto:gtanguay@uqac.ca)

Note: For adult individuals and couples. Specializes in anxiety, depression, grief and loss, loneliness, relationship issues, and addiction. Counselling approach includes psychotherapy. Services offered in French.

642. Miller, Syd - PhD, CPsych

Miller, Syd - PhD, CPsych Côte Saint-luc, QC H4W 3H8 Phone: [1.514.483.4621](tel:1.514.483.4621) Fax: 1.514.483.1215 E-Mail: [info@drysdmiller.com](mailto:info@drysdmiller.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction, stress, anxiety, depression, chronic pain, relationship issues, family conflict, and anger. Alternative methods of therapy available, including CBT and a collaborative, problem solving approach. Services offered in English and French.

643. Assad, Jean-Marc - PhD PsyMontreal

Assad, Jean-Marc - PhD PsyMontreal 3300 - 4000 Boul. St-Jean Dollard-des-Ormeaux, QC H9G 1X1 Phone: [1.514.337.2473](tel:1.514.337.2473) E-Mail: [coordinatrice@PsyMontreal.com](mailto:coordinatrice@PsyMontreal.com)

Note: For children and adult individuals, couples, and families. Specializes in depression, anxiety,



addiction, postpartum, and fertility issues. Counselling approach includes CBT and motivational interviewing. Services offered in English and French.

644. Toth, Anna - MSc, RMFT

Toth, Anna - MSc, RMFT  
Long Branch  
Etobicoke, ON  
Phone: [1.416.565.0143](tel:1.416.565.0143)  
E-Mail: [annatoth@rogers.com](mailto:annatoth@rogers.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in anxiety, depression, grief and loss, anger, relationship issues, abuse, trauma, and addiction.

645. Perlman, Jerry - MEd, OPQ

Perlman, Jerry - MEd, OPQ 205 - 4226 Boul. St-Jean Dollard-des-Ormeaux, QC H9G 1X5 Phone: [1.514.886.2949](tel:1.514.886.2949) E-Mail: [jerry@jerryperlman.com](mailto:jerry@jerryperlman.com)

Note: For adolescent and adult individuals and couples. Specializes in relationship issues, addiction, anxiety, panic, family conflict, OCD, men's issues, and trauma. Counselling approach includes Emotion Focused Therapy, Mindfulness-based stress reduction, EMDR, and Schematherapy. Services offered in English and French.

646. Garneau, Georges - MA

Garneau, Georges - MA 102 - 92 Boul. St-Raymond Gatineau, QC J8Y 1S7 Phone: [1.819.790.0177](tel:1.819.790.0177) E-Mail: [georges\\_garneau@bell.net](mailto:georges_garneau@bell.net)

Note: For adolescent and adult individuals and couples. Specializes in anxiety, stress, addictions, depression, sexuality, PTSD, and personality disorders. Counselling approach includes CBT, Systemic and interactional approaches. Services offered in French and English.

647. Bhatti, Iftikhar - MSc, ICCAC, (CACCF) Bhatti Psychotherapy and Counselling Centre

Bhatti, Iftikhar - MSc, ICCAC, (CACCF)  
Bhatti Psychotherapy and Counselling Centre  
212 - 1735 Kipling Ave.  
Etobicoke, ON M9R 2Y8

Note: For teen and adult individuals. Specializes in stress, anger, relationship issues, substance use, and addiction. Counselling approach includes CBT. Services offered in English, Urdu, and Punjabi.

648. Chotem, Marilyn, EdD, RPsych

Chotem, Marilyn, EdD, RPsych  
302 - 545 Clyde Ave.  
West Vancouver, BC V7T 1C5  
Phone: [1.604.926.9468](tel:1.604.926.9468)  
E-Mail: [mchotem@shaw.ca](mailto:mchotem@shaw.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction, mental

health concerns, trauma, PTSD, and eating disorders. Alternative methods of therapy available, including Gestalt therapy, dream analysis, somatic experiencing, motivational enhancement, and 12 step concepts for addictions and behavioral compulsions.

649. Chotem, Tara - MA, RCC, CGP

Chotem, Tara - MA, RCC, CGP  
302 - 545 Clyde Ave.  
West Vancouver, BC V7T 1C5  
Phone: [1.604.926.7411](tel:1.604.926.7411)  
Email: [tchotem@tarachotem.com](mailto:tchotem@tarachotem.com)

Note: For adult individuals, couples, and groups. Specializes in addiction, co-dependency, stress, identity and self-esteem issues, perfectionism, and relationship/intimacy problems. Alternative methods of therapy available, including Psychodynamic and Relational framework, and CBT.

650. Dalton, Dan - RPsych Dalton Associates

Dalton, Dan - RPsych Dalton Associates 240A St. David St. N Fergus, ON N1M 2J7 Toll-Free: [1.888.245.5516](tel:1.888.245.5516)

Note: For children, teen, and adult individuals, couples, and families. Specializes in depression, anxiety, addiction, substance use, grief and loss, trauma, and stress.

651. Ivan, Patricia - PhD, SW, MFT

Ivan, Patricia - PhD, SW, MFT 777 rue Devey Greenfield Park, QC J4V 1P5 Phone: [1.514.568.2288](tel:1.514.568.2288)  
E-Mail: [patricia.i.ivan@gmail.com](mailto:patricia.i.ivan@gmail.com)

Note: For adult individuals and couples. Specializes in life transitions, burnout, identity confusion, separation and divorce, eating disorders, PTSD, and existential and spiritual crises. Counselling approach includes EMDR. Services offered in English and French. Appointments are available in person, by phone, or via Skype.

652. Curry, David - MTC

Curry, David - MTC  
210 - 1940 Lonsdale Ave.  
North Vancouver, BC V7M 2K2  
Phone: [1.604.612.3144](tel:1.604.612.3144)  
Email: [david@davidcurry.ca](mailto:david@davidcurry.ca)

Note: For adult individuals, couples, and group. Specializes in addiction, relationships, divorce, career, sex, and anger. Alternative methods of therapy available, including Hakomi Therapy, Focusing-Oriented Therapy, Trust-Oriented Therapy, and EFT.

653. Georgescu, Michaela - PhD

Georgescu, Michaela - PhD  
Hudson, QC J0P 1H0  
Phone: [1.514.400.9355](tel:1.514.400.9355)

Note: For adolescent and adult individuals, couples, and families. Specializes in anxiety, stress,

depression, addiction, work and relationship issues, OCD, and chronic health problems. Counselling includes CBT, eclectic, psychoanalytic, and psychodynamic approaches. Services offered in English, French, and Romanian.

654. Haynes, Natalie - BA, RPC, RIHR Cornerstone Health Centre

Haynes, Natalie - BA, RPC, RIHR Cornerstone Health Centre 6th Guelph St. Georgetown, ON L7G 3Y9 Phone: [1.416.702.1944](tel:1.416.702.1944) Fax: 1.289.428.1366 E-Mail: [info@cornerstonehealth.ca](mailto:info@cornerstonehealth.ca)

Note: For adult individuals and specializes in self-esteem, relationship issues, grief and loss, stress, and anxiety.

655. Eleniak, Duanita G. - MSW, RCSW, ATR, BCATR, RCAT, PhD Creative Counselling and Education

Eleniak, Duanita G. - MSW, RCSW, ATR, BCATR, RCAT, PhD  
Creative Counselling and Education  
220 - 145 Chadwick Crt.  
North Vancouver, BC V7M 3K1  
Phone: [1.604.988.5689](tel:1.604.988.5689)  
E-Mail: [duanita@telus.net](mailto:duanita@telus.net)

Note: For children, teen, and adult individuals, couples, families, and groups. Specializes in trauma, attachment issues, life transitions, deafness, mental health, and addictions. Alternative methods of therapy available, including verbal Counselling, art therapy, play therapy and sandtray work.

656. Landreville, Denis - MPs

Landreville, Denis - MPs  
M8 - 50, Boul. Taschereau  
La Prairie, QC J5R 4V3  
Phone: [1.450.659.3171](tel:1.450.659.3171)  
Toll-Free: [1.877.659.3171](tel:1.877.659.3171)  
E-Mail: [denislandreville@live.ca](mailto:denislandreville@live.ca)

Note: For adult individuals. Specializes in anxiety, divorce and separation, codependency, relationship issues, self-esteem, and addiction. Counselling includes humanistic approach. Services offered in French.

657. Flaherty, John - MSc, BA Agora Regeneration Clinic Ltd.

Flaherty, John - MSc, BA  
Agora Regeneration Clinic Ltd.  
Vancouver, BC  
Phone: [1.604.688.6848](tel:1.604.688.6848)  
Toll-Free: [1.866.452.4672](tel:1.866.452.4672)  
Fax: 1.604.689.1204  
E-Mail: [info@livingyourtruth.ca](mailto:info@livingyourtruth.ca)

Note: For adult individuals and families. Specializes in addictions and uses a non-12 Step, non-medical approach to eliminating unwanted addictive behaviours, long-held emotional pain, or self-harming beliefs.

658. Landreville, Denis - MPs

Landreville, Denis - MPs M8 - 50, Boul. Taschereau La Prairie, QC J5R 4V3 Phone: [1.450.659.3171](tel:1.450.659.3171)  
1.450.659.3171 Toll-Free: [1.877.659.3171](tel:1.877.659.3171) E-Mail: [denislandreville@live.ca](mailto:denislandreville@live.ca)

Note: For adult individuals. Specializes in anxiety, divorce and separation, codependency, relationship issues, self-esteem, and addiction. Counselling includes humanistic approach. Services offered in French.

659. Lorimer, Paula - MA, OPQ, CPA Evolution Psychology Center

Lorimer, Paula - MA, OPQ, CPA Evolution Psychology Center 1940 Boul. St-Joseph Lachine, QC H8S 2N5 Phone: [1.514.758.7792](tel:1.514.758.7792) E-Mail: [info@epcenter.ca](mailto:info@epcenter.ca)

Note: For teen and adult individuals, couples, and groups. Specializes in depression, anxiety, relationship issues, parenting, grief and loss, addictions, anger, trauma, and PTSD. Services offered in English and French.

660. Goble, Karen - MA, RCC Karen Goble Counselling

Goble, Karen - MA, RCC  
Karen Goble Counselling  
7 - 2471 Marine Dr.  
West Vancouver, BC V7V 0A2  
Phone: [1.604.720.0866](tel:1.604.720.0866)  
E-Mail: [Karen@karengoble.com](mailto:Karen@karengoble.com)

Note: For youth and adult individuals and families. Specializes in shame, low self-compassion, perfectionism, substance abuse and process addictions, separation and divorce, relationship issues, parenting, and life transitions. Alternative methods of therapy available, including Narrative therapy, and multiple Mind-Body Therapy modalities.

661. Tufford, Lea - MA, RMFT, RP, PhD

Tufford, Lea - MA, RMFT, RP, PhD Georgetown, ON Phone: [1.855.434.2247](tel:1.855.434.2247)

Note: For adolescent and adult individuals, couples, and families. Specializes in stress, behavioural issues, relationship issues, infertility, substance use, and grief and loss.

662. Kane, Jane - DipATh, BCATR

Kane, Jane - DipATh, BCATR  
3 - 431 Mountain Hwy.  
North Vancouver, BC V7J 2L1  
Phone: [1.778.835.9090](tel:1.778.835.9090)

Note: For adult individuals, families, and groups. Specializes in family problems, addictions, trauma, self-esteem, and chronic pain. Alternative methods of therapy available, including art therapy, mindfulness, and self regulation.

663. Mayer, Michel - MAPs

Mayer, Michel - MAPs 110 Boul. des Laurentides Laval, QC H7G 2T3 Phone: [1.450.975.7508](tel:1.450.975.7508)

E-Mail: [mayer.michel2011@videotron.ca](mailto:mayer.michel2011@videotron.ca)

Note: For adolescent, adult, and senior individuals and couples. Specializes in addiction, anxiety, panic, stress, depression, PTSD, separation and divorce, and OCD. Services offered in French.

664. Karpiuk, Chasidy - MA, RCC, CCC, CAP

Karpiuk, Chasidy - MA, RCC, CCC, CAP  
200 - 101 16th St. W  
North Vancouver, BC  
Phone: [1.604.377.8175](tel:1.604.377.8175)

Note: For adult individuals, couples, and families. Specializes in addictions, relationships, self-esteem, stress reduction, life balance and family relationships.

665. Fontaine, Micheline - MPs

Fontaine, Micheline - MPs 682 Hypolite-Bernier Lévis, QC G6V 3C6 Phone: [1.418.838.2697](tel:1.418.838.2697)

Note: For adult individuals and specializes in PTSD, addiction, depression, separation and divorce, abuse, and trauma. Services offered in French.

666. De Silva, Nilmini - MA, PhD, OPQ Nilmini De Silva Psychology

De Silva, Nilmini - MA, PhD, OPQ Nilmini De Silva Psychology 1010 rue Saint-Laurent O  
Longueuil, QC J4K 1C8 Phone: [1.514.969.0277](tel:1.514.969.0277) E-Mail: [drnilminidesilva@gmail.com](mailto:drnilminidesilva@gmail.com)

Note: For teen and adult individuals, couples, and families. Specializes in eating disorders, anxiety, alcohol use, codependency, depression, burnout, and PTSD. Alternative methods of therapy available, including psychodynamic psychotherapy, Motivational Interviewing, Systemic Interactional, and Family Systems approach.

667. Lanius, Ulrich - PhD

Lanius, Ulrich - PhD  
206A - 1571 Bellevue Ave.  
West Vancouver, BC V7V 1A6  
Phone: [1.604.925.6246](tel:1.604.925.6246)  
Fax: 1.604.922.0498

Note: For adult individuals and specializes in the treatment of PTSD and related problems, including addiction. Alternative methods of therapy available, including a client-centered perspective, EMDR, and Sensorimotor Psychotherapy.

668. Levine, Frances - MA, RCC Frances Levine Counselling Services

Levine, Frances - MA, RCC  
Frances Levine Counselling Services  
373 5th St. E (Basement)  
North Vancouver, BC V7L 1M1  
Phone: [1.604.926.5477](tel:1.604.926.5477)

Note: For adolescents and adult individuals, couples, and families. Specializes in substance misuse,

divorce, mental illness, behaviour, parenting, work-related, and life cycle changes. Alternative methods of therapy available, including a psycho-educational approach, CBT, and SFBT.

669. Bare De Vos, Kristina - MSc, RP, RMFT The Refuge - Centre for Healing and Recovery

Bare De Vos, Kristina - MSc, RP, RMFT  
The Refuge - Centre for Healing and Recovery  
338 - 342 5420 Hwy. 6 N  
Guelph, ON N1H 6J2  
Phone: [1.226.203.0908](tel:1.226.203.0908)  
Toll-Free: [1.855.773.3843](tel:1.855.773.3843)

Note: For adolescent, teen, and adult individuals, couples, and groups. Specializes in emotional dysregulation difficulties, Borderline Personality Disorder, trauma, PTSD, attachment disorders, substance use disorders, and eating disorders. Alternative methods of therapy used, including mindfulness, EFT, and DBT.

670. Lourdeaux, Lee - MSW, RCSW, PhD

Lourdeaux, Lee - MSW, RCSW, PhD  
100 Park Royal  
West Vancouver, BC V7T 1A2  
Phone: [1.604.408.3442](tel:1.604.408.3442)  
E-Mail: [lee@leetherapy.com](mailto:lee@leetherapy.com)

Note: For adult individuals, couples, and families. Specializes in relationship issues, pornography, gambling, alcohol or drugs, chronic anger, trauma, gay or lesbian concerns, obsessions, compulsion behaviours, or poor body image. Services available in French.

671. McKenzie, Jeanie - RCC First Step Counselling

McKenzie, Jeanie - RCC  
First Step Counselling  
200 - 100 Park Royal  
West Vancouver, BC V7T 1A2  
Phone: [1.604.351.0539](tel:1.604.351.0539)  
Fax: 1.604.924.9819  
E-Mail: [jeanie@firststepcounselling.com](mailto:jeanie@firststepcounselling.com)

Note: For individuals, couples, and families. Specializes in co-dependency, emotional crisis, addiction, depression, and relationship issues. Alternative methods of therapy available, including Bowen Family Systems, SFBT, and CBT.

672. De Santis, Carm - MSc, RMFT

De Santis, Carm - MSc, RMFT  
47 Hillcrest Dr.  
Guelph, ON N1E 4W8  
Phone: [1.519.835.3652](tel:1.519.835.3652)

Note: For adult individuals and couples. Specializes in relationship communication and satisfaction, sexuality, mental health, violence, abuse, and addiction.

673. Mitchell, Andrea - CCC, RCC Hemisphere Adventure Therapy

Mitchell, Andrea - CCC, RCC  
Hemisphere Adventure Therapy  
210 - 1940 Lonsdale Ave.  
North Vancouver, BC V7M 2K2  
Phone: [1.778.952.3184](tel:1.778.952.3184)  
E-Mail: [info@hemisphereadventure.com](mailto:info@hemisphereadventure.com)

Note: For adult individuals, couples, families, and groups. Specializes in addictions, codependency, eating disorders, mental health, and family of origin issues. Alternative methods of therapy available, including therapeutic recreation, CBT, gestalt therapy, Narrative therapy, and solution-focused therapy.

674. Heap, Christopher - MA Chris Heap Psychotherapy

Heap, Christopher - MA Chris Heap Psychotherapy 20 - 74 Janefield Ave. Guelph, ON N1G 2L6  
Phone: [1.519.240.1567](tel:1.519.240.1567) Fax: 1.519.837.2302 E-Mail: [christopher.heap@sympatico.ca](mailto:christopher.heap@sympatico.ca)

Note: For adult individuals and specializes in OCD, ADD, ADHD, stress, eating disorders, relationship issues, addictions, and PTSD. Counselling approach includes CBT.

675. Murray, Paul - PhD, RPsych

Murray, Paul - PhD, RPsych  
201 - 1544 Marine Dr.  
West Vancouver, BC V7V 1H8  
Phone: [1.604.925.1950](tel:1.604.925.1950) (Office)  
Phone: [1.604.240.5299](tel:1.604.240.5299) (Cell)  
Fax: 1.604.925.1952  
E-Mail: [paulmurray@telus.net](mailto:paulmurray@telus.net)

Note: For adult individuals and specializes in interpersonal problems, panic, OCD, trauma, substance abuse, personal growth, and self actualization. Alternative methods of therapy available, including Analytical, Cognitive-Interpersonal, Client Centered, Gestalt, Narrative, Solution Focused, Neuro-Linguistic Processing, and Family Systems.

676. McNamee, Bernard - MTS

McNamee, Bernard - MTS 15 Westwind Circle Guelph, ON N1G 4Z4 Phone: [1.519.824.9322](tel:1.519.824.9322)  
E-Mail: [bernardmcnamee22@hotmail.com](mailto:bernardmcnamee22@hotmail.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in trauma, depression, bipolar disorder, anxiety and panic attacks, and recovery from addictions. Counselling approach includes EMDR.

677. O'Brien, Karina - PhD, RPsych

O'Brien, Karina - PhD, RPsych  
107 - 901 3rd St. W  
North Vancouver, BC V7P 3P9  
Phone: [1.604.518.6368](tel:1.604.518.6368)  
E-Mail: [drkarinaobrien@shaw.ca](mailto:drkarinaobrien@shaw.ca)



Note: For teens and adult individuals. Specializes in eating disorders, anxiety and stress, OCD, depression, and problematic substance use. Alternative methods of therapy available, including CBT, and Exposure with Response Prevention for OCD.

678. Oshidari, Anahita - MA, RCC

Oshidari, Anahita - MA, RCC  
6 - 636 Clyde Ave.  
West Vancouver, BC V7T 1E1  
Phone: [1.778.232.7297](tel:1.778.232.7297)

Note: For adolescents and adult individuals, couples, and families. Specializes in life transition issues, seniors' issues, addictions, cultural adjustment, self-esteem, disability issues, grief and loss, and trauma. Services available in Farsi (Persian).

679. Otterstein, Lisa - MEd, RCC North Vancouver Counselling

Otterstein, Lisa - MEd, RCC  
North Vancouver Counselling  
503 - 145 13th St. E  
North Vancouver, BC V7L 2L3  
Phone: [1.604.551.0783](tel:1.604.551.0783)  
E-Mail: [lao@telus.net](mailto:lao@telus.net)

Note: For adolescent and adult individuals and groups. Specializes in life crises, anxiety, stress, depression, and addictions. Alternative methods of therapy available, including CBT, imagery work, and EMDR.

680. Pond, Michael - MSW, RSW, RPN Pond Psychotherapy

Pond, Michael - MSW, RSW, RPN  
Pond Psychotherapy  
200 - 100 Park Royal  
West Vancouver, BC V7T 1A2  
Phone: [1.604.922.5060](tel:1.604.922.5060) (Office)  
Phone: [1.604.349.1666](tel:1.604.349.1666) (Cell)  
Fax: 1.604.971.0269  
E-Mail: [mike@michaelpond.ca](mailto:mike@michaelpond.ca)

Note: For youth and adult individuals, couples, and families. Specializes in mental health issues, relationship issues, intergenerational trauma and residential school survivors, and addiction. Alternative methods of therapy available, including a non-12 step approach, Narrative therapy, clinical hypnosis, systems-family therapy, and motivational interviewing.

681. Reid, Linda - MEd, RCC, RCAT

Reid, Linda - MEd, RCC, RCAT  
North Vancouver, BC  
Phone: [1.604.317.0598](tel:1.604.317.0598)

Note: For adolescent and adult individuals and families. Specializes in treatment for substance misuse and other compulsive behaviours. Alternative methods of therapy available, including art therapy, journaling, meditation and breath work.

682. Scott, Jennifer - RCC, RSW, BC DMT West Van Counselling

Scott, Jennifer - RCC, RSW, BC DMT  
West Van Counselling  
202 - 585 16th St.  
West Vancouver, BC V7V 3R8  
Phone: [1.604.763.5340](tel:1.604.763.5340)  
E-Mail: [jennifer@westvancounselling.com](mailto:jennifer@westvancounselling.com)

Note: For adolescent and adult individuals, couples, and groups. Specializes in addictions and aftercare, abuse, anxiety and panic, chronic fatigue, relationships issues, and trauma. Alternative methods of therapy available, including CBT, Mind-body Counselling and Psychotherapy Services.

683. Sheppard, Lawrence, MA, RCC Lawrence Sheppard and Associates

Sheppard, Lawrence, MA, RCC  
Lawrence Sheppard and Associates  
210 - 1940 Lonsdale Ave.  
North Vancouver, BC V7M 2K2  
Phone: [1.778.898.4634](tel:1.778.898.4634)  
E-Mail: [white\\_Pine@shaw.ca](mailto:white_Pine@shaw.ca)

Note: For adolescent and adult individuals, families, and groups. Specializes in ADHD, First Nation issues, trauma, and addictions. Appointments are available via phone or Skype.

684. Stockhausen, Ina - RPC Evolutions - Positive Life Changes

Stockhausen, Ina - RPC  
Evolutions - Positive Life Changes  
North Vancouver, BC  
Phone: [1.778.558.8207](tel:1.778.558.8207)  
E-Mail: [info@positivelifechanges.ca](mailto:info@positivelifechanges.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, addictions, sex therapy and intimacy counselling, and premarital counselling. Alternative methods of therapy available, including Dance Movement Therapy and IBP. Services available in English, Italian and German.

685. Tomasson, Paulette - RN, RCC Addiction Counselling and Resource Associates (ACARA)

Tomasson, Paulette - RN, RCC  
Addiction Counselling and Resource Associates (ACARA)  
112 - 901 3rd St. W  
North Vancouver, BC V7P 3P9  
Phone: [1.604.926.3642](tel:1.604.926.3642)

Note: For adult individuals, couples, and groups. Specializes in stress related disorders, trauma, addictions, life issues and healthy sexuality. Alternative methods of therapy available, including psychodrama, experiential therapy, somatic experiencing, and equine therapy. Skype sessions are available.

686. Warren, Trevor - MA, RCC, CRS CoreQuest Counselling & Consulting

Warren, Trevor - MA, RCC, CRS  
CoreQuest Counselling & Consulting  
210 - 1940 Lonsdale Ave.  
North Vancouver, BC V7M 2K1  
Phone: [1.604.980.2673](tel:1.604.980.2673)  
E-Mail: [info@CoreQuest.ca](mailto:info@CoreQuest.ca)

Note: For adult individuals and couples. Specializes in anxiety, depression, work stress, childhood abuse, relationship violence, and exuality. Alternative methods of therapy available, including CBT, Bowen Family Systems, and Transpersonal psychology.

687. Hancox, Diane - MA, CCC Core Counselling & Psychotherapy

Hancox, Diane - MA, CCC  
Core Counselling & Psychotherapy  
Parksville, BC  
Phone: [1.250.586.7380](tel:1.250.586.7380)  
E-Mail: [diane@corecounselling.ca](mailto:diane@corecounselling.ca)

Note: For adult individuals and specializes in trauma, loss and unresolved grief, addiction, and life transitions. Alternative methods of therapy available, including depth/Jungian psychology approach.

688. Jeffery, Krisanna - MEd, BSW, RCC

Jeffery, Krisanna - MEd, BSW, RCC  
1348 Gabriola Dr.  
Parksville, BC V9P 2X8  
Phone: [1.250.951.2299](tel:1.250.951.2299)  
E-Mail: [Krisanna@Krisanna.com](mailto:Krisanna@Krisanna.com)

Note: For youth and adult individuals and couples. Specializes in relationships, sexuality, trauma, addictions, compulsions, self-esteem, loss, and stress. Alternative methods of therapy available, including EFT, TAT, Seemorg Matrix, SFBT, and hypnosis.

689. Saunderson, Mona E. - RPC, RCCH CrossRoads Counselling Group

Saunderson, Mona E. - RPC, RCCH  
CrossRoads Counselling Group  
1190 Lee Rd.  
Parksville, BC V9P 2L2  
Phone: [1.250.248.0316](tel:1.250.248.0316)

Note: For adult individuals, couples, and families. Specializes in relationship issues, trauma, abuse, post addiction support, and codependency. Alternative methods of therapy available, including Clinical Behavioural Hypnotherapy, Integrated Solution-Focused Cognitive/Behavioural Therapy, Solution-Focussed Behavioural Hypnosis/NLP, and Somatic Work.

690. Redivo, Rhea - BSW, MSW Okanagan Clinical Counselling Services

Redivo, Rhea - BSW, MSW  
Okanagan Clinical Counselling Services  
112 - 725 Carmi Ave.  
Penticton, BC V2A 3G8

Phone: [1.250.488.5939](tel:1.250.488.5939)  
E-Mail: [rhea@okclinical.com](mailto:rhea@okclinical.com)

Note: For adult individuals and specializes in abuse, trauma, depression, stress, anger, addictions, ADHD, and relationship issues. Alternative methods of therapy available, including mindfulness, humanistic, psychodynamic, and family systems.

691. White, Janet - BA, MS, RCC Maya Counselling

White, Janet - BA, MS, RCC  
Maya Counselling  
1302 Government St.  
Penticton, BC V2A 4V8  
Phone: [1.250.770.3121](tel:1.250.770.3121)  
E-Mail: [maya@vip.net](mailto:maya@vip.net)

Note: For adolescent and adult individuals, couples, and groups. Specializes in mental health issues, crisis intervention, depression, and anxiety. Alternative methods of therapy available, including psychotherapy and CBT.

692. Devine, Lindy - MEd, RCC, SEP Lindy Devine Counselling

Devine, Lindy - MEd, RCC, SEP  
Lindy Devine Counselling  
4711 Elizabeth St.  
Port Alberni, BC V9Y 6M1  
Phone: [1.250.668.4315](tel:1.250.668.4315)  
Toll-Free: [1.888.697.0076](tel:1.888.697.0076)

Note: For teenage and adult individuals, couples, and groups. Specializes in trauma and addiction issues. Alternative methods of therapy available, including CBT, MBCT, Motivational Interviewing, Narrative, and SFBT.

693. Tomkinson, Katherine L. - MSc, RMFT

Tomkinson, Katherine L. - MSc, RMFT 30 A Hayward Cres. Guelph, ON N1G 5A4 Phone:  
[1.519.760.0100](tel:1.519.760.0100) E-Mail: [katherine@tomkinsontherapy.com](mailto:katherine@tomkinsontherapy.com)

Note: For adult individuals, couples, and families. Specializes in trauma, relationship issues, addiction, depression, anxiety, grief and loss.

694. Davidson, Lee - RCC, ICADS, CCS Howe Counselling Group

Davidson, Lee - RCC, ICADS, CCS  
Howe Counselling Group  
Port Coquitlam, BC V3B 2E6  
Phone: [1.855.982.1259](tel:1.855.982.1259)

Note: For adult individuals, couples, and families. Specializes in addiction assessment, referral, post treatment, relapse prevention, and second stage recovery issues. Alternative methods of therapy available, including Family Systems, Imago, MBCT, and Somatic therapy.

695. Barbera, Jennifer - CPsych, PhD

Barbera, Jennifer - CPsych, PhD 67th Frid St. Hamilton, ON L8P 4B6 Phone: [1.905.407.5758](tel:1.905.407.5758)  
E-Mail: [Jennifer.barbera2011@gmail.com](mailto:Jennifer.barbera2011@gmail.com)

Note: For adolescent and adult individuals and couples. Specializes in OCD, trauma, PTSD, addiction, grief and loss, and anger management. Alternative methods of therapy used, including CBT, DBT, and solution-focused therapy.

696. Bowen, Jennifer - MDiv, RMFT Shalem Mental Health Association

Bowen, Jennifer - MDiv, RMFT Shalem Mental Health Association 512 - 1 Young St. Hamilton, ON L8N 1T8 Phone: [1.905.528.0353](tel:1.905.528.0353) Toll-Free: [1.866.347.0041](tel:1.866.347.0041) Fax: 1.905.528.3562 E-Mail: [jenniferb@shalemnetwork.org](mailto:jenniferb@shalemnetwork.org)

Note: For children, youth, and adult individuals, couples, and families. Specializes in abuse, trauma, addictions, depression, grief and loss, and anxiety.

697. Brown, Carlton - MSc, MDiv, RMFT MFT Solutions

Brown, Carlton - MSc, MDiv, RMFT MFT Solutions 3 - 1216 Upper Wentworth St. Hamilton, ON L9A 4W2 Phone: [1.905.388.8728](tel:1.905.388.8728) E-Mail: [carl@mftsolutions.ca](mailto:carl@mftsolutions.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in depression, anxiety, relationship issues, co parenting, and ADHD. Counselling includes Solution-Focused approach.

698. Gulabh, Henry - MA, OACCPP, ICADC

Gulabh, Henry - MA, OACCPP, ICADC 10 George St. (4th Floor) Hamilton, ON L8P 1C8 Phone: [1.905.526.1914](tel:1.905.526.1914)

Note: For teen and adult individuals, couples, and families. Specializes in substance use, abuse, anger, relationship issues, ADD, ADHD, seperation and divorce, and family conflict resolution. Alternative methods of therapy used, including CBT, and a solution focused approach.

699. Southey, Sharon - MA, RCC St. Johns Health and Wellness Professional Centre

Southey, Sharon - MA, RCC  
St. Johns Health and Wellness Professional Centre  
2226 St. Johns St.  
Port Moody, BC V3H 2A7  
Phone: [1.604.937.3883](tel:1.604.937.3883)

Note: For teen and adult individuals, couples, and families. Specializes in stress, relationships, parenting, anxiety, depression, trauma, and addictions. Alternative methods of therapy available, including CBT, psychodynamic therapy, SFBT, mindfulness, and a Rogerian approach.

700. Nahorney, Marcia - RCC Rising Tide Counselling and Wellness Centre

Nahorney, Marcia - RCC  
Rising Tide Counselling and Wellness Centre  
2221 Swede Bell Rd.  
Powell River, BC V8A 0K0

Phone: [1.604.487.1441](tel:1.604.487.1441)

E-Mail: [marcia@risingtidewellness.com](mailto:marcia@risingtidewellness.com)

Note: For children and adult individuals, couples, and families. Specializes in relationship issues, grief and loss, anxiety, depression, stress, recovery from addictions, and abuse. Alternative methods of therapy available, including a person centered, solution-focused, CBT and strengths based approach. She provides telephone, onsite, and online counselling.

701. Ricketts, Paul - MA, RMFT, CSAT Ricketts Counselling

Ricketts, Paul - MA, RMFT, CSAT Ricketts Counselling 14 Bold St. Hamilton, ON L8P 1T2 Phone: [1.905.648.0786](tel:1.905.648.0786) E-Mail: [pricketts@cogeco.ca](mailto:pricketts@cogeco.ca)

Note: For adult individuals and couples. Specializes in sex therapy, sexual addiction, relationship issues, trauma, PTSD, custody/access assessments, mediation, arbitration, parenting coordination, and domestic violence. Counselling approaches include CBT and EMDR.

702. Zivanovich, Dawn - MSW, RSW Dawn Associates

Zivanovich, Dawn - MSW, RSW Dawn Associates Performance Physiotherapy 50 Dundurn St. S Hamilton, ON L8P 4W3 Phone: [1.905.679.6749](tel:1.905.679.6749) Toll-Free: [1.877.304.0166](tel:1.877.304.0166) E-Mail: [info@dawnassociates.com](mailto:info@dawnassociates.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in abuse, trauma, relationship issues, separation and divorce, parenting issues, addictions, and critical incident stress interventions. Counselling approaches include EMDR and CBT. Services offered in English and Serbo-Croatian.

703. Zielonko, David W. - BSc, MDiv, RMFT Muskoka Counselling

Zielonko, David W. - BSc, MDiv, RMFT Muskoka Counselling 302 - 395 Centre St. N Huntsville, ON P1H 2P5 Phone: [1.705.788.2539](tel:1.705.788.2539) Fax: 1.705.788.0071

Note: For children, teen, and adult individuals, couples, families, and groups. Specializes in addiction, codependency, depression, grief and loss, relationship issues, PTSD, trauma, abuse, eating disorders, and spiritual direction. Counselling approach includes CBT. Appointments are available in person or by telephone.

704. Boast, Meghan - BEd, PBDE, MEd, CCC Advantage Professional Counselling Center

Boast, Meghan - BEd, PBDE, MEd, CCC Advantage Professional Counselling Center 109 Thames St. S Ingersoll, ON N5C 3V3 Phone: [1.519.777.1130](tel:1.519.777.1130) E-Mail: [megboast@gmail.com](mailto:megboast@gmail.com)

Note: For children and adult individuals, couples, and groups. Specializes in relationship issues, grief and loss, addiction, eating disorders, sexual concerns, abuse, and social isolation. Alternative methods of therapy used, including person-centered approach, CBT, and Solution-Focused techniques.

705. Forst, Monica - MEd, CCC, ICADC Choices In Action Counselling Services

Forst, Monica - MEd, CCC, ICADC Choices In Action Counselling Services 410 - 300 March Rd. Kanata, ON K2K 2E2 Phone: [1.613.823.3848](tel:1.613.823.3848) E-Mail: [monforst@gmail.com](mailto:monforst@gmail.com)

Note: For adult individuals, couples, and groups. Specializes in addiction, anger, relationship issues, grief and loss, depression, anxiety, and trauma. Counselling approaches include Transactional Analysis and Psychodrama.

706. Ashford, Keith - BA, MDiv Men's Counselling Services

Ashford, Keith - BA, MDiv  
Men's Counselling Services  
310 - 303 Bagot St.  
Kingston, ON K7K 5W7  
Phone: [1.613.214.2555](tel:1.613.214.2555)  
E-Mail: [kashford@bell.net](mailto:kashford@bell.net)

Note: For male adult individuals. Specializes in addiction, anger, ADD, life transition, PTSD, relationship issues, and sexual function.

707. Godfrey, Dawn - MA Kintsu Counselling Services

Godfrey, Dawn - MA  
Kintsu Counselling Services  
993 Princess St.  
Kingston, ON K7L 1H3  
Phone: [1.855.979.7361](tel:1.855.979.7361)

Note: For adult individuals and specializes in addiction, depression, and self-esteem. Alternative methods of therapy used, including attachment-based, CBT, mindfulness, MI, and Narrative approach.

708. Jones, Doug - MTS, RSW, RMFT Your Way Counselling

Jones, Doug - MTS, RSW, RMFT Your Way Counselling 245 Frederick St. Kitchener, ON N2H 2M7  
Phone: [1.855.614.0128](tel:1.855.614.0128) ext. 1 E-Mail: [yourwaycounselling@yahoo.ca](mailto:yourwaycounselling@yahoo.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in anger, trauma, abuse, relationship issues, behavioural issues, sexuality, addiction, and mental health issues. Alternative methods of therapy used, including Family Therapy assessment, intervention, and systemic approaches.

709. Reimann, Brad - CPsych Kleinburg Integrative Health

Reimann, Brad - CPsych Kleinburg Integrative Health 10 - 10480 Islington Ave. Kleinburg, ON L0J 1C0  
Phone: [1.905.893.2898](tel:1.905.893.2898)

Note: For adult individuals and specializes in stress management, depression, anxiety, anger management, alcohol and drug use, and mental health issues. Alternative methods of therapy used, including CBT and interpersonal approaches to intervention.

710. Barnett, Peter - PhD

Barnett, Peter - PhD 300 Piccadilly St. London, ON N6A 1S5  
Phone: [1.519.858.2493](tel:1.519.858.2493)

Note: For adult individuals, couples, and families. Specializes in depression, chronic pain, and cardiovascular health. He uses psychodynamic and mindfulness based cognitive behavioral



approaches.

711. Berendsen, Patricia - RMFT, RSW, SEP Patricia Berendsen and Associates

Berendsen, Patricia - RMFT, RSW, SEP Patricia Berendsen and Associates 521 Nottingham Rd. London, ON N6K 4L4 Phone: [1.519.619.8801](tel:1.519.619.8801) Fax: 1.519.641.1490

Note: For adult individuals, couples, families, and groups. Specializes in abuse, addictions, relationships, spiritual direction, grief and loss, LGBT issues, codependency, cancer, domestic violence, depression, and parenting skills.

712. Callard, Rosalind Ali - RPsych

Callard, Rosalind Ali - RPsych 735 William St. London, ON N5Y 2R5 Phone: [1.519.434.8846](tel:1.519.434.8846) (Office) Phone: [1.519.432.1883](tel:1.519.432.1883) (Cell) E-Mail: [rosalindcallard@gmail.com](mailto:rosalindcallard@gmail.com)

Note: Addiction and trauma services for individuals, couples, and groups. Specializes in eating disorder, overeating, grief and loss, and relationship issues.

713. Deveto, Paula - MSW, RSW

Deveto, Paula - MSW, RSW 203B - 110 Riverside Dr. London, ON N6H 4S5 Phone: [1.519.900.1610](tel:1.519.900.1610)

Note: For children, adolescent, and adult individuals. Specializes in addiction, adoption, anger, anxiety, depression, abuse, grief and loss, relationship issues, trauma, and PTSD. Counselling approaches include family systems theory, CBT, developmental psychology, and trauma and attachment theory.

714. Ferrari, Jack - PhD, CPsych

Ferrari, Jack - PhD, CPsych 405 - 450 Central Ave. London, ON N6B 2E8 Phone: [1.519.619.5170](tel:1.519.619.5170)

Note: For teen and adult individuals, couples, and families. Specializes in addiction, abuse, mood disorders, eating disorders, relationship issues, anger, and PTSD. Alternative methods of therapy used, including CBT, hypnotherapy, and systems therapy.

715. MacKechnie, Judy K. - MTS, RMFT, RP

MacKechnie, Judy K. - MTS, RMFT, RP 56 - 500 Sunnystone Rd. London, ON N5X 4R4 Phone: [1.519.433.2356](tel:1.519.433.2356)

Note: For teen and adult individuals, couples, and families. Specializes in addiction, eating disorders, trauma, PTSD, grief and loss, and relationship issues. Counselling approach include family systems perspective.

716. Petraglia, Jonathan - MA, OPQ Centre Médical Lacordaire

Petraglia, Jonathan - MA, OPQ  
Centre Médical Lacordaire  
201 - 5650 Jean-Talon Est  
Saint-Léonard, QC H1S 1M1  
Phone: [1.514.293.7119](tel:1.514.293.7119)

E-Mail: [info@jonathanpetraglia.ca](mailto:info@jonathanpetraglia.ca)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in relationship issues, anxiety, addiction, anger, eating disorders, trauma, PTSD, and LGBT issues. Alternative methods of therapy available, including Eclectic, Interpersonal, Psychoanalytic, and Psychodynamic approaches. Services offered in English, French, and Italian.

717. Moir, Randa J. - MSW, RSW, RMFT WestBridge Associates

Moir, Randa J. - MSW, RSW, RMFT WestBridge Associates 100 - 650 Waterloo St. London, ON N6B 2R4 Phone: [1.663.9524](tel:1.663.9524) ext. 810

Note: For adult individuals and couples. Specializes in stress, anxiety, depression, grief and loss, trauma, and relationship issues. Alternative methods of therapy used, including EFT and Narrative therapy.

718. Oliver, Terri-Lynn - MEd, CCC

Oliver, Terri-Lynn - MEd, CCC London, ON Phone: [1.519.200.5987](tel:1.519.200.5987)

Note: Addiction and trauma services for individuals 16 years and older. Specializes in sexuality, abuse, mental health, depression, and grief and loss. Counsellin approaches include EMDR, cognitive behavioural, Narrative and strength-based therapy models.

719. Osher, Dorit - MA, MSW, RSW

Osher, Dorit - MA, MSW, RSW 408 Queens Ave. London, ON N6B 1X9 Phone: [1.519.435.1237](tel:1.519.435.1237)  
E-Mail: [dosher@rogers.com](mailto:dosher@rogers.com)

Note: For children, teen, and adult individuals and couples. Specializes in depression, anxiety, mood disorders, stress, PTSD, addictions, chronic pain, and eating disorders. Appointments are available in person or via Skype.

720. Scoffin, Wade - OT, CDMP Wade Scoffin Occupational Therapy Services

Scoffin, Wade - OT, CDMP  
Wade Scoffin Occupational Therapy Services  
19 - 10th Ave.  
Whitehorse, YT Y1A 4H3  
Phone: [1.867.334.1553](tel:1.867.334.1553)  
Fax: 1.867.668.7195

Note: For adult individuals and provides occupational therapy assessments, treatment, program planning, medical/legal reports, and disability management services.

721. Smith-Bringsli, Nicole - MSc Creative Works Psychological Services Inc.

Smith-Bringsli, Nicole - MSc  
Creative Works Psychological Services Inc.  
102 - 402 Baxter St.  
Whitehorse, YT Y1A 2T  
Phone: [1.867.633.2074](tel:1.867.633.2074) (Office)  
Phone: [1.867.334.1534](tel:1.867.334.1534) (Cell)

Fax: 1.867.633.2075

E-Mail: [admin@creativeworkspsy.ca](mailto:admin@creativeworkspsy.ca)

Note: For children, adolescent, and adult individuals. Specializes in trauma, abuse and maltreatment. Alternative methods of therapy available, including play therapy techniques, the Neurosequential Model of Therapeutics, psychological assessments, and experiential therapies.

#### 722. Sheridan, Pete Monsma Counselling

Sheridan, Pete

Monsma Counselling

405 - 1333 8th St. SW

Calgary, AB T2R 1M6

Phone: [1.403.290.1805](tel:1.403.290.1805)

Fax: 1.403.237.6926

E-Mail: [pete@monsmacounselling.com](mailto:pete@monsmacounselling.com)

Note: For youth and young adult individuals and specializes in substance abuse.

#### 723. Codoceo, Cecilia - BSW, MSW Eterna Counselling & Wellness

Codoceo, Cecilia - BSW, MSW

Eterna Counselling & Wellness

203 - 2276 Clearbrook Rd.

Abbotsford, BC V2T 2X5

Phone: [1.604.746.2025](tel:1.604.746.2025)

Fax: 1.604.746.0200

E-Mail: [info@eternacounselling.ca](mailto:info@eternacounselling.ca)

Note: Addictions and sexual trauma services for youth, adults, couples, and families. Alternative methods of therapy available, including Narrative therapy, life skills coaching, and mindfulness.

#### 724. Andersen, Julie - MA, RCC Josiah's Place of Family Counselling

Andersen, Julie - MA, RCC

Josiah's Place of Family Counselling

749 Redwood Dr.

Qualicum Beach, BC V9K 2J2

Phone: [1.250.752.0054](tel:1.250.752.0054)

E-Mail: [contact@josiahspcounselling.ca](mailto:contact@josiahspcounselling.ca)

Note: For adolescent and adult individuals, couples, families, and groups. Specializes in grief and loss. Alternative methods of therapy available, including CBT, Family Systems Therapy, and Solution Focused Therapy.

#### 725. Davies, Jeannine A. - PhD, RCC Psychotherapy & Wellness Services

Davies, Jeannine A. - PhD, RCC

Psychotherapy & Wellness Services

202 - 2678 Broadway W

Vancouver, BC V6K 2G2

Phone: [1.604.681.5671](tel:1.604.681.5671)

E-Mail: [drjeannedavies@gmail.com](mailto:drjeannedavies@gmail.com)

Note: For youth and adult individuals, couples, and groups. Specializes in disordered eating, self-acceptance, grief, loss, depression, addictions, and anxiety. Alternative methods of therapy available, including Narrative, existential-humanistic, relational, depth psychology, and insight approaches.

726. Derkson, Robert - BHSc, CDDC, RPC Journey Home Consulting Ltd.

Derkson, Robert - BHSc, CDDC, RPC  
Journey Home Consulting Ltd.  
PO Box 89  
Topley, BC V0J 2Y0  
Phone: [1.250.845.8078](tel:1.250.845.8078)  
E-Mail: [rollingonlife@live.ca](mailto:rollingonlife@live.ca)

Note: For youth and adult individuals and groups with culturally appropriate frameworks. Specializes in counselling and prevention services. Alternative methods of therapy available, including traditional teachers, community collaboration, role modelling, and effective counselling.

727. Boileau, Laura - MA, RPC Gaia Integrative Clinic

Boileau, Laura - MA, RPC  
Gaia Integrative Clinic  
PO Box 1401  
4907 - 47th St.  
Yellowknife, NT X1A 2P1  
Phone: [1.867.873.3669](tel:1.867.873.3669)  
Fax: 1.867.873.5642

Note: For adult individuals, couples, and groups. Specializes in trauma, sexual abuse, relationship conflict, addictions, and shame. Counselling approach includes Narrative therapy, bibliotherapy, mindfulness, and animal-assisted therapy.

728. Hayes, Kim - MA, MFT The Ottawa Couple and Family Institute

Hayes, Kim - MA, MFT  
The Ottawa Couple and Family Institute  
201 - 1869 Carling Ave.  
Ottawa, ON K2A 1E6  
Phone: [1.613.722.5122](tel:1.613.722.5122)  
Fax: 1.613.722.0250  
E-Mail: [info@ocfi.ca](mailto:info@ocfi.ca)

Note: For adult individuals, couples, and families. Specializes in substance abuse, problem gambling, eating disorders, trauma, depression, and anxiety. Counselling approach includes EFT.

729. Bass, Michelle - MSW, RSW, PhD Origins Counselling Services

Bass, Michelle - MSW, RSW, PhD  
Origins Counselling Services  
420 - 1105 Pandora Ave.  
Victoria, BC V8V 3P9  
Phone: [1.250.818.1623](tel:1.250.818.1623)  
E-Mail: [mbass6@shaw.ca](mailto:mbass6@shaw.ca)

Note: For adult individuals, couples, families, and groups. Specializes in emotional health issues and stress related disorders, addictions, trauma and PTSD, grief and loss, depression, and adjustment to chronic illness. Alternative methods of therapy available, including CBT.

730. Parten, Lynne - RN, MSN, RCC Parten Counselling & Art Therapy

Parten, Lynne - RN, MSN, RCC  
Parten Counselling & Art Therapy  
214 - 2187 Oak Bay Ave.  
Phone: [1.250.415.6354](tel:1.250.415.6354)

Note: For youth and adult individuals and couples. Specializes in addiction, anger, LGBTQ issues, relationship issues, anxiety, trauma, PTSD, abuse, and eating disorders. Alternative methods of therapy available, including art therapy.

731. Smith, Jeff - MTA

Smith, Jeff - MTA  
Victoria, BC  
Phone: [1.250.386.5311](tel:1.250.386.5311) ext. 233  
E-Mail: [smith@vcm.bc.ca](mailto:smith@vcm.bc.ca)

Note: For adult individuals, families, and groups. Specializes in creative responses to problems interfering in personal, social, and spiritual aspects of life. He uses music therapy and Narrative therapy.

732. Gobeil, Joanne - RPsych Joanne Gobeil Psychological Services Inc.

Gobeil, Joanne - RPsych  
Joanne Gobeil Psychological Services Inc.  
302 - 191 Edwards Way SW  
Airdrie, AB T4B 3E2  
Phone: [1.403.618.6956](tel:1.403.618.6956)

Note: For children, adolescent, and adult individuals, couples, families, and groups. Specializes in relationship issues, self-harm, learning disabilities, addiction, OCD, and PTSD. Alternative methods of therapy available, including CBT, Narrative, solution-focused, hope-focused therapy, art and sandplay therapy. Appointments are available online, by telephone and in-person.

733. St. Pierre, Shannon Rose - PhD Calgary Confidence & Human Resources Counselling

St. Pierre, Shannon Rose - PhD  
217 - 1632 14th Ave. NW  
Calgary, AB T2N 1M7  
Phone: [1.403.282.1474](tel:1.403.282.1474)  
E-Mail: [stpierre\\_shannon@hotmail.com](mailto:stpierre_shannon@hotmail.com)

Note: For adult individuals, couples and families. Specializes in relationship issues, sex issues, addiction, anger, and trauma. Alternative methods of therapy available, including Solution- focused, hypnosis, EMDR, cognitive behavioral approach.

734. Cheaney-Dawe, Suzanne M. - M.A. Blue Owl Psychological Services

Cheaney-Dawe, Suzanne M. - M.A.  
Blue Owl Psychological Services  
10339 - 106 St. NW  
Edmonton, AB T5J 1H8  
Phone: [1.780.488.0770](tel:1.780.488.0770)  
Fax: 1.780.429.1414  
E-Mail: [blue.owl@telus.net](mailto:blue.owl@telus.net)

Note: For adult individuals and specializes in gender identity and psychological dynamics in sexual relationships.

#### 735. Kauffman, Brad - MA Compass Counselling

Kauffman, Brad - MA  
Compass Counselling  
200 - 6732 75th St.  
Edmonton, AB T6E 6T9  
Phone: [1.780.462.7705](tel:1.780.462.7705)  
Fax: 1.780.435.5752  
E-Mail: [brad@compasscounselling.ca](mailto:brad@compasscounselling.ca)

Note: For youth ages 12 and up and adult individuals. Specializes in anxiety, depression, trauma, and relationships issues. Counselling approaches include Strategic, Structural, Systemic, and Solutions Focused, and Cognitive-Behavioral. Appointments are also available by webcam, Instant Messaging, and phone.

#### 736. Dyck, Josh - MEd Sojourn Wellness Group

Dyck, Josh - MEd  
Sojourn Wellness Group  
150 - 150 Chippewa Rd.  
Sherwood Park, AB T8A 6A2  
Phone: [1.780.449.1196](tel:1.780.449.1196)  
Fax: 1.780.449.1197  
E-Mail: [info@sojo.ca](mailto:info@sojo.ca)

Note: For young adult and adult individuals, and couples. Specializes in addiction, trauma, sexual identity, grief, and relationship issues. Alternative methods of therapy available, including mindfulness, EMDR, CBT, harm reduction, and Existential Psychotherapy.

#### 737. Puchyr-Chartier, Bailey - MC ARCH Psychological Services

Puchyr-Chartier, Bailey - MC  
ARCH Psychological Services  
1106 - 13 Mission Ave.  
St. Albert, AB T8N 1H6  
Phone: [1.780.460.1009](tel:1.780.460.1009) (Office)  
Phone: [1.780.428.9223](tel:1.780.428.9223)  
E-Mail: [bailey.puchyr@archpsychological.com](mailto:bailey.puchyr@archpsychological.com)

Note: For children and adult individuals and families. Specializes in abuse, trauma, life transitions, and mood disruptions. Alternative methods of therapy available, including client-centred perspective.

738. Malone, Judi L. - PhD, RPsych Dr. Judi Malone Counselling and Clinical Psychology

Malone, Judi L. - PhD, RPsych  
Dr. Judi Malone Counselling and Clinical Psychology  
4405 - 51st Ave.  
St. Paul, AB T0A 3A2  
Phone: [1.780.645.8214](tel:1.780.645.8214)  
Fax: 1.780.724.2262

Note: For adolescent and adult individuals specializing in crisis intervention and stress management. Alternative methods of therapy available, including CBT.

739. De Silva, Nilmini - MA, PhD, OPQ Nilmini De Silva Psychology

De Silva, Nilmini - MA, PhD, OPQ Nilmini De Silva Psychology 1010 rue Saint-Laurent O Longueuil, QC J4K 1C8 Phone: [1.514.969.0277](tel:1.514.969.0277) E-Mail: [drnilminidesilva@gmail.com](mailto:drnilminidesilva@gmail.com)

Note: For teen and adult individuals, couples, and families. Specializes in eating disorders, anxiety, alcohol use, codependency, depression, burnout, and PTSD. Alternative methods of therapy available, including psychodynamic psychotherapy, Motivational Interviewing, Systemic Interactional, and Family Systems approach.

740. Lambert, RÃ©jane - MPs

Lambert, RÃ©jane - MPs 148 rue Bullard Magog, QC J1X 3N5 Phone: [1.819.843.0180](tel:1.819.843.0180) E-Mail: [r.lambert@c.aira.com](mailto:r.lambert@c.aira.com)

Note: For adult individuals and specializes in depression, anxiety, and stress. Alternative methods of therapy available, including hypnotherapy. Services offered in French.

741. Libis, Linda - MEd, CCC, ACht

Libis, Linda - MEd, CCC, ACht  
784 Richmond St.  
London, ON N6A 3H5  
Phone: [1.519.432.8464](tel:1.519.432.8464)  
E-Mail: [lrilibis@rogers.com](mailto:lrilibis@rogers.com)

Note: For adult individuals and couples. Specializes in trauma, body issues, stress, relationship issues, codependency, addiction, abuse, PTSD, and chronic pain. Counselling approaches include Integral Breath Therapy, Heart-Centered Hypnotherapy, Holographic Memory Resolution, Psychodynamic Talk Therapy, and EMDR.

742. Cegielka, Anna - MSW

Grinevitch, Elena - MA, OPQ  
The Healing Tree Wellness Centre LLP  
161 Av. Frontenac  
Pointe-Claire, QC H9R 4Z7  
Phone: [1.514.558.9858](tel:1.514.558.9858) ext. 3

Note: For adult individuals over the age of 14. Specializes in relationship issues, self-harming behaviours, PTSD, grief and loss, eating disorders, and self-esteem issues. Alternative methods of



therapy available, including collaborative, client-centred approach. Services offered in Czech, English, and French.

743. Grinevitch, Elena - MA, OPQ The Healing Tree Wellness Centre LLP

Grinevitch, Elena - MA, OPQ  
The Healing Tree Wellness Centre LLP  
161 Av. Frontenac  
Pointe-Claire, QC H9R 4Z7  
Phone: [1.514.558.9858](tel:1.514.558.9858) ext. 3

Note: For adult individuals over the age of 14. Specializes in relationship issues, self-harming behaviours, PTSD, grief and loss, eating disorders, and self-esteem issues. Alternative methods of therapy available, including collaborative, client-centred approach. Services offered in Czech, English, and French.

744. Gendron, Yves - MA

Gendron, Yves - MA  
169, rue Laviolette  
Trois-Rivières, QC G9A 1T7  
Phone: [1.819.379.0532](tel:1.819.379.0532)  
E-Mail: [yvesgendron@bellnet.ca](mailto:yvesgendron@bellnet.ca)

Note: For adolescent and adult individuals, couples, and families. Specializes in anxiety, obsessive compulsions, PTSD, physical abuse, relationship issues, sexual issues, and addiction. Counselling approach includes CBT. Services offered in French and English.

745. Martel, Julie - PhD Multiservice Psychology Clinic

Martel, Julie - PhD  
Multiservice Psychology Clinic  
6 - 1185 rue Hart  
Trois-Rivières, QC G9A 4S4  
Phone: [1.819.386.1139](tel:1.819.386.1139)  
E-Mail: [Clinique.psycho@outlook.com](mailto:Clinique.psycho@outlook.com)

Note: For teenage and adult individuals and groups. Specializes in anxiety, depression, relationship issues, eating disorders, personality disorders, abuse, and addiction. Alternative methods of therapy available, including a psychodynamic and humanistic approach. Services offered in French.

746. Langevin, Richard - MPs

Langevin, Richard - MPs  
683 - 6E Ave.  
Verdun, QC H4G 3A3  
Phone: [1.514.277.7146](tel:1.514.277.7146) (Office)  
Phone: [1.514.409.0323](tel:1.514.409.0323) (Cell)  
Fax: 1.514.277.8369  
E-Mail: [richardlangevin@vl.videotron.ca](mailto:richardlangevin@vl.videotron.ca)

Note: For adult individuals, couples, and families. Specializes in relationship issues, family conflict,

and abuse. Alternative methods of therapy available, including psychoanalytic approaches including intersubjectivity. Services offered in French.

747. Ingersoll, Dwight D. Pathway Christian Counselling

Ingersoll, Dwight D.  
Pathway Christian Counselling  
PO Box 806  
Cornwall, PE C0A 1H0  
Phone: [1.902.393.1882](tel:1.902.393.1882)  
E-Mail: [admin@pathwaycounsellingpei.ca](mailto:admin@pathwaycounsellingpei.ca)

Note: For teen and adult individuals and couples. Specializes in addictions, sexual abuse, trauma, relationship issues, separation and divorce, and depression. Counselling approach includes a Bible based perspective.

748. McLeod, Lee - RCC Lee McLeod Counselling Services

McLeod, Lee - RCC  
Lee McLeod Counselling Services  
Victoria, BC  
Phone: [1.250.888.6825](tel:1.250.888.6825)  
E-Mail: [leemcleod@telus.net](mailto:leemcleod@telus.net)

Note: For adult individuals and couples. Specializes in addiction, depression and anxiety, suicidal thoughts, relationship difficulties, and workplace/education issues. Various methods of therapy available, including the 12 steps, Gestalt and Person-Centred approach.

749. Cochran, Kathy - BA Hons, MEd, ICCAC, RPsych PAR Consultants & Counsellors

Cochran, Kathy - BA Hons, MEd, ICCAC, RPsych  
PAR Consultants & Counsellors  
2353 Smith St.  
Regina, SK S4P 2P7  
Phone: [1.306.352.0680](tel:1.306.352.0680)  
Toll-Free: [1.877.352.0680](tel:1.877.352.0680)  
Fax: 1.306.352.4960  
E-Mail: [par.regina@sasktel.net](mailto:par.regina@sasktel.net)

Note: Addiction and trauma services for adolescent and adult individuals, couples, and families. Specializes in stress, PTSD, critical incident, grief and loss, anger management, and relationship issues.

750. Barbopoulos, Anatasia - PhD, RPsych Heilsa Holistic Solutions

Barbopoulos, Anatasia - PhD, RPsych  
Heilsa Holistic Solutions  
801 - 1661 Portage Ave.  
Winnipeg, MB R3J 3T7  
Phone: [1.204.792.5308](tel:1.204.792.5308)  
Fax: 1.204.809.4708  
E-Mail: [abarbopulos@heilsaholistic.ca](mailto:abarbopulos@heilsaholistic.ca)

Note: Addiction and trauma services for adult individuals. Specializes in anger and emotion control, stress management, compulsive behaviours, and psychological trauma. Counselling approaches include CBT, Structured Relapse Prevention (SRP) model, and mindfulness-based interventions. Appointments are available in person or online.

751. Teed, Rand - BA, BEd, ICPS Rand Teed Consulting

Teed, Rand - BA, BEd, ICPS  
Rand Teed Consulting  
PO Box 211  
Craven, SK S0G 0W0  
Phone: [1.306.501.0123](tel:1.306.501.0123)  
Fax: 1.306.359.6114  
Email: [info@drugclass.ca](mailto:info@drugclass.ca)

Note: Services for groups, schools, communities, and businesses. Specializes in providing education and awareness of substance abuse, assessment and referrals into inpatient treatment programs, stage interventions, and offers one on one counselling.

752. Surette, Elaine M. - RPC, MPCP Surette Counselling and Psychotherapy Services

Surette, Elaine M. - RPC, MPCP  
Surette Counselling and Psychotherapy Services  
330 - 615 Main St.  
Yarmouth, NS B5A 2N3  
Phone: [1.902.740.4164](tel:1.902.740.4164)  
Fax: 1.902.648.2960  
E-Mail: [therapy@surettcounselling.com](mailto:therapy@surettcounselling.com)

Note: For adult individuals, couples, and families. Specializes in anger, relationship issues, conflict, PTSD, LGBT issues, trauma, and communication. Counselling approach includes psychodynamic, cognitive behavioural, person-centered, and solution-focused therapy.

753. Klassen, Carolyn O - MA Bergen and Associates

Klassen, Carolyn O. - MA  
Bergen and Associates  
100B - 143 Smith St.  
Winnipeg, MB R3C 1J5  
Phone: [1.204.275.1045](tel:1.204.275.1045)  
E-Mail: [admin@cobcounselling.ca](mailto:admin@cobcounselling.ca)

Note: For adult individuals, couples, and families. Specializes in disconnection, trauma, grief, self-compassion, shame, intimacy, vulnerability, and authenticity.

754. West Vancouver, Surrey

Hanna, Marga - MA, RCC  
260 Mountain Dr.  
West Vancouver, BC  
Phone: [1.604.921.9580](tel:1.604.921.9580)

Note: For adult individuals and families. Specializes in trauma and addiction. Alternative methods

of therapy available, including psychodynamic, CBT, EMDR, hypnotherapy, and art therapy. Services available in English & German.

755. Westman, Mark - BA, MA Riverbend Counselling & Wellness

Westman, Mark - BA, MA  
Riverbend Counselling & Wellness  
9 - 1110 Henderson Hwy.  
Winnipeg, MB R2G 1L1  
Phone: [1.204.334.4801](tel:1.204.334.4801) (Office)  
Phone: [1.204.612.2588](tel:1.204.612.2588) (Direct)  
Fax: 1.204.338.9180  
E-Mail: [mark@riverbendcounselling.ca](mailto:mark@riverbendcounselling.ca)

Note: For adult individuals and couples. Specializes in anxiety, relationship issues, addiction, domestic violence, and healthy boundaries. Counselling approaches include CBT and solution-focused therapy.

756. Borovoy, Alex - CTP Dipl, RP, HBA, OACA Toronto Psychotherapy Group

Borovoy, Alex - CTP Dipl, RP, HBA, OACA  
Toronto Psychotherapy Group  
301 - 344 Bloor St. W  
Toronto, ON M5S 2K3  
Phone: [1.416.921.7788](tel:1.416.921.7788)  
E-Mail: [eaborovoy@gmail.com](mailto:eaborovoy@gmail.com)

Note: For adult individuals and couples. Specializes in abuse, addiction, adoption, relationship issues, LGBT issues, self harm, spirituality, and trauma. Alternative methods of therapy used, including an intersubjective, relational, and Psychodynamic Psychotherapy approach.

757. Ahmad, Arsalan - MEd, CCC Still Mind Therapy

Ahmad, Arsalan - MEd, CCC  
Still Mind Therapy  
The Annex Therapy Centre  
176 St. George St. (3rd Floor)  
Toronto, ON M5R 2M8  
Phone: [1.416.996.3195](tel:1.416.996.3195) (Toronto/Brampton)  
Phone: [1.289.274.4910](tel:1.289.274.4910) (Durham)  
E-Mail: [therapy@stillmind.ca](mailto:therapy@stillmind.ca)

Note: For adult individuals and specializes in depression, anxiety, mood issues, and stress. Alternative methods of therapy used, including relational, psychodynamic and mindfulness perspectives.

758. Armstrong, Katie - BA, MBA, MA, OACCPP

Armstrong, Katie - BA, MBA, MA, OACCPP  
Bloor West Village Neighbourhood  
Toronto, ON  
E-Mail: [Katie@katiearmstrong.ca](mailto:Katie@katiearmstrong.ca)

Note: For adult individuals and couples. Specializes in stress, anxiety, relationship issues, substance use, grief and loss, life transition, and trauma. Alternative methods of therapy used, including a solution focused approach, Adlerian Psychology and CBT.

759. Bell, Christina - RPsych

Bell, Christina - RPsych  
304A - 11523 100 Ave.  
Edmonton, AB, T5K 0J8  
Phone: [1.780.239.3344](tel:1.780.239.3344)  
E-Mail: [christina.bell@shaw.ca](mailto:christina.bell@shaw.ca)

Note: For adult individuals and couples. Specializes in sex and love addiction, anxiety, grief and loss, mental health, and relationship issues. Counselling includes Mindfulness, Somatic Experiencing, Gottman Method, and Emotionally Focused Couple Therapy.

760. Benoit, Andre - MSc Creative Works Psychological Services Inc.

Benoit, Andre - MSc  
Creative Works Psychological Services Inc.  
102 - 402 Baxter St.  
Whitehorse, YT Y1A 2T  
Phone: [1.867.633.2074](tel:1.867.633.2074) (Office)  
Phone: [1.867.334.1534](tel:1.867.334.1534) (Cell)  
Fax: 1.867.633.2075  
E-Mail: [admin@creativeworkspsy.ca](mailto:admin@creativeworkspsy.ca)

Note: For adult individuals and groups. Specializes in addiction, and uses CBT, solution focused therapy, and motivational interviewing modalities.

761. Benoit, Andre - MSc Creative Works Psychological Services Inc.

Benoit, Andre - MSc  
Creative Works Psychological Services Inc.  
102 - 402 Baxter St.  
Whitehorse, YT Y1A 2T  
Phone: [1.867.633.2074](tel:1.867.633.2074) (Office)  
Phone: [1.867.334.1534](tel:1.867.334.1534) (Cell)  
Fax: 1.867.633.2075  
E-Mail: [admin@creativeworkspsy.ca](mailto:admin@creativeworkspsy.ca)

Note: For adult individuals and groups. Specializes in addiction, and uses CBT, solution focused therapy, and motivational interviewing modalities.

762. Block, Leslie - MEd, RPsych Leslie Block & Associates

Block, Leslie - MEd, RPsych  
Leslie Block & Associates  
12145 Jasper Ave. NW  
Edmonton, AB T5N 3X9  
Phone:  
E-Mail: [leslie@lesliepsychologists.ca](mailto:leslie@lesliepsychologists.ca)

Note: For children, youth, and adult individuals, couples, and families. Specializes in traumatic injuries, depression, anxiety, substance abuse, and other addictive disorders. Counselling approaches include Ericksonian Hypnotherapy/Brief Therapy, EMDR, and Intensive Short-Term Dynamic Psychotherapy.

763. Briggs, Janice - MEd, RCC

Briggs, Janice - MEd, RCC  
6541 Groveland Dr.  
Nanaimo, BC V9V 1P7  
Phone: [1.250.668.6541](tel:1.250.668.6541)  
E-Mail: [jbriggscounselling@gmail.com](mailto:jbriggscounselling@gmail.com)

Note: For adolescent and adult individuals. Specializes in disordered eating and addictions. Alternative methods of therapy available, including CBT, DBT, Motivational Interviewing, and Stages of Change.

764. Brobbel, Edwin - BEd, BSc, BA, MEd Crossroad Counselling Centre

Brobbel, Edwin - BEd, BSc, BA, MEd  
Crossroad Counselling Centre  
202 - 542 7th St. S  
Lethbridge, AB T1J 2H1  
Phone: [1.403.327.7080](tel:1.403.327.7080)  
Fax: 1.403.327.7282

Note: For adult individuals and couples. Specializes in depression/anxiety, life transitions, loneliness, self-worth, and addictions. Alternative methods of therapy available, including EFT, mindfulness, DBT, TA, and Existential Approaches.

765. Brudenell, Tom - MA, RMFT, ATR Tom J. Brudenell Counselling Services Ltd.

Brudenell, Tom - MA, RMFT, ATR  
Tom J. Brudenell Counselling Services Ltd.  
410 Anderton Rd.  
Comox, BC V9M 2A6  
Phone: [1.250.890.1311](tel:1.250.890.1311)

Note: For children and adult individuals, couples, and families. Specializes in substance-affected family members and spouses, co-dependency, obsessive-compulsive behaviours, and sexual addictions. Services are not available for individuals that have drug or alcohol issues.

766. Shoblom, Wayne

Shoblom, Wayne - MSW, RCSW  
BC Counselling  
9912 Lougheed Hwy.  
Burnaby, BC V3J 1N3  
Phone: [1.604.507.7471](tel:1.604.507.7471)

Note: For adult individuals, couples, families, and groups. Specializes in depression, parenting issues, substance abuse, and trauma.

767. Carsen, Ursula - DCTP, RP Ursula Carsen Psychotherapy

Carsen, Ursula - DCTP, RP  
Ursula Carsen Psychotherapy  
Toronto, ON M6C 3L2  
Phone: [1.416.656.4675](tel:1.416.656.4675)  
E-Mail: [Ursula@dreamtherapy.ca](mailto:Ursula@dreamtherapy.ca)

Note: For adult individuals and specializes in PTSD, eating disorders, addiction, body image, abuse, adoption or fertility challenges, and grief and loss. Counselling approach includes Jungian Body-Mind Psychotherapy and dream work. Services offered in English and German.

768. Charles, Martine - PhD, RCC

Charles, Martine - PhD, RCC  
1 - 427 Fitzwilliam St.  
Nanaimo, BC V9R 3A9  
Phone: [1.250.740.0244](tel:1.250.740.0244)

Note: For adult individuals and specializes in trauma, addictions, depression, anxiety, and stress. Alternative methods of therapy available, including CBT, EMDR, Family Systems, Integrative Psychotherapy, and Psychodynamic Therapy.

769. Chivers, Louise - MA, RCC Louise Chivers Counselling

Chivers, Louise - MA, RCC  
Louise Chivers Counselling  
300 - 3665 Kingsway  
Vancouver, BC V5R 5W2  
Phone: [1.778.848.2893](tel:1.778.848.2893)

Note: For children, adolescent and adult individuals, and groups. Specializes in anxiety, PTSD, mental health, and addictions. Alternative methods of therapy available, including EMDR, equine therapy, and CBT.

770. Choate, Peter - PhD, MSW, RSW Peter Choate and Associates

Choate, Peter - PhD, MSW, RSW  
Peter Choate and Associates  
1524 16th Ave. SW  
Calgary, AB T3C 0Z8  
Phone: [1.403.262.7365](tel:1.403.262.7365)  
E-Mail: [pchoate@shaw.ca](mailto:pchoate@shaw.ca)

Note: For adolescent and adult individuals and families. Specializes in addictions, adolescent mental health, parenting capacity assessments, bilateral assessments, sexual risk assessments, child protection, custody matters, and domestic violence.

771. Derhodge, Roxanne Jasmin - RCC, MSc Roxanne Derhodge Consulting

Derhodge, Roxanne Jasmin - RCC, MSc  
Roxanne Derhodge Consulting  
201 - 282 Linwell Ave.



St. Catharines, ON L2N 6N5  
Phone: [1.855.999.0455](tel:1.855.999.0455)

Note: For adult individuals, couples, and families. Specializes in relationship issues, depression, anxiety, grief and loss, addiction, trauma, and PTSD. Counselling includes a solution-focused approach.

772. Dietrich, Anne - PhD, RPsych Richmond Counselling & Psychotherapy Clinic

Dietrich, Anne - PhD, RPsych  
Richmond Counselling & Psychotherapy Clinic  
270 - 8211 Ackroyd Rd.  
Richmond, BC V6X 3K8  
Phone: [1.604.247.2333](tel:1.604.247.2333) ext. 1  
Fax: 1.604.648.9107  
E-mail: [amdietrich@shaw.ca](mailto:amdietrich@shaw.ca)

Note: For teen and adult individuals, couples, and groups. Specializes in trauma, dissociation, eating disorders, substance abuse and personality disorders. Alternative methods of therapy available, including Psychodynamic Therapy, EMDR, and Supportive Therapy.

773. Dillon, Pam - MEd, RMFT, CYA-RYT Lotus Roots Psychotherapy

Dillon, Pam - MEd, RMFT, CYA-RYT  
Lotus Roots Psychotherapy  
Salt Spring Island, BC V8K 2W1  
Phone: [1.855.712.5850](tel:1.855.712.5850)

Note: For adult individuals, couples, and families. Specializes in trauma, PTSD, anxiety, and spirituality, and uses a mindfulness approach to counselling.

774. Dodds, Kathryn - RPC Catalyst Counselling

Dodds, Kathryn - RPC  
Catalyst Counselling  
304 - 1447 Ellis St.  
Kelowna, BC V1Y 2A3  
Phone: [1.250.870.2732](tel:1.250.870.2732)

Note: For teens, young adults, adult, and senior individuals, and couples. Specializes in stress, anxiety and panic attacks, lack of motivation, and addiction recovery. She uses the Gottman Method.

775. Drummond, Chris - RCC Chris Drummond Counselling Services

Drummond, Chris - RCC  
Chris Drummond Counselling Services  
4536 Willingdon Ave.  
Powell River, BC V8A 2M8  
Phone: [1.604.483.6337](tel:1.604.483.6337)  
Fax: 1.604.485.7494  
E-Mail: [chrisdrummondcounselling@gmail.com](mailto:chrisdrummondcounselling@gmail.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in addictions, PTSD, panic, trauma, and abuse. Alternative methods of therapy available, including Psychodynamic, Existential, CBT, and Narrative therapy.

776. Dunne, Deborah - PhD, RCC

Dunne, Deborah - PhD, RCC  
209 - 1089 Broadway W  
Vancouver, BC V6H 1E5  
Phone: [1.604.222.1544](tel:1.604.222.1544)

Note: For adolescent and adult individuals, couples, and families. Specializes in abuse, addictions, grief and loss, relationship issues, and trauma. Alternative methods of therapy available, including Gestalt, humanistic therapy, psychodrama, and group experience.

777. Dupuis, Adeline - MA

Dupuis, Adeline - MA  
335C Vaughan St.  
Quesnel, BC V2J 2T1  
Phone: [1.250.992.9525](tel:1.250.992.9525)  
Toll-Free: [1.866.992.9525](tel:1.866.992.9525)  
Fax: 1.877.389.9858  
E-Mail: [dupuisadeline@yahoo.com](mailto:dupuisadeline@yahoo.com)

Note: For adult individuals and families. Specializes in trauma and abuse, self-esteem, relationship issues, addictions, anxiety, and depression. Alternative methods of therapy available, including CBT, goal oriented, family systems, and Narrative therapies.

778. Ferrada, Natacha - PhD

Ferrada, Natacha - PhD  
400 - 601 Broadway W  
Vancouver, BC V5Z 4C2  
Phone: [1.604.537.5626](tel:1.604.537.5626)

Note: For adult individuals, couples, and families. Specializes in addictions, body image, incest survivors, abuse, and eating disorders. Alternative methods of therapy available, including humanistic and motivational interviewing techniques.

779. Fleetwood, Carrie - BA, MEd, OACCPP. Meadowbrook Counselling Associates

Fleetwood, Carrie - BA, MEd, OACCPP.  
Meadowbrook Counselling Associates  
203 - 6633 Hwy. 7 E  
Markham, ON L3P 7P2  
Phone: [1.905.202.2031](tel:1.905.202.2031)

E-Mail: [info@meadowbrookcounsellingassociates.com](mailto:info@meadowbrookcounsellingassociates.com)

Note: For adult individuals, couples, and families. Specializes in conflict, relationship issues, grief and loss, trauma, abuse, eating disorders, behavioural problems, addiction, and compulsive behaviors.

780. Fontaine, Micheline - MPs

Fontaine, Micheline - MPs  
106 - 4 Boul. Taché Est  
Montmagny, QC G5V 1B7  
Phone: [1.418.838.2697](tel:1.418.838.2697)

Note: For adult individuals and specializes in PTSD, addiction, depression, separation and divorce, abuse, and trauma. Services offered in French.

781. Garrett, Ben - MSc Garrett Counselling

Garrett, Ben - MSc  
Garrett Counselling  
Fort St. John, BC  
Phone: [1.250.682.2508](tel:1.250.682.2508)

Note: For adult individuals and specializes in addictions, trauma, psychosis, relationships, isolation, and abuse. Alternative methods of therapy available, including ACT, CBT, MBCT, and Phenomenological Counselling.

782. Ghaemi, Nima - MA, RCC Rise Above Clinical Counselling and Hypnotherapy

Ghaemi, Nima - MA, RCC  
Rise Above Clinical Counselling and Hypnotherapy  
216 - 1500 Marine Dr.  
North Vancouver, BC V7P 1T7  
Phone: [1.604.771.6565](tel:1.604.771.6565)

Note: For adolescents and adult individuals, couples, and families. Specializes in anxiety, depression, addiction, parenting Issues, phobias, and stress management. Alternative methods of therapy available, including SFBT, CBT, motivational interviewing, and harm reduction. Services available in English and Persian (Farsi).

783. Gluth, Natasha - CSW, MACP, RSW, ICADC Natasha Gluth Counselling Service

Gluth, Natasha - CSW, MACP, RSW, ICADC  
Natasha Gluth Counselling Service  
Kingston, ON  
Phone: [1.613.297.7405](tel:1.613.297.7405)

Note: For teens over the age of 14 and adult individuals. Specializes in depression, anxiety, trauma, PTSD, relationship issues, grief and loss, substance abuse, and addictions. Alternative methods of therapy used, including motivational interviewing, EMDR, solution focused, mindfulness, and cognitive behavioural approach.

784. Graham, Grace - BSc, MEd, RCC Grace Graham Counselling

Graham, Grace - BSc, MEd, RCC  
Grace Graham Counselling  
308 - 141 Victoria St.  
Kamloops, BC V2C 1Z5  
Phone: [1.250.372.7299](tel:1.250.372.7299)

E-Mail: [grace@counsellingkamloops.com](mailto:grace@counsellingkamloops.com)

Note: Addiction and trauma services for adult individuals. Specializes in relationships, burnout, anxiety, depression, and grief and loss.

785. Griffiths, Aimee - MC Creative Works Psychological Services Inc.

Griffiths, Aimee - MC  
Creative Works Psychological Services Inc  
. 102 - 402 Baxter St.  
Whitehorse, YT Y1A 2T  
Phone: [1.867.633.2074](tel:1.867.633.2074) (Office)  
Phone: [1.867.334.1534](tel:1.867.334.1534) (Cell)  
Fax: 1.867.633.2075  
E-Mail: [admin@creativeworkspsy.ca](mailto:admin@creativeworkspsy.ca)

Note: For youth and adult individuals and groups. Specializes in addictions, intellectual disabilities, and mental health diagnosis.

786. Hardy, Ken - BA, BSP, MEd, PsyD, ICADC, RPsych PAR Consultants & Counsellors

Hardy, Ken - BA, BSP, MEd, PsyD, ICADC, RPsych  
PAR Consultants & Counsellors  
2353 Smith St.  
Regina, SK S4P 2P7  
Phone: [1.306.352.0680](tel:1.306.352.0680)  
Toll-Free: [1.877.352.0680](tel:1.877.352.0680)  
E-Mail: [par.regina@sasktel.net](mailto:par.regina@sasktel.net)

Note: Sounselling services for adult individuals and specializes in addiction, relationship issues, stress, depression, anxiety, codependency, PTSD, and grief and loss. Alternative methods of therapy available, including EMDR.

787. Hinton, Meg - RPsych, MA, CEAP Hinton, Bernier Consulting

Hinton, Meg - RPsych, MA, CEAP  
Hinton, Bernier Consulting  
180 GlenEagles View  
Cochrane, AB T4C 2G5  
Phone: [1.403.891.4254](tel:1.403.891.4254)

Note: For adult individuals, couples, and families. Specializes in addictions, facilitating interventions, and relationship issues. Alternative methods of therapy available, including Eclectic, Gottman, Motivational Interviewing, and SFBT.

788. Hinton, Meg - RPsych, MA, CEAP

Hinton, Meg - RPsych, MA, CEAP  
Hinton, Berneir Consulting  
212 - 1609 14th St. SW  
Calgary, AB T3C 1E3  
Phone: [1.403.891-4254](tel:1.403.891-4254)

Note: For adult individuals, couples, and families. Specializes in addictions, facilitating interventions, relationship issues, anger, depression, and anxiety. Counselling approaches include Eclectic, Gottman, Motivational Interviewing, and SFBT.

789. Hooge, Brenda - Msc, MA, RCC The Island Counselling Group

Hooge, Brenda - Msc, MA, RCC  
The Island Counselling Group  
204 - 321 Lower Ganges Rd.  
Salt Spring Island, BC V8K 2V4  
Phone: [1.250.537.2536](tel:1.250.537.2536)

Note: For adult individuals and specializes in anxiety, relationship issues, depression, and life transitions.

790. Hufsmith, Carolyn - MA, RCC

Hufsmith, Carolyn - MA, RCC  
7164 120th St.  
Surrey, BC V3M 3M8  
Phone: [1.604.583.4133](tel:1.604.583.4133)

Note: For adult individuals, couples, and families. Specializes in addictions, anxiety, depression, relationship issues, and trauma. Alternative methods of therapy available, including Adlerian Therapy, Hypnotherapy, LSR, Solution Focused Therapy, and TIR.

791. Hutchinson, Sheila - MEd

Hutchinson, Sheila - MEd  
86 Homewood Ave.  
Hamilton, ON L8P 2M4  
Phone: [1.289.440.2717](tel:1.289.440.2717)

Note: For youth and adult individuals, couples, and families. Specializes in addiction, abuse, relationship issues, health, trauma, and spirituality.

792. Johnson, Donna - MEd, DVATI, MMFT, RMFT Soul Work Therapies

Johnson, Donna - MEd, DVATI, MMFT, RMFT  
Soul Work Therapies  
17 - 595 Clifton St.  
Winnipeg, MB R3G 2X5  
Phone: [1.204.774.9756](tel:1.204.774.9756)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in addiction, anxiety, depression, relationship issues, LGBT issues, loss and grief, and spirituality. Alternative methods of therapy available, including art, play, and hypnotherapy.

793. Jonathan, Alice - BA, DCTP St. George Psychotherapy Associates

Jonathan, Alice - BA, DCTP  
St. George Psychotherapy Associates  
176 St. George St.

Toronto, ON M5R 2M7  
Phone: [1.855.979.9121](tel:1.855.979.9121)

Note: For adult individuals and specializes in relationship issues, addiction, adoption, grief and loss, chronic pain, eating disorders, trauma, PTSD, and divorce.

794. Juliana, Margarete - PhD, RMFT Heart 2 Heart Counselling

Juliana, Margarete - PhD, RMFT  
Heart 2 Heart Counselling  
105 - 22 Richmond St.  
Richmond Hill, ON L4C 3Y1  
Phone: [1.647.233.5511](tel:1.647.233.5511)  
E-Mail: [margarete@heart2heart-counselling.com](mailto:margarete@heart2heart-counselling.com)

Note: For adult individuals and couples. Specializes in depression, anxiety, substance abuse, addictions, and relationship issues. Counselling approaches include EFT, Motivational Interviewing, Cognitive Behavioral, and Narrative therapy techniques.

795. Kelly, Peter - MEd

Kelly, Peter - MEd  
34 - 2400 Boul. Daniel-Johnson  
Laval, Quebec, H7T 2V5  
Phone: [1.514.262.7782](tel:1.514.262.7782)  
E-Mail: [peterkellypsy@msn.com](mailto:peterkellypsy@msn.com)

Note: For teen and adult individuals and couples. Specializes in addiction, abuse, relationship issues, and spirituality. Alternative methods of therapy available, including CBT, Emotionally Focused Couple and Family Therapy, holistic methods of psychotherapy, and therapeutic hypnosis.

796. Kikkert, Rhea - MA, RCC Kikkert & Associates Counselling Services

Kikkert, Rhea - MA, RCC  
Kikkert & Associates Counselling Services  
273 - 9600 Cameron St.  
Burnaby BC, V3J 7N3  
Phone: [1.604.420.0060](tel:1.604.420.0060)

Note: For individuals of all ages, couples, and families. Specializes in trauma, addiction, personal crisis, and grief. Uses several therapeutic approaches specific to each area of concern and comes from a strength-based position.

797. King, Brenna - MA, RCC Brenna King Counselling and Consulting

King, Brenna - MA, RCC  
Brenna King Counselling and Consulting  
201 - 1892 Broadway W  
Vancouver, BC V6J 1Y9  
Phone: [1.604.982.0938](tel:1.604.982.0938)

Note: For adult individuals and specializes in addiction, trauma, life transitions, eating disorders, and body image issues. Alternative methods of therapy available, including a holistic and client

centered approach.

798. Klaehn, Tracie A. - MA, MFCT Dalton Associates

Klaehn, Tracie A. - MA, MFCT  
Dalton Associates  
91 Gruhn St.  
Kitchener, ON N2G 1S5  
Phone: [1.519.579.3944](tel:1.519.579.3944)  
Toll-Free: [1.888.245.5516](tel:1.888.245.5516)

Note: For children and adult individuals, couples, and families. Specializes in divorce issues, addiction, adult children of alcoholics, depression, stress, infertility, and adoption. Counselling approaches include CBT and Play Therapy.

799. Kuna, Kathy - MA, RCC

Kuna, Kathy - MA, RCC  
Surrey, BC  
Phone: [1.604.725.4646](tel:1.604.725.4646)

Note: For adolescent and adult individuals, couples, and families. Specializes in addiction and uses 12-step, harm reduction models, and motivational interviewing.

800. Lavergne, Paul - MA Dalton Associates

Lavergne, Paul - MA  
Dalton Associates  
520 Brealey Dr.  
Peterborough, ON K9K 2R7  
Phone: [1.855.410.6944](tel:1.855.410.6944)  
Toll-Free: 1.888.245.5516

Note: For teen and adult individuals, couples, and groups. Specializes in pornography addiction, serial affairs, trauma, abuse, PTSD, sexual dysfunction, and anger management. Counselling approaches include EMDR, CBT, Gestalt, SFBT and motivational interviewing.

801. Leavitt, Ted - MSc, RCC Connectivity Counselling

Leavitt, Ted - MSc, RCC  
Connectivity Counselling  
Abbotsford, BC  
Phone: [1.604.300.2633](tel:1.604.300.2633)  
E-Mail: [ted@connectivitycounselling.com](mailto:ted@connectivitycounselling.com)

Note: For children, youth, and adult individuals, and couples. Specializes in ADHD, addictive behavior, communication, and trauma. Uses a client-centred approach and CBT. Services available in home, in office, and online.

802. Li, Thomas S. - PhD, CPsych

Li, Thomas S. - PhD, CPsych  
806 - 5799 Yonge St



North York, ON M2M 3V3  
Phone: [1.855.979.9133](tel:1.855.979.9133)

Note: For teen and adult individuals, couples, and families. Specializes in ADHD, behavioral issues, relationship issues, abuse, OCD, self-esteem, addiction, and PTSD. Alternative methods of therapy used, including focused, short-term psychotherapy based on experiential, cognitive-behavioural, psychodynamic and family systems approaches. Services are offered in English, Cantonese, and Mandarin.

803. Lindan, Erin - MTA, MusBac, BMT

Lindan, Erin - MTA, MusBac, BMT  
Toronto, ON  
Phone: [1.647.968.7628](tel:1.647.968.7628)  
E-Mail: [mtherapy.erin@gmail.com](mailto:mtherapy.erin@gmail.com)

Note: For children, youth, and adult individuals, and groups. Specializes in addictions, mental health issues, and developmental disabilities. Counselling approach includes music therapy.

804. Lipton, Matthew - MHS, ACS, RSW Central Valley Counselling

Lipton, Matthew - MHS, ACS, RSW  
Central Valley Counselling  
814 Ibbitson St.  
Creston, BC V0B 1G4  
Phone: [1.250.428.2270](tel:1.250.428.2270)  
Fax: 1.250.428.8838  
Toll-Free: [1.877.899.9797](tel:1.877.899.9797)  
E-mail: [matthew.lipton@centralvalleycounselling.com](mailto:matthew.lipton@centralvalleycounselling.com)

Note: Addiction and grief services for adult individuals and couples. Specializes in anger and stress management, depression, anxiety, and intervention planning. Appointments available by telephone, in office, or on-site for all recovery/pre-recovery phases.

805. MacDonald, George - MA, CCC Central Plains Counselling

MacDonald, George - MA, CCC  
Central Plains Counselling  
PO Box 1155  
Carman, MB R0G 0J0  
Phone: [1.204.745.3262](tel:1.204.745.3262)  
E-Mail: [george@cpCounselling.ca](mailto:george@cpCounselling.ca)

Note: For adult individuals and couples. Specializes in anxiety, depression, addiction behaviours, abuse, grief and loss, stress, and relationship issues. Alternative methods of therapy available, including a solution-focused approach. Appointments are available in person, via Telephone, E-Mail, or Skype.

806. Mackenzie, Linda - BSW, RSW, MAC Mackenzie Recovery Counselling Center Inc.

Mackenzie, Linda - BSW, RSW, MAC  
Mackenzie Recovery Counselling Center Inc.  
409 - 1711 4th St.

Calgary, AB T2S 1V8  
Phone: [1.403.541.9225](tel:1.403.541.9225)  
Fax: 1.403.541.9223  
E-Mail: [lindamackenzie@shaw.ca](mailto:lindamackenzie@shaw.ca)

Note: For adult individuals, couples, and groups. Specializes in addiction/co-dependency, trauma, concurrent mental health issues, anxiety and depression disorders, self-care, and work life balance. Counselling approaches include abstinence based, 12 Step, Solution Focused, Motivational Interviewing, Existential Techniques, and Psycho-Educational.

807. Malach, Ann - RCC

Malach, Ann - RCC  
1418 Pacific Rim Hwy.  
Tofino, BC V0R 2Z0  
Phone: [1.250.725.3158](tel:1.250.725.3158)

Note: For adolescent, adult, and senior individuals and couples. Specializes in addiction and concurrent mental health issues. Alternative methods of therapy available, including motivational interviewing, response based therapy, self-regulation therapy and harm reduction.

808. McCaig, Connie - MSW, RSW, IBECPT Highlander Counselling and Mediation

McCaig, Connie - MSW, RSW, IBECPT  
Highlander Counselling and Mediation  
300 King St.  
Spruce Grove, AB T7X 3X2  
Phone: [1.780.903.3961](tel:1.780.903.3961)  
Toll-Free: [1.866.824.8175](tel:1.866.824.8175)  
E-Mail: [mccaig@highlander-counselling.com](mailto:mccaig@highlander-counselling.com)

Note: For adult individuals, couples, and families. Specializes in grief and loss, trauma, PTSD, addiction, IBS, and attachment disorders. Alternative methods of therapy available, including play therapy, hypnosis, Imago, EMDR, and self regulation.

809. McMullen, Kevin - MEd, RCC Cranbrook Chiropractic & Wellness Centre

McMullen, Kevin - MEd, RCC  
Cranbrook Chiropractic & Wellness Centre  
1516 - 6th St. N  
Cranbrook, BC V1C 3M5  
Phone: [1.250.421.9809](tel:1.250.421.9809)

Note: For adult individuals, couples, and families. Specializes in short term mental health, addictions, trauma, abuse and personal growth.

810. Merkur, Dan - PhD

Merkur, Dan - PhD  
115 - 90 Warren Rd.  
Toronto, ON M4V 2S2 Phone: [1.416.831.6293](tel:1.416.831.6293)  
Fax: 1.416.789.9515  
E-Mail: [merkurdan@gmail.com](mailto:merkurdan@gmail.com)

Note: For teen and adult individuals and couples. Specializes in anxiety, depression, anger, relationship issues, work stress, life crises, addictions, and personality disorders.

811. Miller, Sandra - MSW, RSW Wholeness and Growth Psychotherapy and Counselling

Miller, Sandra - MSW, RSW  
Wholeness and Growth Psychotherapy and Counselling  
The Village Healing Centre  
240 Roncesvalles Ave.  
Toronto, ON M6R 1L3  
Phone: [1.416.399.7421](tel:1.416.399.7421)  
E-Mail: [Sandra-Miller@wholenessandgrowth.ca](mailto:Sandra-Miller@wholenessandgrowth.ca)

Note: For adult individuals and couples. Specializes in stress, pain, illness, addiction, trauma, anxiety, self-esteem, anger, and relationship issues. Alternative methods of therapy available, including a client-centred and supportive approach.

812. Mills-Milde, Valerie - BSW, MSW, RSW

Mills-Milde, Valerie - BSW, MSW, RSW  
78 Thornton Ave.  
London, ON N5Y 2Y3  
Phone: [1.226.777.0402](tel:1.226.777.0402) ext. 2

Note: For teen and adult individuals, couples, and families. Specializes in relationship issues, addiction, trauma, and grief and loss. Alternative methods of therapy used, including EMDR, CISD, brief solution focused therapy, and CBT.

813. Moore, Kerrie - MSW, RSW Native Center, University of Calgary

Moore, Kerrie - MSW, RSW  
Native Center, University of Calgary  
6420 Silver Ridge Dr. NW  
Calgary, AB T3B 3S7  
Phone: [1.403.202.6633](tel:1.403.202.6633)  
Fax: 1.403.202.6634  
E-Mail: [Kerrie.moore@shaw.ca](mailto:Kerrie.moore@shaw.ca)

Note: For adult individuals and specializes in trauma, aboriginal issues, family, community, addictions, domestic violence, child welfare, and holistic healing. She provides culturally appropriate services, knowledge, practice, and protocol of Aboriginal issues and "ways of knowing".

814. Morrissey, Glenda - MA, ICADC GM Psychological Services Inc.

Morrissey, Glenda - MA, ICADC  
GM Psychological Services Inc.  
216 - 2 Bluewater Rd.  
Bedford, NS B4B 1G7  
Phone: [1.902.896.0026](tel:1.902.896.0026)

Note: For adult individuals, couples, families, and groups. Specializes in PTSD, depression, anxiety, addictions, couples therapy and pain/stress management. Counselling approach includes abstinence and 12-step programs.

815. Muir, Bruce - RSW, CD, BA, BSW, MA Pacific Therapy & Consulting Inc.

Muir, Bruce - RSW, CD, BA, BSW, MA  
Pacific Therapy & Consulting Inc.  
1550 Lake Trail Rd.  
Courtenay, BC V9N 9C2  
Phone: [1.250.338.2700](tel:1.250.338.2700)  
Fax: 1.250.338.2746  
E-Mail: [info@pacifitherapy.ca](mailto:info@pacifitherapy.ca)

Note: Addiction and family support services for youth and adult individuals, and families. Specializes in PTSD, sexual dysfunction, adoption, parent/teen conflict, and custody/access issues. Alternative methods of therapy available, including CBT, existential analysis, and Narrative therapies.

816. Neill, Caroline - PhD

Neill, Caroline - PhD  
500 Alder St.  
Campbell River, BC V9W 5W5  
Phone: [1.250.287.7844](tel:1.250.287.7844)

Note: Addictions and trauma services for adolescent and adult individuals, couples, and families. Specializes in work stress, severe childhood trauma, recent tragedies, and parent-child relationships.

817. Neumin, John - CAPT, DCTP

Neumin, John - CAPT, DCTP  
401F - 200 St. Clair Ave. W  
Toronto, ON M4V 1R1  
Phone: [1.416.817.1212](tel:1.416.817.1212)  
E-Mail: [john@psychotherapytoronto.net](mailto:john@psychotherapytoronto.net)

Note: For adult individuals, couples, and groups. Specializes in anger, addiction, life transition, sexuality and gender issues, stress, relationship issues, and abuse.

818. Northcott, Helen - RP, RPN, MA, CCC Choose A Lifestyle

Northcott, Helen - RP, RPN, MA, CCC  
Choose A Lifestyle  
231 King St. E  
Oshawa, ON L1H 1C5  
Phone: [1.416.702.2447](tel:1.416.702.2447)  
E-Mail: [cal.hmn@gmail.com](mailto:cal.hmn@gmail.com)

Note: For adult individuals and families. Specializes in concurrent disorders, substance abuse, mental health issues, relationship issues, grief and loss, PTSD, and stress. Alternative methods of therapy used, including CBT and art therapy.

819. Pacini, Darrell - MEd, RCC Darrell Pacini & Associates

Pacini, Darrell - MEd, RCC

Darrell Pacini & Associates  
560 Johnson St.  
Victoria, BC V8W 1M2  
Phone: [1.250.812.2800](tel:1.250.812.2800)

Note: For young adult and adult individuals. Specializes in addictions, loss and grief, and spiritual issues. Alternative methods of therapy available, including cognitive restructuring, CBT, and Somatic Experiencing.

820. Pickles, Rhonda - RPC, MPCP, CCPCPR Life Compass Counselling Services

Pickles, Rhonda - RPC, MPCP, CCPCPR  
Life Compass Counselling Services  
PO Box 2313  
311 - 1323 102nd Ave.  
Dawson Creek, BC V1G 4P3  
Phone: [1.250.719.7844](tel:1.250.719.7844)  
E-Mail: Please use form on the "contact" page.

Note: For adult individuals, couples, and families. Specializes in substance abuse, suicide and crisis intervention, conflict resolution, and life transitions. She uses Feedback Improved Therapy. Online counselling is available.

821. Priess, Janice - MA Janice Priess - Counselling and Training Services

Priess, Janice - MA  
Janice Priess - Counselling and Training Services  
546 Portage Ave.  
Winnipeg, MB R3C 0G3  
Phone: [1.204.295.8157](tel:1.204.295.8157)  
Fax: 1.204.786.2184  
E-Mail: [elim\\_counselling@yahoo.ca](mailto:elim_counselling@yahoo.ca)

Note: For adolescent and adult individuals and couples. Specializes in depression, anxiety, abuse, eating disorders, body image, grief and loss, addiction, and relationship issues.

822. Randall, Brenda - MEd, CCC Brenda Randall Counselling

Randall, Brenda - MEd, CCC  
Brenda Randall Counselling  
44 Grafton St. (2nd Floor)  
Charlottetown, PE C1A 1K5  
Phone: [1.902.218.9911](tel:1.902.218.9911)  
E-Mail: [brendarandallcounselling@gmail.com](mailto:brendarandallcounselling@gmail.com)

Note: For individuals, couples, and families. Specializes in stress, feeling overwhelmed, family conflict, and relationship issues. Alternative methods of therapy available, including Solution-Focused Therapy, CBT, and Adlerian Therapy.

823. Reay, Kathleen M. - PhD, RCC Family Reflections Reunification Program Inc.

Reay, Kathleen M. - PhD, RCC  
Family Reflections Reunification Program Inc.

515 - 101 1865 Dilworth Dr.  
Kelowna, BC V1Y 9T1  
Telephone: [1.778.754.1088](tel:1.778.754.1088)  
Toll-Free [1.888.208.8565](tel:1.888.208.8565)  
Fax: 1.50.452.6518  
Email: [drkathleenreay@gmail.com](mailto:drkathleenreay@gmail.com)

Note: For adolescent and adult individuals, couples, and families. Specializes in substance abuse, high-conflict divorce, parental alienation, parent-child estrangement, child psychological abuse and related trauma. Alternative methods of therapy available, including Adlerian, Gottman, play, psychodynamic, and solution-focused therapy.

824. Reeh, Elise H. - PhD Cedar Valley Wellness Clinic Inc.

Reeh, Elise H. - PhD  
Cedar Valley Wellness Clinic Inc.  
111 - 32423 Lougheed Hwy.  
Mission, BC V2V 7B8  
Phone: [1.604.826.7778](tel:1.604.826.7778)

Note: For adult individuals and couples. Specializes in emotion management, addictions, sexual abuse, OCD, PTSD. Alternative methods of therapy available, including emotionally focused, MBCT and SFBT.

825. Rogers, Jennifer - MEd, CCC JDR Counselling Services

Rogers, Jennifer - MEd, CCC  
JDR Counselling Services  
320 - 2249 Carling Ave.  
Ottawa, ON K2B 7B8  
Phone: [1.613.293.9422](tel:1.613.293.9422)  
E-Mail: [jdr counselling@gmail.com](mailto:jdr counselling@gmail.com)

Note: For children, teen, and adult individuals and families. Specializes in addiction, substance use, eating disorders, sexuality, gender identity, relationship issues, lifestyle changes, trauma, and self harm. Counselling approaches include CBT, solution focused therapy, DBT, and EFT.

826. Safnuk, Tania - PhD Prairie Psychology Service

Safnuk, Tania - PhD  
Prairie Psychology Service  
2230 Lorne St.  
Regina, SK S4P2M7  
Phone: [1.306.584.3876](tel:1.306.584.3876)

Note: Addiction and abuse services for children, adolescent, and adult individuals, couples, and families. Specializes in grief and loss, relationship issues, PTSD, personality and eating disorders, and parenting.

827. Sarazin, Daniel - PhD

Sarazin, Daniel - PhD  
201 - 200 rue Commerciale

Donnacona, QC G3M 1W1  
Phone: [1.418.286.4437](tel:1.418.286.4437)

Note: For adolescent and adult individuals. Specializes in addiction, anxiety, depression, PTSD, pain management, insomnia, sexual issues, relaxation and stress management, and resolution of childhood trauma. Services offered in French.

828. Saunders, Keith - PhD

Saunders, Keith - PhD  
Port Coquitlam, BC  
Phone: [1.604.802.5202](tel:1.604.802.5202)  
E-Mail: [drkeithsaunders@shaw.ca](mailto:drkeithsaunders@shaw.ca)

Note: For adult individuals, couples, and families. Specializes in PTSD, trauma, anxiety and panic, depression, addictions, abuse, and relationship issues.

829. Scott, Carolyn - MA, MSc, RPsych ME Family Therapy & Resource Center

Scott, Carolyn - MA, MSc, RPsych  
ME Family Therapy & Resource Center  
6 - 46 Inglis Pl.  
Truro, NS B2N 5N2  
Phone: [1.902.897.2880](tel:1.902.897.2880)  
Fax: 1.902.895.0151  
E-Mail: [freedomtogrow@hotmail.com](mailto:freedomtogrow@hotmail.com)

Note: For adolescent, teen, and adult individuals, couples, and groups. Specializes in substance use, addiction, mental health issues, anxiety, depression, and trauma. Alternative methods of therapy available, including DBT, CBT, mindfulness practice and crisis intervention.

830. Seabrook, Karley - RPC-C Seabrook Counselling Service

Seabrook, Karley - RPC-C  
Seabrook Counselling Service  
105 - 2151 McCallum Rd.  
Abbotsford, BC V2S 3N8  
Phone: [1.604.202.0005](tel:1.604.202.0005)

Note: For youth and adult individuals, couples, families, and groups. Specializes in addiction, depression and anxiety. Uses alternative methods of therapy, including NVC, Gestalt and Focusing approaches.

831. Seidman, Bonnie T. - PhD Kingston Psychology & Neurofeedback Clinic

Seidman, Bonnie T. - PhD  
Kingston Psychology & Neurofeedback Clinic  
104 - 303 Bagot St.  
Kingston, ON K7K 5W7  
Phone: [1.613.546.9118](tel:1.613.546.9118)  
Fax: 1.613.546.9114  
E-Mail: [kpnc.ca@gmail.com](mailto:kpnc.ca@gmail.com)



Note: For adult individuals and specializes in depression, PTSD, stress, addiction, adult ADHD, and women's wellness. Alternative methods of therapy used, including CBT and Neurofeedback training.

832. Selluski, Sheran, MA, RCC

Selluski, Sheran, MA, RCC  
200 - 11841 224th St.  
Maple Ridge, BC V2X 0P1  
Phone: [1.604.790.9232](tel:1.604.790.9232)

Note: Addiction and trauma services for adult individuals, couples, and groups. Specializes in stress and life stage transitions. Alternative methods of therapy available, including TIR, LSR, and EFT.

833. Semple, Terence McL. - PhD

Semple, Terence McL. - PhD  
50 Lake St.  
St. Catharines, ON L2R 5X1  
Phone: [1.905.984.6555](tel:1.905.984.6555)  
E-Mail: [tsemple@tmseemplepsychologist.ca](mailto:tsemple@tmseemplepsychologist.ca)

Note: For adult individuals and specializes in learning disorders, behaviour dysfunction, and chronic pain. Counselling approach includes biofeedback.

834. Shaffer, Jayeson - MEd, RSW, CCC

Shaffer, Jayeson - MEd, RSW, CCC  
1127 O'Flaherty Gate  
Port Coquitlam, BC V3C 6H2  
Phone: [1.604.612.0763](tel:1.604.612.0763)

Note: For adult individuals and couples. Specializes in substance abuse and addictive behaviour, ACOA issues, anger management, developmental disabilities, and relationship issues.

835. Sheard, Sarah - MA, OACCPP

Sheard, Sarah - MA, OACCPP  
27 Howland Rd.  
Toronto, ON M4K 2Z4  
Phone: [1.416.778.1224](tel:1.416.778.1224)  
E-Mail: [jumpstarting@gmail.com](mailto:jumpstarting@gmail.com)

Note: For adult individuals. Specializes in addictions, depression, work stress, marital conflicts and codependency. Counselling approach includes Gestalt, Brief Solution-Focused, and Emotion-Focused therapy.

836. Shevkenek, Linda - MA, RPC, MPCP AASAT

Shevkenek, Linda - MA, RPC, MPCP AASAT  
1- 1638 Pandosy St.  
Kelowna, BC V1Y 1P7

Phone: [1.587.987.2819](tel:1.587.987.2819)

E-Mail: [linda@kelownaCounselling.com](mailto:linda@kelownaCounselling.com)

Note: For adult individuals, couples, and families. Specializes in grief, stress management, addiction and recovery, and conflict resolution.

837. Sivkin, Dorete - MSW, RSW

Sivkin, Dorete - MSW, RSW

201 - 20 De Boers Dr.

Toronto, ON M3J 0H1

Phone: [1.905.738.4601](tel:1.905.738.4601)

E-Mail: [doreteclient@gmail.com](mailto:doreteclient@gmail.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in divorce mediation, co-parenting, family issues, anxiety, eating disorders, relationship issues, and depression.

838. Smith, Christine - MSW, RSW Christine Smith Counselling Services

Smith, Christine - MSW, RSW

Christine Smith Counselling Services

311 - 3001 Tutt St.

Kelowna, BC V1Y 2H4

Phone: [1.250.878.5825](tel:1.250.878.5825)

Note: For adolescent and adult individuals, couples, and families. Specializes in mental health issues, trauma, and sexual abuse. Alternative methods of therapy available, including psychodynamics, DBT, and guided imagery. Phone and Skype sessions are available.

839. Strong, Taryn MokSana Yoga Center

Strong, Taryn

MokSana Yoga Center

500 - 3 Fan Tan Alley

E-Mail: [tarynstrongyoga@gmail.com](mailto:tarynstrongyoga@gmail.com)

Note: "Yoga for Recovery", a Hatha style drop in class for anyone recovering from mental, spiritual, or emotional maladies including addictions and codependency. Beginner friendly, all levels welcome. Class available Tuesdays from 6:45pm - 7:45pm.

840. Tanguay, Anne - ICADC, RP, RPsych Second Wave Counselling

Tanguay, Anne - ICADC, RP, RPsych

Second Wave Counselling

14 - 460 Brant St.

Burlington, ON L7R 4B6

Phone: [1.905.570.6339](tel:1.905.570.6339)

Note: For teen and adult individuals. Specializes in addiction, substance use, relationship issues, depression, anxiety disorders, self-harm, and grief. Alternative methods of therapy used, including solution-focused, CBT, EFT, and Motivational interviewing.

841. Toneatto, Anthony - PhD Toronto Counselling & Coaching

Toneatto, Anthony - PhD  
Toronto Counselling & Coaching  
Toronto, ON  
Phone: [1.647.560.2612](tel:1.647.560.2612)

Note: For adult individuals. Specializes in addictive behavior, pathological gambling, mood disorders, marital dysfunction, and stress. Alternative methods of therapy available, including mindfulness meditation and Buddhist psychology.

842. Venter, Marinda - MA, RPsych Marinda Venter Psychological Services

Venter, Marinda - MA, RPsych  
Marinda Venter Psychological Services  
Calgary, AB  
Phone: [1.403.800.5578](tel:1.403.800.5578)  
Fax: 1.403.800.5589  
E-Mail: [discovery.psychology@gmail.com](mailto:discovery.psychology@gmail.com)

Note: For adult individuals. Specializes in addiction, panic attacks, trauma, compulsive behaviour, pain management, impulse control, and eating disorders. Appointments are available in person, via email, or by telephone.

843. Wells, Barb - MA, RCC

Wells, Barb - MA, RCC  
B - 301 Baker St.  
Nelson, BC V1L 4H5  
Phone: [1.250.505.4070](tel:1.250.505.4070)

Note: For adult individuals, couples, and families. Specializes in drug and alcohol misuse, sex, eating, and internet obsession. Alternative methods of therapy available, including SFT, Choice theory/reality therapy, present/centred practice, mindful recovery, harm reduction, and abstinence.

844. Winofsky, Ellen - BSW, MSW (C)

Winofsky, Ellen - BSW MSW (C)  
335C Vaughan St.  
Quesnel, BC V2J 2T1  
Phone: 1.250.992.9525  
Toll-Free: [1.866.992.9525](tel:1.866.992.9525)  
Fax: [1.877.389.9858](tel:1.877.389.9858)

Note: For children and adult individuals and families . Specializes in psychosocial rehabilitation and addictions training. Alternative methods of therapy available, including a client-centered approach with CBT, Solution-Based Therapy, and Creative Arts.

845. Wiseman, Debbie - RPC (Cand.) Amethyst Counselling Services

Wiseman, Debbie - RPC (Cand.)  
Amethyst Counselling Services  
Gatineau, QC

Phone: [1.819.685.0214](tel:1.819.685.0214)

E-Mail: [Debbie.wiseman@sympatico.ca](mailto:Debbie.wiseman@sympatico.ca)

Note: For adolescent and adult individuals. Specializes in addiction, anger, anxiety, behavioural issues, depression, self-esteem, spirituality, and stress. Counselling includes a client-centred approach.

846. Ziegler, Rob - MA, MPCP Walmsley and Associates

Ziegler, Rob - MA, MPCP

Walmsley and Associates

1512 Queensway St.

Prince George, BC V2L 1L7

Phone: [1.250.564.1000](tel:1.250.564.1000)

Toll-Free: [1.800.481.5511](tel:1.800.481.5511)

Fax: 1.877.389.9858

E-Mail: [rzeigler@walmsley.ca](mailto:rzeigler@walmsley.ca)

Note: For adult individuals and couples. Specializes in addictions and co-occurring disorders, grief and loss, trauma resolution, and anger management. Alternative methods of therapy available, including client-centered therapy and mindfulness meditation.

847. Landry, Kathleen - MCS RCC (Kathleen Landry and Associates)

Landry, Kathleen - MCS RCC

Kathleen Landry and Associates

2588 Badger Rd.

North Vancouver, BC

Phone: [1.604.924.0042](tel:1.604.924.0042) (Office)

Phone: [1.604.762.5305](tel:1.604.762.5305) (Cell)

E-Mail: [kathleenlandry@shaw.ca](mailto:kathleenlandry@shaw.ca)

Note: For adult individuals, couples, families, and groups. Specializes in addiction recovery and interventions. Alternative methods of therapy available, including Bowen Family Systems theory, Neurofeedback, Enlisten sound therapy, 12-step facilitation and spiritual direction.

848. Hearn, Brenda - BA, CCEd, ICADC, CEAP, MTS, SAP

Hearn, Brenda - BA, CCEd, ICADC, CEAP, MTS, SAP

PAR Consultants

603 - 3rd Ave. N

Saskatoon, SK S7K 2J8

Phone: [1.306.978.8282](tel:1.306.978.8282)

Toll-Free: [1.877.978.8282](tel:1.877.978.8282)

E-Mail: [help@parcounsellor.com](mailto:help@parcounsellor.com)

Note: Works with individuals affected by addictions in the family.

849. Vian, Janice M. - PhD

Vian, Janice M. - PhD, CRHSP

Crisis Management Psychological Services

210 - 1608 17th St. SW

Calgary, AB T2T 0E3  
Phone: [1.403.700.3339](tel:14037003339)  
Fax: 1.403.244.2018  
E-mail: [jvian@telusplanet.net](mailto:jvian@telusplanet.net)

Note: Works with clients who struggle with sleep, appetite, ADD/ADHD, anger management, esteem, grief, PTSD, pain, self-harm, eating disorders, sex addictions, substance abuse, gambling, and more.

850. Corcoran, Agatha - BSW, MSW, RSW Atlantic Counselling Services Inc.

Corcoran, Agatha - BSW, MSW, RSW  
Atlantic Counselling Services Inc.  
48 St. Thomas Line  
Paradise, NL A1L 2L6  
Phone: [1.709.781.3801](tel:17097813801)  
Fax: 1.709.781.3805  
E-Mail: [admin.atlantic.counselling@nf.aibn.com](mailto:admin.atlantic.counselling@nf.aibn.com)

Note: For adult individuals, couples, and families. Specializes in addictions, panic disorders, chronic illness, sexual abuse, concurrent disorders, trauma, abuse, PTSD, crisis intervention, work-related issues, and suicidal ideations. Counselling approach includes CBT, Motivational Interviewing, and Narrative Therapy.

851. Cunningham, Jeff - MS, PsyD, RPsych

Cunningham, Jeff - MS, PsyD, RPsych  
47 Leslie St.  
St. John's, NL A1E 2V7  
Phone: [1.709.237.1326](tel:17092371326)  
E-Mail: [jeff@drjeffcunningham.com](mailto:jeff@drjeffcunningham.com)

Note: For adult individuals, couples, and families. Specializes in relationship issues, anger, addictions, life transitions, trauma, abuse, self-image, and sexuality and gender issues. Counselling approach includes psychotherapy from an existential-psychoanalytic perspective.

852. Greene, Alanna - MSW, RSW Alanna Greene Counselling

Greene, Alanna - MSW, RSW  
Alanna Greene Counselling  
Torbay Rd. Mall  
St. John's, NL A1A 2J5  
Phone: [1.709.765.6117](tel:17097656117)  
E-Mail: [contact@alannagreencounselling.ca](mailto:contact@alannagreencounselling.ca)

Note: For adult individuals and couples. Specializes in trauma, depression, anger, stress, life transitions, and relationship issues. Counselling approach includes psychodynamic therapy, emotional focused therapy, postmodern, and cognitive behavioural approaches.

853. MacKinnon, Helen - BA, MEd, CCC

MacKinnon, Helen - BA, MEd, CCC  
111 Pennywell Rd.

St. John's, NL A1C 2L2  
Phone: [1.709.738.0432](tel:17097380432)  
Fax: 1.709.738.3294  
E-Mail: [Help@aholdingplace.ca](mailto:Help@aholdingplace.ca)

Note: For adult individuals, couples, and families. Specializes in anger, anxiety, aging-related issues, stress, relationship problems, self-esteem, life transitions, and separation and divorce. Counselling includes a holistic approach.

854. Noseworthy, Kay - BA, MA Newfound Hope Counselling

Noseworthy, Kay - BA, MA  
Newfound Hope Counselling  
282 Lemarchant Rd.  
St. John's, NL A1E 1P7  
Phone: [709-579-8547](tel:7095798547)  
E-Mail: [info@newfoundhope.ca](mailto:info@newfoundhope.ca)

Note: For children, adolescents, adults, and families. Specializes in trauma, PTSD, grief and loss, sadness, anger, stress, and anxiety. Alternative methods of therapy available, including SITCAP (Sensory Intervention for Trauma and Loss in Children, Adolescents and Parents). Appointments are available in person, by phone, or video.

855. Paul, Heather - MEd Psych, RPsych

Paul, Heather - MEd Psych, RPsych  
PO Box 1519  
Bay Roberts, NL A0A 1G0  
Phone: [1.709.786.1722](tel:17097861722)  
Fax: 1.709.786.1705  
E-Mail: [healtheducationservices@bellaliant.com](mailto:healtheducationservices@bellaliant.com)

Note: For children, adolescent, and adult individuals, couples, and families. Specializes in eating disorders, addictions, sexual abuse, and crisis.

856. Vaters, Lesley - MACP, RCC Bright Path Counselling

Vaters, Lesley - MACP, RCC  
Bright Path Counselling  
113 - 510 Topsail Rd.  
St. John's, NL A1E 2C2  
Phone: [1.709.689.8677](tel:17096898677)

Note: For children, teen, and adult individuals, couples, and families. Specializes in relationship issues, self-esteem, stress, anger, addiction, trauma, PTSD, and anxiety. Appointments are available in person, by phone, or via Skype.

857. Northern Counselling & Therapeutic Services Inc.

Northern Counselling & Therapeutic Services Inc  
PO Box 762  
Iqaluit, NU X0A 0H0  
Email: [inquiries@northerncounselling.ca](mailto:inquiries@northerncounselling.ca)

Note: A community-based group of professionals providing counselling services, psychological assessment to individuals, groups, communities, businesses, government departments, and private sector organizations. NCTS works within an associate model utilizing approaches that are client centred, community oriented, and multidisciplinary approaches. Please visit the website to find a counsellor.

858. Stubbing, Melanie - MEd, RPsych Inuusiliriji Counselling & Consulting

Stubbing, Melanie - MEd, RPsych  
Inuusiliriji Counselling & Consulting  
P.O. Box 1863  
Iqaluit, NU X0A 0H0  
Phone: [1.867.222.5690](tel:1.867.222.5690)  
E-Mail: [contact@melaniestubbing.com](mailto:contact@melaniestubbing.com)

Note: For children, adolescent, and adult individuals, couples, and groups. Specializes in trauma, anxiety, depression, eating disorders, and self-esteem. Alternative methods of therapy available, including EMDR and Emotion-Focused Therapy.

859. Stubbing, Melanie - MEd, RPsych Inuusiliriji Counselling & Consulting

Stubbing, Melanie - MEd, RPsych  
Inuusiliriji Counselling & Consulting  
P.O. Box 1863  
Iqaluit, NU X0A 0H0  
Phone: [1.867.222.5690](tel:1.867.222.5690)  
E-Mail: [contact@melaniestubbing.com](mailto:contact@melaniestubbing.com)

Note: For children, adolescent, and adult individuals, couples, and groups. Specializes in trauma, anxiety, depression, eating disorders, and self-esteem. Alternative methods of therapy available, including EMDR and Emotion-Focused Therapy.

860. Fletcher, Mary Lou - B.Ed, M.Ed, R.Psych

Fletcher, Mary Lou - B.Ed, M.Ed, R.Psych  
PAR Consultants  
603 - 3rd Ave. N  
Saskatoon, SK S7K 2J8  
Phone: [1.306.978.8282](tel:1.306.978.8282)  
Toll-Free: [1.877.978.8282](tel:1.877.978.8282)  
E-Mail: [help@parcounsellor.com](mailto:help@parcounsellor.com)

Note: Works with individuals affected by addiction in the family.

861. Brierley, Shelley - MEd, CCC, RCC, RTC Oasis Consulting Limited

Brierley, Shelley - MEd, CCC, RCC, RTC  
Oasis Consulting Limited  
839 200th St.  
Langley, BC V2Z 3B8  
Phone: [1.604.532.0680](tel:1.604.532.0680)

Note: For adult individuals, couples, groups, and families. Alternative methods of therapy available,



including Family Systems, Gestalt Therapy, Dream Therapy, Reality Therapy, Hypnosis, EFT, and Method of Levels.

862. Gregg, Jennifer - MA, CCC Groundwork Counselling

Gregg, Jennifer - MA, CCC  
Groundwork Counselling  
110 - 8814 216th St.  
Langley, BC V1M 2Z9  
Phone: [1.604.614.9235](tel:1.604.614.9235)  
Fax: 1.604.888.1971  
E-Mail: [contact@groundworkcounselling.com](mailto:contact@groundworkcounselling.com)

Note: Addicton and trauma services for adult individuals, couples, and families. Specializes in abuse, anger management, and grief and loss. Alternative methods of therapy available, including SFBT with a focus on emotional processing, awareness, and attachment theory.

863. Kwee, Alex - PsyD, RPsych.

Kwee, Alex - PsyD, RPsych.  
5507 208th St.  
Langley, BC V3A 2K4  
Phone: [1.778.823.0346](tel:1.778.823.0346)  
E-Mail: [dr.alex.kwee@gmail.com](mailto:dr.alex.kwee@gmail.com)

Note: For adolescent and adult individuals and couples. Specializes in PTSD, ADHD, OCD, substance and behavioural addictions, and marital issues. Alternative methods of therapy available, including CBT, Mindfulness, and Existential Therapy.

864. McLellan, Lisa - MA, RCC Novii Counselling and Consulting

McLellan, Lisa - MA, RCC  
Novii Counselling  
Walnut Grove  
Langley, BC  
Phone: [1.604.785.6577](tel:1.604.785.6577)  
Email: [novii@telus.net](mailto:novii@telus.net)

Note: For youth and adult individuals and couples. Specializes in addiction issues, separation and divorce, codependency, and personal growth. Alternative methods of therapy available, including a client-centered humanistic approach with SFBT, hypnotherapy, and existential therapies.

865. Monro, Craig - MA, RCC Oakhill Counselling & Mediation

Monro, Craig - MA, RCC  
Oakhill Counselling & Mediation  
109 - 19610 64th St.  
Langley, BC V2Y 1H3  
Phone: [1.604.607.1035](tel:1.604.607.1035)  
Fax: 1.604.855.1156  
Email: [intake@oakhill.ca](mailto:intake@oakhill.ca)

Note: For adult individuals and specializes in parent and teen conflict, addiction, and anger

management.

866. Peters, Helen - MC, RCC

Peters, Helen - MC, RCC  
20194 - 69th Ave.  
Langley, BC V2Y 2Y1  
Phone: [1.604.532.5296](tel:1.604.532.5296)  
E-Mail: [whpeters@shaw.ca](mailto:whpeters@shaw.ca)

Note: For adult individuals, couples, groups, and families. Specializes in addictions, personal relationships, family of origin issues, and stress management. Alternative methods of therapy available, including CBT, 12 Step, and Family Systems therapy approaches.

867. Simms, Shannon M. - MA, CCC Insight Counselling and Consulting

Simms, Shannon M. - MA, CCC  
Insight Counselling and Consulting  
304- 9440 202nd St.  
Langley, BC V1M 4A6  
Phone: [1.604.888.9294](tel:1.604.888.9294)  
E-Mail: [shannon@simmscounselling.com](mailto:shannon@simmscounselling.com)

Note: For youth and adult individuals and couples. Specializes in mental health issues, addictions, problem gambling, and occupational stress.

868. Weibelzahl, T. James - MA, PsyD Northwest Change Agents

Weibelzahl, T. James - MA, PsyD  
Northwest Change Agents  
Langley, BC  
Phone: [1.604.530.3966](tel:1.604.530.3966)  
Toll-Free: [1.800.983.8825](tel:1.800.983.8825)  
E-Mail: [tjweibelzahl@gmail.com](mailto:tjweibelzahl@gmail.com)

Note: For children, youth, and adult individuals, couples, and families. Specializes in anger management, depression, grief and loss, trauma, and relationship issues.

869. Wilk, Darren - RCC Best Marriages

Wilk, Darren - RCC  
Best Marriages  
Langley, BC V2Y 2V1  
Phone: [1.604.539.5277](tel:1.604.539.5277)  
Fax: 1.604.539.5278  
E-Mail: [info@bestmarriages.com](mailto:info@bestmarriages.com)

Note: For couples and specializes in depression, addiction, trauma, and violent behaviour. Alternative methods of therapy available, including Gottman Couples Counselling.

870. Huck, Melanie - MA, RCC

Huck, Melanie - MA, RCC

222 - 3388 Rosemary Heights Cres.  
Surrey, BC V3Z 0K7  
Phone: [604 787-5633](tel:6047875633)  
E-Mail: [melaniehuckrcc@gmail.com](mailto:melaniehuckrcc@gmail.com)

Note: For teen and adult individuals and couples. Specializes in relationship issues, grief and loss, and substance abuse. Alternative methods of therapy available, including Satir Transformational Therapy, Gottman Couples Therapy, Interpersonal, and psychodynamic.

871. Rai, Tajinder - MC, RCC 3C Counselling

Rai, Tajinder - MC, RCC  
3C Counselling  
209 - 1548 Johnston Rd.  
White Rock, BC V4B 3Z8  
Phone: [1.855.725.3573](tel:18557253573)

Note: For adolescent and adult individuals and families. Specializes in anxiety, depression, addiction, trauma, anger, and relationship issues. Alternative methods of therapy available, including DBT, mindfulness based, and SFBT.

872. Chow, Virginia - PhD

Chow, Virginia - PhD  
202A - 845 Boul. Decarie  
Saint-Laurent, QC H4L 3L7  
Phone: [1.514.690.2469](tel:15146902469)  
E-Mail: [Virginia@psychologyresource.ca](mailto:Virginia@psychologyresource.ca)

Note: For adult individuals and couples. Specializes in anxiety, depression, relationship issues, anger, addiction, eating disorders, and sexual issues. Counselling approach includes CBT, schema focused, and psychodynamic therapy. Appointments are available in person, by phone, and via Skype.

873. Campeau, Pierre - MPs Centre professionnel Mieux-Vivre

Campeau, Pierre - MPs  
Centre professionnel Mieux-Vivre  
15 rue St-Charles  
Ste-Thérèse, QC J7E 2A3  
Phone: [1.450.435.7808](tel:14504357808) ext. 21

Note: For adult and senior individuals. Specializes in stress, relationship issues, PTSD, depression, grief and loss, and anxiety. Alternative methods of therapy available, including humanistic and cognitive approach. Services offered in French.

874. Bedard, Laurie - MA, Laurie J. Bedard Counselling Services

Bedard, Laurie - MA  
Laurie J. Bedard Counselling Services  
205 - 10 Boul. Churchill  
Greenfield Park, QC J4V 2L7  
Phone: [1.450.341.0814](tel:14503410814)

Note: For adolescent and adult individuals. Specializes in substance abuse disorders, anxiety, psychosocial issues related to childhood sexual abuse, and trauma disorders. Services offered in English and French.